Aging Today and Planning for Tomorrow

Annual Report for Fiscal Year 2005

Office of Services to the Aging

State of Michigan
Office of Services to the Aging
January 2006

MISSION

To promote independence and enhance the dignity of Michigan's older persons and their families.

VISION

The Michigan Office of Services to the Aging (OSA) is the focal point of our statewide aging network providing leadership, innovation, advocacy, and supportive services on behalf of Michigan's older adults and caregivers.

GOALS

- *Work to improve the health and nutrition of older adults.*
- *Improve access to information and services to older adults and their caregivers.*
- *Promote financial independence and safeguard the economic security of older adults.*
- *Protect Older adults from abuse and exploitation.*
- *Ensure that older adults have a choice in where they live.*
- *Improve the effectiveness, efficiency and quality of services provided through the Michigan Aging Network and its partners.*

Aging Today and Planning for Tomorrow
2005 Annual Report

State of Michigan
Jennifer M. Granholm, Governor

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No one shall be excluded from participation in any service or activity because of race, age, sex, national origin, or disability, in compliance with Title VII of the Civil Rights Act of 1964.

STATE OF MICHIGAN
OFFICE OF SERVICES TO THE AGING
LANSING

JENNIFER M. GRANHOLM
GOVERNOR

SHARON L. GIRE
DIRECTOR

January 2006

Dear Governor Granholm, Members of the Michigan Legislature, and Friends:

2005 has been a year filled with great accomplishments on behalf of Michigan's aging network. The Michigan Office of Services to the Aging (OSA) has taken great strides in collaboration with the American Indian community and began work on a cultural competency agenda. OSA partnered with key organizations to educate the public about the Medicare Part D Prescription Drug Benefit. We worked closely with the Department of Community Health and other agencies to advance efforts in healthy aging.

A highlight of 2005 was the establishment of the Governor's Task Force on Elder Abuse, which occurred on May 25. OSA has devoted significant time to proudly take the lead on this endeavor. The work of the Task Force will continue through much of 2006, which will culminate in a final report being issued in May of this year.

This year, the first Baby Boomers --- the generation born between 1946 and 1964 --- will celebrate their 60th birthdays. Michigan will continue to see increases in the population of people age 60 and over and we will also continue to see people living longer, reaching age 85 and beyond. This trend is one of the greatest issues facing today's policy makers.

To prepare for the population shifts, the Michigan Office of Services to the Aging has worked over the past year to listen and learn the priorities of older Michiganians. The 2005 Annual Report reflects what we have accomplished and our commitment to prepare communities to address the needs of a society that is growing older.

Thank you for your continued support. I look forward to working with you as we embark on another year of working together to implement policies and programs that impact the well being of older Michiganians.

Sincerely,

Sharon L. Gire

Sharon L. Gire, MSW
Director

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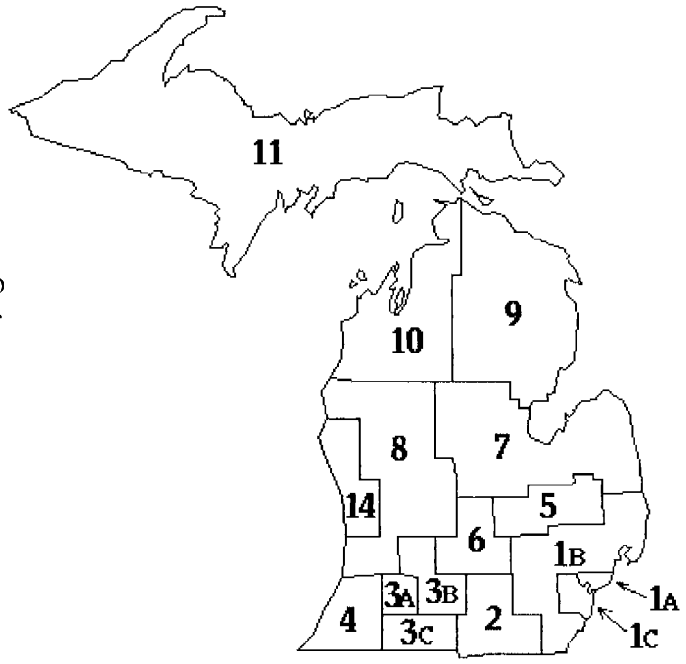
MICHIGAN'S AGING NETWORK

The **Office of Services to the Aging (OSA)** is the designated state unit on aging. OSA operates under the authority of the Older Americans Act of 1965, as amended, and the Older Michiganians Act of 1981. OSA advocates for policies, programs, and services on behalf of older adults and caregivers. The office administers federal and state funds and manages grants for aging services. OSA engages in research and planning and develops a three year state plan for aging services which is submitted to the U.S. Administration on Aging and is updated each year. The OSA Director is appointed by the Governor, with the advice and consent of the Senate.

The **Commission on Services to the Aging (CSA)** is a 15 member bipartisan group appointed by the Governor. Commissioners serve as visible and effective advocates for Michigan's older adults. The Commission advises the Governor, Legislature and OSA on matters relating to policies and programs for older persons. The CSA also approves funds for services administered under the federal Older Americans Act and the Older Michiganians Act.

The 40 member **State Advisory Council on Aging (SAC)**, appointed by the CSA, studies aging issues and recommends policy to the Commission. In 2005, the SAC focused on the issue of health promotion. SAC members represent a broad cross section of seniors, advocates and professionals in the field of aging. Applications for membership are accepted by OSA on an annual basis.

The 16 **Area Agencies on Aging (AAAs)** are regional planning, advocacy and administrative agencies designated by the CSA. A board of directors made up of local community members governs each AAA. OSA contracts with AAAs to plan and provide needed services to older adults in specified geographic regions of the state. AAAs arrange for the delivery of services through community agencies.



MAJOR INITIATIVES

Aging Public Policy Forums

The largest input session on aging issues in over ten years was held in 2005. A total of 625 people participated in one of five public forums held across the state. OSA convened the events to hear Michiganians' concerns and ideas on health, economic security, caregiving, and community. Forums were held in Grand Rapids, Troy, Detroit, Saginaw, and St. Ignace, gathering input from a broad cross section of people and interests, as well as urban, suburban and rural perspectives. At least one-third of the participants were older citizens.

Forum participants expressed opinions, were educated on issues, debated issues if needed, and were offered innovative solutions.

Overall Themes & Lessons Learned:

- There is a need for information, training and education
- Partnerships are critical to change
- Importance and recognition of diversity
- Adequate funding
- Self-determination should drive policy
- Importance of quality of life

Evaluations Indicated:

- 98% of participants felt there was sufficient opportunity to speak out
- 97% of attendees felt their voice was heard
- 94% believed the goals of the public forums were met
- 96% felt they left with a better understanding of the issues presented

OSA compiled the information covered at the forums into a document that was sent to Washington D.C. to the 2005 White House Conference on Aging (WHCoA). On a state level, results were shared with policy makers and the findings will guide public policy decisions as we move forward with program planning and development.

Hurricane Katrina

Our nation was struck with one of the worst natural disasters in history on August 29, 2005 when Hurricane Katrina struck the Gulf Coast. In an instant, thousands of people were left homeless and separated from their loved ones. Communities across the country opened their arms to welcome evacuees and to assist in the relief efforts.

The health and safety of elderly evacuees was a priority of OSA. As part of the coordinated state effort directed by the Emergency Management Division of the Michigan State Police (MSP), OSA led Michigan's aging network in coordinating a response to serve seniors. Staff was immediately in contact with AAAs, service providers, and volunteer programs.

Response of Local Aging Programs:

In Michigan, Retired Senior Volunteer Programs (RSVP) worked closely with local relief agencies to collect and organize supplies, staff relief phone lines, and to gather needed items for evacuees who came to their local areas. The Director of the Gaylord RSVP was deployed to the Gulf Coast and served as a volunteer coordinator. Volunteers affiliated with RSVP from Marquette to Detroit traveled to the hurricane-torn area to assist in relief efforts.

Across Michigan, all 16 AAAs provided outreach within their planning and service areas to hurricane evacuees. Michigan's AAAs directly assisted approximately 100 – 200 senior evacuees statewide.

The Region 3-A and Region 3-B AAA staff assisted evacuees who were brought by the Federal Emergency Management Agency (FEMA) to Fort Custer in Augusta, near Battle Creek. Care management staff from the Region 3-B AAA provided information, assistance, and assessments, if needed, to seniors on-site at Fort Custer. The Region 3-A AAA Long Term Care Ombudsman, John Weir, personally assisted 18 evacuees who were placed into area nursing homes. Mr. Weir helped these evacuees register with American Red Cross and with FEMA. He also worked diligently to find the family members of the seniors and to reunite them, even when their family members were in other states.

OSA Response:

Throughout the initial response period, OSA staff worked closely with the State Emergency Operations Center to disseminate information to the field. OSA staff volunteered their time to staff the State's Hurricane Helpline, which cataloged offers of goods and services for the evacuees. State Long Term Care Ombudsman staff were on-site in the Battle Creek area to assist in coordinating care for older adults who were served at Fort Custer.

Michigan citizens showed their care and generosity during this unforgettable natural disaster. The response of the aging network was quick and coordinated. The elderly who evacuated to Michigan received services and supports to help them adjust to life away from home.

Task Force on Elder Abuse

Statistics:

Nationally, it is estimated that five to ten percent of older adults are victims of physical, psychological, or other forms of abuse and neglect. Conservative estimates based on Michigan's 1.6 million older adults age 60 and over would equate to 80,000 victims. For every case of elder abuse and neglect that is reported to authorities, experts estimate that there may be as many as five cases that have not been reported.

Elder abuse is a complex social problem. It is the infliction of physical, emotional or psychological harm on an older adult. Elder abuse can take many forms – physical abuse, emotional abuse, neglect, self-neglect, and financial exploitation – and may be characterized by a variety of symptoms.

Establishment of the Task Force:

On May 25, Governor Jennifer Granholm established a Task Force on Elder Abuse under Executive Order 2005–11 to examine issues relating to elder abuse. The Task Force was charged with specific deliverables to assist the state in identifying new resources, best practices, and necessary changes in law, policies, and practices to assist in preventing elder abuse.

The Task Force on Elder Abuse is comprised of 17 Governor-appointed members from key sectors of the community dedicated to protecting older adults. The members are representative of seniors, law enforcement, aging organizations, legal professionals, advocacy groups and American Indians. In addition, the directors of the OSA, the Department of Community Health, the Department of Human Services, the Department of State Police, and the Commissioner of the Office of Financial and Insurance Services serve as non-voting members.

The Governor charged OSA with implementing and supporting the Task Force. As such, OSA staff developed an interagency team to work with the Task Force and its members to ensure its success.

The group immediately launched into action and has already examined a number of key issues related to elder abuse. The first meeting was held on June 24. Subsequent meetings in 2005 included presentations to the Task Force on the state's response to elder abuse and on local efforts to combat elder abuse.

Committees were developed to address the deliverables identified in the Executive Order and members of the Task Force agreed to participate on at least one of the following committees: Database Research and Legislation, Public and Private Sectors, Investigative Teams, and Public Awareness. The Task Force will continue to meet during the first half of 2006 and will adopt recommendations. A final report will be presented to the Governor in May 2006.

Recognition Programs

Gatekeeper of the Year:

The Consumers Energy Company initiated the Gatekeeper program in Michigan in 1987 as a way to identify elderly community members who need assistance. Each month, employees of Consumers Energy are nominated for identifying and assisting an at-risk elder who needs help. OSA honors one employee each month, and then a Gatekeeper of the Year is selected from the monthly winners.

Kathleen Maurer was honored as Gatekeeper of the Year. Ms. Maurer came to the assistance of an elderly woman while working as a Field Representative in the Revenue Recovery Department of Consumers Energy in Kalamazoo. She went to the customer's home to disconnect the heat due to nonpayment. At the home, she found an elderly customer that needed food and assistance with organizing her bills. Maurer kept the heat on and bought groceries for the customer with money out of her own pocket. The customer was then referred to the Adult Protective Services Unit of the Department of Human Services.

Ms. Maurer's efforts went above and beyond those required of her job. She showed kindness and generosity to an elderly woman who desperately needed assistance. Because of Ms. Maurer's efforts, the woman remained healthy and safe.

Senior Citizens of the Year:

Each year, OSA works in cooperation with the Michigan State Fair to honor Senior Citizens of the Year. This year, Donald Mathews of Muskegon and Evald Jorgensen of Oxford were awarded the prestigious honor. Both men were honored on August 15th at the Michigan State Fair.

Donald Mathews, age 80, was selected the winner in the Leadership category. As Past President of the Muskegon Rotary Club, Mr. Mathews provided exemplary leadership to the 180 member organization and impacted lives both locally and internationally. Mr. Mathews has also been actively involved in numerous community volunteer activities with the local United Way, Chamber of Commerce, and other community organizations. As a pastor and long-time community activist he places great emphasis on improving the lives of older adults.

Evald Jorgensen was selected the winner in the category of Service. Mr. Jorgensen, age 77, began his involvement with the Oxford Senior Citizens group over 10 years ago and currently serves as President, all on a voluntary basis. His dedication and leadership are a true testament to his belief in service to others. Mr. Jorgensen is also active in his church and in other community organizations. He is a devoted husband, father, and grandfather and is a strong pillar of support for his family.

The Senior Citizen of the Year Award Program is a long-standing partnership between the CSA, OSA, and the Michigan State Fair. The Consumers Energy Company has generously supported the awards program for many years.

PROGRAMMATIC DATA

The Office of Services to the Aging has made the development of high quality tools to collect data regarding clients and services of the aging network a priority. Data is used locally and on the state level for mandated federal reporting, as well as for continuous quality improvement through regular analysis of the data. We continuously work to improve the technology and the usability of the systems.

Caregiver Services:

Services provided through the aging network allow caregivers the opportunity to work, take a break, and take time for themselves and relief from the duties of caregiving. Studies show that when caregivers receive these services, they are more satisfied with their caregiving duties and the length of time they can be effective caregivers is increased.

Caregiver Service	Number Served
Adult Day Services	1,307
Respite	3,941
Caregiver Counseling, Training & Support Groups	2,207
Caregiver Defined Supplemental Services	367
Caregiver Health Education	2,188
Caregiver Information & Assistance	4,275
Caregiver Transportation	344

It is estimated that one million Michiganians provide over 1 billion hours of unpaid care annually to ill and disabled adults in the state with an approximate economic value of over $9 billion per year.

Access Services:

Access services assist older persons and their families by providing access and coordination of programs available at the local level. Programs in this service category include care management, case coordination and support, information and assistance, outreach, and transportation.

Access Service	Number Served
Care Management	4,490
Case Coordination & Support	10,561
Transportation	5,120

In-Home Services:

In-home service clients have functional, physical or mental characteristics that prevent them from caring for themselves, and do not have sufficient informal support (e.g., family or neighbors) to meet their needs. In-home services include chore, homemaker, home health aide, home injury control, medication management, and personal care.

Larger percentages of in-home clients were age 75 or older, lived alone and were low-income compared to data on older adults in Michigan in the 2000 U.S. Census. Similarly, larger percentages of in-home clients reported "physical", "self-care", and "go-outside-home" limitations.

In-Home Service	Number Served
Home Delivered Meals	57,904
Homemaker	9,006
Personal Care	6,097
Chore	4,304
Home Injury Control	1,536
Medication Management	2,829
Home Health Aide	167

Community Services:

The Michigan aging network offers a wide variety of services designed to assist older adults in their local communities. Community services include assistance to the hearing-impaired, counseling, disease prevention and health promotion, elder abuse prevention, friendly reassurance, health screening, home repair, legal assistance, long-term care ombudsman, personal emergency response, senior center staffing, and vision services.

Profile of Community Service Clients: 33% reside in rural areas
26% are low-income
23% are minority

Community-Based Service	Number Served
Home Repair	365
Vision Services	957
Health Screening	2,751
Services to Hearing Impaired	2,751
Elder Abuse Prevention	4,725
Legal Assistance	12,439
Counseling	2,208
Friendly Reassurance	2,006
Congregate Meals	66,603
Disease Prevention/Health Promotion	15,239
LTC Ombudsman	12,716

The Older Americans Act of 1965, as amended, specifies targeting to those in greatest social and economic need, with particular attention to low-income minority elderly, American Indians, persons with Alzheimer's Disease and Related Disorders (and their families) and rural elders.

OLDER ADULTS SERVED IN GREATEST SOCIAL & GREATEST ECONOMIC NEED*				
	Michigan Population	% of Michigan Population	60+ Total Served**	% of Service Population
Total Pop. 60+	1,596,162	100%	**135,213**	**100%**
Non-Minority	1,400,703	88%	**117,110**	**86%**
African American	160,741	10%	**16,760**	**12%**
Hispanic	18,653	1.1%	**1,762**	**1.3%**
Asian/Pacific Islander	12,298	0.07%	**610**	**0.5%**
American Indian/Alaskan	4,658	0.02%	**733**	**0.5%**
Rural	427,733	27%	**65,667**	**48.5%**

Senior Volunteer Services:

The Office of Services to the Aging administers three older volunteer programs with state funds. Retired & Senior Volunteer Program, the Foster Grandparent Program and the Senior Companion Program are strong and successful programs, offering wide opportunities for community involvement. The programs, which are widely available throughout Michigan, help communities address critical needs. At OSA, the programs are viewed as a critical component of the health prevention initiative for their longstanding benefits to the health of the volunteer. In 2005, state funds supported over 7,000 volunteers who provided over two million hours of service.

Senior Community Services Employment Program (SCSEP):

SCSEP's mission is to provide job training and placement for people with limited financial resources who are age 55 or older, and to provide employers with trained, motivated workers. In 2005, the program celebrated its 40th anniversary. OSA's SCSEP program served 547 enrollees for the year ending June 30.

* Statistics were taken from the National Aging Program Information System (NAPIS). The figures are unofficial until the U.S. Administration on Aging grants certification on January 31, 2006.

HIGHLIGHTS

Elder Abuse Education

With the Department of Human Services (DHS) and the Office of Financial and Insurance Services (OFIS), OSA participated in a month-long effort to raise awareness about elder abuse during April. Media roundtables were conducted in Grand Rapids, Lansing, Detroit, and Saginaw. Information was disseminated to educate the public on the symptoms of elder abuse and the resources available to combat this tragic social problem. OSA continues to work closely with state and local agencies to raise awareness of the issue to better protect our at-risk elders.

Elder-Friendly Communities

In 2005, the State Advisory Council (SAC) focused on the need for Elder-Friendly Communities. OSA and Michigan State University (MSU) Extension began a partnership to educate Michigan communities on the importance of making their communities attractive to older adults. One of the goals of the process is to assess a community and help them set priorities for change. It will also educate community leaders on recruiting older community members to be part of the community planning and governance.

A draft assessment tool was developed to assess communities on their capacity to be elder-friendly. The following categories were identified:

- Supportive community systems
- Safety and security
- Transportation
- Commerce
- Access to health care
- Housing
- Walkability and bikability
- Enrichment
- Inclusion

Healthy Aging Initiative

OSA and the Department of Community Health (DCH) partnered to begin the Healthy Aging Initiative. The initiative seeks to engage public and private stakeholders in identifying, prioritizing, and overcoming barriers to achieving health and well-being among older adults. This collaborative initiative will assess current programs for health and wellness within the aging network and work to expand and enrich programs.

Information Systems

Great advances were made in OSA's Aging Information System (AIS) in FY 2005. In particular, the 55 senior volunteer projects were given access to a Volunteer Information System (VIS), a comprehensive software application. VIS allows OSA and agencies that administer Retired and Senior Volunteer Programs, Foster Grandparent Programs, and Senior Companion Programs to meet state and federal reporting requirements as well as to report on a wealth of information on volunteers and activities supported by these programs.

A new software application was also deployed to help OSA and AAAs report on activities supported under the National Family Caregiver Support Program. This will be the first time that there is quantifiable information for caregiver services funded by the aging network, on the demographics of caregivers and characteristics about their informal but critical level of support provided to care recipients.

Innovations in Long Term Care

OSA has long been an advocate of autonomy, dignity, and choice in long term care. A number of years ago, staff began teaching the philosophy of Dr. William H, Thomas, the creator of the Eden Alternative ™ model of culture change in nursing homes. On June 14th, OSA's advocacy reached a new level when Presbyterian Villages of Michigan broke ground on a radically new approach to residential long term care called the Green House. In August, construction began on a second Green House by Pinecrest Medical Care Facility in Powers. The Green House is a fundamental change from traditional long term care; Green House focuses on the growth and continued life of those needing long term care services. Dr. Thomas's philosophy forms the backbone of the Green House -- a place where elders can receive assistance and support with long term care needs, with a primary focus on life and relationships. Michigan continues to work with Bring the Eden Alternative to Michigan (BEAM) on a project designed to increase the number and improve working conditions for direct care workers and to help train certified Eden Associates. Currently, there are over 1,500 Certified Eden Associates in Michigan, 38 Eden-registered nursing homes and over 150 nursing homes in various stages of the Edenizing process.

OSA worked collaboratively with state and local partners for the state to receive two grants totaling $5 million from the Centers for Medicare and Medicaid Services (CMS). One grant is a $3.5 million Background Check Program offered as part of the Medicare Prescription Drug, Improvement, and Modernization Act (MMA) of 2003 (PL 108-173), in which Michigan laws will be amended to require background checks on all direct access staff including independent contractors in long-term care settings. The second grant is a $1.5 million Adult Abuse and Neglect Prevention Training grant for long-term care direct access staff. This grant will be implemented in 2006 and it will provide preventive solutions to reduce incidents of abuse and neglect and create positive work environments, which will improve the quality of care for elders and persons with disabilities.

Michigan Medicaid Long Term Care Task Force

Sharon L. Gire, Director of OSA, was a member of the Medicaid Long Term Care Task Force, which completed its work during 2005. OSA staff were also very involved in activities at both task force and workgroup levels, with eight staff participating in some capacity. OSA took a lead role in drafting workgroup and task force recommendations. In partnership with DCH, staff continues to be involved in implementation activities.

Michigan's Coordinated Access to Food for the Elderly (MiCAFE)

MiCAFE is one-on-one assistance provided in senior and community centers to assist elders in applying for the Food Assistance Program (food stamps). In 2005, through collaboration between OSA, Elder Law of Michigan (ELM), and the Department of Human Services (DHS), participation of senior households in this innovative project was expanded to Gratiot and Wayne Counties.

Nutrition Standards

Adequate nutrition plays a major role in combating disease; it is the core of a healthy lifestyle and is a basic need for everyone. OSA worked throughout the year with nutritionists at the AAA and service provider levels to revise the statewide standards for nutrition programs, which include home delivered meals and congregate meals. When the United States Department of Agriculture released a revised food pyramid in 2005, the statewide standards were also modified. The statewide standards now reflect lowered sodium content and an optional dessert.

Outreach to American Indians

Great strides were accomplished in 2005 in OSA's outreach to Michigan's American Indian elders. OSA leadership cultivated relationships with the Michigan Department of Civil Rights on tribal and American Indian outreach. OSA's Deputy Director was named American Indian liaison, and serves as OSA's main contact for American Indian issues and concerns. Meetings with American Indian organizations and tribes were conducted across the state. OSA worked with the Inter-Tribal Council of Michigan to plan and conduct an American Indians Elders workshop, which was held on September 21 in Shepherd, MI. Over 80 attendees from the American Indian community and the aging network were provided information on the needs of American Indian elders and information on aging services to the American Indian community.

Senior Project FRESH

Senior Project FRESH is a state program of the United State Department of Agriculture (USDA) Senior Farmers Market Nutrition Program. It provides coupons for Michigan grown fruits and vegetables to people who are at least 60 years old and who meet income guidelines of 185% of poverty. Elders redeem the coupons at farmers' markets and roadside stands from June 1 through October 31. The project benefits both Michigan farmers and Michigan seniors.

Senior Project FRESH expanded from three counties in 2004 to 19 counties in 2005. Expansion was due to the collaborative efforts of OSA with Michigan State University (MSU) Extension, which raised local funds for the project. There were 1,260 households served in 2004. In 2005, approximately 4,000 senior households were provided with coupons, representing a 300% increase over the previous year. Participating counties include: Calhoun, Chippewa, Crawford, Charlevoix, Emmet, Grand Traverse, Gratiot, Ionia, Leelanau, Marquette, Montmorency, Newaygo, Otsego, Ottawa, Presque Isle, Saginaw, Shiawassee, Genesee, Berrien, and Cass.

Each applicant, whether or not they qualify for coupons, is administered a nutrition risk questionnaire by volunteers. They are provided a printout of local congregate meal sites, as well as information on home delivered meals and a nutrition education folder that contains general nutrition info and county-specific information.

Senior Refugee Support Project

Since 2001, OSA has been in partnership with the Michigan Department of Human Services to implement an innovative grant designed to serve Michigan's elderly refugees. In Michigan, elderly refugees are concentrated in five AAA regions: 1-A, 1-B, 1-C, 6, and 8. This project provided these AAAs with funding to serve a population that has traditionally been difficult to reach.

Elderly refugees are particularly vulnerable because of chronic health and emotional problems stemming from the conditions of refugee flight, family loss and separation. The most serious problems faced include English language acquisition, financial security, social isolation, adequate housing, accessing adequate health care, and legal and naturalization issues.

The project has been hailed as a huge success. AAA activities funded through the project included information and assistance, case coordination and support, transportation, outreach, translation of materials and interpreters, and cultural competency training of providers. Services are provided in a culturally and linguistically sensitive manner and barriers are being removed, which insures quality service provision. As a result, the number of senior refugees accessing and being served by existing mainstream AAA senior programs has increased. The lessons learned have been shared with all sixteen AAAs and have expanded the knowledge of staff in their outreach efforts to other populations.

SUMMARY

Future directions and opportunities are plentiful as we look to 2006. There was a lot of groundwork laid in 2005 for a number of projects, including the Task Force on Elder Abuse, elder-friendly communities, and services to American Indians and older refugees. OSA will build on this work as we continue to advocate on behalf of older adults and caregivers.

As the Baby Boomers age, we will advance our program development in the areas of disease prevention and health promotion. Through advancements in our information systems, we will continue to learn about the characteristics and needs of the people we serve. The CSA will hold public hearings in 2006 to prepare for the development of the upcoming three-year State Plan on Aging Services. This will serve as a guiding point for the development of new programs and services as we strive to become the focal point of Michigan's statewide aging network.

The year 2005 was filled with many accomplishments for Michigan. As we move into 2006, OSA is poised to further its work to improve the quality of life for Michigan's older citizens and caregivers, leading the way with innovation and advocacy.

FISCAL YEAR 2005 OSA BUDGET APPROPRIATION

LINE ITEMS	APPROPRIATION
Commission (Per Diem)	10,500
OSA Administration	4,952,400
Community Services	35,404,200
Nutrition Services	37,290,500
Senior Volunteer Services	5,645,900
Senior Citizen Centers Staffing	1,068,700
Employment Assistance	2,818,300
Respite Care	7,600,000
APPROPRIATION	**$94,790,500**
Total Federal Revenues:	**52,038,500**
Title III – Older Americans Act	39,081,500
Title VII – Older Americans Act	645,100
Nutrition Services Incentive Prog – DHHS	7,400,000
Title V – DoL	2,958,300
Title XIX- Medicaid	1,153,600
MI Medicare/Medicaid Program - CMS	800,000
Total State Restricted Revenues:	**7,767,000**
Healthy MI Fund (Home Delivered Meals)	167,000
Abandoned Property Funds (Respite)	2,600,000
Tobacco Settlement Revenues	5,000,000
Miscellaneous Private Revenues	**20,000**
General Fund/General Purpose	**34,965,000**
REVENUES	**$94,790,500**

Fiscal Year 2005 Grant Awards

Senior Volunteer Programs				
Agency	**FGP**	**SCP**	**RSVP**	**Total**
Northeast MI Community Services Agency	20,305	82,630	22,971	125,906
Bedford Public Schools			31,302	31,302
Community Action Agency of South Central MI	102,881			102,881
Catholic Human Development Outreach	147,951	53,039		200,990
Catholic Human Services	216,507	225,268		441,775
Catholic Charities of Jackson County			14,720	14,720
Catholic Social Services of Lansing	16,626	250,850		267,476
Catholic Services of Macomb		97,372	20,710	118,082
Catholic Social Services of Oakland County	59,898	23,257	25,407	108,562
Catholic Social Services of Washtenaw County			31,241	31,241
Catholic Social Services of Wayne County	395,216	126,149	91,823	613,188
EightCAP Inc.	220,891	99,872		320,763
Flint Community Schools			25,902	25,902
Friendship Centers of Emmet County			58,461	58,461
Family Services Agency	295,184	220,223		515,407
Gaylord Community Schools			22,080	22,080
Gerontology Network	93,941	272,209		366,150
United Way of Northwest MI			21,230	21,230
Human Development Commission	179,530		33,733	213,263
Human Resources Authority	233,573	225,665	28,747	487,985
Isabella County Commission on Aging	234,507	112,372		346,879
Lenawee County Dept of Aging	253,595			253,595
Marquette County Commission on Aging			68,021	68,021
Mecosta County Council on Aging			17,075	17,075
Region IV Area Agency on Aging	208,757	61,739		270,496
Senior Neighbors Inc.			31,681	31,681
Senior Services Inc.		214,219	29,537	243,756
The Council on Aging, Inc. (Serving St. Clair County)	92,791			92,791
Washtenaw County Community Services Agency	11,786			11,786
United Way of Bay County			58,461	58,461
Dickinson Iron Community Services Agency			58,461	58,461
Western Upper Peninsula District Health Dept.			58,461	58,461
Volunteer Muskegon			7,235	7,235
RSVP Ingham, Eaton & Clinton Co.			39,838	39,838
TOTAL	**$2,783,939**	**$2,064,864**	**$797,097**	**$5,645,900**

Area Agency on Aging Grant Awards			
Agency	**Administration**	**Services**	**Total**
Detroit AAA (1-A)	$464,805	$9,172,760	$9,637,565
1-B AAA	942,490	16,384,385	17,326,875
The Senior Alliance, Inc. (1-C)	381,838	7,061,990	7,443,828
Region 2 AAA	126,098	2,407,644	2,533,742
Kalamazoo Co. Human Services Dept. (3-A)	82,001	1,536,274	1,618,275
Region 3-B AAA	85,002	1,532,875	1,617,877
Branch-St. Joseph AAA (3-C)	47,865	893,608	941,473
Region IV AAA	133,420	2,440,540	2,573,960
Valley AAA (5)	219,953	4,075,993	4,295,946
Tri-County Office on Aging (6)	142,515	2,676,776	2,819,291
Region VII AAA (7)	329,904	6,771,008	7,100,912
AAA of Western MI (8)	351,329	6,280,900	6,632,229
Region IX AAA	172,632	3,463,599	3,636,231
AAA of Northwest MI (10)	149,587	3,089,561	3,239,148
UP AAA (11)	244,510	4,758,347	5,002,857
Region 14 AAA	155,047	2,836173	2,991,220
TOTAL	**$4,028,996**	**$75,382,433**	**$79,411,429**

Other Grants	
Agency	**Amount**
Citizens for Better Care	210,945
Area Agency on Aging Association	862,476
A & D Home Health Care	100,000
Northern Lakes Comm. Mental Health Authority	100,000
Northern Michigan Regional Health Systems	100,000
Home Health Services (Region 8)	100,000
Home Health Services (Region 14)	100,000
The Information Center	100,000
Macomb Oakland Regional Center	125,000
Senior Services Inc.	100,000
Operation Able	76,800
Elder Law	69,338
TOTAL	**$2,044,559**

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MISSION

To promote independence and enhance the dignity of Michigan's older persons and their families.

VISION

The Michigan Office of Services to the Aging (OSA) is the focal point of our statewide aging network providing leadership, innovation, advocacy, and supportive services on behalf of Michigan's older adults and caregivers.

GOALS

- *Work to improve the health and nutrition of older adults.*
- *Improve access to information and services to older adults and their caregivers.*
- *Promote financial independence and safeguard the economic security of older adults.*
- *Protect older adults from abuse and exploitation.*
- *Ensure that older adults have a choice in where they live.*
- *Improve the effectiveness, efficiency and quality of services provided through the Michigan Aging Network and its partners.*

DID YOU KNOW?

- 16 % of Michigan's total population is age 60 or older.
- The total population of Michiganians who were 100+ in the year 2000 was 1,535.
- By the year 2025 Michigan's population of 65 years and older is projected to grow from 12.3 % to 18.1 %.
- Michigan's 60+ population is 57.3 % female and 42.7 % male.
- The number of older adults age 85+ has grown by 33 % since 1990 and represents the fastest growing segment of Michigan's population at 142,460 people. Of that, women make up 71.4 % or 101,710 people.
- Michigan's 60+ population is 12 % minority.
- 1.2 % of Michigan's 60+ population identified as Hispanic or Latino.
- 21.9 % of elderly African Americans and 21.8 % of elderly Hispanics were poor in 2001, compared to one of every 12 (8.9 %) of elderly whites.
- About 30.8 % (10.5 million) of all non-institutionalized older persons in 2003 lived alone. They represented 39.7 % of older women and 18.8 % of older men. The proportion living alone increases with advanced age. Among women aged 75 and over, for example, half (49.8 %) lived alone.

Principle sources of data are the 2000 U.S. Census, the National Center on Health Statistics, and the Bureau of Labor Statistics.

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Several talented students interested in the field of aging elected to do their internships at OSA during 2005. OSA would like to extend sincere thanks to Kristi Fuller, Morgan Gable, Young Hwan Kim, Andrea Layman, Lisa VanRaemedonck, Sara Szokowski, and Natalie Zapella for their dedication and commitment to the mission of OSA and to the seniors of Michigan.

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