MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES (MDHHS) OFFICE OF RECOVERY ORIENTED SYSTEMS OF CARE (OROSC) TRANSFORMATION STEERING COMMITTEE-PREVENTION WORKGROUP (TSC-PW)

OROSC TSC Prevention Workgroup Meeting Minutes Thursday, April 4, 2019 1:30 p.m. – 4:00 p.m. Cass 1 North Conference Room, 1st Floor Lewis Cass Building; 320 S. Walnut; Lansing MI 48913

Introductions and Welcome – *L. Coleman*

Everyone introduced themselves as follows:

In-person: Lisa Coleman, Su Min Oh, Kathleen Altman, Ken Dail, Achiles Malta, Alia Lucas, Alicia Goodman, Madison Shutes, Kelsey Schell, Meghan Schmelzer, Jan Fields, David Awadalla. Gery Shelafoe, Danielle Stolicker, Louise Harder, and Larry Scott

Phone: Karra Thomas, Jill Worden, Katie Postmus

- The agenda was reviewed, and no additions were added.
- > The minutes were reviewed correct spelling of Brittany Leek's name
- Follow-up items from the last meeting no follow up items to discuss

OROSC Updates

A. Overall Updates – Lisa Coleman

Ms. Coleman discussed the Sober Truth on Preventing (STOP) ACT Report with the workgroup. Ms. Coleman has not received the report yet. She will forward the report once she gets it. Along with that, she will soon be sending each prevention coordinator a list of questions. OROSC will ask Michigan Liquor Control Commission to fill out some information regarding their enforcement on underage drinking laws. Michigan Office Highway Safety and Michigan State Police will also have a portion they complete. In addition, OROSC asks the Department of Education if they are doing anything regarding underage drinking.

Ms. Coleman indicated Michigan was awarded 14.1 million supplemental dollars for the State Opioid Response (SOR) Grant. The proposal was submitted April 1, 2019. She discussed some programs that will be expanded with the monies.

B. Gambling Disorder (GD) Prevention Program – Alia Lucas

Ms. Lucas shared with the workgroup that many of the PIHPs are just beginning to receive the funding for Gambling Disorder initiatives. She will soon be convening a conference call, with the GB prevention coordinators, to discuss what is being done in each region. The quarterly narrative reports are due April 15, 2019.

C. Opioid State Targeted Response (STR) Grant – Alicia Goodman & Madison Shutes

Ms. Goodman indicated that the application No Cost Extension, for 21.7 million dollars, was submitted. They should receive a response soon. She shared information about the Harm Reduction Summit they attended on April 2nd. In the past month, 756 naloxone kits have been distributed. They are working on the STR Annual Report; it will be sent out April 15th. The due date for the regions to send them back is May 15, 2019. They do not anticipate any changes to the templates, but they have not heard from SAMHSA if that is the finalized version. Ms. Goodman shared the various media campaigns being done by the Native American Tribes. There is a MI-Open Summit scheduled on May 10, 2019; it will be held in Ypsilanti. There is a spring National Prescription Take Back Day event on April 27th.

Ms. Schutes discussed five upcoming STR trainings. Medication Assisted Recovery Service (MARS) training will be held in Kalamazoo on April 8^{th} - 9^{th} . There will be two Motivational Interviewing (Basic) trainings: Kalamazoo (April 11^{th} - 12^{th}) and Detroit (April 25^{th} & 26^{th}). There will be an advanced Motivational Interview training on

April 17th & 18th in Traverse City. Also, in Traverse City, there will be a Project Assert training on April 23th & 24th.

D. State Opioid Response (SOR) Grant – Brittany Leek

Tabled – Ms. Leek was not present for the meeting

E. State Epidemiology Outcomes Workgroup (SEOW) – Su Min Oh

Dr. Oh discussed the 2016-2017 Michigan Drug Overdose Deaths Report. The report is available on OROSC's website. Michigan received a small grant from Council of State and Territorial Epidemiologists (CSTE). This grant will allow OROSC to work with Michigan State University, Institute for Health Policy to collect substance abuse mental health indicators. It is a three-month project (April-June 2019).

F. Older Adult Wellbeing Initiative – Lisa Coleman

Ms. Coleman shared that the next meeting is scheduled for April 5, 2019 at the Community Mental Health Association of Michigan (CMHAM). She discussed what the meeting will entail. Ms. Coleman will email the workgroup members the information. There will be three more meetings before the end of the fiscal year, for anyone that is not able to attend this meeting.

G. Talk. They Hear You. (SAMHSA campaign with military families) – Lisa Coleman

Ms. Coleman provided background information about the campaign. A dissemination plan has been developed and local communities can use it as a guide to roll out the campaign. OROSC was unable to obtain funds to do something on a statewide level. OROSC is having discussions with MDHHS Communications in hopes to at least be able to offer a public service announcement on social media platform(s). Ms. Coleman will send the dissemination plan out to workgroup members.

<u>Presentation: Social / Emotional Consultants Program</u> – Meghan Schmelzer

Ms. Schmelzer, from MDHHS Division of Mental Health Services to Children and Families, introduced herself to the workgroup. She indicated that she coordinates a statewide program called "Social and Emotional Consultants or Infant and Early Childhood Mental Health Consultants (IECMHC)." Ms. Schmelzer stated that they are embarking on a new partnership, effective 2020, with substance abuse. She provided a presentation on the details of the program, her role and what the consultants do. The program currently covers 18 counties; their goal is to become statewide. Questions were asked and answered.

Collaborative Partner Updates

A. MDHHS/Human Services -

Tabled

B. MDHHS/Injury Prevention – Jan Fields & David Awadalla

Mr. Fields introduced himself as the program coordinator and evaluator for the Prescription Drug Overdose Prevention Program (PDOPP). Mr. Awadalla introduced himself as the opioid consultant for PDOPP. Mr. Fields talked about a 3-year grant they are just finishing up (Data Driven Prevention Initiative Grant) from the Centers of Disease Control (CDC). The grant was used for two primary initiatives: to help communities enhance their local surveillance system and provider outreach to improve opioid prescriptions. Mr. Awadalla shared that they are in the process of writing a new 3-year grant, which will involve collaboration with state and local partners. Questions were asked and answered.

C. Department of Education – Shawn Cannarile/Sarah Williams

Tabled – Ms. Cannarile and Ms. Williams were not in attendance

D. MI State Police/Office of Highway Safety Planning –

Tabled

Michigan Prevention Data System (MPDS) – Su Min Oh

Dr. Oh thanked everyone who volunteered to work on the MPDS Outcomes Workgroup to develop the prevention surveys, instructions, etc. They are all complete. OROSC will disseminate the information to PIHP SABT Directors and prevention coordinators.

Partnership for Success (PFS) 2015-2020 Update – Lisa Coleman

Ms. Coleman provided updates on the PFS Grant, for prevention of underage drinking and prescription misuse for individuals ages 12-25. OROSC is completing the Year-3 evaluation report. Wayne State University is adding a little more data to the report this year. Once it is finalized, it will be shared with the workgroup. In October 2018 and March 2019, they had In-person Grantee meetings. December 2018, the Guiding Neuroscience Epigenetics ACES and Resilience (NEAR) training was held. January 22-27th, a display table was set up, at the Lewis Cass Building in Lansing, for the National Drug and Alcohol Facts Week. At the end of January, the first quarterly report was submitted in the SPARS system. The Federal Government was pleased with the activities and progress with the grant. In February, a "How to Engage Medical Professionals in Behavioral Health?" training was held. Ms. Coleman stated that the second quarterly narrative report is due April 15, 2019. The pre-site visit survey and timeline was distributed; they are due on May 3, 2019. The site visits are scheduled for May through June this year. National Prevention Week will be held May 12th-18th this year.

<u>Prevention Network: Michigan Higher Education Network (MIHEN), Parenting Awareness Michigan (PAM), Michigan Coalition to Reduce Underage Drinking (MCRUD) – Ken Dail and Louise Harder</u>

Mr. Dail announced that the next MCRUD Showalition (Coalition Showcase) event is scheduled for April 23rd at the Hannah Center in East Lansing. He indicated they are working on a pilot project in Kalamazoo mapping outlets. The strategic plan is still being developed. Mr. Dail indicated that the next PAM Conference is scheduled for November 18, 2019.

Ms. Harder provided an update on MIHEN program. Last year, Central Michigan University had the Prime for Life pilot program. This past fall, they start Basics Brief Motivational Interviewing sessions with students to work on behavioral change. She shared that she has been helping Oakland University start up their collegiate recovery community; it is going well. On March 27th, they had a webinar "Twelve things to know about Campus Cannabis Use." She has received 45 evaluation responses. Ms. Harder announced that the next MIHEN teleconference is scheduled for April 19th from noon – one o'clock. On May 10th, there will be a MIHEN Conference in Traverse City. She will send everyone an email with information on the conferences. Ouestions were asked and answered.

Screening, Brief Intervention and Referral to Treatment (SBIRT) – Lisa Coleman

Ms. Coleman asked if anyone has any local SBIRT activities that they want to share. Ms. Altman had a question about billing and licensing for a SBIRT staff member they have hired, who is working at Honor Community Health in Pontiac. Mr. Scott provided an answer.

Training and Technical Assistance (TA) – Lisa Coleman

- a. Great Lakes Prevention Technology Transfer Center: This organization is being funded by SAMHSA and replaces the old CAPT system. The University of Wisconsin has the contract for Region 5, which includes Michigan. They have sent out a survey asking what kind of technical assistance and training you need or would like to receive. Ms. Coleman will resend the survey to workgroup members.
- b. Prevention Prepared Communities Training: There will be two trainings this summer (Grand Rapids & Ann Arbor). Ms. Coleman will share the information with the dates have been finalized.
- c. SUD Conference (September 2019): If anyone has ideas for a pre-conference prevention workshop (3-hour session), let Ms. Coleman know. Mr. Dail suggested a prevention training for recovery coaches and informational session for prevention providers to learn about recovery coaching.
- d. TA or Training Needs: Ms. Coleman indicated the Training and Advisory Board meets regularly and is beginning to prep for next fiscal's year contract. Let her know what trainings or topic areas would benefit communities, so it can be discussed in the advisory board meeting.

Substance Abuse Prevention Skills Training (SAPST) – *Lisa Coleman*

a. EDC's Prevention Solutions hosted a SAPST trainer virtual meeting on February 14, 2019. They made some updates to the SAPST curriculum.

- b. SAPST planned for FY19: June 24-27th at Treetops Resort in Gaylord and a split training session on July 15-16th and July 22nd-23rd in Grand Rapids. A virtual train the trainer is being promoted. At this time, it is being discussed. There is a fee per participant. Ms. Coleman will share information as it becomes available.
- c. Update on local activities: no updates

Innovative Prevention Practices

No updates

Next Steps and Other Items, Announcements

No announcements

Next Meeting

Date/Time: June 6, 2018; 1:30 4:00 p.m. TBD

Location: Michigan Department of Health and Human Services

Lewis Cass Bldg., 320 S. Walnut, Cass 1 North Conference Room

Lansing, Michigan 48913