

SUPPORTED BY



ALL trainings in this catalog are approved by the DHHS for in-service training hours

2016 Child Welfare In-Service Training

for the
Michigan Department of Health and Human Services
& DHHS-Contracted Private Agencies

Delivered by
Michigan Graduate Schools of Social Work

OFFERING SOCIAL WORK CONTINUING EDUCATION CREDIT HOURS



School of Social Work



Introduction

Working effectively as a child welfare worker or supervisor can be challenging. Keeping families safely together, reuniting families, or supporting new loving families requires a well-trained child welfare workforce. A professional needs to have extensive knowledge about child development, family dynamics, culture and community, evidence-based or promising approaches to helping children and families, trauma, and so much more. In addition to knowledge, multiple skills are required to assure child safety, promote permanency planning, and support the well-being of children and families. Gaining this knowledge and skills requires an initial professional education and training. Growing this knowledge and skills requires an ongoing commitment to learning and improving. This is important work as child welfare professionals have the opportunity to save and transform lives by significantly helping children and families.

That is why we are pleased to present this in-service training catalog—the product of a dynamic partnership among nine Michigan schools of social work with MSW programs and the Michigan Department of Health and Human Services (DHHS). We appreciate the commitment and support of DHHS Director Nick Lyon and his administrative team, particularly training team leaders Stacie Gibson, Laura Schneider, and Sarah Goad.

Each workshop is supported by a school of social work. Questions about individual workshops should be directed to the sponsoring school. With the support of DHHS, we are able to offer these sessions free of charge for child welfare workers and supervisors. Multiple human service and educational professionals who also serve the families involved with the child welfare system may find the workshops of interest; many of the workshop topics will have applicability beyond child welfare practice. Each workshop is or will be approved for social work continuing education credit hours.

Thank you for your interest and support.

Sincerely,

Gary R. Anderson, PhD, LMSW, Professor, MSU School of Social Work
Kadi M. Prout, LMSW, In-Service Project Coordinator, MSU School of Social Work

These child welfare trainings are offered **FREE OF CHARGE** for DHHS child welfare workers and supervisors and DHHS-contracted private agencies' child welfare workers and supervisors on a **FIRST COME, FIRST SERVE BASIS**.

“Child welfare isn’t rocket science. It is harder.”

—David Liederman, former director of the Child Welfare League of America

◆ ◆ ◆ ◆ ◆
REGISTRATION for each training will close once the 35-person capacity has been reached.

If you register and know in advance you cannot attend, you must contact the university so your slot can be offered to another individual.

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This Child Welfare In-Service Training initiative was made possible through a grant from the Michigan Department of Health and Human Services.

Schools of Social Work

- ◆ Andrews University
- ◆ Eastern Michigan University
- ◆ Ferris State University
- ◆ Grand Valley State University
- ◆ Michigan State University
- ◆ Spring Arbor University
- ◆ University of Michigan
- ◆ Wayne State University
- ◆ Western Michigan University

FAQs

- 1 As a child welfare worker or supervisor, how many in-service training hours do I need to complete?** All public and private child welfare staff are required to complete 32 hours of in-service training each fiscal year (October through September). This includes caseload carrying and other child welfare staff with specialized and supportive positions to CPS, foster care, and adoption. Additionally, child welfare supervisors are required to obtain 16 hours of in-service training each fiscal year.
- 2 How do I record these in-service training hours to show that I am meeting this requirement?** Add the training to the Department of Health and Human Services (DHHS) Learning Management System (LMS) as external training. Your supervisor will receive an email to approve it to be added to your transcript.
- 3 I see that each training in this catalog has a curriculum reference. What does this mean?** Child welfare workers have the opportunity to attend training each year that is based upon a curriculum developed in partnership with the DHHS Office of Workforce Development and Training, and the field. A worker should have the ability to sit down with her/his supervisor regularly to assess which trainings would be most beneficial and most relevant to her/his caseload so that training progress is pre-planned and helps the worker advance professionally. The LMS website includes a tool called “Creating an Employee Training Plan” that can assist with this effort.
- 4 Do I register to attend the training with the university that is hosting the training or through the DHHS Learning Management System (LMS)?** In order to register to attend a workshop, you should follow the registration instructions found in this catalog. In order to record your in-service training hours with the DHHS Office of Workforce Development and Training, please follow the directions found in FAQ 2.
- 5 Is it true, I can attend any in-service training listed in this catalog for FREE?!** Yes! The child welfare in-service trainings provided through this collaborative effort are FREE OF CHARGE for child welfare workers and supervisors—both DHHS and contracted private agencies—on a first come, first serve basis. These trainings are eligible for social work continuing education credit hours, too! Happy training!

In addition to the in-person training listed in this catalog, online courses and webinars are offered through Michigan State University. See pages 28–29.

MICHIGAN STATE
UNIVERSITY

School of Social Work

Welcome to our newest university partners: Ferris State University and Spring Arbor University!



Engaging Resistant Clients

Curriculum: MiTEAM principles: Assessment of a family's functioning, resourcefulness, and resiliency.

Date/time: May 19, 2016 • 8:45 AM – 12:00 PM

Location: Spring Arbor University
2620 Horizon Drive SE, Suite 200, Grand Rapids, MI 49546

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all DHHS and private agency child welfare workers; \$60 all others

Presenter: Emily Dixon, LMSW; Hollie Harcourt, LLSW



Training objectives: As a result of this training, participants will be prepared to:

- Assess client readiness to change.
- Understand ways to meet clients where they are at.
- Utilize new techniques to engage with resistant clients.

Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers

Description: In the field of child welfare, a worker may encounter resistance from clients; however, there is still a strong need for partnership and engagement in order to meet common goals. This training is meant to help workers identify barriers to progress, utilize engagement techniques in aiding clients' forward movement, and focus on creating a strength-based approach to developing a team plan. This training will utilize role playing, exercises, small and large group discussions, and pre- and post-tests.



How to register: Contact Peter Lauber

Phone: 231-421-3491

Email: Peter.Lauber@arbor.edu



Secondary Traumatic Stress: Symptoms, Impact & Intervention

Curriculum: Secondary trauma: Self-care for workers. Combat burnout and manage stress.

Date/time: May 20, 2016 • 9:00 AM – 12:15 PM

Location: Ferris State University, The University Center
805 Campus Drive, Big Rapids, MI 49307

Social Work CECHs: 3 hours • Approval pending

Cost: Free

Presenter: Joanie Hazelton, LMSW; Dana Holcomb, LMSW



Training objectives: As a result of this training, participants will be prepared to:

- Recognize the symptoms and characteristics of secondary traumatic stress.
- Identify the impact that secondary traumatic stress has on child welfare staff and what agencies can do to support staff.
- Develop concrete strategies to prevent and address secondary traumatic stress in order to avoid burnout.

Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: Social workers often experience the effects of secondary traumatic stress due to hearing trauma survivors' experiences. This often creates burnout or compassion fatigue. Learn about the symptoms and characteristics of secondary traumatic stress and what impact that stress has on child welfare workers; develop concrete self-care strategies to prevent compassion fatigue. This training will utilize exercises, small and large group discussions, and visual displays.



How to register: Contact Social Work Program secretary Pam Bogucki

Phone: 231-591-2737

Email: PamBogucki@ferris.edu



Grief 101

Curriculum: Trauma and crisis management: Trauma, grief, and loss.

Date/time: February 5, 2016 • 9:00 AM – 12:15 PM

Location: Lory's Place
445 Upton Drive, St. Joseph, MI 49085

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all DHHS and private agency child welfare workers; \$60 all others

Presenter: Mary Nell Rosenboom, LMSW

Training objectives: As a result of this training, participants will be prepared to:

- Verbalize an understanding of grief and the mourning process.
- Verbalize an understanding of grief in children.
- Verbalize an understanding of grief in the workplace and how to support those who grieve.

Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: Presenters from Lory's Place will provide information on the topics of grief and the mourning process, the unique grief of children, and how grief impacts a work environment. In addition, participants will learn valuable life skills in how to support those who grieve. This training will utilize role playing and small and large group discussion.



In Their Own Voices: Understanding & Supporting LGBTQ Youth

Curriculum: Cultural humility/cultural competence: Supporting LGBTQ youth.

Date/time: March 4, 2016 • 9:00 AM – 12:15 PM

Location: Andrews University, Chan Shun Hall, Whirlpool Room
4185 E. Campus Circle Drive, Berrien Springs, MI 49104

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all DHHS and private agency child welfare workers; \$60 all others

Presenter: Curtis VanderWaal, PhD, MSW, ACSW

Training objectives: As a result of this training, participants will be prepared to:

- Understand issues faced by LGBTQ youth as they navigate adolescence and young adulthood.
- Explore how microaggressions and social stigma impact development and mental health of LGBTQ youth.
- Develop sensitive, strengths-based approaches to working with LGBTQ youth.

Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: This training is designed to provide participants with an overview of issues involved in understanding sexual orientation and gender identity in LGBTQ youth. Using a strengths-based approach, participants will discuss topics such as identity stress, family conflict, homelessness, bullying, internalization of microaggressions and mental health consequences, navigating adolescence, and healthy spirituality. Participants will learn how to engage and support vulnerable LGBTQ youth in home and school environments. The workshop will include insights and recommendations from lesbian and gay college students. This training will utilize role playing, exercises, and small and large group discussions.



Navigating the High C's of Special Education

Curriculum: Education issues: Navigating the special ed system for children with disabilities.

Date/time: April 6, 2016 • 9:00 AM – 12:15 PM

Location: Berrien RESA, Conference Room B
711 St. Joseph Avenue, Berrien Springs, MI 49103

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all DHHS and private agency child welfare workers; \$60 all others

Presenter: Roy C. Wirtz, LMSW, ACSW

Training objectives: As a result of this training, participants will be prepared to:

- Identify the various special education qualifications.
- Understand the difference between social maladjustment and emotional impairment.
- Understand the function of a center-based program.

Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: Special education qualifications, placement, and services can often be confusing. When evaluating the overall services of special education, social workers, home providers, and community workers must have a comfort level of IDEA, understand the construction of IEPs, and help in the coordination of special education services. "Navigating the High C's of Special Education" can help in the areas of Comfort, Construction, and Coordination. Get ready to learn how you can help a child with disabilities be successful in his/her education. This training will utilize games and small and large group discussions.



Providing Support to Families Struggling with Addiction

Curriculum: Substance abuse: Providing support to families struggling with addiction.

Date/time: May 6, 2016 • 9:00 AM – 12:15 PM

Location: Andrews University, Chan Shun Hall, Whirlpool Room
4185 E. Campus Circle Drive, Berrien Springs, MI 49104

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all DHHS and private agency child welfare workers; \$60 all others

Presenter: Melanie Page-Wood, MA

Training objectives: As a result of this training, participants will be prepared to:

- Identify when a family has an addiction issue that needs to be addressed.
- Help family members cope with addiction of the family member.
- Help family members find outside resources to cope with the addiction and/or help the addict.

Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers

Description: This training is designed to assist family members in identifying when a family member (including him/herself) is struggling with an addiction. The discussion will include ways to cope and help family members take care of individual and familial needs in the midst of the current addiction in the family. Also, the course will discuss ways to help family members find the resources they need in the community, including resources needed for the addict. This training will utilize role playing, exercises, small and large group discussions, and pre- and post-tests.



A Smooth Transition



Curriculum: Permanency: Helping children to prepare for transition in placement. Engaging youth in their treatment and transition planning.

Date/time: June 10, 2016 • 9:00 AM – 12:15 PM

Location: Andrews University, Chan Shun Hall, Whirlpool Room
4185 E. Campus Circle Drive, Berrien Springs, MI 49104

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all DHHS and private agency child welfare workers; \$60 all others

Presenter: Cassie Casabona, MSW; Blanca Ramirez, LLMSW

Training objectives: As a result of this training, participants will be prepared to:

- Help children to prepare for transition in placement.
- Engage youth in their treatment and transition process.
- Support youth continuing in a placement after the “honeymoon” phase is over.

Intermediate skill level
Target audience:
✓ Foster Care Workers
✓ Adoption Workers

Description: This training is designed to provide workers with tools to help them as they prepare children for transition in placements. Whether a child’s placement will be to another foster home, adoptive placement, or being reunified with their family, a placement change should be child-centered and in his/her best interest. This training will also aid in learning strategies on how to get youth involved in their own transition process to make it as “smooth” as it can be. Also, tips will be provided for working with children and foster families once a change in placement has occurred. This training will utilize exercises, large group discussion, and visual displays.



Combatting Secondary Trauma: A Caring Professional’s Survival Guide

Curriculum: Secondary trauma: Self-care for workers. Combat burnout and manage stress.

Date/time: August 26, 2016 • 9:00 AM – 12:15 PM

Location: Andrews University, Chan Shun Hall, Whirlpool Room
4185 E. Campus Circle Drive, Berrien Springs, MI 49104

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all DHHS and private agency child welfare workers; \$60 all others

Presenter: Alison Yacobozzi, LMSW

Training objectives: As a result of this training, participants will be prepared to:

- Identify their unique secondary traumatic stress symptoms.
- Identify and practice at least two coping strategies to facilitate resiliency for social workers working with traumatic clients.
- Develop skills to create balance, “retreat,” and cope.

Intermediate skill level
Target audience:
✓ Children’s Protective Services Workers
✓ Foster Care Workers
✓ Adoption Workers

Description: Secondary trauma for workers will be detailed as it relates to ongoing contact with traumatized clients. Strategies to identify and the respond to secondary trauma will utilize small group discussion, role play, and use of social/technical media.

How to register: Use the registration form at www.andrews.edu/cas/socialwork/continuing. Download the form, scan, and email it to swceu@andrews.edu.

Contact: Susan Oliver

Phone: 269-471-6196

Website: www.andrews.edu/socialwork



Supporting African-American Youth in Schools

Curriculum: Education issues: Understanding a foster child's rights in education/special education.

Date/time: June 3, 2016 • 9:00 AM – 12:15 PM

Location: EMU–Livonia, 38777 W. Six Mile Road, Suite 400, Livonia, MI 48152

Social Work CECHs: 3 hours • Approval #MICEC-0031

Cost: Free to all DHHS and private agency child welfare workers; \$69 all others

Presenter: Celeste Hawkins, PhD, LMSW

Training objectives: As a result of this training, participants will be prepared to:

- Understand the research related to the school-to-prison pipeline and how school policies and practices impact the schooling experiences of students.
- Understand how African-American students who are facing challenges may benefit from receiving intensive support services in schools and communities.
- Understand how a mentoring program was developed to interrupt the school-to-prison pipeline by fostering supportive learning environments for students, teachers, and families and how schools of social work can partner with local school districts to address multi-layered issues impacting students, schools, and communities.

Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: The school-to-prison pipeline represents one of the most pressing issues facing our educational, child welfare, and criminal justice systems today. There's a critical need for intervention and the implementation of quality programs using a coordinated approach across systems. This training will explore strategies to support K-12 youth through mentoring. Participants will learn how innovative programming efforts established through education and community partnerships can help create equitable opportunities for all students. This training will utilize exercises and small and large group discussions.



Impact of Trauma on Infants & Toddlers

Curriculum: Mental and behavioral health:
Infant mental health—importance of bonding/attachment.

Date/time: June 10, 2016 • 9:00 AM – 12:15 PM

Location: EMU–Livonia, 38777 W. Six Mile Road, Suite 400, Livonia, MI 48152

Social Work CECHs: 3 hours • Approval #MICEC-0031

Cost: Free to all DHHS and private agency child welfare workers; \$69 all others

Presenter: Sarah Shea, PhD, LMSW

Training objectives: As a result of this training, participants will be prepared to:

- Identify the ways in which trauma affects the social and emotional development of infants and toddlers.
- Describe ways in which providers can support the relationships of infants/toddlers and caregivers who have been affected by trauma.
- Define secondary trauma and describe how it may play a role in their work with infants and toddlers affected by trauma.

Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: This training will provide an overview of the ways trauma affects the social, emotional, and neurobiological development of infants and toddlers; discuss issues of attachment-based trauma including the long-term effects on self-esteem, self-efficacy and self-regulation; provide strategies to support the relationships of infants/toddlers and their caregivers with histories of trauma; and talk about the role of secondary trauma in work with this unique population. This training will utilize large group discussion and visual displays.



A Cross-cultural Perspective of Chronic Pain

Curriculum: Cultural humility/cultural competence: Cross-cultural knowledge.

Date/time: June 24, 2016 • 9:00 AM – 12:15 PM

Location: EMU–Livonia, 38777 W. Six Mile Road, Suite 400, Livonia, MI 48152

Social Work CECHs: 3 hours • Approval #MICEC-0031 • Meets 3 hours of Pain Management requirement

Cost: Free to all DHHS and private agency child welfare workers; \$69 all others

Presenter: Yvette Colon, PhD, ACSW, LMSW

Training objectives: As a result of this training, participants will be prepared to:

- Understand the influence of culture, ethnicity, and economic disadvantages on attitudes and beliefs about pain.
- Utilize multidimensional pain assessment and management strategies.
- Recommend available treatment options for chronic pain.

Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: Cultural, economic, and other factors are significant issues in healthcare decision-making and pain care experiences. This training will discuss multidimensional pain assessment and management strategies; examine factors influencing the experiences of multicultural groups at critical times in their pain care; and highlight the role of child welfare caseworkers in supporting children dealing with chronic pain (their own and that of their families). This training will utilize small and large group discussions and visual displays.



Adverse Childhood Experiences & Complex Trauma

Curriculum: Trauma and crisis management: Effects of abuse and neglect on children.

Date/time: July 8, 2016 • 9:00 AM – 4:30 PM

Location: EMU–Livonia, 38777 W. Six Mile Road, Suite 400, Livonia, MI 48152

Social Work CECHs: 6 hours • Approval #MICEC-0031

Cost: Free to all DHHS and private agency child welfare workers; \$99 all others

Presenter: Tana Bridge, PhD, ACSW, LMSW

Training objectives: As a result of this training, participants will be prepared to:

- Understand trauma-specific terminology.
- Recognize those events and venues of trauma exposure.
- Understand the impact trauma has on the brain.
- Understand the impact trauma has on coping.
- Discern and assess for trauma symptomology including complex trauma.
- Demonstrate an understanding of necessary treatment planning as it relates to the trauma-exposed client.

Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: Trauma-informed practice implies that professionals have a working knowledge of not only signs and symptoms but how trauma impacts brain function, coping, and well-being. In this training, you will learn the basics of trauma definition and symptomology, with special focus on the impact of multiple adverse childhood experiences on brain process. This training will utilize exercises, small and large group discussions, and visual displays.



Effective Caretaking of Dually-diagnosed Adolescents

Curriculum: Substance abuse: How to advocate for families and services to facilitate recovery.

Date/time: July 22, 2016 • 9:00 AM – 12:15 PM

Location: EMU–Livonia, 38777 W. Six Mile Road, Suite 400, Livonia, MI 48152

Social Work CECHs: 3 hours • Approval #MICEC-0031

Cost: Free to all DHHS and private agency child welfare workers; \$69 all others

Presenter: Charles Graham, Jr., PhD, LMSW

Training objectives: As a result of this training, participants will be prepared to:

- Identify overlapping symptoms and behaviors that may indicate an emotional or behavioral disorder, a substance use disorder or both.
- Distinguish the uniqueness of the adolescent developmental process and the major psychiatric and other associated disorders that most frequently co-occur with adolescent substance use disorders.
- Understand the epidemiological data surrounding co-morbidity of alcohol and mental health problems.
- Identify effective evidence based parental/caretaking intervention strategies and techniques related to co-morbid phenomena in adolescents.

Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: The existence of an emotional or behavioral disorder concurrently with a substance abuse disorder creates diagnostic and treatment difficulties. This training is designed for the parents/caretakers of dually diagnosed youth. Participants will gain information about the nature, signs, and symptoms of co-occurring disorders in adolescents and learn evidence-based strategies to support overall well-being in youth who are dually-diagnosed. This training will utilize role playing, exercises, and small and large group discussions.

How to register: Visit www.emich.edu/socialworkce or call 800-932-8689

Contact: Elena O'Connor

Phone: 734-487-4926

Email: eoconnor@emich.edu



Stop Trying to Manage Your Time: Why It Doesn't Work in Child Welfare

Curriculum: MiTEAM principles: Effective service planning strategies.

Date/time: February 5, 2016 • 12:45 PM – 4:00 PM

Location: GVSU Pew Campus, Bicycle Factory
201 Front Avenue SW, Grand Rapids, MI 49504

Social Work CECHs: 3 hours • Approval #MICEC-0004

Cost: Free to all DHHS and private agency child welfare workers; \$49 all others

Presenter: Jessica Conway, MPA

Training objectives: As a result of this training, participants will be prepared to:

- Identify three new ways to manage and prioritize their time better in their current job.
- Demonstrate two new strategies for organizing physical working space.
- Identify two new ways they can use technology to their advantage in the area of attention management.

Intermediate skill level

Target audience:

- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: Child welfare is a unique field to work in. Along with the passion for helping others, the field requires a great deal of attention to detail, time management skills, patience, and resilience. A career in child welfare means operating in an environment of constant change, with various priorities demanding your attention all at once. It can become difficult to manage your time and attention while working in such an often chaotic environment. There are practical tips and tools for managing your time and attention to increase energy and productivity and decrease stress to create a much more sustainable and enjoyable working environment. This training will utilize exercises, small group discussion, and visual displays.



Mindful Self-compassion: A Tool for Enhancing Personal & Professional Well-being

Curriculum: Secondary trauma: Witnessing trauma in the workplace. Self-care for workers.

Date/time: March 18, 2016 • 12:45 PM – 4:00 PM

Location: GVSU Pew Campus, Bicycle Factory
201 Front Avenue SW, Grand Rapids, MI 49504

Social Work CECHs: 3 hours • Approval #MICEC-0004

Cost: Free to all DHHS and private agency child welfare workers; \$49 all others

Presenter: Shelley Schuurman, PhD, LMSW

Training objectives: As a result of this training, participants will be prepared to:

- Understand the inherent risk of experiencing burnout, compassion fatigue, and secondary traumatic stress.
- Increase their understanding of the concept of self-care.
- Implement professional and personal self-care strategies.
- Develop a personal and professional self-care plan.

Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: Social work practitioners who do not practice self-care are at greater risk of experiencing burnout, compassion fatigue, and secondary traumatic stress. Self-care is not just an add-on activity, but an intentional state of mind that can be developed through self-awareness, selected activities, and ongoing maintenance. Participants will discover the particular challenges they face and will learn professional and personal self-care strategies they can implement on a regular basis to reduce stress, prevent compassion fatigue, and restore balance in their lives. This training will utilize role playing, exercises, games, small and large group discussions, and visual displays.



Effective Strategies for Anticipating & Preventing Placement Disruption

Curriculum: Placement: Working with foster/adoptive families to mitigate tough issues/situations.
Permanency: Post-adoptive services and strategies for avoiding disruption and dissolution.

Date/time: March 25, 2016 • 12:45 PM – 4:00 PM

Location: GVSU Pew Campus, Bicycle Factory
201 Front Avenue SW, Grand Rapids, MI 49504

Social Work CECHs: 3 hours • Approval #MICEC-0004

Cost: Free to all DHHS and private agency child welfare workers; \$49 all others

Presenter: Bob Lathers, LMSW

Training objectives: As a result of this training, participants will be prepared to:

- Identify the four stages of placement.
- Select the best strategy based on the stage of placement.
- Assist foster and adoptive parents with learned strategies.

Intermediate skill level

Target audience:

- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: This training will be a dynamic and interactive session to help the participants understand “how children perceive and internalize placement” and “how foster and adoptive children unconsciously repeat their past through four basic stages of placement.” Practical strategies will be offered to assist foster and adoptive parents and their agency workers achieve placement success. This training will utilize exercises and small group discussion.



Adolescent Suicide Prevention & Intervention

Curriculum: Mental and behavioral health: Suicide prevention and how to coach foster parents on prevention strategies.

Date/time: June 10, 2016 • 12:45 PM – 4:00 PM

Location: GVSU Pew Campus, Bicycle Factory
201 Front Avenue SW, Grand Rapids, MI 49504

Social Work CECHs: 3 hours • Approval #MICEC-0004

Cost: Free to all DHHS and private agency child welfare workers; \$49 all others

Presenter: David Blakeslee, BA

Training objectives: As a result of this training, participants will be prepared to:

- Coach (foster) parents on warning signs and high-risk periods.
- Identify risk factors and other attitudinal obstacles to prevention.
- Communicate common myths and misperceptions about juvenile suicide.

Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: Suicide is the third leading cause of death among young people in the USA ages 10–19. Child welfare professionals need to be equipped with skills to assess the risk of suicide and self-injurious behavior and provide effective intervention when higher levels of risk are recognized. This training is based on material published by the National Center on Institutions and Alternatives (NCIA) in 2013. The training will provide an understanding of suicidal behavior. It includes information on juvenile suicide research, guiding principles to suicide prevention, predisposing factors to suicide, warning signs and symptoms, identification of suicide risk despite denial of risk, high-risk periods, and critical incident stress debriefing. This training will utilize exercises, large group discussion, and visual displays.



FULL-DAY CONFERENCE

Race to Justice: Bringing Bias Out of the Shadows

Curriculum: Cultural humility/cultural competence: Race equity and systemic racism.

Date/times: May 13, 2016 • 9:00 AM – 12:00 PM and 12:30 PM – 4:00 PM

Location: GVSU Pew Campus, DeVos Center, Loosemore Auditorium
401 Fulton Street West, Grand Rapids, MI 49504

Social Work CECHs: 6 hours • Approval pending #MICEC-0004

Cost: Free to all DHHS and private agency child welfare workers; \$25 all others

Presenter: Rita Cameron Wedding, PhD



Training objectives: As a result of this training, participants will be prepared to:

- Explain how stereotypes and color blindness work in tandem to preserve and camouflage racism in contemporary society.
- Identify bias in individual and institutional decision-making.
- Develop intervention strategies to reduce and eliminate bias.

Beginning, intermediate, and advanced skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: This day-long conference was developed by a team of child welfare supervisors and faculty at Grand Valley State University (GVSU). The keynote presenter is coming from Sacramento, CA, to kick off the day by inspiring attendees to identify bias and provide strategies to reduce and eliminate biases. Her presentation is solution-focused and based on experiences and reflections of judges, educators, and practitioners in education, child welfare, and juvenile justice. She will identify racially coded language found in court reports and student records and how stereotypes distort the perceptions of risk. The afternoon will continue with breakout sessions facilitated by representatives from local agencies and faculty from GVSU School of Social Work, identifying and addressing bias in different organizations, roles, policies, and practices. This training will utilize exercises and small and large group discussions.

More about the presenter: Rita Cameron Wedding, PhD, is chair of the department of Women's Studies and a professor of Women's Studies and Ethnic Studies at Sacramento State University (CSUS). Dr. Cameron Wedding's curriculum, *Implicit Bias: Impact on Decision-Making*, has been used to train judges, public defenders, practitioners in child welfare, and juvenile justice, law enforcement, and educators in jurisdictions throughout the country since 2005. As a faculty for the National Council of Juvenile and Family Court Judges, she has trained judges at court improvement initiatives in over 40 states. Her work has included extensive trainings in California and keynotes on implicit bias for the Texas New Judges College, the National Association of Children's Counsel, the Family Court of the Superior Court of the District of Columbia, Child Abuse and Neglect Institutes in Reno, Louisville, and Atlanta, the New York State Judicial Institute, and Superior Court Judges for the State of Hawaii. In addition, she has served as a consultant for organizations such as the Annie E. Casey Foundation, one of the largest child advocacy programs in the country.

Dr. Cameron Wedding's work on gender, diversity, and social justice is international in scope, including research as a Fulbright Scholar in Tanzania and South Africa. In 2005 and 2007, she spoke on a national talk radio show in Johannesburg and Cape Town, South Africa. In 2008, she taught at the United Nations University for Peace in Costa Rica and the United Nations University International Leadership Institute Conference on the Palestinian-Israeli Conflict in Amman, Jordan, and in 2013, she delivered a talk at an international conference on diversity in Athens, Greece.

Dr. Cameron Wedding is a co-editor of *Ethnic America: Readings in Race, Class and Gender* and two volumes of *Institutions, Ideologies and Individuals: Feminist Perspectives on Gender, Race and Class*. In 2012, she received the John C. Livingston Distinguished Faculty Lecture Award, the highest faculty honor awarded by Sacramento State University. In 2004, she was recognized as *Outstanding Faculty of the Year* at CSUS.

How to register: Visit www.gvsu.edu/swce

Contact: Leslie Bateman

Phone: 616-331-7180

Email: socialworkce@gvsu.edu

Working with the Substance Abusing Parent: An Infant Mental Health Perspective #600-16

Curriculum: Substance abuse: How to advocate for families and services to facilitate recovery.

Date/time: February 5, 2016 • Registration 8:30 AM • Program 9:00 AM – 12:15 PM

Location: Holiday Inn Gateway
5353 Gateway Center, Flint Township, MI 48507

Social Work CECHs: 3 hours • ASWB ACE approval #1136, approval June 14, 2013–June 13, 2016

Presenter: Erin Werth, LMSW, IMH-E (III)

Training objectives: As a result of this training, participants will be prepared to:

- Identify three ways in which the parent/child relationship may be impacted by substance abuse.
- Name at least one strategy for supporting the recovery process and the parent/infant relationship.
- Identify at least two ways to include the needs of the infant/toddler in a relapse prevention plan.

Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: This training will look at the impact substance abuse has on the parent/child relationship, infant and toddler development, and the development of parenting skills for families with infants and toddlers in foster care. Participants will learn strategies to support the recovery process, begin healing the relationship, and prevent the negative impact of relapses. This training will utilize exercises, small and large group discussions, pre- and post-tests, and visual displays.



Beyond Safety & Permanency: Improving Outcomes for Kinship Placements #601-16

Curriculum: Placement: Relatives/grandparents as caregivers.

Date/time: February 5, 2016 • Registration 1:00 PM • Program 1:30 PM – 4:45 PM

Location: Holiday Inn Gateway
5353 Gateway Center, Flint Township, MI 48507

Social Work CECHs: 3 hours • ASWB ACE approval #1136, approval June 14, 2013–June 13, 2016

Presenter: Lynn Nee, LMSW

Training objectives: As a result of this training, participants will be prepared to:

- Identify three specific issues commonly experienced in kinship placements.
- Demonstrate two specific self-advocacy skills that they can train to kinship caregivers.
- Identify the three most commonly needed resources for kinship families and the process to access them.

Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: Evidence shows that kinship placements can be more successful than an out-of-home placement, but that doesn't mean they are not stressful and difficult for both the child and the caregiver. This training will help participants to understand the issues that many kinship placements/families face that they are too often not able to explain to workers (or are too scared to). We will look at how workers can assist kinship caregivers to make the decisions that are in the best interests of the child and themselves and will look at what resources are (and are not currently) available to help kinship families be more successful. This training will utilize exercises, small and large group discussions, pre- and post-tests, and visual displays.



Building Resilience in Families: The True Grit of Foster Care & Adoption Permanence #602-16

Curriculum: Placement: Working with foster/adoptive families to mitigate tough issues/situations.

Date/time: February 12, 2016 • Registration 8:30 AM • Program 9:00 AM – 4:30 PM
Location: Western Michigan University Beltline Conference Center
 2333 East Beltline Avenue SE, Grand Rapids, MI 49546

Social Work CECHs: 6 hours • ASWB ACE approval #1136, approval June 14, 2013–June 13, 2016
Presenter: Anne Lange, BSN, LMSW, ACSW

Training objectives: As a result of this training, participants will be prepared to:

- Discuss the challenges facing foster and adoption families that threaten permanence from a trauma-informed lens.
- Discuss the healing impact and concrete strategies of self-compassion and mindfulness for the parent, child, and worker in the foster care and adoption world.
- Identify the six components of psychological flexibility as defined in Acceptance Commitment Therapy.
- Discuss resiliency strategies based on Brene Brown's shame resilience theory and Martin Seligman's Positive Psychology.

Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: Adoption, foster care, and protective services workers need to prepare and support families who face the challenges of trauma inherent in children's lives as they move through the child welfare system. In this training, participants will learn how to support resilience, self-regulation, and a sense of well being, building from family strengths. Concrete strategies will be taught related to the science of self-compassion, mindfulness, and shame resilience. This training will utilize exercises, small and large group discussions, pre- and post-tests, and visual displays.



Recruitment & Retention of Resource Families: A Customer Service Approach #603-16

Curriculum: Placement: Recruitment and retention of good foster/adoptive families.

Date/time: April 15, 2016 • Registration 8:30 AM • Program 9:00 AM – 12:15 PM
Location: Greater Lansing Association of Realtors®
 4039 Legacy Parkway, Lansing, MI 48911

Social Work CECHs: 3 hours • ASWB ACE approval #1136, approval June 14, 2013–June 13, 2016
Presenter: Katie Page Sander, LMSW

Training objectives: As a result of this training, participants will be prepared to:

- Explain the relationship between high quality customer service and resource parent recruitment and retention.
- Define ten customer service practices to incorporate into your own casework or into agency worker training and culture.
- Utilize relevant data to develop five new recruitment/retention strategies for your agency.

Beginning and intermediate skill levels

Target audience:

- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: Pen giveaways? Awards dinners? Maximize your time and agency resources on recruitment and retention strategies that really work. Training participants will examine data and best practice models to assist in developing innovative foster, adoptive, and kinship family recruitment and retention plans for their agency using customer service principles and data-driven strategies. This training will utilize exercises, small and large group discussions, pre- and post-tests, and visual displays.



Making Trauma-informed Placement Decisions

#604-16

Curriculum: Placement: Making trauma-informed placement decisions.

Date/time: April 15, 2016 • Registration 1:00 PM • Program 1:30 PM – 4:45 PM

Location: Greater Lansing Association of Realtors®
4039 Legacy Parkway, Lansing, MI 48911

Social Work CECHs: 3 hours • ASWB ACE approval #1136, approval June 14, 2013–June 13, 2016

Presenter: Stacey Goodson, BA; Liz Sharda, LMSW, PhD student



Training objectives: As a result of this training, participants will be prepared to:

- Make trauma-informed placement decisions for children.
- Prepare resource parents for placements of children who have experienced trauma.
- Identify the effects of multiple placements on children.

Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: How trauma can impact a child's placement will be the focus of this training as will the effect that multiple placements can have on children. The training will identify and discuss how to make placement decisions for children that are trauma informed, and therefore, more likely to be successful. In addition to helping workers make more trauma-informed placement decisions, this training will also enable workers to prepare resource parents to accept placements of children who have experienced trauma. This training will utilize role playing, exercises, small group discussion, and pre- and post-tests.



Effective Goal Setting & Safety Planning with Families in Crisis #605-16

Curriculum: Trauma and crisis management: Safety planning with a family in crisis.

Date/time: June 2, 2016 • Registration 1:00 PM • Program 1:30 PM – 4:45 PM

Location: Troy Community Center
3179 Livernois, Troy, MI 48083

Social Work CECHs: 3 hours • ASWB ACE approval #1136, approval June 14, 2013–June 13, 2016

Presenter: Jennifer Trotter, LMSW

Training objectives: As a result of this training, participants will be prepared to:

- Assess the needs and risks of consumers.
- Set realistic and behaviorally specific goals.
- Safety plan around specific risks facing families.

Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: This training will focus on why goal setting is helpful, practical uses for goals, and how to create SMART goals to decrease risks. Emphasis will be placed on setting realistic and behaviorally specific goals. In addition, safety planning will be discussed, including the practical uses for safety planning, as well as creating safety plans that are both proactive and reactive. Participants will have an opportunity to work with these concepts through group activities utilizing practical examples. This training will utilize exercises, small and large group discussions, pre- and post-tests, and visual displays.

MSU School of Social Work Continuing Education Program, provider #1136, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org Approved Continuing Education Program (ACE). Approval period: June 14, 2013–June 13, 2016; renewal will be sought at this time to maintain continuity. Michigan State University School of Social Work Continuing Education Program maintains responsibility for the program. Social workers should contact their regulatory board to determine course approval. For ADA requests, grievances, or concerns, please contact swkce@msu.edu or (517) 353-3060. Social workers in other jurisdictions should contact their regulatory board to determine course eligibility.



Advocating for Homeless Youth #606-16

Curriculum: Education issues: Understanding a child's rights through the McKinney-Vento Act.

Date/time: June 24, 2016 • Registration 8:30 AM • Program 9:00 AM – 12:15 PM

Location: Washtenaw Intermediate School District
1819 South Wagner Road, Ann Arbor, MI 48103

Social Work CECHs: 3 hours • ASWB renewal will be pending. MICEC provider #0001 through 10/16

Presenter: Erin Schaffer, LLMSW

Training objectives: As a result of this training, participants will be prepared to:

- Identify the demographics, risk factors, and needs of youth that experience homelessness.
- Interpret the relevant parts of the McKinney-Vento Homeless Assistance Act.
- Advocate for the rights of clients who qualify as homeless.

Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: Understanding what factors increase a young person's risk of becoming homeless and who qualifies as "homeless" under the McKinney-Vento Homeless Assistance Act will be the focus of this training. Data about the needs of the youth that Ozone House serves, and strategies Ozone has used to meet those needs will be disseminated, and participants will practice strategies for advocacy under McKinney-Vento through the use of hypothetical scenarios. The training will also involve a group discussion component that draws upon the collective knowledge of a diverse group of professionals to identify appropriate resources. This training will utilize exercises, games, large group discussion, and visual displays.



Effects of Sexual Abuse on Children & Adolescents: Assessment & Treatment Planning #607-16

Curriculum: Trauma and crisis management: Effects of abuse and neglect on children.

Date/time: July 13, 2016 • Registration 7:30 AM • Program 8:00 AM – 3:45 PM

Location: Great Wolf Lodge
3575 North US Highway 31, Traverse City, MI 49684

Social Work CECHs: 6 hours • ASWB renewal will be pending. MICEC provider #0001 through 10/16

Presenter: Tina Timm, PhD, LMSW, LMFT

Training objectives: As a result of this training, participants will be prepared to:

- Conduct a thorough assessment of the effects of sexual abuse.
- Describe the nature of symptoms and problematic behaviors.
- Develop strength-based, developmentally appropriate treatment plans.

Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers

Description: Children and adolescents struggle with a wide variety of symptoms when they have a history of sexual abuse. The type and severity of problems depend on a complex set of factors including: the child's age at the time of the abuse, the type of abuse, the relationship to the abuser, what happened post disclosure, etc. Using standardized assessment instruments, within a compassion-based model, participants will learn how to assess the nature of the children's symptoms, including the most troubling issues such as suicidality, self-mutilation, and victimization of others. Based on this assessment, participants will learn to develop strength-based treatment goals. This training will utilize small and large group discussion and visual displays.



Making Life Books Work for Children & Youth in Care #608-16

Curriculum: Permanency: Techniques to promote attachment and bonding.

Date/time: August 12, 2016 • Registration 8:30 AM • Program 9:00 AM – 12:15 PM

Location: Greater Lansing Association of Realtors®
4039 Legacy Parkway, Lansing, MI 48911

Social Work CECHs: 3 hours • ASWB renewal will be pending. MICEC provider #0001 through 10/16

Presenter: Rosemary Jackson, LMSW

Training objectives: As a result of this training, participants will be prepared to:

- Identify three benefits of life books for children and youth in care.
- Describe how life books can be used differently by parents, workers, and therapists.
- Introduce the idea of life books to children and parents on your caseload and guide them in the process of creating a life book.

Beginning and intermediate skill levels

Target audience:

- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: If you have ever thought about creating a life book with a child or youth or helping foster or adoptive parents to work on life books with their children, then this training is for you! Information on the state's new life book will be presented, including the new guidance that has been created for therapists, workers, and parents to use when creating life books. The role of life books in the life of a child from the child welfare system will also be discussed as will the goals of life books based on your role with the child, and helpful tips and techniques to use in creating life books with children and youth. Come join us to learn about this exciting new tool! This training will utilize exercises, small and large group discussions, pre- and post-tests, and visual displays.



Promoting Health & Wellness for Foster Youth #609-16

Curriculum: Mental and behavioral health: Understanding emotional and mental health concerns of youth.

Date/time: September 16, 2016 • Registration 8:30 AM • Program 9:00 AM – 12:15 PM

Location: Hampton Inn Marquette/Waterfront
461 South Lakeshore Boulevard, Marquette, MI 49855

Social Work CECHs: 3 hours • ASWB renewal will be pending. MICEC provider #0001 through 10/16

Presenter: Cheryl Williams-Hecksel, LMSW, MSW

Training objectives: As a result of this training, participants will be prepared to:

- Develop an awareness of the health and wellness needs of foster youth.
- Identify protective factors that promote health and wellness of foster youth.
- Strategize to meet the health and wellness needs of foster youth.

Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: A holistic approach and range of supports and resources are essential to promote the health and well-being of foster youth. The unique experiences of foster care youth as well as problems and needs of this population will be discussed. Strategies that build upon strengths while developing and enhancing protective factors will be explored. This training will utilize exercises, small and large group discussions, and pre- and post-tests.

How to register online: <https://socialwork.msu.edu/ceu/catalog.php>. Under course categories, click "Child Welfare In-Service Trainings" to register for the course you want to attend. If you do not already have an online account with the MSU School of Social Work Continuing Education Program, you will be asked to create one.

Cost: FREE to DHHS and private agency child welfare employees.

All others visit: <https://socialwork.msu.edu/ceu/catalog.php>; click on course category

"Child Welfare In-Service Trainings" and review the course you want to attend to view price.

Contact: MSU School of Social Work Continuing Education office

Phone: 517-353-3060

Email: swkce@msu.edu



The Effects of Abuse & Neglect on Children, Adolescents & Transitional-age Youth

Curriculum: Trauma and crisis management: Effects of abuse and neglect on children.

Date/time: January 22, 2016 • Program 9:00 AM – 12:15 PM

Location: U-M Detroit Center
3663 Woodward Avenue, South Studio Room, Detroit, MI 48201

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all DHHS and private agency child welfare workers; \$65 all others

Presenter: Mary C. Ruffolo, PhD, LMSW

Training objectives: As a result of this training, participants will be prepared to:

- Use a strengths-focused approach to assess the impact of abuse and neglect on children, adolescents, and transitional-age youth.
- Examine current research on the impacts of abuse and neglect through the life span, including the implications for abuse and neglect from the ACE study results.
- Apply key relationship building and engagement skills to enhance positive outcomes for children, adolescents and transitional-age youth.

Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: This training will focus on exploring the impact of abuse and neglect on children, adolescents, and transitional-age youth. Current research about how abuse and neglect affects the development of children, adolescents, and transitional-age youth over the life span will be discussed. A focus on relationship building and engagement skills needed to work effectively with this population to enhance positive outcomes will be presented and demonstrated using role plays and small group discussion.



The Grieving Infant: Helping Babies & Young Children When They Must Move

Curriculum: Trauma and crisis management: Trauma, grief, and loss.

Date/time: February 5, 2016 • Program 1:00 PM – 4:15 PM

Location: U-M Detroit Center
3663 Woodward Avenue, South Studio Room, Detroit, MI 48201

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all DHHS and private agency child welfare workers; \$65 all others

Presenter: Julie Ribaudo, LMSW, IMH-E (IV)

Training objectives: As a result of this training, participants will be prepared to:

- Understand the need for a primary attachment figure for infants and young children.
- Consider the implications of grief and loss reactions in understanding a child's immediate reaction to placement.
- Consider the short-term and long-term needs of infants and toddlers being placed in foster care or adoption.
- Understand the role of safety and comfort to reduce toxic stress for infants and toddlers in foster care.

Beginning skill level

Target audience:

- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: Infants and toddlers mourn the loss of primary caregivers in ways that are often overlooked and/or misunderstood. This training will address the ways infants and toddlers show their stress and distress, and ways that child welfare professionals, including caregivers, can reduce the negative impact of separation. This training will utilize small and large group discussions and visual displays.



How Young Children “Tell” Us Their Feelings

Curriculum: Mental and behavioral health: Infant mental health—importance of bonding/attachment.

Date/time: **March 14, 2016** • Program 2:00 PM – 5:15 PM

Location: **U-M School of Social Work**
1080 South University, Ann Arbor, MI 48109

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all DHHS and private agency child welfare workers; \$65 all others

Presenter: **Julie Ribaudo, LMSW, IMH-E (IV)**

Training objectives: As a result of this training, participants will be prepared to:

- Understand at least two behaviors seen in children with a disorganized attachment template.
- Understand at least two cues and miscues of young children in distress.
- Identify two strategies for understanding and responding to miscues.

Beginning skill level

Target audience:

- ✓ Children’s Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: Children who have experienced early neglect and abuse create representations of themselves and their world based on a lens of lack of certainty about safety and comfort. They may lack the words to tell us how they feel, but their interactions with us can. Early experiences of persistent unmet needs and/or unremitting distress create interactions with caregivers that can elicit the same feelings of confusion, despair, loneliness and rage that the child feels. This training will highlight the internal working models of abused and neglected children, and how caregivers and interventionists can actively work to understand and resist confirming negative self-models. This training will utilize small and large group discussions and visual displays.

Building Layers of Support with LGBTQIAP2S Youth & Families

Curriculum: Cultural humility/cultural competence: Supporting LGBTQ youth.

Date/time: **May 13, 2016** • Program 9:00 AM – 12:15 PM

Location: **U-M Detroit Center, South Studio Room**
3633 Woodward Avenue, Detroit, MI 48201

Social Work CECHs: 3 hours • Approval: MICEC-0003

Cost: Free to all DHHS and private agency child welfare workers; \$65 all others

Presenter: **Abigail Eiler, LMSW, CMHP, QMHP; Deirdre Laney-King, LLMSW**

Training objectives: As a result of this training, participants will be prepared to:

- Identify two recent changes in law and policy that impact LGBT youth and families.
- Identify three culturally and linguistically competent adaptations made clinical practice for LGBT youth and their families.
- Understand how the NASW Code of Ethics influences macro and micro social work practice with LGBT youth and their families.

Beginning skill level

Target audience:

- ✓ Children’s Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: LGBT youth continue to be disproportionately represented in the child welfare system and face population-specific barriers during pivotal developmental stages in adolescence. As participants reflect on professional readiness to serve LGBT youth and their families, this training will provide support through a didactic overview of recent research and practice methods, laws, policies, and social influences that create both opportunities and barriers to culturally and linguistically competent service provision. This training will utilize universal terminology to define sex and gender and support participants on how to have discussions with LGBT youth that are experiencing biopsychosocial-spiritual stressors. Participants will receive skill-based knowledge on how to competently interact with LGBT youth and families, as well as tools to advocate for health and safety for this population in a variety of settings. Participants will also receive resources pertaining to navigating state laws that directly impact the LGBT population. This training will utilize small and large group discussions and visual displays.



Understanding Emotional & Mental Health Concerns of Youth in the Child Welfare System: Assessment Tools & Evidence-informed Interventions

Curriculum: Mental and behavioral health: Understanding one's personal values and beliefs and their relationship to cultural identity and practice.

Date/time: April 8, 2016 • Program 9:00 AM – 12:15 PM

Location: U-M Detroit Center
3663 Woodward Avenue, South Studio Room, Detroit, MI 48201

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all DHHS and private agency child welfare workers; \$65 all others

Presenter: Mary C. Ruffolo, PhD, LMSW

Training objectives: As a result of this training, participants will be prepared to:

- Understand the primary developmental tasks and characteristics of childhood and adolescence as they relate to the selection and implementation of developmentally and culturally appropriate techniques for engaging and treating children and adolescents living with emotional or behavioral challenges.
- Describe and apply a number of assessment procedures that identify internal and external risk protective and promotive factors that may affect children and adolescents' emotional and behavioral health and wellness.
- Review key evidence-informed approaches to working with diverse groups of children and adolescents living with emotional and behavioral health challenges and strategies to support families in meeting the needs of this population.

Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: This training will examine practice theories and strategies for working directly with diverse groups of children, adolescents living with emotional or behavioral challenges, and their caretakers. This training will emphasize evidence-informed assessment strategies and interventions that address children or adolescents within their social contexts (e.g., peer group, school, family, neighborhood). The interaction between environmental risk factors, protective factors, promotive and developmental factors as they contribute to coping, resiliency, and disorder will also be addressed. This training will utilize role playing, small and large group discussions, and visual displays.

How to register: Online at <http://sww.umich.edu/offices/continuing-education>

Contact: CE Office, 734-763-5723

Email: ssw.conted@umich.edu



Infant Mental Health: Supporting Families with Infants, Toddlers & Young Children

Curriculum: Mental and behavioral health: Infant mental health. Importance of bonding/attachment.

Date/time: February 12, 2016 • Program 9:00 AM – 12:15 PM

Location: WSU Schoolcraft College Education Center
18600 Haggerty Road, Livonia, MI 48152

Social Work CECHs: 3 hours • Approval #MICEC-0058

Cost: Free to all DHHS and private agency child welfare workers; \$30 all others

Presenter: Carolyn Dayton, PhD, LMSW, IMH-E (IV)

Training objectives: As a result of this training, participants will be prepared to:

- Understand attachment theory and its influence as a core theory underlying infant mental health (IMH) interventions.
- Identify the basic treatment components of IMH interventions.
- Identify the use of IMH interventions with different clinical populations.

Advanced skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: This training will review the primary components of attachment theory, describe the components of IMH interventions, and review the use of various IMH interventions with different clinical populations. This training will utilize small group discussion and visual displays.



Perspectives on Trauma in Childhood & Adolescence

Curriculum: Trauma: Effects of abuse and neglect on children.

Date/time: March 4, 2016 • Program 9:00 AM – 12:15 PM

Location: WSU Advanced Technology Education Center
14601 East 12 Mile Road, Warren, MI 48088

Social Work CECHs: 3 hours • Approval #MICEC-0058

Cost: Free to all DHHS and private agency child welfare workers; \$30 all others

Presenter: Charlene McGunn, PhD

Training objectives: As a result of this training, participants will be prepared to:

- Identify the developmental effects of trauma experienced during childhood.
- Describe the differential consequences of various types of trauma.
- Implement a model for the functional assessment of traumatized children and adolescents.

Advanced skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: This training will provide up-to-date research-based information about the psychological/emotional, social, and behavioral consequences for children who experience trauma. Differential effects of various types of abuse (physical, emotional, and sexual) and of neglect will be highlighted. The developmental sequelae of the removal of children from the family home to placement within the child welfare system will also be discussed. This training will utilize small and large group discussions.



Complicated Grief in Children: Assessment & Treatment

Curriculum: Trauma and crisis management: Trauma, grief, and loss.

Date/time: March 11, 2016 • Program 9:00 AM – 12:15 PM

Location: WSU Oakland Education Center
33737 West 12 Mile Road, Farmington Hills, MI 48331

Social Work CECHs: 3 hours • Approval #MICEC-0058

Cost: Free to all DHHS and private agency child welfare workers; \$30 all others

Presenter: Felecia Berry, LMSW

Training objectives: As a result of this training, participants will be prepared to:

- Identify five signs and symptoms of complicated grief in children.
- Identify three methods used to assess complicated grief reactions.
- Describe three treatment interventions that address social-emotional and behavioral aspects of complicated grief.

Advanced skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: Children in the child welfare system frequently experience and demonstrate complicated grief reactions. However, these reactions are often overlooked or misunderstood. This training will provide an overview of the current research on children's grief as well as methods to assess and treat it. Lecture, group discussion, and video material will be used to inform the audience on this important topic.



Substance Abuse: Identifying, Treating & Protecting Children

Curriculum: Substance abuse: Sharpening assessment skills and how to recognize signs/symptoms.
How to advocate for families and services to facilitate recovery.

Date/time: April 8, 2016 • Program 9:00 AM – 12:15 PM

Location: WSU Oakland Education Center
33737 West 12 Mile Road, Farmington Hills, MI 48331

Social Work CECHs: 3 hours • Approval #MICEC-0058

Cost: Free to all DHHS and private agency child welfare workers; \$30 all others

Presenter: Dennis Muzzi, LMSW, CAADC

Training objectives: As a result of this training, participants will be prepared to:

- Identify five indicators of a possible substance abuse problem.
- Utilize three parts of the ASAM criteria, which is used to determine what level of care a person with an addiction should be referred to.
- Describe three methods which can be used to evaluate the legitimacy of a parent's claim of being "in recovery."

Advanced skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: Substance abuse is a very significant problem in the United States. It is a significant factor leading to the removal of children from their home due to child abuse or neglect. Because of stigma and the possible removal of children, people with substance addiction or abuse, will make tremendous effort to hide their alcohol or other drug use. This training looks at ways of identifying substance addiction or abuse, including the types of factors child welfare workers are likely to see. Once identified, treatment approaches and interventions must be evaluated and referrals made. Making the choice of treatments is important, and the workshop will try to make the process simpler and clearer. Evaluating "claims of recovery" especially after the return of children is critical, and ways to do this will be discussed. Some home-based programs have developed safety plans to help children respond and seek protection when a parent is using. These methods will also be discussed. This training will utilize exercises, small and large group discussions, and visual displays.



Social Work Supervision: Empathy, Ethics & Education

Curriculum: MiTEAM principles: Effective supervision and mentoring.

Date/time: April 22, 2016 • Program 9:00 AM – 12:15 PM

Location: WSU Oakland Education Center
33737 West 12 Mile Road, Farmington Hills, MI 48331

Social Work CECHs: 3 hours • Approved #MICEC-0058

Cost: Free to all DHHS and private agency child welfare workers; \$30 all others

Presenter: Karen Weiner, LMSW

Training objectives: As a result of this training, participants will be prepared to:

- Identify the roles, responsibilities, and process of supervision.
- Recognize core ethical and liability concerns of supervision.
- Understand the rules of supervision for licensure.

Advanced skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: This training will provide the participants an overview of the components of social work supervision with a particular focus on supervision for licensure. This training will utilize small and large group discussions.

How to register: Visit <http://socialwork.wayne.edu/continuing-education/>

Contact: Laoree A. Emery, PhD, LMSW

Phone: 313-577-9348

Email: ce_ssw@wayne.edu

Website: <http://continuingeducation.socialwork.wayne.edu>



Integrative Self-care for Helping Professionals

Curriculum: Secondary trauma: Self-care for workers.

Date/time: January 22, 2016 • Program 1:00 PM – 4:15 PM

Location: WMU College of Health & Human Services
1240 Oakland Drive, Kalamazoo, MI 49008

Social Work CECHs: 3 hours • Approval #MICEC-0060

Cost: Free to all DHHS and private agency child welfare workers; \$55 all others

Presenter: Susan Kramer, LMSW, MAOM
Yvonne A. Unrau, PhD, MSW



Training objectives: As a result of this training, participants will be prepared to:

- Understand body-brain concepts related to stress.
- Increase personal awareness of how stress manifests in the body.
- Utilize body-based stress management techniques.

Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: This training offers helping professionals an in-depth look at body-sensing approaches to self-care. Much of our professional lives involve thinking about how to best serve our clients as well as how to manage daily challenges of work-life balance. The busy pace of the helping professional, accompanied with difficult economic and political times, leaves many of us feeling unbalanced and frazzled. This training focuses on body-based strategies to not only restore a sense of well-being and health but also rejuvenate our spark to do good work and enjoy other aspects of our lives. The aim is to have participants leave with practical strategies and a renewed charge for moving forward with their work and life goals. This training will utilize exercises, small and large group discussions, and visual displays.



Attending to Suicidal Crisis Behaviors: What You Should Say & What You Should Do

Curriculum: Mental and behavioral health:
Suicide prevention and how to coach foster parents on prevention issues.

Date/time: February 19, 2016 • Program 8:45 AM – 12:00 PM

Location: WMU College of Health & Human Services
1240 Oakland Drive, Kalamazoo, MI 49008

Social Work CECHs: 3 hours • Approval #MICEC-0060

Cost: Free to all DHHS and private agency child welfare workers; \$55 all others

Presenter: Gwen Abney-Cunningham, LMSW
Randy Wolbert, LMSW, CAADC, CCS



Training objectives: As a result of this training, participants will be prepared to:

- Identify at least three imminent risk factors for suicide.
- Recognize the function of suicidal behavior.
- Utilize crisis management protocol for suicidal behaviors.

Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: Suicide is the tenth leading cause of death in the U.S. and the second leading cause of death of young people ages 10–24. Individuals in foster care have triple the incident rate of suicide attempts as the normal population. This training is designed to review some of the risk factors and provide a crisis management protocol. The protocol will be taught, demonstrated, and then participants will be given an opportunity to practice. This training will utilize role playing, exercises, large group discussion, and visual displays.



Race, Class & Social Justice: How Do Human Service Workers Fit In?

Curriculum: Cultural humility/cultural competence: Understanding one's personal values and beliefs and their relationship to cultural identity and practice.

Date/time: **March 18, 2016** • Program 8:45 AM – 12:00 PM

Location: **WMU College of Health & Human Services**
1240 Oakland Drive, Kalamazoo, MI 49008

Social Work CECHs: 3 hours • Approval #MICEC-0060

Cost: Free to all DHHS and private agency child welfare workers; \$55 all others

Presenter: **Don Cooney, PhD, MA, MDiv**

Training objectives: As a result of this training, participants will be prepared to:

- Understand the current situation with race and class in the United States.
- Describe how our own social situation affects our worldview.
- Understand how social service workers can work for justice for our clients.

Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: This training will include an analysis of race, class, and social justice in the United States and how our ideas on race and class implicitly affect our consciousness and behavior. Actions we can take for justice in our practice and in working for structural change will be discussed. This training will utilize large group discussion and visual displays.



Identifying Human Trafficking: Services & Needs for Child & Adult Victims

Curriculum: Trauma and crisis management: Effects of abuse and neglect on children.

Date/time: **April 1, 2016** • Program 8:45 AM – 12:00 PM

Location: **WMU College of Health & Human Services**
1240 Oakland Drive, Kalamazoo, MI 49008

Social Work CECHs: 3 hours • Approval #MICEC-0060

Cost: Free to all DHHS and private agency child welfare workers; \$55 all others

Presenters: **Diane Baird, MSW**
Andy Soper, MA



Training objectives: As a result of this training, participants will be prepared to:

- Identify the various circumstances that youth face that can lead to trafficking or exploitation.
- Recognize warning signs that a minor is being trafficked/exploited, whether in their original, foster, or adoptive home.
- Understand the mental health needs of trafficked youth.

Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: Participants will learn about human trafficking and specifically about cases of labor trafficking. The presentation will include equipping social work professionals to identify child and adult victims they encounter. The specific needs of human trafficking victims will be reviewed as well as how to access services for foreign-born victims. This training will utilize exercises, small and large group discussions, and visual displays.



What Are We Dealing with Here? Screening & Assessment of Substance Use Disorders

Curriculum: Substance abuse: Sharpening assessment skills and how to recognize signs/symptoms.

Date/time: April 22, 2016 • Program 8:45 AM – 12:00 PM

Location: WMU Southwest Campus, 2785 East Napier Avenue, Benton Harbor, MI 49022

Social Work CECHs: 3 hours • Approval #MICEC-0060

Cost: Free to all DHHS and private agency child welfare workers; \$55 all others

Presenter: Jennifer Harrison, LMSW, CAADC

Training objectives: As a result of this training, participants will be prepared to:

- Understand the signs of use, intoxication, and overdose of the basic alcohol and drug categories.
- Determine when to refer for further screening and assessment of a substance use disorder.
- Develop knowledge about the different levels of substance use disorder care and how those might be completed by clients with involvement in child welfare and/or criminal justice.

Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: This training will focus on the different types of alcohol and drugs typically abused, including alcohol, marijuana, cocaine, and other amphetamines, opiates, and hallucinogens. Emphasis will be made on the signs and symptoms of each class of drugs, from use to overdose, which can then be incorporated into the first and subsequent contact with individuals and families. Attendees will develop skills in knowing when to refer for further evaluation of a possible substance use disorder, as well receive an overview of the levels of treatment for substance use disorders, to understand what clients typically experience in screening, assessment, and treatment once referred. This training will utilize exercises, small group discussions, and pre- and post-tests.



Wrapping Around the Family: Providing Support & Intervention to Families with Substance Abuse Disorders

Curriculum: Substance abuse: Providing support for families struggling with addiction.

Date/time: April 22, 2016 • Program 1:30 PM – 4:45 PM

Location: WMU Southwest Campus, 2785 East Napier Avenue, Benton Harbor, MI 49022

Social Work CECHs: 3 hours • Approval #MICEC-0060

Cost: Free to all DHHS and private agency child welfare workers; \$55 all others

Presenter: Jennifer Harrison, LMSW, CAADC

Training objectives: As a result of this training, participants will be prepared to:

- Differentiate between myths and facts related to substance use disorders in families.
- Understand the impact of a substance use disorder in parents on risk and resiliency factors in their children.
- Access self-help, therapy, and medication-based interventions for substance use disorders.

Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Description: This training will focus on myths and facts related to substance use disorders as chronic diseases impacting the entire family. Ways to engage, assess, and intervene with families where substance use disorders are occurring will be discussed. This training will utilize exercises, small group discussion, and pre- and post-tests.

How to register: Visit https://secure.touchnet.net/C21782_ustores/web/store_cat.jsp?STOREID=1&CATID=3

Contact: Rebecca Schrock-Herdeck

Phone: 269-387-3158

Email: rebecca.schrock-herdeck@wmich.edu

Website: <http://www.wmich.edu/socialwork/academics/continuing>



For those who do not meet the DHHS In-Service Training criteria, the cost is \$15 a credit.

How to register for On Demand Online programs:

- 1 Visit http://socialwork.msu.edu/ceu/online_continuing_education.php
- 2 Click On Demand Courses.
- 3 Choose your course and click to register.
- 4 Add to shopping cart, check out, and click account creation to create a community ID.
- 5 Click Individual Registration, open your cart, and proceed with payment.
- 6 Log in with the ID you created at registration to <https://d2l.msu.edu> to access the course.

Michigan State University School of Social Work seeks to be as accessible as possible. Earn CECHs from the convenience of your home, office, or on the go! This new process will allow you to register, complete the course, and have your certificate in hand—all in less than 2 hours.

The following programs are available for you to view and earn continuing education credit 24 hours a day, 7 days a week:

- **Finding & Utilizing Services for Adoptive Families**
- **Hope & Resilience: Moving Past Secondary Traumatic Stress in Child Welfare Practice**
- **Safety Planning**
- **Suicide Assessment, Management and Intervention**
- **Effective Court Advocacy**
- **Children of Parents with Mental Illness**

For program descriptions and details, visit http://socialwork.msu.edu/ceu/online_continuing_education.php

More topics are being added at least once a month, so visit our website often or check social media for updates.

ONLINE COURSES • FREQUENTLY ASKED QUESTIONS

Will my state licensing board approve online courses as an approved format for obtaining continuing education credits? All courses offered by MSU School of Social Work Continuing Education are approved by ASWB ACE through June 13, 2016, and renewal will be sought at this time to maintain continuity. Please check with your Social Work State Board for rules and regulations regarding online continuing education, as they vary by state. If you are looking for information specific to Michigan, visit <http://www.michigan.gov/lara>.

How many times can I access or view the material for the course? You have unlimited access to the course material and may view it as many times as you wish. We are unable to offer additional CECHs for extra time you spend with the course material. Once you submit a passing post-test, you will receive the advertised CECHs for the course.

What score do I need to pass? A score of 75% or higher is required to pass each course.

How many times can I take the post-test? You may retake the post test two times for each course. Your score will be made available to you once you submit your post-test answers.

What are the post-tests like? The post-tests are multiple choice, and true/false questions. There are ten questions for the first CECH and five questions for each additional CECH. For example, a 1-CECH course would have ten questions.

How do I obtain my certificate? Your certificate will be made available for you to print immediately if you pass the post-test with 75% accuracy.

For questions about program content, concerns, or grievances, contact us during regular business hours at (517) 353-3060 or via email to swkce2msu.edu.

For technical assistance, 24 hours a day, call MSU Distance Learning Services at (517) 432-6200 or toll-free: 844-678-6200 (North America and Hawaii).

Michigan State University School of Social Work Continuing Education now offers live webinars! Individuals from around the world can earn CECHs from the convenience of their home, office, or on the go. We offer interactive live presentations on various topics. Participants view the one-hour webinar and immediately following will be sent a link to a survey to complete an attendance record, evaluation, and post-test. Pending a passing score of 75% or higher on the post-test, attendees will be mailed a certificate of completion. Webinars allow us to be accessible and to collaborate globally on issues that affect individuals, organizations, and communities throughout the world.

Beginning and intermediate skill levels
Target audience:
 ✓ Children's Protective Services Workers
 ✓ Foster Care Workers
 ✓ Adoption Workers

Date	Time	Title and Course #	Faculty
January 12	9:00 AM – 10:45 AM	The Private Logic of Kids Who Outwit Adults #500-16	John Seita, EdD
January 19	9:00 AM – 10:15 AM	Working with Immigrant Children & Their Families #501-16	Elly Jordan, JD
February 17	12:00 PM – 1:15 PM	The Power of Peer Support for Foster & Adoptive Families #504-16	Katie Page Sander, LMSW
March 10	12:00 PM – 1:15 PM	Creating Safety for Children #505-16	Liz Sharda, LMSW, PhD student
March 14	12:00 PM – 1:15 PM	The Kinship Conundrum (& Ways to Address) #506-16	Lynn Nee, LMSW
April 8	12:00 PM – 1:15 PM	Supporting & Strengthening Early Relationships for Children in the Child Welfare System #510-16	Karol Wilson, LMSW, IMH-E® (IV)
May 13	12:00 PM – 1:15 PM	Positive Parenting with Very Young Children—primary audience Child Protective Services #515-16	Gillian Oglivie, MA, LPC, IMH-E® (III)
July 21	9:00 AM – 10:15 AM	Never Too Old: Adoption as an Option for Older Youth #517-16	Heidi Raubenolt, LMSW
August 4	9:00 AM – 10:15 AM	Cognitive Behavioral Therapy for Social Anxiety in Children #518-16	Laura Lokers, LMSW

For pricing, further details, and online registration, visit <https://socialwork.msu.edu/ceu/catalog.php> under Topics of Interest “Webinars” or search course number.

To ensure the best possible experience, we encourage you to review system requirements available at <https://support.zoom.us/hc/en-us/articles/201362023-System-Requirements-for-PC-and-Mac>. It is recommended that you are hard wired to an Internet connection for the best connection. If you would like to view the webinar on a mobile device, download the free Zoom App.

Additional live webinar trainings will become available in 2016! If you happen to miss a live webinar, courses will also be recorded and become available for future use.

Stay tuned, and check the website often!

Calendar of trainings

MONTH	WORKSHOP TITLE	DATE & TIME	LOCATION	HOSTING UNIVERSITY	PAGE
January 2016	The Effects of Abuse & Neglect on Children, Adolescents & Transitional-age Youth	January 22 9:00 AM – 12:15 PM	Detroit	University of Michigan	19
	Integrative Self-care for Helping Professionals	January 22 1:00 PM – 4:15 PM	Kalamazoo	Western Michigan University	25
February 2016	Grief 101	February 5 9:00 AM – 12:15 PM	St. Joseph	Andrews University	5
	Stop Trying to Manage Your Time: Why It Doesn't Work in Child Welfare	February 5 12:45 PM – 4:00 PM	Grand Rapids	Grand Valley State University	11
	Working with the Substance Abusing Parent: An Infant Mental Health Perspective	February 5 9:00 AM – 12:15 PM	Flint Township	Michigan State University	14
	Beyond Safety & Permanency: Improving Outcomes for Kinship Placements	February 5 1:30 PM – 4:45 PM	Flint Township	Michigan State University	14
	The Grieving Infant: Helping Babies & Young Children When They Must Move	February 5 1:00 PM – 4:15 PM	Detroit	University of Michigan	18
	Building Resilience in Families: The True Grit of Foster Care & Adoption Permanence	February 12 9:00 AM – 4:30 PM	Grand Rapids	Michigan State University	15
	Infant Mental Health: Supporting Families with Infants, Toddlers & Young Children	February 12 9:00 AM – 12:15 PM	Livonia	Wayne State University	22
	Attending to Suicidal Crisis Behaviors: What You Should Say & What You Should Do	February 19 8:45 AM – 12:00 PM	Kalamazoo	Western Michigan University	25
March 2016	In Their Own Voices: Understanding & Supporting LGBTQ Youth	March 4 9:00 AM – 12:15 PM	Berrien Springs	Andrews University	5
	Perspectives on Trauma in Childhood & Adolescence	March 4 9:00 AM – 12:15 PM	Warren	Wayne State University	22
	Complicated Grief in Children: Assessment & Treatment	March 11 9:00 AM – 12:15 PM	Farmington Hills	Wayne State University	23
	How Young Children "Tell" Us Their Feelings	March 14 2:00 PM – 5:15 PM	Ann Arbor	University of Michigan	20
	Mindful Self-compassion: A Tool for Enhancing Personal & Professional Well-being	March 18 12:45 PM – 4:00 PM	Grand Rapids	Grand Valley State University	11
	Race, Class & Social Justice: How Do Human Service Workers Fit In?	March 18 8:45 AM – 12:00 PM	Kalamazoo	Western Michigan University	26
	Effective Strategies for Anticipating & Preventing Placement Disruption	March 25 12:45 PM – 4:00 PM	Grand Rapids	Grand Valley State University	12
April 2016	Identifying Human Trafficking: Services & Needs for Child & Adult Victims	April 1 8:45 AM – 12:00 PM	Kalamazoo	Western Michigan University	26
	Navigating the High C's of Special Education	April 6 9:00 AM – 12:15 PM	Berrien Springs	Andrews University	6
	Understanding Emotional & Mental Health Concerns of Youth in the Child Welfare System: Assessment Tools & Evidence-informed Interventions	April 8 9:00 AM – 12:15 PM	Detroit	University of Michigan	21
	Substance Abuse: Identifying, Treating & Protecting Children	April 8 9:00 AM – 12:15 PM	Farmington Hills	Wayne State University	23
	Recruitment & Retention of Resource Families: A Customer Service Approach	April 15 9:00 AM – 12:15 PM	Lansing	Michigan State University	15

Calendar of trainings

MONTH	WORKSHOP TITLE	DATE & TIME	LOCATION	HOSTING UNIVERSITY	PAGE
April 2016 continued	Making Trauma-informed Placement Decisions	April 15 1:30 PM - 4:45 PM	Lansing	Michigan State University	16
	Social Work Supervision: Empathy, Ethics & Education	April 22 9:00 AM – 12:15 PM	Farmington Hills	Wayne State University	24
	What Are We Dealing with Here? Screening & Assessment of Substance Use Disorders	April 22 8:45 AM – 12:00 PM	Benton Harbor	Western Michigan University	27
	Wrapping Around the Family: Providing Support & Intervention to Families with Substance Abuse Disorders	April 22 1:30 PM – 4:45 PM	Benton Harbor	Western Michigan University	27
May 2016	Providing Support to Family Struggling with Addiction	May 6 9:00 AM – 12:15 PM	Berrien Springs	Andrews University	6
	Race to Justice: Bringing Bias Out of the Shadows	May 13 9:00 AM – 4:00 PM	Grand Rapids	Grand Valley State University	13
	Building Layers of Support with LGBTQIAP2S Youth & Families	May 13 9:00 AM – 12:15 PM	Detroit	University of Michigan	20
	Engaging Resistant Clients	May 19 8:45 AM – 12:00 PM	Grand Rapids	Spring Arbor University	4
	Secondary Traumatic Stress: Symptoms, Impact & Intervention	May 20 9:00 AM – 12:15 PM	Big Rapids	Ferris State University	4
June 2016	Effective Goal Setting & Safety Planning with Families in Crisis	June 2 1:30 PM – 4:45 PM	Troy	Michigan State University	16
	Supporting African-American Youth in Schools	June 3 9:00 AM – 12:15 PM	Livonia	Eastern Michigan University	8
	A Smooth Transition	June 10 9:00 AM – 12:15 PM	Berrien Springs	Andrews University	7
	Impact of Trauma on Infants & Toddlers	June 10 9:00 AM – 12:15 PM	Livonia	Eastern Michigan University	8
	Adolescent Suicide Prevention & Intervention	June 10 12:45 PM – 4:00 PM	Grand Rapids	Grand Valley State University	12
	A Cross-cultural Perspective of Chronic Pain	June 24 9:00 AM – 12:15 PM	Livonia	Eastern Michigan University	9
	Advocating for Homeless Youth	June 24 9:00 AM – 12:15 PM	Ann Arbor	Michigan State University	17
July 2016	Adverse Childhood Experiences & Complex Trauma	July 8 9:00 AM – 12:15 PM	Livonia	Eastern Michigan University	9
	Effects of Sexual Abuse on Children & Adolescents: Assessment & Treatment Planning	July 13 8:00 AM – 3:45 PM	Traverse City	Michigan State University	17
	Effective Caretaking of Dually-diagnosed Adolescents	July 22 9:00 AM – 12:15 PM	Livonia	Eastern Michigan University	10
August 2016	Making Life Books Work for Children & Youth in Care	August 12 9:00 AM – 12:15 PM	Lansing	Michigan State University	18
	Combatting Secondary Trauma: A Caring Professional's Survival Guide	August 26 9:00 AM – 12:15 PM	Berrien Springs	Andrews University	7
September 2016	Promoting Health & Wellness for Foster Youth	September 16 9:00 AM – 12:15 PM	Marquette	Michigan State University	18



Additional trainings
and exciting new topics
coming in fall 2016

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School of Social Work

Continuing Education
MSU School of Social Work
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