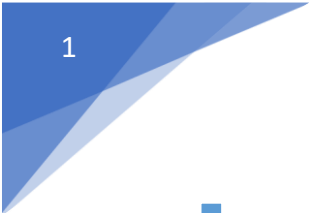


Six Core Elements – Quick Guide for Local Health Departments



1



Transition Policy

- Clear and simple language
- Logical Framework with clear beginning and end
- Purpose Statement
- Goals
- Intended Outcomes
- Quality Improvement

2



Identify Transitioning Youth

- Identify active CSHCS clients between the ages of 14 and 21
- Conduct outreach to increase awareness of transition services
- Monitor clients as they go through the transition process

3



Identify Needs of Youth and Family

- Conduct “Readiness Assessments”
- Identify needs, strengths, and preferences of youth and family
- Understand support systems in place for youth as they enter adulthood

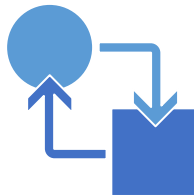
4



Create a Transition Plan with Youth and Family

- Work with youth and family to determine actions to address needs
- Plan should utilize the strengths of the youth
- Actions must be in accordance with youth’s preferences

5



Transfer to Adult Providers

- Ensure that transitioning youth and their families are aware of changes that occur at 18
- Confirm that young adult will successfully transition to adult health care model

6



Evaluate and Review

- Follow up with young adults and their families as they complete the transition process
- Determine the successes and areas for improvement of existing transition efforts and procedures