

Grand Region - South

Road and Trail Bicycling Guide

2ND EDITION

Counties of:

Allegan - Barry - Ionia

Kent - Muskegon - Ottawa

\$5.00 VALUE

The Greenway Collaborative, Inc.

Before You Use This Map

This guide has been developed as an aid to bicyclists and is not intended to be a substitute for a person's use of reasonable care. The user of this map bears full responsibility for his or her safety. The Greenway Collaborative, Inc. makes no express or implied guarantee as to the safety or condition of the roads and paths shown and has no responsibility for maintaining them. Conditions indicated on the map are subject to change. Be prepared to make your own assessment of traffic, roads, and trails and plan routes appropriate to your riding skills.

All public and private entities and persons involved in the creation of this map disclaim responsibility and shall not be answerable or held accountable in any manner for loss, damage or injury that may be suffered as the result of the use of this map.

Reference Map

Scale of Main Map:

1 inch = 3 miles

Scale of City Insets:

1 inch = 3/4 miles

Legend

TRANSPORTATION NETWORK

Vehicle Traffic Volume\*  
(Vehicles per day)

Minor Roads/No Data\*\*

Light (under 2,500)

Medium (2,500 - 10,000)

Heavy (above 10,000)

Primary Roads/No Data

Limited Access Highway

Active Rail Line

Pere Marquette Amtrak\*\*\*

Ferry

Short Ferry

Unpaved

Paved

Interchange

BICYCLE AND SHARED USE PATHS

Improved Shared Use Regional Path

Paved or Crushed Stone

Unimproved Shared Use Regional Path

Gravel or Dirt

Local Shared Use Path

Foot Trail

North Country Trail

U.S. Bike Route

LAND USE

County Boundary

Incorporated City/Village Limit

Federal Land/National Forest

State of Michigan Lands

Park (Local or County), Preserve or Wilderness Area

Lakes/Water

Rivers/Streams

SERVICES

CITY/VILLAGE NAME

Full Service (Food, and lodging)

City/Village Name

Some Services (Food, or lodging)

POINTS OF INTEREST

Amtrak Station

Hospital

Lighthouse

Carpool Parking Lot

Trail Head

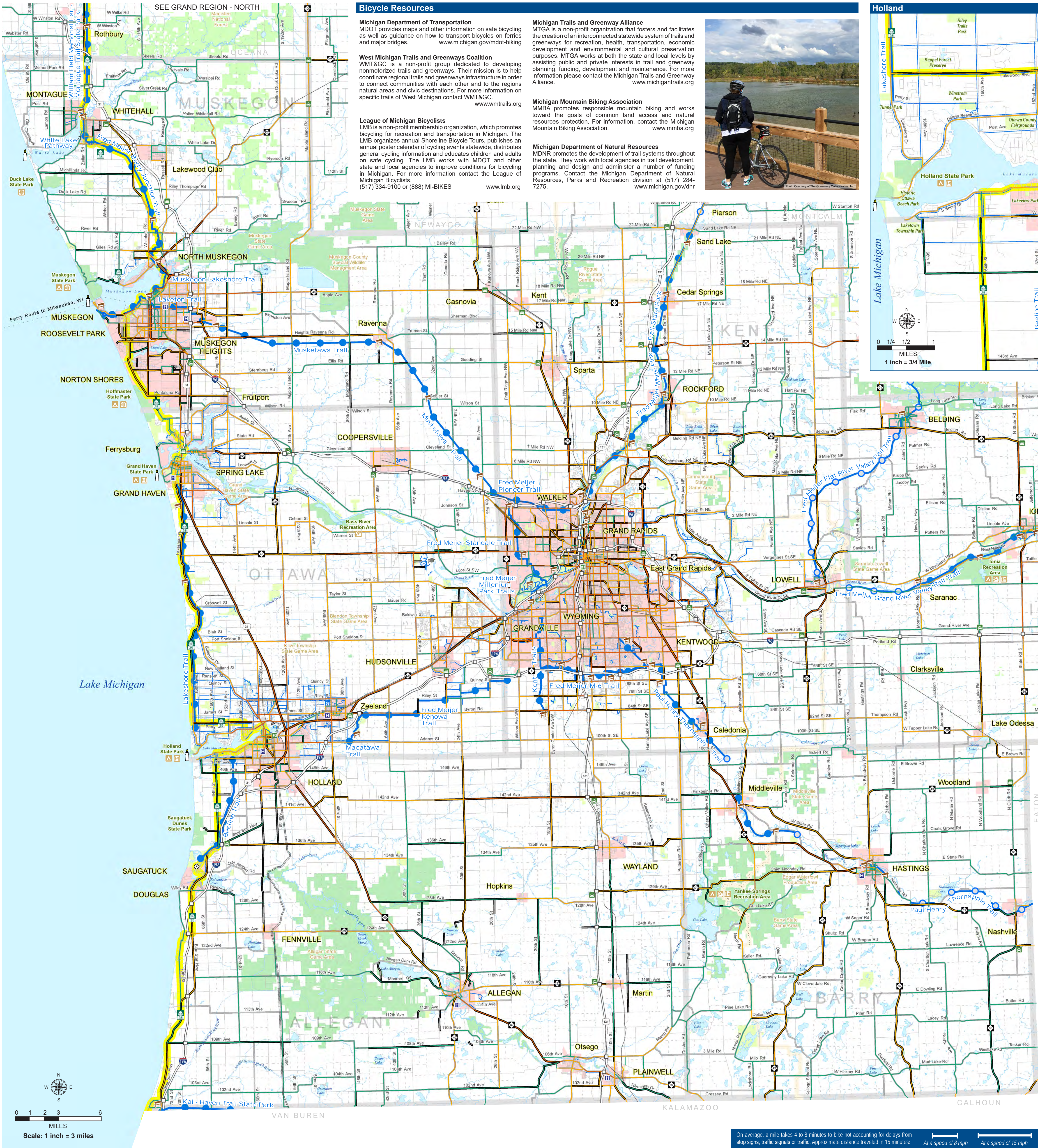
University

Facilities within state parks and forests:

Campground

Mountain Biking

Restrooms



Bicycle Safety

Rights and Responsibilities

In general, bicyclists on public roadways have the same rights and responsibilities as automobile drivers and are subject to the same state laws and local ordinances. For everyone's safety observe these bicycling rules and safety tips.

Use Lights and Reflectors at Night

State law requires a white light visible for 500 feet and a red reflector visible for 600 feet at night. A flashing red light is recommended. More reflectors and stronger lights make you more visible.

Use Hand Signals

Hand signals tell motorists what you intend to do. It is state law that you use signals.

Carrying Stuff

If you plan on carrying any packages, bundles or objects, you must be able to keep both hands on the handlebars. A variety of racks, packs, and trailers can be fitted to your bicycle to transport goods.

Be Courteous and Respectful on Trails

Show courtesy to all trail users. Adhere to trail hours and restrictions. Respect the rights of property owners along the trail.

Watch for Cars

Always assume that motorists do not see you. Keep an eye out for cars pulling into traffic from parking spaces, driveways and intersecting streets. Make eye contact to assess your safety before proceeding in front of vehicle. Watch out for car doors opening into travel lane.

Watch for Hazards

Watch out for sewer grates, slippery manhole covers, oily pavement, snow and ice. Cross railroad tracks at right angles. It is not necessary to use a bike lane or paved shoulders if hazards such as debris and poor pavement conditions make it unsafe.

Safety Accessories

Water bottles, tire repair kits, mirrors, locks, and first aid kits help make each trip safer and the bicyclist more self sufficient.

Always Yield to Other, Slower Trail Users

When operating on a shared use trail or sidewalk, bicyclists must yield the right of way to pedestrians and shall give an audible signal before overtaking and passing a pedestrian. When overtaking, announce your intentions by saying "passing on your left" or ringing your bell.

Use a bell or horn

Use white headlight at night

Use wheel reflectors

Wear a helmet

Wear bright, reflective clothing

Use flashing red rear light at night

Always Wear an Approved Helmet

Always have your helmet fitted and adjusted properly. Helmets should fit snugly so they do not move around while riding.

Wear Appropriate Clothing

Wear light, bright and/or reflective clothing at all times of the day and night to improve your visibility. Dress in layers and bring gear for unforeseen changes in weather.

Ride as far to the Right as Practicable

Bicyclists should keep as far to the right as practicable, moving left to avoid hazards and to position themselves in the appropriate designated through or turn lanes.

Keep to the Right and Ride Only Two Aboard

No more than two bicyclists should ride side by side in a public roadway. When riding in a group, form a single file line when other road users are present.

Ride with Traffic

Motorists are not looking for bicyclists riding on the wrong side of the road. State law requires that cyclists ride with the flow of traffic.

Bicycle Resources

**Michigan Department of Transportation**  
MDOT provides maps and other information on safe bicycling as well as guidance on how to transport bicycles on ferries and major bridges.  
[www.michigan.gov/mdot-biking](http://www.michigan.gov/mdot-biking)

**West Michigan Trails and Greenways Coalition**  
WMT&GC is a non-profit group dedicated to developing nonmotorized trails and greenways. Their mission is to help coordinate regional trails and greenways infrastructure in order to connect communities with each other and to the regions natural areas and civic destinations. For more information on specific trails of West Michigan contact WMT&GC.  
[www.wmtrails.org](http://www.wmtrails.org)

**League of Michigan Bicyclists**  
LMB is a non-profit membership organization, which promotes bicycling for recreation and transportation in Michigan. The LMB organizes annual Shoreline Bicycle Tours, publishes an annual poster calendar of cycling events statewide, distributes general cycling information and educates children and adults on safe cycling. The LMB works with MDOT and other state and local agencies to improve conditions for bicycling in Michigan. For more information contact the League of Michigan Bicyclists.  
(517) 334-9100 or (888) MI-BIKES  
[www.lmb.org](http://www.lmb.org)

**Michigan Trails and Greenway Alliance**  
MTGA is a non-profit organization that fosters and facilitates the creation of an interconnected statewide system of trails and greenways for recreation, health, transportation, economic development and environmental and cultural preservation purposes. MTGA works at both the state and local levels by assisting public and private interests in trail and greenway planning, funding, development and maintenance. For more information please contact the Michigan Trails and Greenway Alliance.  
[www.michigantrails.org](http://www.michigantrails.org)

**Michigan Mountain Biking Association**  
MMBA promotes responsible mountain biking and works toward the goals of common land access and natural resource protection. For information, contact the Michigan Mountain Biking Association.  
[www.mmba.org](http://www.mmba.org)

**Michigan Department of Natural Resources**  
MDNR promotes the development of trail systems throughout the state. They work with local agencies in trail development, planning and design and administer a variety of trail programs. Contact the Michigan Department of Natural Resources, Parks and Recreation division at (517) 284-7275.  
[www.michigan.gov/dnr](http://www.michigan.gov/dnr)

Map Information

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To order additional maps, please visit the Michigan Department of Transportation website at: [www.michigan.gov/mdot-biking](http://www.michigan.gov/mdot-biking) and select Maps and Brochures.

**MDOT Planning**  
425 West Ottawa St.  
P.O. Box 20050  
Lansing, MI 48909

**MDOT Grand Region Office**  
140 Front Avenue, NW  
Grand Rapids, MI 49504

The Greenway Collaborative, Inc.

**MDOT**  
Michigan Department of Transportation

**U.S. Department of Transportation**  
Federal Highway Administration

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On average, a mile takes 4 to 8 minutes to bike not accounting for delays from stop signs, traffic signals or traffic. Approximate distance traveled in 15 minutes:

At a speed of 6 mph

At a speed of 15 mph