“CHOICES FOR INDEPENDENCE: MODERNIZATION OF THE OLDER AMERICANS ACT”

THE 20th ANNUAL CONFERENCE OF THE AREA AGENCIES ON AGING ASSOCIATION OF MICHIGAN

May 30 & 31, 2007
Kellogg Hotel and Conference Center
Michigan State University
East Lansing
WELCOME TO THE AAAAM CONFERENCE
This conference will meet the training needs of professionals working with older adults and people with disabilities. In this invitation, you will find a summary of the program, including 4 general sessions and 24 workshops. Continuing education credits are pending for social workers, adult foster care owners and administrators, and nursing home administrators. Approval for nursing contact hours is pending from the Michigan Nurses Association.

You can attend one day or both days, with registrations accepted on a first-come, first-served basis. Call the Kellogg Hotel at 1-800-875-5090 by May 5 to make your room reservation. A special $92 single/double rate is available—mention our conference.

Sponsorships are available for those who wish to exhibit; details are available later in this booklet. For more information, call Mary Ablan or Mollee Neff at (517) 886-1029.

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PROGRAM AT A GLANCE
Wednesday, May 30

8:00—  9:00am   Registration & continental breakfast
9:00—10:30am   Keynote Speaker: Josefina Carbonell
11:00—12:30 pm Workshops
12:30—  2:00pm   Luncheon session: Debra Lindstrom-Hazel
                  Livable Communities
2:30—  4:00pm   Workshops

Thursday, May 31

8:00—  9:00am   Registration & continental breakfast
9:00—10:30am   Opening Session: Charlie Sisson, Massachusetts
11:00—12:30 pm Workshops
12:30—  2:30pm   Luncheon Session: Stephanie Stein, Wisconsin
2:30—  4:00pm   Workshops

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PLANNING COMMITTEE
Tina Abbate Marzolf, MSA, Area Agency on Aging I-B
Mary Ablan, MA, MSW, Area Agencies on Aging Association
Kathy Boles, BS, Valley Area Agency on Aging
Lynn Kellogg, MPA, Region IV Area Agency on Aging
Carlton Nogle, MSW, Tri-County Office on Aging
Kay Thiede, RN, MSN, Tri-County Office on Aging
CONFERENCE AGENDA

Wednesday, May 30

8:00-9:00 am   Registration & continental breakfast

9:00-10:30 am   Opening Session

NEWER DIRECTIONS FOR THE OLDER AMERICANS ACT
Josefina Carbonell, Assistant Secretary for Aging
Administration on Aging, Washington, D.C.
With the 2006 reauthorization of the Older Americans Act, the Administration on Aging has embarked on exciting new directions to prepare for the aging Baby Boomers and long term care reform. Hear about the “Choices for Independence” initiative, new AoA partnerships, and other efforts to modernize the Older Americans Act.

11:00-12:30 pm   Workshops

PERSON-CENTERED PLANNING 101
Carolyn Lejuste, Michigan Disability Rights Coalition
Terri Cady, Mid-Michigan Center for Independent Living
Learn the basics and background of person-centered planning—a process for supporting the individual receiving services based on the individual’s preferences, choices and abilities.

MEDICAID LTC ELIGIBILITY PART I
Jo Murphy, Area Agency on Aging of Western Michigan
Lauretta Murphy, Miller Johnson Law Firm, Grand Rapids
This advanced session will cover the complicated twists and turns of Medicaid LTC asset rules. Designed for care managers, options counselors and others already knowledgeable about LTC eligibility.

SELF-DETERMINATION PART I
Tari Muniz, Office of LTC Supports & Services
Participants will be introduced to the concept of consumer self-determination, embraced by advocates and government agencies as an innovative program design that puts consumers in charge of their own services.
PAYING PRIVATELY FOR LONG TERM CARE
Dianne Carlson, Region IV Area Agency on Aging, St. Joseph
Pam Curtis, Senior Resources, Muskegon
Jane Church, Office of LTC Supports & Services
Hear how two AAAs have moved into the private pay market; Care Connections provides custom consultations, service arrangement and packaged billing services. Also learn about initiatives encouraging advance planning for LTC expenses.

THE CONSUMER VOICE IN QUALITY MANAGEMENT
RoAnne Chaney, Michigan Disability Rights Coalition
Pam McNab, Michigan Department of Community Health
Marion Owen, Tri-County Office on Aging, Lansing
How do you improve the quality of your programs? Ask consumers! Learn about the POSM survey tool implemented in the MI Choice waiver program.

SENIOR CENTER STRATEGIES FOR HEALTHY AGING
Jim McGuire, Area Agency on Aging I-B, Southfield
Lanette Aamon, Waterford Senior Center
Marye Miller, Older Persons Commission, Rochester
Learn about a senior center-AAA partnership that led to the creation of the Foundation Wellness Fund, along with a partnership between a senior center and a local hospital.

12:30-2:00 pm  Presentation and Lunch (included in registration)
WHAT’S GOOD FOR THE ELDER ONE IS GOOD FOR EVERYONE—CREATING LIVABLE COMMUNITIES
Debra Lindstrom-Hazel, Western Michigan University
Is your community preparing for the Senior Boom? Hear about AARP’s efforts to promote livable communities, including research findings that establish a link between the qualities of livable communities and the ability to age successfully.

2:30-4:00 pm  Workshops
NUTS & BOLTS OF CREATING LIVABLE COMMUNITIES
Dan Doezema, Michigan Office of Services to the Aging
Kara Lamarre, Northeast MI Community Service Agency
Dona Wishart, Otsego Commission on Aging
This workshop will describe the components of a livable community effort, and how a team approach can help put the pieces together. This session will showcase the Community
For a Lifetime Toolkit, and the Elder Friendly Community Recognition Program developed by the Office of Services to the Aging.

- **MICHIGAN PARTNERS ON THE P.A.T.H.**
  Sherri King, Michigan Office of Services to the Aging
  Bonnie Hafner, Area Agency on Aging of Western Michigan
  This session will give participants an overview of the Stanford Chronic Disease Self-Management program. Attendees will participate in a PATH session. Repeats on May 31.

- **HEALTHY IDEAS**
  Suzann Ogland-Hand, Pine Rest Christian Mental Health
  Sally Steiner, Michigan Office of Services to the Aging
  Managing chronic conditions can be done with our minds as well as our bodies. Hear about this effective program helping people to manage depression.

- **UPDATE ON MEDICARE PRESCRIPTION DRUGS**
  Stacey Platte, Medicare Medicaid Assistance Program
  Yes, Part D is up and running, but it's being fine-tuned all the time. You need to know the latest in the administration of the prescription drug benefit. Designed for participants already knowledgeable about Part D. Repeats on May 31.

- **MEDICAID LTC ELIGIBILITY PART II**
  Jo Murphy, Area Agency on Aging of Western Michigan
  Lauretta Murphy, Miller Johnson Law Firm, Grand Rapids
  This advanced session will cover the latest changes in Medicaid regulations and invites participants to bring their challenging cases and try to ‘stump the experts.’ Designed for care managers, options counselors and others already knowledgeable about LTC eligibility.

- **SELF-DETERMINATION PART II**
  Tari Muniz, Office of LTC Supports & Services
  Sara Aikman, Tri-County Office on Aging, Lansing
  Will describe the mechanics of implementing self-determination options, and how it has been integrated into the MI Choice waiver program.

- **HEALTHY EATING**
  Mary Noel, Michigan State University
  Learn about the impact of aging on nutrition, nutritional issues with diabetes, and weight loss and the elderly.
Thursday, May 31

8:00-9:00 am   Registration & continental breakfast

9:00-10:30 am   Opening Session
                  LONG TERM CARE REFORM IN MASSACHUSETTS
                  Charlie Sisson, Coastline Elderly Services, New Bedford, MA
                  Learn about another state’s approach to reforming LTC, and
                  the strong aging-disability partnerships that have been
                  instrumental to its success.

11:00-12:30 pm   Workshops
                  ■ BUILDING BRIDGES: AGING-DISABILITY PARTNERSHIPS
                  Speakers to be announced
                  The aging and disability networks are getting together at the
                  local level to improve services to both groups and make long
                  term care reform a reality. Partnerships in the Upper Peninsula
                  and Flint areas will be described.

                  ■ UPDATE ON SINGLE POINTS OF ENTRY
                  Mike Head, Office of LTC Supports & Services
                  Earlene Traylor-Neal, LTC Connection, Detroit
                  SPEs are up and running! Learn the latest about SPE
                  implementation in Michigan.

                  ■ ROCKING THE BOAT ON GUARDIANSHIP
                  Brad Geller, Michigan Office of Services to the Aging
                  Did you know that Michigan has the highest rate of
                  guardianship in the nation and many advocates think it’s
                  overused? Learn about other alternatives to guardianship from
                  an attorney who is an expert on the subject.

                  ■ CONSUMERS AS EMPLOYERS
                  Maureen Sheahan, Paraprofessional Healthcare Institute
                  Rob Curtner, Michigan Department of Community Health
                  Darlene Kauffman, graduate of train-the-trainers program
                  Twenty consumers participated in a new train-the-trainers
                  series in 2006 learning how to support consumers in self-
                  directed care, or needing assistance in building effective
                  relationships with paid caregivers. Learn what consumers need
                  to know to be effective employers.
■ **HEALTHY AGING**
  Kathy Boles, Valley Area Agency on Aging, Flint
  Steve Banks, Hasselbring Senior Center, Flint
  Walking, exercise, healthy eating and health education are components of this foundation-funded program that assisted seniors up to 102 years of age. Hear about the three-way partnership that made this program a reality.

■ **MEANINGFUL CONNECTIONS WITH PEOPLE WITH DEMENTIA**
  Marci Cameron, Michigan Department of Community Health
  Chris Curtin, Chris Curtin Associates LLC
  Learn about a train-the-trainer manual being developed to enhance the skills of direct care workers assisting people with dementia. Video vignettes will be used for group discussion.

12:30-2:30 pm  Presentation and Lunch (included in registration)

**LONG TERM CARE REFORM IN WISCONSIN**
  Stephanie Stein, Milwaukee County Department on Aging
  Wisconsin has been a leader in LTC reform efforts, with the “Family Care” initiative implemented in the 1990s. This session will provide an overview of the Family Care pilot in Milwaukee, outcomes achieved and lessons learned.

2:30-4:00 pm  Workshops

■ **HOME HEALTH AIDE APPRENTICESHIPS**
  Maureen Sheahan, Paraprofessional Healthcare Institute
  Chris Curtin, Chris Curtin Associates LLC
  Marcia Peterson, Harbor Home Health
  Michigan home health agencies are piloting a new apprenticeship for aides that provides 150 hours of entry-level training along with specialty areas such as dementia and hospice. Find out why these agencies believe the investment will pay back in retention, quality of care and marketing.

■ **DEMENTIA COMPETENCIES**
  Jennifer Burley & Jean Barnas, Alzheimer’s Association
  This workshop describes a user-friendly guide detailing the knowledge and skills needed to provide ideal dementia care. The guide is written in plain English for direct care workers and their supervisors.
- MICHIGAN PARTNERS ON THE P.A.T.H.
  Sherri King, Michigan Office of Services to the Aging
  Bonnie Hafner, Area Agency on Aging of Western Michigan
  This session will give participants an overview of the Stanford Chronic Disease Self-Management program. Attendees will participate in a PATH session.

- “MRS. SMITH—YOU DON’T HAVE TO SUFFER”
  Leslie Simons, Sparrow Hospital Pain Clinic, Lansing
  Improve your skills in helping consumers deal with pain. Will explain the plethora of instruments available to assess pain, educating the consumer, and the resources available in the community.

- UPDATE ON MEDICARE PRESCRIPTION DRUGS
  Stacey Platte, Medicare Medicaid Assistance Program
  Yes, Part D is up and running, but it’s being fine-tuned all the time. You need to know the latest in the administration of the prescription drug benefit. Designed for participants already knowledgable about Part D.
Interested in exhibiting at the conference?

All sponsors receive an exhibit space in the same large ballroom that accommodates meals, refreshment breaks and general sessions. Sponsors can participate in all conference activities including general sessions, workshops and meals. Attendees visiting every exhibit can enter a raffle and receive valuable prizes. For more information, call Mary Ablan or Mollee Neff at (517) 886-1029.

- **BRONZE SPONSOR — $250**
  - Exhibit space with one skirted table
  - Acknowledgement in the conference program
  - Your organization promoted on signs

- **SILVER SPONSOR — $750**
  - Exhibit space with one skirted table
  - Acknowledgement in the conference program
  - Your organization promoted on signs
  - Your brochure distributed in the conference folder

- **GOLD SPONSOR — $1500**
  - Introduce featured speakers
  - Exhibit space with one skirted table
  - Acknowledgement in the conference program
  - Your organization promoted on signs
  - Your brochure distributed in the conference folder

- **PLATINUM SPONSOR — $3000**
  - Sponsor a workshop
  - Introduce featured speakers
  - Exhibit space with one skirted table
  - Acknowledgement in the conference program
  - Your organization promoted on signs
  - Your brochure distributed in the conference folder
WORKSHOP REGISTRATION
Please send this form with your conference registration.

Wednesday, May 30
Morning workshops:
__ Person-Centered Planning 101
__ Medicaid LTC Eligibility Part I
__ Self-Determination Part I
__ Paying Privately for LTC
__ The Consumer Voice in Quality Management
__ Senior Center Strategies for Healthy Aging

__ Yes, I plan to attend the luncheon (included in registration).

Afternoon workshops:
__ Nuts & Bolts of Creating Livable Communities
__ Michigan Partners on the P.A.T.H.
__ Healthy Ideas
__ Update on Medicare Prescription Drugs
__ Medicaid LTC Eligibility Part II
__ Self-Determination Part II
__ Healthy Eating

Thursday, May 31
Morning workshops:
__ Building Bridges: Aging-Disability Partnerships
__ Update on Single Points of Entry
__ Rocking the Boat on Guardianship
__ Consumers as Employers
__ Healthy Aging
__ Meaningful Connections With People With Dementia

__ Yes, I plan to attend the luncheon (included in registration).

Afternoon workshops:
__ Home Health Aide Apprenticeships
__ Dementia Competencies
__ Michigan Partners on the P.A.T.H.
__ “Mrs. Smith—You Don’t Have To Suffer”
__ Update on Medicare Prescription Drugs
CONFERENCE REGISTRATION

20th ANNUAL CONFERENCE OF THE
AREA AGENCIES ON AGING ASSOCIATION OF MICHIGAN
Kellogg Center, Michigan State University, East Lansing

Call the Kellogg Hotel at 1-800-875-5090 for a room reservation. A discounted rate of $92/night for a single or double room is available if you call by April 29 & mention the Area Agencies on Aging Conference.

Name: __________________________________________________
Title: ____________________________________________________
Agency: _________________________________________________
Address: _________________________________________________
City/State/Zip: ____________________________________________
Daytime phone: ___________________________________________
Special needs: ____________________________________________

Registration Fees
Full Conference May 30 & 31 ___ $230 (member & assoc. member)
___ $270 (non-member)

One-day for May 30 ___ $130 (member & assoc. member)
___ $150 (non-member)

One-day for May 31 ___ $130 (member & assoc. member)
___ $150 (non-member)

Return this two-page form with your payment to:
Michigan Center for Aging Policy
6105 West St. Joseph, Suite 204
Lansing, Michigan 48917
Phone (517) 886-1029, fax (517) 886-1305

Cancellation Policy
The registration fee, minus a $20 processing fee, will be refunded if the registration is cancelled by May 23rd. No refunds will be made after this date. Individuals who do not attend, but have registered without paying, will be billed $80 per day to cover food costs incurred by their registration.