



CREATING CONFIDENT CAREGIVERS®

2019 CLASS SCHEDULES

Creating Confident Caregivers® is a six-week program for family caregivers of persons with dementia who live at home. It provides knowledge, skills, and information to improve caregiving for both the caregiver and the person with dementia. Participants must pre-register for this free program, as class size is limited.

The following Area Agencies on Aging meet the service standard and use staff who are trained in this evidence-based program. AASA monitors programs and provides on-going leader training to ensure caregiver participants receive a quality program. Please contact the Area Agency on Aging staff listed to register or inquire about future dates or other locations.

[Detroit Area Agency on Aging](#) – *Cities – Detroit, Hamtramck, Highland Park, Grosse Pointe, Grosse Pointe Park, Grosse, Pointe Shores, Grosse Pointe Woods, Grosse Pointe Farms, Harper Woods*

Thursdays, March 4, 2019 – April 18, 2019
1:30-3:30 p.m.

Services for Older Citizens

158 Ridge Rd., Grosse Pte. Farms

Contact Carolyn Van Dorn via email: cvandorn@nursingunlimitedonline.com

For upcoming programs, contact Anita Kanakaris or Aida Domazet at (313) 446-4444 or email info@daaa1a.org

[Region 2 Area Agency on Aging](#) – *Counties – Jackson, Hillsdale, Lenawee*

Tuesdays, January 22—February 16, 2019
10:30 am – 12:30 pm

Adrian Senior Center

327 Erie St., Adrian 49221

Wednesdays, April 17 – May 22, 2019

10:30 am – 12:30 pm

DisAbility Connections

409 Linden Ave., Jackson 49203

Fridays, July 12 – August 16, 2019

10:30 am – 12:30 pm

Hillsdale County Senior Center

320 Bacon St., Hillsdale 49242

To register, contact Region 2 at 517-592-1974

[Region 3-A Area Agency on Aging](#) – *County – Kalamazoo*

**For upcoming program information and to register,
contact Patti Stratton, LLMSW, at 269-373-5141 Email: psstra@kalcounty.com**

Region 3-B Area Agency on Aging- CareWell Services - Counties -- Barry, Calhoun

Wednesdays, April 24, May 1, 8, 15, 22, 29, 2019

2:30 – 5:00 pm

Barry County Commission on Aging

320 Woodlawn Avenue, Hastings

Wednesdays, June 12, 19, 26, July 3, 10, 13, 2019

5:30 – 8:00 pm

Kool Family Community Center

200 W. Michigan Ave., Battle Creek

To register for these programs, contact Mary Peterson, Carewell, at 269-968-7343

[Region IV Area Agency on Aging](#) – *Counties – Berrien, Cass, Van Buren*

For upcoming program information and registration, contact Tracy at (269) 983-0177 or toll free at (800)442-2803 or email tracymanning@areagencyonaging.org

[Valley Area Agency on Aging](#) – *Counties – Genesee, Lapeer, Shiawassee*

For program information and registration, contact Jennifer Joyner, Valley Area Agency on Aging at 810-239-7671 Ext. 281

[Tri-County Office on Aging](#) – Counties – Clinton, Eaton, Ingham

Contact Linda Davis at 517-887-1447 or email davis@tcoa.org for registration and site location

[Region 9 Area Agency on Aging](#) – Counties – Alcona, Arenac, Alpena, Cheboygan, Crawford, Iosco, Montmorency, Ogemaw, Oscoda, Otsego, Presque Isle, Roscommon

Contact Region 9 Area Agency on Aging at 989-356-3474 for more program information.

Also check <http://www.otsegocountycoa.org/Createconf.cfm> for 2019 program schedule in Gaylord area!

[Area Agency on Aging of Northwest Michigan \(AAANM\)](#) – Counties – Antrim, Benzie, Charlevoix, Emmet, Grand Traverse, Kalkaska, Leelanau, Manistee, Missaukee, Wexford

Tuesdays, 2:00 – 4:00 pm

January 29, February 5, 12, 19, 26, and March 5, 2019

Area Agency on Aging of Northwest Michigan

1609 Park Drive, Traverse City 49696

Wednesdays, 1:00 – 3:00 pm

February 20, 27, March 6, 13, 20, and 27, 2019

Area Agency on Aging of Northwest Michigan

1609 Park Drive, Traverse City 49696

Mondays, 5:30 – 7:30 pm

April 15, 22, 29, May 6, 13, and 20, 2019

Area Agency on Aging of Northwest Michigan

1609 Park Drive, Traverse City 49696

Mondays, 1:00 – 3:00 pm

June 3, 10, 17, 24, July 1, and 8, 2019

Area Agency on Aging of Northwest Michigan

1609 Park Drive, Traverse City 49696

To Register for these programs, call Sharon at (800) 442-1713 or (231) 947-8920

For program information and registration, view

<http://www.aaanm.org/caregiver-workshops/>

Upper Peninsula Area Agency on Aging (UPCAP) – Counties – Alger, Baraga, Chippewa, Delta, Dickinson, Gogebic, Houghton, Iron, Keweenaw, Luce, Mackinac, Marquette, Menominee, Ontonagon, Schoolcraft

Programs scheduled for **2019**

Marquette: January 7, 2019 – February 11, 2019

Iron Mountain: April program

Times and locations to be announced

Contact Tammy Rosa at 1-800-338-7227 for details and to register. Dial 2-1-1 or visit us on the web at www.upcap.org for program information.