

Approved Phone (Mobile) Apps for MIHP Beneficiaries

The mobile applications below are approved for MIHP beneficiaries. Please refer to the Policy and Operations Guide for detailed guidance on educational tools and the corresponding expectations.

1. Pregnancy+

Receive expert advice throughout pregnancy with daily articles, healthcare tips, and interactive 3D models for tracking development. Michigan users will also receive tailored information to improve access to programs across the state.

- **Download the App or Learn More:** [Pregnancy+](#)

2. Text4Baby

Sign up for Text4Baby to receive free text messages, and/or download the Text4Baby App. Receive health and safety tips, baby's growth during pregnancy, an appointment tracker, and more.

- **Free Text Messages:** [Text "BABY" to 511411](#)
- **Download the App or Learn More:** [Text4Baby.org](#)

3. What to Expect

Personalized content with pregnancy tips, baby's growth during pregnancy, and more information throughout baby's first year of life.

- **Download the App or Learn More:** [WhatToExpect](#)