

Nutrition Education Program

(FY2020 Appropriation Act - Public Act 67 of 2019)

March 1, 2020

Sec. 808. By March 1 of the current fiscal year, the department shall provide a report to the senate and house appropriations subcommittees on the department budget, the senate and house fiscal agencies, the senate and house policy offices, and the state budget office on the nutrition education program. The report shall include requirements made by the agriculture improvement act of 2018, Public Law 115-334, such as how the department shall use an electronic reporting system to evaluate projects and an accounting of allowable state agency administrative costs. The report shall also include documentation of the steps the department shall take to ensure that projects and subgrantee programs are evidence-based, appropriated for, and meet the criteria for eligible individuals as defined in section 2036a(a) of the food and nutrition act, 7 USC 2036, and quantitative evidence that the programs contribute to a reduction in obesity or an increase in the consumption of healthy foods. Additionally, the report shall include planned allocation and actual expenditures for the supplemental nutrition assistance program education funding, planned and actual grant amounts for the supplemental nutrition assistance program education funding, the total amount of expected carryforward balance at the end of the current fiscal year for the supplemental nutrition assistance program education funding and for each subgrantee program, a list of all supplemental nutrition assistance program education funding programs by implementing agency, and the stated purpose of each of the programs and each of the subgrantee programs.



Section 808 PA 67 of 2019

Section 808 contains new language for FY 2020 requiring DHHS to report on requirements made by federal Public Law 115-334, such as how the department shall use an electronic reporting system to evaluate projects and an accounting of allowable state agency administrative costs. This is a responsibility of the federal Food and Nutrition Service, and they have not developed the guidance for states, therefore this information cannot be included in this year's report.

Planned allocation and actual expenditures for the supplemental nutrition assistance program education (SNAP-Ed) funding

The implementing agencies, Michigan Fitness Foundation (MFF) and Michigan State University Extension (MSUE) have two years to spend their planned fiscal allocations. Therefore, both agencies will carry forward (CF) funds from one fiscal year to the next. All SNAP-Ed funds are obligated. The Michigan Department of Health and Human Services (MDHHS) has never returned SNAP-Ed funds to the Food and Nutrition Service (FNS) and has historically spent the entire allocation.

Michigan State University Extension:

| | |
|----------------------|--|
| FY19 Allocation - | \$7,323,511 |
| FY19 Expenditures - | \$7,133,597 (including \$1,269,756 from FY18 CF) |
| FY19 Carry Forward - | \$1,459,670 |

Michigan Fitness Foundation:

| | |
|----------------------|--|
| FY19 Allocation - | \$13,729,995 |
| FY19 Expenditures - | \$13,924,491 (including \$11,905,127 from FY18 CF) |
| FY19 Carry Forward - | \$11,710,631 |

Planned and actual grant amounts for the supplemental nutrition assistance program education funding

Michigan's FY19 Allocation:

| | |
|-----------|--------------|
| Planned - | \$21,620,652 |
| Actual - | \$21,620,652 |

Total amount of expected carryforward balance at the end of the current fiscal year for the supplemental nutrition assistance program education funding

| | |
|-------------------------------------|---|
| Michigan State University Extension | <u>FY20</u> \$1,459,670 (Estimated) |
| Michigan Fitness Foundation | <u>FY20</u> \$11,710,631 (Estimated) |

**These Estimations are based on historical trends.*

The FY18 carryforward (CF) amount is not included in the FY19 award but it does get included on what they spent as far as expenditures go in FY19. The implementing agencies, Michigan Fitness Foundation (MFF) and Michigan State University Extension (MSUE) have two years to spend their planned fiscal allocations. Therefore, both agencies will carry forward (CF) funds from one fiscal year to the next. All SNAP-Ed funds are obligated. Michigan's FY 19 allocation will not match up just using the IA allocations as we keep around \$600k for MDHHS projects

List of all supplemental nutrition assistance program education funding programs by implementing agency and the stated purpose of each program.

Under the guidance of MDHHS, two Implementing Agencies – Michigan State University Extension (MSU Extension) and Michigan Fitness Foundation (MFF) - will deliver SNAP-Ed programming to 797,000 people in more than 5,000 sites, including schools, community centers, worksites, faith organizations, farmers markets, grocery and corner stores, community gardens, health care sites, and emergency food distribution sites. SNAP-Ed programs and projects reach Michigan's most vulnerable residents in all 83 counties.

Michigan State University Extension

MSU Extension uses evidence-based and practice-tested curricula for series and single session offerings. Ongoing staff training equips nutrition instructors with uniform best practices in order to provide consistent direct nutrition education, coaching strategies for Policy, Systems, Environment (PSE) change, and data collection using validated evaluation instruments. This type of structured and unvarying protocol and reporting brings to life the aggregate knowledge, skills, and PSE changes that participants gain and experience through the MSU Extension SNAP-Ed program. All reporting efforts are captured through the online Program And Evaluation Reporting System (PEARS) that is widely used by SNAP-Ed programs across the country.

| | |
|--|---|
| 4-H Healthy Clubs, Healthy Youth Toolkit | Jump Into Foods and Fitness (JIFF) |
| A Healthier You: Wellness for Work and Life | Healthier Child Care Environments Toolkit |
| Cooking for One | Learn, Grow, Eat & Go |
| Coordinated Approach to Child Health (CATCH) | My Way to Wellness |
| Comida Saludable, Familias Saludables (Healthy Foods, Healthy Families) | MyPlate |
| Cooking Matters (Adults, Families, Child Care Providers, at the Store, in the Food Pantry) | Nutrition 1-2-3 |
| Dig In! | Nutrition and Physical Activity Self-Assessment for Child Care (NAP SACC) manuals |
| Designing Healthy Work Environments at Work Assessment (DHEW) | Refresh MI Pantry <i>and</i> Refresh MI Store |
| Discover Michigan Fresh Jr., Adult, and Senior | Seasons of the UP |
| Eat Healthy, Be Active | Show Me Nutrition and Parent Newsletters |
| Eat Smart, Live Strong | Smarter Lunchrooms |
| Faithful Families | Peak Health and Performance |
| Fuel Up to Play 60 | StrongWomen (Strong and Steady) |
| Go NAPSACC | Summer Food, Summer Moves |
| Grow It, Try It, Like It! Nutrition Education Kit | Teen Cuisine |
| Healthy Eating Adds Up | The Great Garden Detective |
| Healthy Harvest: Nutrition Education in the Garden | Today's Mom |

Smaller “a la carte” PSE coaching efforts are part of MSU Extension offerings and are used to engage and recruit stakeholders into larger PSE efforts. Staff are equipped with strategies to assess vending machines – if on the premises, healthy snack and celebration policies, physical activity break policies, individual classrooms, and general healthy messaging in school settings.

Single session direct education offerings will include topics like Start Simple with MyPlate; Rethink Your Drink; Food Budgeting and Meal Planning; and Feeding a Picky Eater. Single sessions are used for recruitment into longer nutrition education series.

Michigan Fitness Foundation

MFF's SNAP-Ed grantees for FY 2020 were selected through a competitive request for proposal (RFP) process. Thirty-seven (37) proposals were submitted to deliver SNAP-Ed programming that promotes increased fruit and vegetable consumption and physical activity through direct education and PSE changes to meet the needs of SNAP-eligible participants. The proposals went through an objective review process that included external content-expert reviewers. Of the proposals submitted, 33 were selected for funding. Funding decisions for SNAP-Ed grantees are made on a year-by-year basis. All grantees implement evidence-based and/or practice-tested interventions that are evaluated using validated and reliable instruments.

| | |
|---|---|
| American Indian Health & Family Services | Kent Intermediate School District |
| Battle Creek Community Foundation | LAHC-Leaders Advancing & Helping Communities |
| Boys & Girls Club of Muskegon Lakeshore | Livingston Educational Service Agency |
| Bronson Health Foundation | Marquette Alger RESA |
| Calhoun Intermediate School District | National Kidney Foundation of Michigan - Healthy Kids, Healthy Communities |
| Child and Family Charities | National Kidney Foundation of Michigan - Preschool |
| Copper County Mental Health | NorthWest Initiative |
| Crim Fitness Foundation | Oakland County Health Division |
| District Health Department #10 | Saginaw Intermediate School District |
| Eastern Upper Peninsula ISD | Traverse Bay Area Intermediate School District |
| Genesee Intermediate School District | Traverse City Area Public Schools |
| GenesisHOPE | Tuscola Intermediate School District |
| Gleaners Community Food Bank of SE Michigan | Van Buren Intermediate School District |
| Gratiot-Isabella RESD | Wayne State University, College of Education-Center for Community Health and Impact |
| Growing Hope | Western UP Health Department |
| Health Department of NW Michigan | YMCA of Greater Grand Rapids |
| Henry Ford Health System | |

In addition to providing capacity-building and technical assistance to subrecipients, MFF leads a range of statewide initiatives that support local programming.

- *'Healthy Choices Catch On'* Statewide Social Marketing Campaign
- Communities in Crisis Demonstration Projects in Flint and Detroit, including 810 Kids, Brilliant Detroit Project, and the Detroit Public School Project
- Farmers Market Navigator Project (helping low-income people use farmers markets)
- Michigan Harvest of the Month (supplemental nutrition education resources used in multiple settings)
- Fresh Conversations (senior population-focused)
- MyGarden (garden-based intervention for K-5 grade youth)
- Linking Lessons (in retail settings; with people with cognitive disabilities; in schools with older youth)
- Physical Education and Nutrition Working Together (PE-Nut) (comprehensive approach to PE and nutrition education in schools), includes Healthy Schools, Healthy Communities
- Capacity-building projects (small-scale projects that inform SNAP-Ed programming statewide as well as deliver services to underserved residents and regions)
- Promoting Active Communities Assessment (assessment and action tool)
- 13 Moons (cross-state collaboration with Minnesota to implement and evaluate a Native American-population focused intervention)
- Organizational Empowerment (training and assessment to support local PSE strategies), including Ripple Effect Mapping
- Choices Conference (convening to learn about programming best-practices)
- SNAP-Ed University (training SNAP-Ed programming and operations)
- Map to Healthy Living (online map that highlights where SNAP-Ed is occurring in Michigan)
- Participate in Michigan State Nutrition Action Committee (MiSNAC) meeting – currently scheduled by MDE, one meeting held in FY19
- 810Kids! (digital newsletter for parents of students receiving SNAP-Ed programming in Flint)
- Statewide evaluation for fruit and vegetable consumption, physical activity, PSE adoption and health-related quality of life
- ServSafe (safe food practices training)
- Nutrition Education Reinforcement Incentives (NERI)
- Rec-Connect (multi-level physical activity promotion and community PSE intervention)
- PSE Community Impact (survey to examine community impacts related to PSE strategies)
- Twenty-two (22) grantees applied for mini-grants to enhance PSE program elements, to further the evidence-base of practice-tested interventions and/or to deliver specific interventions to underserved regions or groups.