Text from [Birth Defects Prevention Month 2019](#) Toolkit:

"**Marijuana:** During pregnancy, the chemicals in marijuana (in particular, tetrahydrocannabinol or THC) pass through mom to a developing baby. They can harm a baby's development. More research is needed to better understand how marijuana may affect mom and baby during pregnancy. However, it is recommended that pregnant women not use marijuana."

Client and Provider Resources
National

Marijuana in Pregnancy/Breastfeeding | **MotherToBaby**
https://mothertobaby.org/fact-sheets/marijuana-pregnancy/
In Spanish: https://mothertobaby.org/es/fact-sheets/marihuana/
Includes a brief summary of knowledge gaps.

Marijuana use in Pregnancy | **CDC**
https://www.cdc.gov/marijuana/factsheets/pregnancy.htm
In Spanish: https://www.cdc.gov/marijuana/spanish/factsheets/embarazo.html
Includes Fast Facts – brief take home messages.

Marijuana and Pregnancy | **MOD**
https://www.marchofdimes.org/pregnancy/marijuana.aspx
Includes discussion of medical marijuana and multiple forms.

Marijuana Use During Pregnancy and Lactation | **ACOG**
https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Marijuana-Use-During-Pregnancy-and-Lactation
Committee Opinion 2015 with highlighted 2017 interim updates.

Substance Use While Pregnant and Breastfeeding **|** **NIDA**
Can marijuana use during and after pregnancy harm the baby?
https://www.drugabuse.gov/publications/research-reports/marijuana/can-marijuana-use-during-pregnancy-harm-baby

The National Institute of Drug Abuse (NIDA) provides targeted reviews of multiple substances:
https://www.drugabuse.gov/publications/research-reports/substance-use-in-women/substance-use-while-pregnant-breastfeeding

State

Marijuana and Your Baby | **Alaska**
http://dhss.alaska.gov/dph/Director/Documents/marijuana/MJFactSheet_PregnancyAndBreastfeeding.pdf.

Marijuana and Your Baby | **Colorado**
https://colorado.gov/pacific/sites/default/files/MJ_RMEP_Factsheet-Pregnancy-Breastfeeding.pdf
Includes some myth busters.