State of Michigan Guidelines for the Provision of Expedited Partner Therapy for Select Sexually Transmitted Infections

As required in Public Act 525 of 2014 (MCL 333.5110), the Michigan Department of Health and Human Services (MDHHS) reviews Expedited Partner Treatment (EPT) Guidance at lease annually, adjusting based on changes to national guidelines, research, and practice considerations. Below are MDHHS Guidelines for Expedited Therapy as of October 18, 2021. Complete STI Treatment Guidelines are available on the CDC website: www.cdc.gov/std/treatment, and the MDHHS/DSHP website: www.michigan.gov/hivsti.

Disease	Populations	Expedited Partner Therapy Treatment	General Considerations
Chlamydia- CT (C. Trachomatis)	Recommended for adults, adolescents, pregnant women and MSM (not co- infected with HIV or other STIs).	Doxycycline 100mg PO BID x 7 days Note: Azithromycin 1g orally in a single dose should be substituted for Doxycycline if the partner is, or may be, pregnant; or if partner is unlikely to adhere to 7-day regimen.	EPT can be dispersed or prescribed to partners of a patient with laboratory confirmed or presumptively diagnosed GC, CT and/or TV infection. If STI symptoms persist in patient and/or partner, follow up should be encouraged. Patients should be encouraged to return for re-testing 3 months after treatment to identify cases of re-infection. EPT medication or prescriptions must be accompanied by informational materials and a clinic referral for follow up testing and counseling. Providers are encouraged to visit the MDHHS/DHSP website for the most up to date guidelines, directives, and patient education materials: www.michigan.gov/hivsti.
Gonorrhea- GC (N. gonorrhoeae)	Recommended for adults, adolescents, and pregnant women. Can be dispensed to MSM with uncomplicated Gonorrhea	Cefixime 800mg orally in a single dose In cases of concurrent CT infection, or when CT has not been ruled out: Cefixime 800mg PO in a single dose PLUS Doxycycline 100mg orally BID x 7 days Note: Azithromycin 1g orally in a single dose should be substituted for Doxycycline if the partner is, or may be, pregnant; or if the partner is unlikely to adhere to 7- day regimen.	
Trichomoniasis- TV (T. vaginalis)	Recommended for adults, adolescents, and pregnant women.	Female Partners– Metronidazole 500 mg orally BID x 7 days Male Partners: Metronidazole 2 grams orally in a single dose	Note: Refraining from alcohol use while taking Metronidazole is no longer required.