

Session III Proficiency Examination

I. HORIZONTAL GAZE NYSTAGMUS

1st Attempt 2nd Attempt

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| _____ | _____ | 1. Remove eyeglasses (if worn) |
| _____ | _____ | 2. Stimulus held in proper position
(approximately 12"-15" from nose, just slightly above eye level) |
| _____ | _____ | 3. Check for equal pupil size and resting nystagmus |
| _____ | _____ | 4. Check for equal tracking |
| _____ | _____ | 5. Smooth movement from center of nose to maximum deviation in approximately 2 seconds and then back across subject's face to maximum deviation in right eye, then back to center
Check left eye, then right eye (Repeat) |
| _____ | _____ | 6. Eye held at maximum deviation for a minimum of 4 seconds (no white showing)
Check left eye, then right eye (Repeat) |
| _____ | _____ | 7. Eye moved slowly (approximately 4 seconds) from center to 45° angle
Check left eye, then right eye (Repeat) |
| _____ | _____ | 8. Check for Vertical Gaze Nystagmus (Repeat) |

II. WALK-AND-TURN

1st Attempt 2nd Attempt

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|-------|-------|---|
| _____ | _____ | 1. Instructions given from a safe position |
| _____ | _____ | 2. Tells subject to place feet on a line in heel-to-toe manner (left foot behind right foot) with arms at sides and gives demonstration |
| _____ | _____ | 3. Tells subject not to begin test until instructed to do so and asks if subject understands |
| _____ | _____ | 4. Tells subject to take nine heel-to-toe steps on the line and demonstrates |
| _____ | _____ | 5. Explains and demonstrates turning procedure |
| _____ | _____ | 6. Tells subject to return on the line taking nine heel-to-toe steps |
| _____ | _____ | 7. Tells subject to count steps out loud |

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|-------|-------|---|
| _____ | _____ | 8. Tells subject to look at feet while walking |
| _____ | _____ | 9. Tells subject not to raise arms from sides |
| _____ | _____ | 10. Tells subject not to stop once they begin |
| _____ | _____ | 11. Asks subject if all instructions are understood |

III. ONE-LEG STAND

1st Attempt 2nd Attempt

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|-------|-------|---|
| _____ | _____ | 1. Instructions given from a safe position |
| _____ | _____ | 2. Tells subject to stand straight, place feet together, and hold arms at sides |
| _____ | _____ | 3. Tells subject not to begin test until instructed to do so and asks if subject understands |
| _____ | _____ | 4. Tells subject to raise one leg, either leg, approximately 6" from the ground, keeping raised foot parallel to the ground, and gives demonstration |
| _____ | _____ | 5. Tells subject to keep both legs straight & to look at elevated foot |
| _____ | _____ | 6. Tells subject to count out loud in the following manner: one thousand and one, one thousand and two, one thousand and three, until told to stop, and gives demonstration |
| _____ | _____ | 7. Checks actual time subject holds leg up (Time for 30 sec) |

First Attempt: Pass Fail

Second Attempt: Pass Fail

Course Location: _____

Instructor's Name: _____

Agency: _____

Instructor's Signature: _____

Date: _____