

# Patient and Family Information Sheet

## Michigan Physician Order for Scope of Treatment (MI-POST)

### 1 **What is a MI-POST?**

- 2 • an optional, 1-page, 2-sided medical order with a person's wishes for care in a crisis
- 3 • a part of the advance care planning process that includes choices about
- 4 Cardiopulmonary Resuscitation (CPR), critical care, and other wanted care
- 5 • a form that guides care only if the person cannot tell others what to do at that time
- 6 • a completed form is signed by the patient/patient representative and the physician,
- 7 nurse practitioner, or physician's assistant that gives medical advice and suggestions
- 8 • a patient representative may fill out a MI-POST for the person if they are not able to
- 9 make healthcare choices due to illness or injury

### 10 **Who has a MI-POST?**

- 11 • a very frail elderly adult or an adult with a serious illness like heart failure that has
- 12 advanced and is now life threatening
- 13 • an adult (or patient representative such as a Patient Advocate or court-appointed
- 14 Guardian) that talks to a healthcare provider to learn about their choices for care and
- 15 what they might mean for them

### 16 **Where can a MI-POST be found?**

- 17 • a blank MI-POST can be found in a care setting, including a provider's office, a health
- 18 care facility or agency, or online
- 19 • completed forms belong to the person and are kept with the person wherever they live
- 20 • copies of the form can be given to family, friends, hospitals, and any other places the
- 21 person wants but the original stays with the person

### 22 **When can a MI-POST be changed?**

- 23 • the form can be changed at any time by the person or the patient representative
- 24 • a review for changes must happen at least once every 12 months

### 25 **Why is a MI-POST helpful?**

- 26 • a completed MI-POST expresses the person's wishes even if they cannot speak

### 27 **How is a MI-POST different from an advance directive?**

- 28 • MI-POST tells what care to give and an advance directive tells who can speak (patient
- 29 advocate) for the person if they are not able
- 30 • an advance directive must be witnessed, the patient advocate must accept the role, and
- 31 may or may not give information about wishes for care

32  
33 It is best for anyone with a MI-POST to also fill out a Durable Power of Attorney for Health Care  
34 form, and talk to the person so that they will be prepared to speak on the person's behalf.

35  
36 I have reviewed this information before signing a completed MI-POST.

37  
38 Person's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

39  
40 Patient Representative Name (if needed): \_\_\_\_\_

41  
42 Signature: \_\_\_\_\_ Date: \_\_\_\_\_

43 (person or patient representative)