

**RESIDENTIAL SUBSTANCE ABUSE TREATMENT (RSAT)
FISCAL YEAR (FY) 2020
PROJECT DESCRIPTION**

Awards will be made under this program area for jail-based RSAT programs. The award is for one year, renewable for additional years depending on project outcomes and the availability of federal funding. Agencies must be prepared to continue the RSAT program if federal funding is not available in subsequent years.

Maximum Award: \$250,000

PROBLEM STATEMENT:

According to a study conducted by the National Center on Addiction and Substance Abuse at Columbia University, 85 percent of inmates have been substance involved and 65 percent have met the medical criteria for alcohol or other drug abuse and addiction in the United States. Research by the Federal Bureau of Prisons showed that inmates who were treated for their substance abuse experienced a 73 percent decreased risk of re-arrest in the first six months after release. Further, those that received treatment in prison were 44 percent less likely to test positive for drugs in a urinalysis screening than those who did not receive substance abuse treatment while incarcerated. Despite the overwhelming prevalence of substance abuse among inmates, and compelling evidence that addiction is a treatable brain disease, most do not participate in residential treatment programs.

PROGRAM DESCRIPTION:

The RSAT grant assists local governments with developing and implementing evidence-based substance abuse treatment programs in county jails. These projects must last at least three months, focus on the substance abuse diagnosis and addiction related needs, and provide services such as individual and group treatment activities, weekly individual therapy, relapse prevention planning, cognitive, behavioral, social and vocational skills development, and constructive leisure activities. Jail-based programs should prepare participants for successful community reintegration, including post-release referral to appropriate evidence-based aftercare treatment and service providers that support the use of medication-assisted treatment. Projects are expected to represent collaboration between the local jail, courts, probation departments, and the treatment community. Applicants that demonstrate the capacity to facilitate effective partnerships with community-based substance abuse treatment programs will be given priority and aftercare services must be provided to participating inmates upon release.

Programs must require urinalysis and/or other proven reliable forms of drug and alcohol testing for participants, including both periodic and random testing, and for former participants while they remain in the custody of the state or local government.

Key elements for a successful RSAT project include treatment practices that have a demonstrated evidence base and are appropriate for the target population. In the Project Description, applicants should identify the evidence-based practice being proposed for implementation, identify and discuss the evidence that shows that the practice is effective, and discuss the population(s) for which this practice has been shown to be effective. For more information about evidence-based treatment practices, visit: <https://www.samhsa.gov/ebp-web-guide>, where you will find a guide that provides a short description and a link to dozens of websites with relevant evidence-based practices information—either specific interventions or comprehensive reviews of research findings. Note that SAMHSA's Guide also references the National Registry of Evidence-Based Programs and Practices (NREPP), a searchable database of interventions for the prevention and treatment of mental and substance use disorders. NREPP is intended to serve as a decision support tool, not as an authoritative list of effective interventions. Being included in NREPP, or in any other resource listed in the Guide, does not mean an intervention is "recommended" or that it has been demonstrated to achieve positive results in all circumstances. Applicants should

document that the selected practice is appropriate for the specific target population and purposes of their project.

The Project Description should also clearly describe how the applicant will conduct early identification screening, develop a comprehensive plan to assess inmate treatment needs, monitor compliance of participants, and make appropriate referrals to services upon release. Further, the description must include the anticipated number of clients to be served, a description of how substance abuse treatment services will be delivered, and how other criminogenic needs (those that predict recidivism) will be identified and met. For example, proposals should discuss how dynamic factors such as cognitive deficits resulting in poor decision-making skills, rigid thinking, impulsivity, and risk-taking behavior will be addressed.

Inmates who participate in the RSAT program shall be provided with aftercare services, even if they are not funded through this grant. Aftercare services must involve coordination between the correctional treatment program and other social service and rehabilitation programs, such as education and job training agencies, parole supervision, halfway houses, and secular self-help and peer group programs (note that, per federal guidance, Alcoholics Anonymous/Narcotics Anonymous groups are considered religious in nature; at least one secular option must be made available as an alternative). Applications must describe how needs such as employment, education, and housing will be coordinated and met in order to provide inmates a smooth transition back into the community.

GOAL, OBJECTIVES, ACTIVITIES, AND PERFORMANCE MEASURES:

Goal	Break the cycle of drugs and violence by reducing the demand for, use, and trafficking of illegal drugs.
Objective 1	Provide RSAT services to inmates that are approaching release.
Activities	Administer risk/need assessments, create individual substance abuse treatment plans, conduct individual and group treatment activities, provide weekly individual therapy relapse prevention planning, and offer cognitive/behavioral/social/vocational skills development and constructive leisure activities.
Performance Measures	Number of risk/need assessments administered, number of treatment plans provided, number of participants, number of treatment services provided, number of participants that successfully completed the program, number of participants that did not successfully complete the program.
Objective 2	Ensure that RSAT participants are not abusing substances while participating in the program or upon program completion.
Activity	Provide random drug testing for participants enrolled in the RSAT program.
Performance Measures	Number of participants that were tested for substances before admission, number of participants tested for substances during the program period, number of participants that tested positive for substances, number of participants tested after successful completion of the program.
Objective 3	All RSAT graduates will have an aftercare plan completed by RSAT treatment staff, or have an aftercare plan completed by community transition service providers.

Activity	Provide aftercare services between the correctional treatment program and other social service and rehabilitation programs, such as education and job training, parole supervision, halfway houses, and secular self-help and peer group programs.
Performance Measures	Number of participants that were released to the community, number of participants with a continuity of care arrangement or reentry or transitional plan.

PREVIOUS GRANT COMPLIANCE:

Application reviews will include scoring on the applicant's previous compliance with RSAT federal and state requirements for timeliness, accuracy, and completeness of reports.

BUDGET:

The maximum state award under this program area will be \$250,000. All costs must be reasonable and justified.

MATCH REQUIREMENT:

This program area requires a cash match of \$83,334.

UNIFORM CRIME REPORTING COMPLIANCE:

Applicants and all subcontractors must comply with Michigan Public Act 319 of 1968, as amended. This law requires county sheriff's departments, as well as city, village, and township police departments to submit monthly uniform crime reporting data to the Michigan Department of State Police.

BUDGET DEVIATION ALLOWANCES:

Budget deviation allowances are not allowed. All budget and programmatic changes will require a formal amendment on the Michigan Automatic Grant Information Connection Plus (MAGIC+) system.

UNALLOWABLE EXPENSES AND ACTIVITIES:

- All travel including first class or out-of-state travel (unless pre-authorized under certain program areas).
- Any administrative costs not directly related to the administration of this grant award.
- Any expenses incurred prior to the date of the contract.
- Compensation to federal employees for travel or consulting fees.
- Construction costs and/or renovation (including remodeling).
- Contributions and donations.
- Costs in applying for this grant (e.g., consultants, grant writers, etc.).
- Expert witness fees.
- Fines and penalties.
- Food, refreshments, and snacks.
 - *Note: No funding can be used to purchase food and/or beverages for any meeting, conference, training, or other event. Exceptions to this restriction may be made only in cases where such sustenance is not otherwise available (e.g., extremely remote areas), or where a special presentation at a conference requires a plenary address where there is no other time for sustenance to be attained. Such an exception would require prior approval from the MSP and the U.S. Department of Justice. This restriction does not apply to water provided at no cost, but does apply to any and all other refreshments, regardless of the size or nature of the meeting. Additionally, this restriction does not impact direct payment of per diem amounts to individuals in a travel status under your organization's travel policy.*
- Fund raising and any salaries or expenses associated with it.
- Honorariums.
- Indirect costs rates or indirect administrative expenses (only direct costs permitted).

- Informant fees, rewards, or buy money.
- K9 dogs and horses (including any food and/or supplies relating to the upkeep of law enforcement animals).
- Legal fees.
- Livescan devices for applicant prints, including any related supplies.
- Lobbying or advocacy for particular legislative or administrative reform.
- Losses from uncollectible bad debts.
- Management or administrative training, conferences (only pre-approved project related training).
- Management studies or research and development (costs related to evaluation are permitted).
- Memberships and agency dues, unless a specific requirement of the project (prior approval required).
- Military type equipment such as armored vehicles, explosive devices, and other items typically associated with the military arsenal.
- One-time events, prizes, entertainment (e.g., tours, excursions, amusement parks, sporting events) (unless pre-authorized under certain program areas).
- Personnel, including law enforcement officers, not connected to the project for which you are applying.
- Promotional items (unless pre-authorized under certain program areas).
- Purchase of land.
- Purchase of vehicles, vessels, or aircraft.
- Service contracts and training beyond the expiration of the grant award.
- Weapons, including tasers.

INITIATION OF PROJECT:

All projects must be initiated within 60 days from the date the grant is awarded.

REPORTING REQUIREMENTS:

If this application is selected for an RSAT award, the requirements below must be met throughout the grant period. Failure to do so may cause your award to be suspended or revoked.

PERFORMANCE/PROGRESS/PERFORMANCE MEASUREMENT TOOL (PMT) REPORTS:

Progress reporting will take place no later than 20 days after the end of each quarter through the federal PMT system located at: <http://www.bjaperformancetools.org>. If applicable, another program progress report is also due no later than 20 days after the end of each quarter must be submitted that will include performance on implementation, activity, goals, and objectives as well as metrics specific to your program area.

Quarterly due dates are outlined below:

- January 20, 2020
- April 20, 2020
- July 20, 2020
- October 20, 2020

All Performance/Progress/PMT Reports must be completed through MAGIC+ by the 20th day after the end of each quarter. It is the grantee's responsibility to become familiarized with the requirements of the Performance/Progress/PMT Reports, which are contained within the awarded contract.

FINANCIAL STATUS REPORTS (FSR) (REQUEST FOR REIMBURSEMENT):

FSRs must be submitted on a monthly basis, no later than 30 days after the close of each calendar month. Requests for reimbursement must be submitted for the month in which payment by the awarded agency was made. Dates are outlined below:

Report Period	Report Due Date
10/1/19 - 10/31/19	11/30/19
11/1/19 - 11/30/19	12/30/19
12/1/19 - 12/31/19	1/30/20
1/1/20 - 1/31/20	2/28/20
2/1/20 - 2/28/20	3/30/20
3/1/20 - 3/31/20	4/30/20
4/1/20 - 4/30/20	5/30/20
5/1/20 - 5/31/20	6/30/20
6/1/20 - 6/30/20	7/30/20
7/1/20 - 7/31/20	8/30/20
8/1/20 - 8/31/20	9/30/20
9/1/20 - 9/30/20	10/30/20

The FSR form and instructions for completing the FSR form are contained within MAGIC+. It is the grantee's responsibility to become familiarized with the requirements of the FSR, which are contained within the awarded contract.