



# Please Wash Your Hands before Returning to Work!

1. Wash with soap and warm water.
2. Rub your hands vigorously together and scrub all surfaces.
3. Wash for 15 to 20 seconds.



Soap combined with the scrubbing action helps remove germs.



“The average desk harbors 400 times more bacteria than the average toilet seat.”

Study conducted by the University of Arizona, Dr Charles Gerba, 2006.