



**MICHIGAN VETERAN HOMES**

# Michigan Veteran Homes at Chesterfield Township

## October 2021

- Monday, October 4:** Western Omelet, Diced Red Skin Potatoes, Wheat Toast, Fruit Cup  
National Taco Day  
Pork Chops with Mushroom Gravy, Parmesan Egg Noodles, Buttered Broccoli, Ice Cream
- Tuesday, October 5:** Egg & Hashbrown Casserole, Bacon, Croissant, Mandarin Oranges Cup  
Chicken Fajita, Spanish Rice, Black Beans, Pound Cake  
Lasagna with Meat Sauce, Italian Vegetables, Garlic Bread Apple Pie
- Wednesday, October 6:** Pancakes, Breakfast Ham, Strawberry Bowl  
Onion Crusted Pork Loin, Garlic Mashed Potatoes, Brussel Sprouts, Dinner Roll, Blushing Pears  
Tuna Noodle Casserole, Glazed Baby Carrots, Dinner Roll, Peach Parfait
- Thursday, October 7:** Scrambled Eggs, Turkey Sausage Patty, Wheat Toast, Fresh Melon Plate  
Beef Chili with Beans, Garden Salad, Jalapeno Cornbread, Chocolate Brownie  
Fried Chicken, Baked Beans, Calico Coleslaw, Fruit Cup
- Friday, October 8:** Breakfast Bake, Oatmeal, Poached Pears  
Fish and Chips, Tartar Sauce, Green Beans, Sugar Cookie  
Penne Pasta Marinara, Zucchini, Caesar Salad, Breadsticks, Banana Pudding
- Saturday, October 9:** Cinnamon French Toast, Oatmeal, Bacon, Mandarin Oranges Cup  
Open-Faced Hot Turkey Sandwich with Gravy, California Vegetable Mix, Peanut Butter Cookie  
Italian Meatloaf, Garlic Mashed Potatoes, Green Beans, Dinner Roll, Chocolate Chip Cake
- Sunday, October 10:** Waffles with Strawberry Sauce, Bacon, Banana  
Pork Chops with Apples, Diced Red Skin Potatoes, Creamed Spinach, Dinner Roll, Black Forest Pudding  
Grilled Cheese Sandwich, Crispy Waffle Fries, Tomato Soup, Saltine Crackers, Dinner Roll, Scalloped Apples

- Monday, October 11:** Creamed Chipped Beef, Home Fries, English Muffin, Berry Medley  
Fish Sticks, Mac & Cheese, Kale Salad, Fruit Cup  
BBQ Pulled Pork Slider, Crispy Curly Fries, Marinated Tomato & Cucumber Salad, Vanilla Pudding
- Tuesday, October 12:** Breakfast Burrito, Mandarin Oranges  
Chicken Cacciatore, Egg Noodles, Garden Salad, Dinner Roll, Bread Pudding  
Pepper Steam with Gravy, Brown Rice, Pickled Beet Salad
- Wednesday, October 13:** French Toast, Scrambled Eggs, Bacon, Banana  
Bratwurst on a Bun, Sauerkraut, Crispy Curly Fries, Corn Chowder, Peach Cobbler  
Lemon Butter Tilapia, Cheesy Potatoes, Broccoli Florets, Lemon Cake
- Thursday, October 14:** Scrambled Eggs, Diced Red Skin Potatoes, Sausage Patty, Wheat Toast, Fresh Melon Plate  
Country Fried Steam with Cream Gravy, Biscuit, Normandy Vegetable Mix, Carrot Cake  
BBQ Chicken, Potato Wedges, Baby Carrots, Chocolate Mousse
- Friday, October 15:** Spinach & Cheese Omelet, Sausage Links, Pineapple Tidbits  
Vegetable Lasagna, Garden Salad, Garlic Bread, Strawberry Ice Cream  
Sausage Jambalaya, Rice, Butter Beans, Fruit Cup
- Saturday, October 16:** Breakfast  
Deli Sandwich, French Onion Soup, Potato Salad, Saltine Crackers, Angel Food Cake  
Spaghetti with Meat Sauce, Pasta Noodles, Brussel Sprouts, Garlic Bread, Oatmeal Cookie
- Sunday, October 17:** Egg, Bacon & Cheese Breakfast Sandwich, Apple Slices  
Meatball Stroganoff, Peas & Carrots, Dinner Roll, Chocolate Cake  
Egg Salad Croissant, Beef Barley Soup, Saltine Crackers, Apple Cherry Gelatin
- Monday, October 18:** Ham & Cheese Omelet, Wheat Toast, Fruit Cup  
Pan-Seared Salmon with Dill Sauce, Rice Pilaf, Asparagus, Dinner Roll, Apple Crisp  
Teriyaki Beef, Fried Rice, Oriental Vegetable Blend, Coconut Cake
- Tuesday, October 19:** Scrambled Eggs, Home Fries, Bacon, Croissant, Mandarin Oranges  
Chicken Parmesan, Penne Pasta, Spinach Salad, Garlic Bread, Fruit Cup  
Chili Cheese Dog, Crispy Curly Fries, Garden Vegetable Soup, Lemon Bar

- Wednesday, October 20:** Egg & Hashbrown Casserole, Breakfast Ham, Sliced Peaches  
Braised Pork Tips, Rice, Buttered Broccoli, Dinner Roll, Strawberry Fluff  
Fish Sticks, Mac & Cheese, Italian Vegetable Blend, Oatmeal Raisin Cookie
- Thursday, October 21:** Scrambled Eggs, Potatoes O'Brien, Turkey Sausage Patty, Wheat Toast, Strawberry Applesauce  
Pepperoni Pizza, California Vegetable Blend, Butterscotch Pudding  
Chicken & Waffles, Creamed Spinach, Melon Plate
- Friday, October 22:** Breakfast Bake, Canadian Bacon, Chilled Pears  
Lemon Herb Baked Cod, Roasted Zucchini & Red Peppers, Steamed Rice, Garlic Bread, Sugar Cookie  
BBQ Beef Brisket, Scalloped Potatoes, Carrots & Cauliflower, Dinner Roll, Peach Shortcake
- Saturday, October 23:** Cinnamon French Toast, Oatmeal, Bacon, Mandarin Oranges  
Maple Glazed Ham, Baked Sweet Potatoes, Green Beans, Dinner Roll, Chocolate Chips  
Pan-Seared Snapper with Mango Salsa, Brown Rice, Green Peas, Dinner Roll, Orange Mousse Gelatin
- Sunday, October 24:** Belgian Waffle, Bacon, Banana  
Chicken Pot Pie, Tossed Salad, Carrot Cake  
Sweet & Sour Pork Chop, Seasoned Rice, Broccoli, Dinner Roll, Cherry Cobbler
- Monday, October 25:** Corned Beef Hash and Eggs, Wheat Toast, Mixed Berry Cup  
BBQ Cod, Garlic Mashed Potatoes, Sautéed Kale, Dinner Roll, Chocolate Ice Cream  
Stuffed Green Pepper, Mixed Vegetable Mix, Dinner Roll, Peanut Butter Cookie
- Tuesday, October 26:** **Pretzel Day**  
Egg, Sausage & Muffin, Mandarin Oranges  
Chicken & Dumplings, Normandy Vegetable Mix, Banana Pudding Parfait  
Dijon Baked Pork Chop, Roasted Potato Wedges, Green Beans, Dinner Roll, Apple Cobbler
- Wednesday, October 27:** French Toast, Bacon, Banana  
Pork Medallions, Crème Gravy & Egg Noodles, Carrots & Green Beans, Corn Bread, Cheesecake Brownie  
Shrimp Alfredo with Fettuccine, Broccoli, Garlic Texas Toast, Chocolate Pudding Cake

**Thursday, October 28:**

**Cider & Donuts Day**

Egg & Hashbrown Casserole, Sausage Link, Melon Plate

Beef & Broccoli Stir Fry, Rice, Dinner Roll, Sherbet

Tomato Basil Chicken, Parmesan Potatoes, Dinner Roll, Cherry Pineapple Gelatin

**Friday, October 29:**

Cheese Mushroom Quiche, Canadian Bacon, Pineapple Chunks

Pecan Crusted Fish, Baked Potato Fingers, Green Peas, Garlic Bread, Fruit Plate

Swedish Meatballs, Garlic Mashed Potatoes, California Vegetable Mix, Dinner Roll, Blueberries & Peaches

**Saturday, October 30:**

Biscuits N' Gravy, Mandarin Oranges

BLT Sandwich, Waffle Fries, Cucumber & Onion Salad, Mix Berry Cup

Glazed Cod, Brown Rice, Oriental Vegetable Mix, Dinner Roll, Black Forest Cake

**Sunday, October 31:**

Scrambled Eggs, Tater Tots, Breakfast Ham, Apple Slices

Herbed Turkey, Cornbread Dressing, Peas & Mushrooms, Strawberry Mousse

Maple Glazed Pork Chop, Scalloped Potatoes, Riced Cauliflower with Roasted Peppers, Dinner Roll, Key Lime Pie

Breakfast Includes Juice, 2% Milk, Coffee & Hot Tea

Lunch and Dinner Include Lemonade, 2% Milk, Coffee, and Hot Tea