# Mental Health and Wellness Commission

(FY2020 Appropriation Act - Public Act 67 of 2019)

## May 1, 2020

Sec. 973. By May 1 of the current fiscal year, the department shall provide a report to the house and senate appropriations subcommittees on the department budget, the house and senate fiscal agencies, the house and senate policy offices, and the state budget office on evidence-based medically supported protocols for initiation and withdrawal or detoxification from all treatments medically approved by the United States Food and Drug Administration for substance use disorders. The report shall include, but is not limited to, the following:

- (a) The percentage of patients on treatments medically approved by the United State Food and Drug Administration for substance use disorders that are transitioned to a comprehensive relapse prevention program that includes a monthly extended-release injectable medication assisted treatment.
- (b) Outcomes of different types of comprehensive management programs utilized for all treatments medically approved by the United States Food and Drug Administration for substance use disorders.
- (c) Outcomes of different types of evidence-based medically supported protocols for withdrawal or detoxification for all treatments medically approved by the United States Food and Drug Administration, including a monthly extended-release injectable medication-assisted treatment, including instances of patient deaths from overdose that occur within 1 year after the completion of evidence-based medically supported protocols for withdrawal or detoxification.
- (d) Whether the department recommends changes in how the department administers, whether directly or through the PIHPs, comprehensive evidence-based treatment protocols for all treatments medically approved by the United States Food and Drug Administration for substance use disorders.



# Section 973 PA 67 of 2019

#### (a) The percentage of patients on treatments medically approved by the United States Food and Drug Administration for substance use disorders that are transitioned to a comprehensive relapse prevention program that includes a monthly extended-release injectable medication assisted treatment.

So far in Fiscal Year 2020, there have been 13,057 recipients of Medication Assisted Treatment (MAT) via Opioid Treatment Programs (OTP) that administer the USFDA approved medications for substance use disorders, specifically, opioid use disorders. Of the 13,057 persons receiving MAT at OTPs, 0.4 percent (54) are being treated with Naloxone (Vivitrol) – an extended release injectable.

#### (b) Outcomes of different types of comprehensive management programs utilized for all treatments medically approved by the United States Food and Drug Administration for substance use disorders.

See outcomes provided in Attachment 1. The outcomes illustrated were provided in the Behavioral Health Treatment Episode Data Set (BHTEDS). The BHTEDS captures outcomes data reported by publicly funded treatment programs only. The data does not include outcomes from treatment programs administered by private physicians via Office Based Opioid Treatment Programs, or by private physicians administering residential programs or pain management programs, as this data is unavailable at the time of this report.

(c) Outcomes of different types of evidence-based medically supported protocols for withdrawal or detoxification for all treatments medically approved by the United States Food and Drug Administration, including a monthly extended-release injectable medication-assisted treatment, including instances of patient deaths from overdose that occur within 1 year after the completion of evidence-based medically supported protocols for withdrawal or detoxification.

See outcomes provided in Attachment 2. The outcomes are captured in the BHTEDS as reported by publicly funded programs administering treatments medically approved by the United States Food and Drug Administration (USFDA). The BHTEDS does not include information regarding the specific type of medication provided in the withdrawal management programs. As such, that specific level of information is not available currently.

(d) Whether the department recommends changes in how the department administers, whether directly or through the PIHPs, comprehensive evidence-based treatment protocols for all treatments medically approved by the United States Food and Drug Administration for substance use disorders. The Michigan Department of Health and Human Services (MDHHS) currently does not offer any recommended changes. All protocols utilized by MDHHS for evidence-based treatment is consistent with Federal guidelines provided by the Substance Abuse and Mental Health Services Administration, Drug Enforcement Administration, and the USFDA.

# Attachment #1 FY19 Medication Assisted Treatment (MAT) Discharges

| Reason For Termination |           |         |               |                       |  |
|------------------------|-----------|---------|---------------|-----------------------|--|
|                        | Frequency | Percent | Valid Percent | Cumulative<br>Percent |  |
| Completed              | 966       | 8.7     | 8.7           | 8.7                   |  |
| Dropped Out            | 5,236     | 47.2    | 47.2          | 55.9                  |  |
| Terminated             | 934       | 8.4     | 8.4           | 64.3                  |  |
| Transfer               | 2,627     | 23.7    | 23.7          | 88.0                  |  |
| Incarcerated           | 405       | 3.7     | 3.7           | 91.7                  |  |
| Death                  | 107       | 1.0     | 1.0           | 92.6                  |  |
| Other                  | 818       | 7.4     | 7.4           | 100.0                 |  |
| Total                  | 11,093    | 100.0   | 100.0         |                       |  |

| Use in Last 30 Days at Admission |           |         |               |                       |  |
|----------------------------------|-----------|---------|---------------|-----------------------|--|
| -                                | Frequency | Percent | Valid Percent | Cumulative<br>Percent |  |
| No Use                           | 2,704     | 24.4    | 24.4          | 24.4                  |  |
| 1-3 Days in Past Month           | 556       | 5.0     | 5.0           | 29.4                  |  |
| 1-2 Days in Past Week            | 358       | 3.2     | 3.2           | 32.6                  |  |
| 3-6 Days in past Week            | 887       | 8.0     | 8.0           | 40.6                  |  |
| Daily                            | 6,588     | 59.4    | 59.4          | 100.0                 |  |
| Total                            | 11,093    | 100.0   | 100.0         |                       |  |

## Use in Last 30 Days at Discharge

|                        | Frequency | Percent | Valid Percent | Cumulative<br>Percent |
|------------------------|-----------|---------|---------------|-----------------------|
| No Use                 | 7,084     | 63.9    | 63.9          | 63.9                  |
| 1-3 Days in Past Month | 726       | 6.5     | 6.5           | 70.4                  |
| 1-2 Days in Past Week  | 375       | 3.4     | 3.4           | 73.8                  |
| 3-6 Days in past Week  | 618       | 5.6     | 5.6           | 79.4                  |
| Daily                  | 2,290     | 20.6    | 20.6          | 100.0                 |
| Total                  | 11,093    | 100.0   | 100.0         |                       |

## Employment Status at Admission

|                        | Frequency | Percent | Valid Percent | Cumulative<br>Percent |  |
|------------------------|-----------|---------|---------------|-----------------------|--|
| Employed Full-Time     | 900       | 8.1     | 8.1           | 8.1                   |  |
| Employed Part-Time     | 854       | 7.7     | 7.7           | 15.8                  |  |
| Unemployed             | 7,666     | 69.1    | 69.1          | 84.9                  |  |
| Not in the Labor Force | 1,673     | 15.1    | 15.1          | 100.0                 |  |
| Total                  | 11,093    | 100.0   | 100.0         |                       |  |

## Employment Status at Discharge

|                        | Frequency | Percent | Valid Percent | Cumulative<br>Percent |
|------------------------|-----------|---------|---------------|-----------------------|
| Employed Full-Time     | 1,006     | 9.1     | 9.1           | 9.1                   |
| Employed Part-Time     | 839       | 7.6     | 7.6           | 16.6                  |
| Unemployed             | 7,613     | 68.6    | 68.6          | 85.3                  |
| Not in the Labor Force | 1,635     | 14.7    | 14.7          | 100.0                 |
| Total                  | 11,093    | 100.0   | 100.0         |                       |

| Living Arrangements at Admission        |        |       |       |       |  |
|---|--------|-------|-------|-------|--|
| FrequencyPercentValid PercentCumulative |        |       |       |       |  |
| Homeless                                | 1,624  | 14.6  | 14.6  | 14.6  |  |
| Dependent                               | 1,709  | 15.4  | 15.4  | 30.0  |  |
| Independent                             | 7,760  | 70.0  | 70.0  | 100.0 |  |
| Total                                   | 11,093 | 100.0 | 100.0 |       |  |

| Living Arrangements at Discharge |           |         |               |                       |
|----------------------------------|-----------|---------|---------------|-----------------------|
| -                                | Frequency | Percent | Valid Percent | Cumulative<br>Percent |
| Homeless                         | 1,421     | 12.8    | 12.8          | 12.8                  |
| Dependent                        | 1,688     | 15.2    | 15.2          | 28.0                  |
| Independent                      | 7,984     | 72.0    | 72.0          | 100.0                 |
| Total                            | 11,093    | 100.0   | 100.0         |                       |

| Arrests in Past 30 Days at Admission |           |         |               |                       |  |
|--------------------------------------|-----------|---------|---------------|-----------------------|--|
|                                      | Frequency | Percent | Valid Percent | Cumulative<br>Percent |  |
| 0                                    | 10,602    | 95.6    | 95.6          | 95.6                  |  |
| 1                                    | 457       | 4.1     | 4.1           | 99.7                  |  |
| 2                                    | 18        | 0.2     | 0.2           | 99.9                  |  |
| 3                                    | 8         | 0.1     | 0.1           | 99.9                  |  |
| 4                                    | 1         | 0.0     | 0.0           | 99.9                  |  |
| 6                                    | 1         | 0.0     | 0.0           | 99.9                  |  |
| 8                                    | 1         | 0.0     | 0.0           | 100.0                 |  |
| 12                                   | 1         | 0.0     | 0.0           | 100.0                 |  |
| 30                                   | 4         | 0.0     | 0.0           | 100.0                 |  |
| Total                                | 11,093    | 100.0   | 100.0         |                       |  |

| Arrests in Past 30 Days at Discharge |           |         |               |                       |
|--------------------------------------|-----------|---------|---------------|-----------------------|
|                                      | Frequency | Percent | Valid Percent | Cumulative<br>Percent |
| 0                                    | 10,601    | 95.6    | 95.6          | 95.6                  |
| 1                                    | 462       | 4.2     | 4.2           | 99.7                  |
| 2                                    | 18        | 0.2     | 0.2           | 99.9                  |
| 3                                    | 3         | 0.0     | 0.0           | 99.9                  |
| 5                                    | 1         | 0.0     | 0.0           | 99.9                  |
| 9                                    | 3         | 0.0     | 0.0           | 100.0                 |
| 13                                   | 1         | 0.0     | 0.0           | 100.0                 |
| 14                                   | 1         | 0.0     | 0.0           | 100.0                 |
| 30                                   | 3         | 0.0     | 0.0           | 100.0                 |
| Total                                | 11,093    | 100.0   | 100.0         |                       |

| Attendance at Self Help Groups at Admission |           |         |               |                       |  |
|---|-----------|---------|---------------|-----------------------|--|
|   | Frequency | Percent | Valid Percent | Cumulative<br>Percent |  |
| No Attendance                               | 9,187     | 82.8    | 82.8          | 82.8                  |  |
| Less than Once a Week                       | 604       | 5.4     | 5.4           | 88.3                  |  |
| Once a Week                                 | 453       | 4.1     | 4.1           | 92.3                  |  |
| 2 to 3 Times per Week                       | 408       | 3.7     | 3.7           | 96.0                  |  |
| At least Four Times per Week                | 441       | 4.0     | 4.0           | 100.0                 |  |
| Total                                       | 11,093    | 100.0   | 100.0         |                       |  |
| Attendance at Self Help Groups at Discharge |           |         |               |                       |  |

|                              | Frequency | Percent | Valid Percent | Cumulative<br>Percent |
|------------------------------|-----------|---------|---------------|-----------------------|
| No Attendance                | 6,837     | 61.6    | 61.6          | 61.6                  |
| Less than Once a Week        | 877       | 7.9     | 7.9           | 69.5                  |
| Once a Week                  | 613       | 5.5     | 5.5           | 75.1                  |
| 2 to 3 Times per Week        | 681       | 6.1     | 6.1           | 81.2                  |
| At least Four Times per Week | 2,085     | 18.8    | 18.8          | 100.0                 |
| Total                        | 11,093    | 100.0   | 100.0         |                       |

# Attachment #2 FY19 Medication Assisted Treatment (MAT) Withdrawal Management Episodes

| Reason For Termination |           |         |               |                    |  |
|------------------------|-----------|---------|---------------|--------------------|--|
|                        |           |         |               |                    |  |
|                        | Frequency | Percent | Valid Percent | Cumulative Percent |  |
| Completed              | 273       | 5.2     | 5.2           | 5.2                |  |
| Dropped Out            | 1,140     | 21.8    | 21.8          | 27.0               |  |
| Terminated             | 80        | 1.5     | 1.5           | 28.5               |  |
| Transfer               | 3,366     | 64.3    | 64.3          | 92.8               |  |
| Incarcerated           | 1         | 0.0     | 0.0           | 92.8               |  |
| Death                  | 1         | 0.0     | 0.0           | 92.8               |  |
| Other                  | 376       | 7.2     | 7.2           | 100.0              |  |
| Total                  | 5,237     | 100.0   | 100.0         |                    |  |

### Use in Last 30 Days at Admission

|                        | Frequency | Percent | Valid Percent | Cumulative Percent |
|------------------------|-----------|---------|---------------|--------------------|
| No Use                 | 16        | 0.3     | 0.3           | 0.3                |
| 1-3 Days in Past Month | 28        | 0.5     | 0.5           | 0.8                |
| 1-2 Days in Past Week  | 54        | 1.0     | 1.0           | 1.9                |
| 3-6 Days in past Week  | 514       | 9.8     | 9.8           | 11.7               |
| Daily                  | 4,625     | 88.3    | 88.3          | 100.0              |
| Total                  | 5,237     | 100.0   | 100.0         |                    |

### Use in Last 30 Days at Discharge

|                        | Frequency | Percent | Valid Percent | Cumulative Percent |
|------------------------|-----------|---------|---------------|--------------------|
| No Use                 | 4,606     | 88.0    | 88.0          | 88.0               |
| 1-3 Days in Past Month | 17        | 0.3     | 0.3           | 88.3               |
| 1-2 Days in Past Week  | 86        | 1.6     | 1.6           | 89.9               |
| 3-6 Days in past Week  | 211       | 4.0     | 4.0           | 93.9               |
| Daily                  | 317       | 6.1     | 6.1           | 100.0              |
| Total                  | 5,237     | 100.0   | 100.0         |                    |

### Employment Status at Admission

|                                | Frequency | Percent | Valid Percent | Cumulative Percent |
|--------------------------------|-----------|---------|---------------|--------------------|
| Employed Full-Time             | 261       | 5.0     | 5.0           | 5.0                |
| Employed Part-Time             | 177       | 3.4     | 3.4           | 8.4                |
| Unemployed                     | 3,675     | 70.2    | 70.2          | 78.5               |
| Not in the Labor Force         | 1,124     | 21.5    | 21.5          | 100.0              |
| Total                          | 5,237     | 100.0   | 100.0         |                    |
| Employment Status at Discharge |           |         |               |                    |

|                        | Frequency | Percent | Valid Percent | Cumulative Percent |
|------------------------|-----------|---------|---------------|--------------------|
| Employed Full-Time     | 259       | 4.9     | 4.9           | 4.9                |
| Employed Part-Time     | 182       | 3.5     | 3.5           | 8.4                |
| Unemployed             | 3,678     | 70.2    | 70.2          | 78.7               |
| Not in the Labor Force | 1,118     | 21.3    | 21.3          | 100.0              |
| Total                  | 5,237     | 100.0   | 100.0         |                    |

| Living Arrangements at Admission |           |         |               |                    |
|----------------------------------|-----------|---------|---------------|--------------------|
|                                  | Frequency | Percent | Valid Percent | Cumulative Percent |
| Homeless                         | 1478      | 28.2    | 28.2          | 28.2               |
| Dependent                        | 732       | 14.0    | 14.0          | 42.2               |
| Independent                      | 3027      | 57.8    | 57.8          | 100.0              |
| Total                            | 5237      | 100.0   | 100.0         |                    |

## Living Arrangements at Discharge

|             | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------------|-----------|---------|---------------|--------------------|
| Homeless    | 1,403     | 26.8    | 26.8          | 26.8               |
| Dependent   | 762       | 14.6    | 14.6          | 41.3               |
| Independent | 3,072     | 58.7    | 58.7          | 100.0              |
| Total       | 5,237     | 100.0   | 100.0         |                    |

| Arrests in P | Past 30 Days | at Admission |
|--------------|--------------|--------------|
|--------------|--------------|--------------|

|       | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-----------|---------|---------------|--------------------|
| 0     | 5,066     | 96.7    | 96.7          | 96.7               |
| 1     | 158       | 3.0     | 3.0           | 99.8               |
| 2     | 8         | 0.2     | 0.2           | 99.9               |
| 3     | 4         | 0.1     | 0.1           | 100.0              |
| 5     | 1         | 0.0     | 0.0           | 100.0              |
| Total | 5,237     | 100.0   | 100.0         |                    |

## Arrests in Past 30 Days at Discharge

|       | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-----------|---------|---------------|--------------------|
| 0     | 5124      | 97.8    | 97.8          | 97.8               |
| 1     | 100       | 1.9     | 1.9           | 99.8               |
| 2     | 8         | 0.2     | 0.2           | 99.9               |
| 3     | 3         | 0.1     | 0.1           | 100.0              |
| 9     | 1         | 0.0     | 0.0           | 100.0              |
| 30    | 1         | 0.0     | 0.0           | 100.0              |
| Total | 5237      | 100.0   | 100.0         |                    |

| Attendance at Self Help Groups at Admission |         |               |                    |  |
|---|---------|---------------|--------------------|--|
|   |         |               |                    |  |
| Frequency                                   | Percent | Valid Percent | Cumulative Percent |  |

| No Attendance                | 4,660 | 89.0  | 89.0  | 89.0  |
|------------------------------|-------|-------|-------|-------|
| Less than Once a Week        | 219   | 4.2   | 4.2   | 93.2  |
| Once a Week                  | 154   | 2.9   | 2.9   | 96.1  |
| 2 to 3 Times per Week        | 104   | 2.0   | 2.0   | 98.1  |
| At least Four Times per Week | 100   | 1.9   | 1.9   | 100.0 |
| Total                        | 5,237 | 100.0 | 100.0 |       |

# Attendance at Self Help Groups at Discharge

|                              | Frequency | Percent | Valid Percent | Cumulative Percent |
|------------------------------|-----------|---------|---------------|--------------------|
| No Attendance                | 2,518     | 48.1    | 48.1          | 48.1               |
| Less than Once a Week        | 1,201     | 22.9    | 22.9          | 71.0               |
| Once a Week                  | 148       | 2.8     | 2.8           | 73.8               |
| 2 to 3 Times per Week        | 258       | 4.9     | 4.9           | 78.8               |
| At least Four Times per Week | 1,112     | 21.2    | 21.2          | 100.0              |
| Total                        | 5,237     | 100.0   | 100.0         |                    |