Stop the Silence. Help End the Violence.

## **Ambassador**

## What is OK2SAY?

OK2SAY is a program designed to empower Michigan students, parents, school personnel, community mental health service programs, and law enforcement to share and respond to student safety threats.

Often, students choose to keep quiet because they fear retaliation, rejection, or stigmatization by their peers. The result is a *culture of silence* in which students suffer harm that could have been prevented if someone chose to speak out.

The goal of OK2SAY is to stop harmful behavior *before* it occurs by encouraging anyone to report threatening behavior to caring adult authorities.

OK2SAY encourages Michigan residents to confidentially submit tips 24/7 using the OK2SAY mobile app, online (ok2say. com), email (ok2say@mi.gov), texting, or by calling trained program technicians.

When students make the courageous decision to break the *code of silence* and speak out against harmful behavior, they equip authorities with the information needed to respond to threats and prevent a tragedy.

That's a good thing for Michigan schools, communities, and families. So, let's stand up for student safety.

Remember: it's OK2SAY.

## **OK2SAY Activities**

Participate in activities that promote student safety and increase kindness and inclusion:

- Consult with school officials to place OK2SAY posters, stickers, or other <u>OK2SAY promotional material</u> (mi.gov/ok2saypromo) on the school building.
- 2. <u>Coordinate an OK2SAY presentation</u> (ok2say.com) at my school.
- 3. Create social media resources that promote OK2SAY.
- 4. Design OK2SAY advertisements in my school paper.
- 5. Develop OK2SAY videos or audios to use during school announcements.
  - Alternatively, consider using the <u>videos or audios already</u> <u>available on the OK2SAY website</u>. (mi.gov/ok2saypsa)
- 6. Encourage students at my school to <u>become an OK2SAY</u> <u>ambassador</u>. (mi.gov/ok2sayambassador)
- 7. Organize a school-wide event that focuses the student body on bullying, cyberbullying, depression, self-harm, or suicide.
  - Bring in speakers who can help address topics that impact the safety and well-being of students, including OK2SAY as a resource.
- 8. Write articles for my school paper promoting OK2SAY.

