

Join the Office of Retirement Services for an upcoming educational seminar for Michigan Public School Employees Retirement System members to learn more about your retirement system health plan. We want to help you get the most from your coverage, stay informed on your benefits, and connect you to tools and resources to keep you healthy. Choose the place and time that is most convenient for you from one of 10 regional seminars.

## Learn more about your retirement system health coverage

Each seminar will feature important information to help you stay informed and understand your health plan.

## Visit our member Learning Center

Explore online tools and wellness programs available to you to help you manage your coverage and take charge of your health. Need help viewing your Explanation of Benefits statements or choosing to go paperless? Bring your personal electronic device, such as a tablet or smart phone, for personalized assistance or ask to view a demo.

## Get answers to questions you have about your coverage

If you have specific questions about your coverage, representatives from your retirement system's health plan partners will be available to assist you between 8:30 a.m. and 1:30 p.m.\*

\*Delta Dental representatives will be available beginning at 10:30 a.m.



## Attend a seminar near you

Each seminar will provide information regarding each component of your retirement system health plan. Registration is not required to attend. See the schedule below and choose the seminar that's most convenient for you.

### MEDICARE MEMBERS

9 a.m. to 11 a.m.  
OptumRx and Blue Cross Blue Shield of Michigan

### ALL MEMBERS

11 a.m. to noon  
Delta Dental and BlueVision

### NON-MEDICARE MEMBERS

Noon to 1:30 p.m.  
OptumRx and Blue Cross Blue Shield of Michigan

### MEMBER LEARNING CENTER

8:30 a.m. to 1:30 p.m.\*  
Open to all members

□ **Tuesday, October 11**  
**Marquette**  
Holiday Inn Marquette  
1951 US 41 West  
Marquette, MI 49855

□ **Wednesday, October 12**  
**Escanaba**  
Quality Inn & Suites  
2603 N Lincoln Rd  
Escanaba, MI 49829

□ **Thursday, October 13**  
**Gaylord**  
Otsego Club & Resort  
696 M-32 East  
Gaylord, MI 49734

□ **Friday, October 14**  
**Traverse City**  
Grand Traverse Resort & Spa  
100 Grand Traverse Village Blvd  
Acme, MI 49610

□ **Monday, October 17**  
**Grand Rapids**  
Doubletree Grand Rapids  
4747 28th St SE  
Grand Rapids, MI 49512

□ **Tuesday, October 18**  
**Lansing**  
Kellogg Hotel & Conference Center  
219 Harrison Rd  
East Lansing, MI 48824

□ **Wednesday, October 19**  
**Bay City**  
Bay Valley Resort  
2470 Old Bridge Rd  
Bay City, MI 48706

□ **Thursday, October 20**  
**Kalamazoo**  
Kalamazoo County Expo Center  
2900 Lake St  
Kalamazoo, MI 49048

□ **Friday, October 21**  
**Novi**  
Sheraton Novi  
21111 Haggerty Hwy  
Novi, MI 48375

□ **Monday, October 24**  
**Sterling Heights**  
Sterling Inn  
34911 Van Dyke Ave  
Sterling Heights, MI 48312