

# SUSTAINING HANDLE WITH CARE

#### **AGENDA**

- Barriers and Challenges
- Sustainability Strategies
- Addressing Your Needs

### WHERE ARE YOU ON THE JOURNEY?



## A JOURNEY...

#### Trauma Aware

Recognition of trauma prevalence and impact on child development and learning/behavior

#### Trauma Sensitive

Beginning exploration of TIS principles within environment

Consensus building around principles of TIS PREPARE for change

#### Trauma Responsive

Beginning of change in culture to highlight role of trauma

TIS principles integrated at all levels

Ultimate outcome = Trauma Informed

Missouri Model: A Developmental Framework for Trauma Informed, MO Dept. of Mental Health and Partners (2014).

#### **BARRIERS & CHALLENGES**

- Oops I forgot!
- Turnover
- •What do I do next?
- Other barriers and challenges

### **OOPS I FORGOT!**

- Not the main thing
- •It's not a habit (yet)
- •Does this really make a difference?

### OOPS | FORGOT!

# Law Enforcement Strategies

- Monitor HWC notices & contact leadership
- Acknowledge those making an effort
  - Send thank you notes
  - Send a cake or other treat
  - Have a celebration!

### **OOPS I FORGOT!**

# Law Enforcement Strategies

- Think of creative ways to remind officers
  - Flyers/Posters for roll call room
  - Drink cozies
  - Magnets
  - Periodic reminders during morning report
  - Periodic in-services (beginning of the school year?)
  - Competition
  - Other ideas?

### OOPS | FORGOT!

# School Strategies

- Monitor numbers of notices received & compare to numbers sent
- Check with contact people to be sure they are receiving & distributing notices
- Periodic "refresher" in-service (beginning of the school year)

#### OOPS | FORGOT!

# School Strategies

- Think about creative ways to keep HWC in mind
  - Periodic emails
  - Newsletter
  - Professional development (more about this later)
  - Flyers/posters
  - Standing item on staff meeting agendas
  - Other ideas?



## **Handle With Care**

so all children can feel safe and learn.



The "Handle With Care" Mostet: If a law enforcement officer encounters a child during a cold, that child"s information is forwarded to the school before the school beelings the next day. The school insplanments individuous class and whole school trauma-sensitive curricula so that fraumatized children are "Handled With Care", it is child needs more intervention, on-site fraumaticaused mental healthcare is available at the school.

Learn more:

HandleWithCareWV.org

#### **TURNOVER**

## Leadership

- Monitor changes in superintendents & principals
- Develop BRIEF introduction to HWC
  - Video
  - Power Point
  - One page description
- Periodically attend superintendent and/or principal meetings

#### **TURNOVER**

### School Staff

- Monitor for changes in HWC contact people (at least annually)
- Develop HWC introductory materials for new staff
  - Video
  - Power Point
  - One page description
- Identify district and/or school champions to assist with monitoring and training

#### WHAT DO I DO NEXT?

- School staff need and want "things they can do" when they receive a notice
- Movement toward trauma sensitive/healing environment

#### TRAINING OPPORTUNITIES

- Orient new school staff
- Beginning of the year "refresher"
- Ongoing training/education for school personnel

#### IDEAS FOR ONGOING TRAINING

- An "8 Month Plan"
- Work with district or school champions
- Consider a variety of formats/options for training
  - Professional development sessions
  - Book groups
  - Email reminders, tips, articles
  - Share videos
  - Lunch and learn sessions
- Don't forget to address compassion fatigue
- Consider including law enforcement if possible

#### RESOURCES FOR ONGOING TRAINING

- Trauma Sensitive Strategies for Schools (available on HWC website)
  - Online training packages
  - Books
  - Articles/Blog posts
  - Videos
  - Power Point presentations
  - Websites

### OTHER BARRIERS & CHALLENGES

- Use HWC Implementation Team to monitor
- Problem solve together
- Connect with those involved in the challenge to learn more
- Address concerns Be Creative!!

#### ADDRESSING YOUR NEEDS

- •What are your top issues?
- •What have you tried?
- •What can you do next?



#### **RESOURCES**

- Handle With Care Michigan www.handlewithcaremi.org
- Handle With Care West Virginia www.handlewithcarewv.org
- Trauma Toxic Stress Website www.Michigan.gov/traumatoxicstress