

Cash Assistance

Help meet the basic needs of eligible pregnant women and low-income families with minor children.

Childcare Assistance

Helps pay for childcare costs.

Emergency Assistance

Provides assistance for emergency housing, utility, and burial situations.

Food Assistance

Provides benefits to buy or grow food.

Health Care Coverage

Offers programs to pay for medical costs through Medicare, Medicaid or the Healthy Michigan Plan.

Nutrition Assistance

Provides healthy foods for Women, Infants and Children.

Explore Resources

Lists helpful state and local resources near you, whether you have a new baby, lost a job or experienced the loss of a friend or family member.

Call Region IV Area Agency on Aging at 1-800-654-2810 for resources, services, and programs for older adults and adults with disabilities in Benton Harbor.

MI Bridges

Michigan.gov/MI Bridges



Apply for Benefits using a simple and easy to understand application.



Explore local resources and save them to your MI Bridges profile.



View detailed benefit information and print letters sent from MDHHS.



Manage your MDHHS case, report changes, renew benefits, and upload documents to your case.



Access MI Bridges in English, Spanish, or Arabic from your phone or computer.

Need help using MI Bridges?

Visit Michigan.gov/MI Bridges and click on Help to find local navigators, answers to common questions, and how to contact the MI Bridges help desk.

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