Job Aid for Clinicians
How to send information about a suspected AFM case to the health department

1. Identify suspected case of AFM: patient with onset of acute flaccid limb weakness

2. Contact your health department when you identify a suspected case of AFM.

3. Health department completes AFM Patient Summary Form, compiles medical records, and sends information to CDC. Patient will be classified by national AFM experts.

4. After expert review, patient classification is given back to health department and relayed to clinician by health department.

**SPECIMEN COLLECTION**
- Collect specimens as close to onset of limb weakness as possible and store as directed (see table on reverse side)
  - CSF
  - Serum
  - Stool
  - NP swab

**INFORMATION SHARING**
- Send copies of the following to your health department for sharing with CDC:
  - admission and discharge notes
  - neurology and infectious disease consult notes
  - MRI report
  - MRI images
  - vaccination history
  - laboratory test results

**SEND TO**
- HEALTH DEPARTMENT
  - All shipping must be done in consultation with MDHHS Division of Communicable Disease
  - Please contact MDHHS (517-335-8165; after hours 517-335-9030) for assistance with identifying shipping services.

**WORK WITH**
- Work with your health department to coordinate submission of specimens for testing at CDC.
  - Specimens should be shipped overnight to arrive at CDC Tuesday through Friday.
  - Specimen submission form (DASH) should be completed for each specimen submitted.
### Specimens to collect and send to CDC for testing for suspected AFM cases

<table>
<thead>
<tr>
<th>SAMPLE</th>
<th>AMOUNT</th>
<th>TUBE TYPE</th>
<th>PROCESSING</th>
<th>STORAGE</th>
<th>SHIPPING</th>
</tr>
</thead>
<tbody>
<tr>
<td>CSF</td>
<td>1mL (collect at same time or within 24hrs of serum)</td>
<td>Cryovial</td>
<td>Spun and CSF removed to cryovial</td>
<td>Freeze at -20⁰C</td>
<td>Ship on dry ice</td>
</tr>
<tr>
<td>Serum</td>
<td>≥0.4mL (collect at same time or within 24 hours of CSF)</td>
<td>Tiger/red top</td>
<td>Spun and serum removed to tiger/red top.</td>
<td>Freeze at -20⁰C</td>
<td>Ship on dry ice</td>
</tr>
<tr>
<td>Stool</td>
<td>≥1 gram (2 samples collected 24hrs apart)</td>
<td>Sterile container</td>
<td>n/a</td>
<td>Freeze at -20⁰C</td>
<td>Ship on dry ice. Rectal swabs should not be sent in place of stool.</td>
</tr>
<tr>
<td>Respiratory (NP)/Oropharyngeal (OP) swab</td>
<td>1ml (minimum amount)</td>
<td>n/a</td>
<td>Store in viral transport medium</td>
<td>Freeze at -20⁰C</td>
<td>Ship on dry ice</td>
</tr>
</tbody>
</table>

### Coordinate with your health department to send information about suspected AFM cases and ship specimens to CDC.