

The Wayne State University Department of Psychiatry in partnership with the Wayne State University Physician Group and the Detroit Medical Center (DMC) has a unique relationship to the mental health community in the Detroit Metropolitan area and with the Michigan Department of Community Health (MDCH). We are committed to partnering with the state, MDCH and the Authority here to be your go-to resource for any mental health issues here in Southeast Michigan and beyond. We are very proud to be value added partners with the state and hope we can work together even more going forward.

Here is what we are already doing. Every year, we see over 50,000 Medicaid patients. In addition, our Methadone Program dispensed over 43,000 doses of methadone and provided over 3,000 therapy sessions. Every year, we see over 25,00 Medicaid patients in our outpatient clinics. Every year, over 13,000 Medicaid patients are referred to our Crisis Centers. Every year, we see over 10,000 Medicaid patients on the inpatient units of the Detroit Medical Center. Every year, we see over 2,500 children with Medicaid.

We believe strongly in our leadership role in providing access and quality care to our most at-risk populations and doing it through novel approaches that can decrease cost while at the same time improve outcomes.

In dealing with the Emergency Room and Inpatient Diversion Programs, preventing incarceration and recidivism, tele-psychiatry, children specialty care like autism, substance abuse and integrated care, we can be an important resource to the state and work in partnership to improve outcome, increase access and reduce cost.

Another area primed for innovation is using mental health providers including psychiatrists and mid-level providers for primary care services. In reviewing our caseload, we know that less than 20% of our patients are responsible for over 80% of our costs. Many times these costs are due to comorbidities like diabetes and high blood pressure. In the Tolan Park clinic here in Detroit, we have identified new, never previously detected and clinically significant Vitamin D deficiencies in 80% of the depressed patients presenting to the clinic. Vitamin D deficiencies can be associated with cardiovascular complications and other serious medical problems. We are also treating and correcting this abnormality in our clinic. We know based on our research that the use of psychiatrists and mid-level providers for primary care related services can significantly improve outcomes on comorbidities at decreased cost.

We would appreciate the opportunity to partner with MDCH, State Medicaid and the Authority here to further develop and implement these clinical innovations. Michigan can be a national role model for how to integrate care in a high density Medicaid population. The timing also could not be better as the state begins to roll out Medicaid expansion.

Thank you for your kind attention.

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