Michigan Department of Health and Human Services (MDHHS) Behavioral Health and Developmental Disabilities Administration (BHDDA) Office of Recovery Oriented Systems of Care (OROSC)

Transformation Steering Committee Meeting (TSC)

MINUTES

DATE/TIME: LOCATION:	November 15, 2018; 10:00 am to 2:00 pm Lewis Cass Bldg. 320 S Walnut St. Lansing, MI 48913
FACILITATOR: NOTE TAKER:	Larry Scott Recorded
ATTENDEES:	In Person: Elizabeth Agius, Beth Boyd, Sandra Bullard, Lisa Coleman, Cindy Eckert, Matt Haston, David Havens, Colleen Jasper, Brittany Leek, Alia Lucas, Katherine O'Hare, Heather Rosales, Marci Scalera, Kristie Schmiege, Larry Scott, Angie Smith-Butterwick, Ronnie Tyson, Jeff Van Treese, Pam Werner, Cathy Worthem Phone: Sara Coates, Denise Herbert, Jessica Kincaid, Tracie Kress, Darlene Owens, Joel Smith, Stephanie VanDerKooi

TOPIC SUMMARIES

I. Welcome and Introductions – *Larry Scott* Mr. Scott welcomed the Transformation Steering Committee (TSC); Everyone introduced themselves.

II. Agenda and Minute Review - All

The September 20, 2018 minutes were reviewed. It was noted to add Kristie Schmiege as present via conference call.

III. BHDDA Updates – Larry Scott and Angela Smith-Butterwick

Mr. Scott provided a 298 update. Mr. Scott reminded the members that there are two types of initiatives related to the 298. The demonstration project, which is a programmatic integration of physical and behavioral health, that will be out of Kent County (Network 180). Total Health Care Collaborative has submitted a proposal, which is being vetted. The second initiative is the funding of the pilots, which are the four Community Mental Health Regional Entities (CMHRE), that will be integrating the financing for physical and behavioral health. Several progress reports have been received and submitted to the department regarding the recommendations by community groups and partners. OROSC is working on a Request for Proposal (RFP) for a single PIHP to manage the unenrolled, Medicaid eligible population for the entire State of Michigan. There were technical assistance sessions scheduled for November, but they were cancelled due to the CMHREs needing more time to construct their administrative infrastructure. The technical assistance sessions will be rescheduled. Mr. Scott mentioned there being rumors regarding managed care organizations opting out of the 298, but OROSC have not received anything definitive. If any of the CMHREs are wishing to opt out that will occur by January 2019.

Mr. Scott discussed the passing of Proposal 1 to legalize recreational marijuana use. Talking points were distributed to the PIHP and SUD directors and the TSC membership. Some of these talking points were discussed. Ms. Agius mentioned various marijuana data presentations that she has heard.

Mr. Scott explained the prevention outcomes history. There has not been a focus on, regarding evaluation, whether or not all the funding OROSC has provided to the PIHPs for prevention services contributed to some type of behavior change or perception of risk for harm for individuals past 30 days or one-year substance use. This year, the preventionists participating in the Michigan Prevention Data Set Workgroup came up with prevention outcomes that will be adopted. The PIHPs are aware of this, and their contract will be amended to give them 8-thousand dollars each to administer this initiative.

Ms. Smith-Butterwick provided an overview of Federal House Bill 6082 (Overdose Prevention and Patient Safety Act) to "revise" 42CFR part 2. It outlines SUD confidentiality practices with HIPPA but leaves in the protections for exclusions from court information and arrest information without proper subpoenas and authorizations. Ms. Smith-Butterwick provided a copy of the bill to members for them to review and get their opinion on it, which will be forwarded to the Policy and Innovation Section. Ms. Smith-Butterwick requested member send their opinion to her via email within a week.

Mr. Scott brought up the subject of the revised licensure rules. Ms. Schmiege stated that she met with Mr. Horvath from License and Regulatory Affairs (LARA). Mr. Horvath indicated to her that when LARA refers to the Public Health Code for who licensed counselors are defined to be, it includes LLMSW not just LMSW. LARA will be expanding the licensure language to nine groups to include LLPC, LPC, LLMSW, LMSW, certified counselors, and four categories of psychologists. It will not be expanded to include individuals on development plans with regards to ratios. LARA has increased the ratio from one counselor per 40 patients to one counselor to 65 patients. Mr. Horvath stated that there might be willingness to consider people on development plans in phase 2. In phase 2, LARA plans to address prevention and recovery housing. LARA might be willing to consider the development plans if they are tightened up with more strict benchmarks. Mr. Horvath, also, indicated they are working on moving on a path for allowing LPNs under certain conditions of supervision.

Mr. Scott provided an update regarding Provider Fitness Criteria. The last conversation he had with Medical Services Administration (MSA), they expanded the definition of atypical providers, which include most of the items and descriptions that were covered at the last TSC meeting (September 20, 2018).

IV. Substance Use Disorder Family Support Program (SUDFSP) - Ms. Kress and Ms. Kincaid Ms. Kress and Ms. Kincaid, with Children's Service Administration, joined the meeting to discuss the SUDFSP. The contracts went out for a bid. A contract was awarded to Wellspring, which service four counties (Midland, Gladwin, Clare and Isabella). It is a three-year contract which went into effect on October 1, 2018. Ms. Kress gave an overview of how the program works, who is eligible and the current stats. Questions were asked and answered.

V. GAIN – Heather Rosales and Angela Smith-Butterwick

Ms. Rosales shared updates regarding the GAIN. It will be implemented statewide effective October 1, 2019. Online training began November 13th. Clinicians have two weeks to get the online portion done. Ms. Scalera enquired if those who are registered for the online training are

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> being informed by OROSC that they need to have it completed within two weeks. Ms. Smith-Butterwick replied indicating that clinicians will receive an email from Chestnut with all the information. A short-screen GAIN webinar has been scheduled for Thursday, December 6th (10-11am). Ms. Rosales sent that information out to all the SAPT directors on November 15th. There will be more webinars offered in the future. Ms. Smith-Butterwick explained that the short-screen doesn't currently include any ASAM questions. She is working on obtaining it at an affordable cost, so it can be paired with the short-screen. Ms. Rosales emailed members a list of GAIN frequently asked questions. Mr. Smith inquired as to why access centers will need to administer the GAIN short-screening tool. Ms. Smith-Butterwick explained that they are trying to make sure that everyone is using the same information to place individuals. Therefore, they would like to have a standardized tool for all centralized access centers to use, which would also be beneficial for individuals seeking services that screen in one region but live in another. The screening information could be sent over to the other region, without requiring the individual to do another screening. As a part of the 1115 waiver, it was agreed that the State of Michigan would standardize the assessment and screening process. Mr. Smith asked if the current ASAM screening tool is not standardized enough. Ms. Smith-Butterwick confirmed that it is not; it is subjective. Mr. Smith is concerned about it impacting staff at access centers.

VI. OROSC Updates – Larry Scott and OROSC Staff

A. NAS Initiatives Update – Angela Smith-Butterwick

Ms. Smith-Butterwick indicated the PIHPs are submitting a report at the end of the month. She will have more information for the members at the next TSC meeting. Ms. Smith-Butterwick was recently in the Upper Peninsula (UP) meeting with the PIHP, local obstetrician (OB) offices, and the hospital in Marquette in attempt to get some innovative care. They have a very large population of pregnant women coming in with opioid use. The hospital does not think the women are receiving any prenatal care prior to delivery. A program is being piloted with the cooperation of the U.P. Health Plan to assign every pregnant woman who enters a selected outpatient OB office will receive a home visit, whether they are MIHP eligible or not. They are hopeful this will help get women prenatal care more regularly and give them extra resources once the baby arrives.

B. Peer Recovery Support-Pam Werner

Ms. Werner informed the members that OROSC has invited Valerie Mason Johnson, an international expert on mindfulness, to train on mindfulness-based addiction recovery for peer recovery coaches. In January 2019, there will be online training for 120 people for certified peer support specialists and certified peer recovery coaches. She will train eight peer recovery coaches to be trainers for mindfulness. In addition, she will be doing some mentoring. There have been quite a few trainings, regionally, for recovery coaches. They are working on and finalizing an ethics process. They are also going to do a CEU process, which they had hoped to rollout in January 2019, but they will probably do it in April. Ms. Werner indicated that two groups have been trained to be community health workers, who are both peer support specialists and recovery coaches, and gave an overview of those certifications. Ms. Smith-Butterwick and Mr. Henry are working with Ms. Werner on a 24-hour crisis hotline run by peer recovery coaches. There are currently 489 certified recovery coaches. Ms. Boyd, Dave Doughty, and Ms. Werner are going back to train another group of peer support specialists at Women's Huron Valley Correctional Facility.

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C. Consumer Relations – Colleen Jasper

Ms. Jasper shared that a coalition has formed among some of the peer-run and peer-directed services. This coalition is made of Jackson, Hillsdale, Monroe, The Recovery Institute, JIMHO, and Peers Unlimited. The coalition will take on statewide issues that face peers in Michigan. The main focus is the formation and implementation of respite houses. In the area of trauma, the board association is looking at holding two trauma empowerment trainings in the spring and summer of next year. The board association is looking at a trauma initiative for trauma track workshops at the spring conference. There will be an anti-stigma initiative at Lansing Community College's main campus on July 25, 2019.

D. STR & SOR – Brittany Leek

Ms. Leek indicated that they will be working on creating the STR year-2 mid-year report, which is due to SAMHSA at the end of November. All the regions' due date to have the mid-year report to OROSC is today, November 15th. There were some revisions and things needed to submit to SAMHSA, regarding to the STR carryover. The carryovers are being processed now. EGRAMS will not to be used for STR, including carryover, but it will be required for SOR. Ms. Leek informed the members that SAMHSA required some revisions for the SOR, and those have been submitted and processed. There will be monthly, quarterly, mid-year and annual reporting for SOR. There are two new staff members who were hired for STR. Foua Hang has been hired for STR Project Assistant position, and Madison Shutes is the Opioid Care Liaison for the STR Grant. New staff are, also, being hired for the following positions: STR Coordinator, SOR Coordinator, SOR Project Assistant, and SOR Care Liaison. Ms. Leek will become the new State Opioid Coordinator. Ms. Smith-Butterwick shared STR news that NASADAD sent a summary of the mostly recently signed Support Act, which reauthorization of the 21st Century Care Act, which authorizes 500 million dollars for states for each FY19 through FY21. Questions were asked and answered.

E. MYTIE – Heather Rosales

Ms. Rosales informed the members that they just had the workforce collaborative meeting last week. The next meeting is scheduled as a conference call on February 14, 2019. There were two trainings held last week. The topics were human trafficking and developing brain, and on how those relate to Substance Use Disorders.

F. PFS Update – Lisa Coleman

Ms. Coleman provided an overview on the strategic framework of the Partnership for Success Grant. There are three main components of the grant: work with a community coalition, SBIRT and Integrated Care, and Prevention Programming. Currently, Wayne State University Evaluation Team is working on the project year-3 report; it will include nine community profiles. As of July 1, 2018, Eaton County and the Detroit Empowerment Zone were added. As of October 1, 2018, VanBuren County was added. There are now 12 counties/communities OROSC is working with across the State of Michigan. There will, also, be a report on the Community National Outcomes. Besides the focus on reduction of alcohol and prescription drug use, there is a focus on reduction of health disparities. The three areas of disparity being focused on, in the various communities, are the Hispanic population, LGBTQ, and low economic status. The Center for the Application of Prevention Technology (CAPT) had a contract with SAMHSA for years to provide technical assistance and training to states. That contract ended at the end of October. In place of that, SAMHSA offered an opportunity for states to have 25 thousand dollars for their discretionary grants to provide technical assistance and training. Michigan accepted that opportunity. A proposal has just been submitted to incorporate training on health disparities implementation and sustainability, mentoring/coaching hours for individual sites throughout the PFS communities. The other part SAMHSA replaced CAPT with is the Prevention Technology and Transfer Centers (PTTC). States and communities can access these centers for services. The University of Wisconsin was awarded the bid for Michigan. Mr. Scott is requesting that OROSC be copied on requests for training, to ensure training is not being duplicated.

G. Gambling Prevention Project – Alia Lucas

Effective October 1, 2018, the Michigan Gambling Disorder Prevention Project (MGDPP) began for participating PIHPs with a mission to provide Gambling Disorder (GD) outreach and prevention services. Currently, there are 22 people actively participating in the 30-hour GD basic training. The GD training is being coordinated through the Community Mental Health Association of Michigan (CMHAM). Currently, the training timeframe is open. To Ms. Lucas' knowledge there have only been two GD prevention coordinators identified. Ms. Lucas indicated that as more prevention staff in place, it is her intent to schedule meetings with the GD Prevention Coordinating Workgroup. One of the other components of the MGDPP is assist with assessing individuals for GD and refer them for treatment, when necessary. There is the availability for NODS assessment training, the assessment tool used in identifying Gambling Use Disorder, for access management staff. Lori Mello, from Health Management Systems of America, is one of those people available to provide the training. Ms. Lucas is in the process of putting together a packet of information (technical assistance and reference resources) that she can disseminate to help during the progression of the program. The reporting requirements will also be included in the information packet she will be providing. Preparation has begun for the annual Gambling Disorder Symposium, which will be held at the Novi Suburban Showplace on March 1, 2019. The first Gambling Disorder Symposium Planning Committee meeting will be held on November 29th. Ms. Lucas is also working on revamping the GD website to improve effectiveness.

VII. Young Adult Survey Results – Liz Agius

Ms. Agius gave a PowerPoint presentation on the results of the young adult survey, which was conducted on Facebook. She explained how the survey was conducted for the targeted audience (18 to 25 yrs.). There were 2,092 completed surveys. Ms. Agius provided and explained the details of the data obtained from various demographics. Ms. Agius indicated that she is working with Louise Harder, from the Higher Education Network, to come with a way to do more targeted college data collection. There was another survey done on Facebook, for individuals18 years and older, entitled Public Perception Survey. Those results are in and they are being to be analyzed. Ms. Agius is looking for help in sending out the Family Impact Survey. It is being sent out by the FAN Network, but she hopes OROSC staff will, also, help to distribute it. Questions were asked and answered

VIII. Announcements/Innovative Practices

Ms. Leek shared that there is a Strengthening Families Training November $27^{\text{th}} - 29^{\text{th}}$ in Mt. Pleasant. Those interested in attending can email Ms. Smith-Butterwick, Ms. Leek or the local prevention coordinator and they can send you the link to register.

Ms. Boyd provided an overview of MI-REP program. The program has case managers and peers who provides services in the prisons inreach for three months and outreach for six months for individuals who have an opioid and mental health disorder.

Mr. Van Treese shared exciting news that Michigan, through the SOR Grant, has funded Michigan Association of Recovery Residences. The program has already started grown from 40 homes to 71 homes. Another 11 additional homes that are coming this week. Ms. O'Hare will be the chief compliance officer.

Ms. Agius passed along information about a study on naloxone. The study stated that Narcan is chemically stable for 10 months after the labeled expiration date. The Evzio injection is stable for one year after the labeled expiration date. Ms. Agius indicated she will forward the report to Ms. Bullard to disseminate it to the membership.

Mr. Tyson shared The Provider Alliance established a new subcommittee specifically to focus on SUD issues. Mr. Price asked Mr. Tyson to share that with the TSC members. Mr. Price will be the chair for that committee.

IX. Upcoming Events – OROSC Staff and TSC Membership Gambling Disorder Symposium – March 1, 2019 at Novi Suburban Showplace in Novi, MI Anti-stigma Initiative – July 25, 2019 at Lansing Community College's main campus

X. ADJOURNMENT

ACTION

PERSON(S) RESPONSIBLE DEADLINE

NEXT MEETING

Date/Time: January 17, 2019; 10:00 am to 2:00 pm Location: Okemos Conference Center 2187 University Park Dr Okemos, MI 48864