## **MVH GRAND RAPIDS**

### October 2023 Wish List





Friends of the MVHGR,

At MVHGR we work diligently to provide an excellent quality of life for our Veteran members. In collaboration with your generous support, we can accomplish that mission together.

With thanks and appreciation, *Your Friends at MVHGR* 



#### **Donation Update**

We have taken a brief pause accepting physical donations due to limited capacity and space unless communicated with MVHGR staff. The kindness and gratitude shown by the community to our members is so wonderful and we are grateful. At this time, we cannot accept donations outside of our Amazon Wish List and items listed on page 2.



#### **Monetary Donations**

To make a monetary donation, checks can be written to MVHGR and mailed to:



2950 Monroe NE Grand Rapids, MI 49505

#### Life Enrichment Fund

This fund is used to improve the quality of life for our members through experiences, community outings, therapeutic programming, purchasing tickets for outside events such as sporting events, movie tickets, and much more.

#### **Donate Online**

www.michigan.gov/mvh

#### **Sponsor an Event**

If you or your organization would like to sponsor an activity, event or outing for our members, please reach out for additional information on how to make that happen!

#### **Contact Information**

To coordinate a time to drop off donations, make an inquiry, or learn more about how you can support MVHGR, please contact:

Gretchen Muir, Volunteer Coordinator
Email: muirg@michigan.gov
Phone: 616-840-3001

Website: www.michigan.gov/mvh

Facebook:

http://www.facebook.com/MiVeteranHomesGR



#### Miscellaneous

- Bird seed
- Suet Cakes (for birds)
- Velcro Shoes (men's, sizes 7-12)
- · Binoculars for bird watching
- Chapstick brand Chapstick

#### **Snack Items**

Individually wrapped snacks

- Candy bars (Hershey, Reese's Peanut Butter Cups, Kit-Kat, Snickers, ETC.)
- Sugar free candy
- Individual drinks (Gatorade, lemonade, etc.)
- Microwave popcorn
- Pop and diet pop cans
- Soft individually packaged snacks (Little Debbie, Multigrain bars)
- Sugar free snacks





# Volunteer & Donor Newsletter October 2023



## Greetings from Gretchen!

"I'm so glad I live in a world where there is Octobers." - Anne of Green Gables.

Wow, I can't believe we're in October already! September was filled with gratitude to our Volunteers at our Volunteer Appreciation Dinner and their help at the Fishing Tournament in the beginning of the month. To our daily, weekly, and special events volunteers- we can't thank you enough for all that you continue to do.



We are preparing for the upcoming holiday season which includes Veterans Day, Thanksgiving and our December Holidays to name a few. If you're hoping to donate goods or host an activity, please make sure to coordinate with our staff. You can reach me at muirg@michigan.gov or by phone 616-840-3001 for donations and inquires. I will be out of the office the 14-22, so if you need to get a hole of staff, please contact our home at 616-345-6107.

Our Wish List items are our most accurate list of member needs. We do our best to update our Amazon Wish List so please be sure to check our link throughout the month. If you have any questions, I encourage and welcome you to reach out to us.

Thank you for your generosity to our members and to our home. Please always remember what a positive impact you make.

Cheers! Gretchen Muir, CTRS Volunteer Coordinator

