



CREATING CONFIDENT CAREGIVERS®

2020 CLASS SCHEDULES

Creating Confident Caregivers® is a six-week program for family caregivers of persons with dementia who live at home. Using the Savvy Caregiver© program, it provides knowledge, skills, and information to improve caregiving for both the caregiver and the person with dementia. Participants must pre-register for this free program, as class size is limited. Caregivers may attend classes at any location.

The following Area Agencies on Aging meet the AASA service standard and use staff trained in this evidence-based program. AASA monitors programs and provides on-going leader training to ensure caregiver participants receive a consistent, quality program. Please contact the Area Agency on Aging staff listed to register or inquire about future dates or other locations.

[Detroit Area Agency on Aging](#) – Cities – Detroit, Hamtramck, Highland Park, Grosse Pointe, Grosse Pointe Park, Grosse, Pointe Shores, Grosse Pointe Woods, Grosse Pointe Farms, Harper Woods

Thursdays, March 12 – April 16, 2020

1:00-3:00 p.m.

The Helm at The Boll Life Center

158 Ridge Rd.

Grosse Pointe Farms, MI 48236

Call 313.882.9600 to register

Wednesdays, April 8 – May 13, 2020

5:30 -- 7:30 p.m.

St. Patrick Senior Center

58 Parson St.

Detroit, MI 48201

Call 313.833.7080 to register

Mondays, April 13 – May 18, 2020

1:00 – 3:00 p.m.

NSO Northwest Wellness Center/Northwest Activities Center

18100 Meyers Road

Detroit, MI 48235

Call 313.397.8227 to register

Thursdays, July 30 –September 3, 2020

1:00 – 3:00 p.m.

The Helm at The Boll Life Center

158 Ridge Rd.

Grosse Pointe. Farms, MI 48236

Call 313.882.9600 to register

For upcoming programs, contact Crystal White at (313) 446-4444 or email info@daaa1a.org

Region 2 Area Agency on Aging – *Counties – Jackson, Hillsdale, Lenawee*

Tuesdays, February 4 – March 10, 2020

2:00 – 4:00 pm

Perennial Park

Hillsdale County Senior Services Center

320 Bacon St., Hillsdale, 49242

Contact Perennial Park at 517-437-2422 to register

Thursdays, April 23 – May 28, 2020

2:00 – 4:00 pm

Region 2 Area Agency on Aging

102 Main St.

Brooklyn, MI 49230

Contact Region 2 at 517-592-1678 to register

To inquire about programs, contact Region 2 at 517-592-1974

Region 3-A Area Agency on Aging – *County – Kalamazoo*

Wednesdays, March 25, April 1, 8, 15, 22 & 29, 2020

2:00 – 4:00 p.m.

Oakland Centre

2255 W. Centre Ave.

Portage, MI 49024

For program information and to register,
contact Patti Stratton, LLMSW, at 269-373-5141 or Email: psstra@kalcouny.com

Region 3-B Area Agency on Aging- CareWell Services - *Counties -- Barry, Calhoun*

Wednesdays, March 18 through April 22, 2020

1:00-3:30 pm

The Legacy

700 North Ave

Battle Creek, MI 49017

Call 269/441-0930 to register

Wednesdays, May 6 through June 10, 2020

5:30-8:00 pm

CareWell Services Southwest

200 W Michigan Ave, 2nd Floor

Battle Creek, MI 49017

Call 269/441-0930 to register

Wednesdays, August 12 through September 16, 2020

5:30-8:00 pm

CareWell Services Southwest

200 W Michigan Ave, 2nd Floor

Battle Creek, MI 49017

Call 269/441-0930 to register

Wednesdays, October 7 through November 11, 2020

5:30-8:00 pm

CareWell Services Southwest

200 W Michigan Ave, 2nd Floor

Battle Creek, MI 49017

Call 269/441-0930 to register

[Region IV Area Agency on Aging](#) – *Counties – Berrien, Cass, Van Buren*

Mondays, March 16 through April 20, 2020

10:00 am-12:00 pm

Cass County Council on Aging- Lowe Center

60525 Decatur Road

Cassopolis

Contact Tracy at 269-982-7731 for information and to register

Mondays, March 16 through April 20, 2020

1:00 pm-3:00 pm

Cass County Council on Aging- Lowe Center

60525 Decatur Road

Cassopolis

Contact Tracy at 269-982-7731 for information and to register

Tuesdays, March 31 through May 5, 2020

2:00 pm – 4:00 pm

Bronson Commons

23332 Red Arrow Highway
Mattawan, MI 49071

Contact Faith at 269-982-7746 for information and to register

Thursdays, April 2 through May 7, 2020

1:00 pm – 3:00 pm

Campus for Creative Aging

2920 Lakeview Avenue
St. Joseph, MI 49085

Contact Teri at 269/982-7769 for information and to register

See program listings at:

<https://campusforcreativeaging.org/creating-confident-caregivers/>

For program information and registration, contact Tracy at (269) 983-0177 or toll free at (800)442-2803 or email tracymanning@areagencyonaging.org

Valley Area Agency on Aging – Counties – Genesee, Lapeer, Shiawassee

Wednesdays, March 11 through April 22, 2020

9:30 am- 11:30 am

Imlay City Senior Center

395 E. Third St.
Imlay City, MI

Fridays, April 17 through May 15, 2020

1:30 – 3:30 pm

Durand Senior Center

8618 E. Lansing Rd.
Durand MI

Tuesdays, May 5 through June 9, 2020

2:00 – 4:00 pm

Burton Senior Center

3410 S. Grand Traverse St.
Burton, MI

For program information and registration, contact Jennifer Joyner at Valley Area Agency on Aging – (810) 239-7671 Ext 281

Tri-County Office on Aging – Counties – Clinton, Eaton, Ingham

Thursdays, January 23 through February 27, 2020

3:30 – 5:30 pm

MSU Radiology Bldg., Conf. room 190

Wednesdays, April 15 through May 20, 2020
5:30 – 7:30 pm
MSU Radiology Bldg., Conf. room 190

Wednesdays, September 23 through October 28, 2020
3:30 – 5:30 pm
MSU Radiology Bldg., Conf. room 190

These programs are in the **MSU Radiology Building, 304 Service Rd., Conference Room 190
East Lansing, MI 48824**

To register, contact Sara Roberts at 517-355-4099 or Linda Davis at 517-887-1447

[Region 9 Area Agency on Aging](#) – *Counties – Alcona, Arenac, Alpena, Cheboygan, Crawford, Iosco, Montmorency, Ogemaw, Oscoda, Otsego, Presque Isle, Roscommon*

Otsego County

Wednesdays, April 8 through May 13, 2020
6:00 – 8:00 pm
**Munson Healthcare Otsego Memorial Hospital
Medical Professional Building
Gaylord, MI 49735**

Wednesdays, August 5 through September 9, 2020
6:00 – 8:00 pm
**Munson Healthcare Otsego Memorial Hospital
Medical Professional Building
Gaylord, MI 49735**

For information and to register for these programs, call the Otsego County Commission on Aging at
989.732.1122

Presque Isle County

Tuesdays, May 5 through June 16, 2020
1:00 – 3:00 pm
**Rogers City Area Senior and Community Center
131 Superior Street
Rogers City, MI 49779**

Cheboygan County

Thursdays, July 9 through August 13, 2020
**Cheboygan County Council on Aging
1531 Sand Road
Cheboygan, MI 49721**

For information and to register for these programs, call **989-358-4616** or e-mail
mainvilleb@nemcsa.org

Area Agency on Aging of Northwest Michigan (AAANM) – *Counties – Antrim, Benzie, Charlevoix, Emmet, Grand Traverse, Kalkaska, Leelanau, Manistee, Missaukee, Wexford*

To register for these programs, call **1-800-442-1713** or
Online at www.aaanm.org/workshop-registration

Benzie County

Wednesdays, April 8, 15, 22, 29, May 6 & 13, 2020
1:00 am – 3:00 p.m.

Trinity Lutheran Church
955 James St., Frankfort MI 49635

Grand Traverse County Programs

Tuesdays, February 18, 25, March 3, 10, 17, & 24, 2020
2:00 – 4:00 p.m.

Area Agency on Aging of Northwest Michigan
1609 Park Dr. Traverse City, 49686

Mondays, April 6, 13, 20, 27, May 4, & 11, 2020
1:00 – 3:00 p.m.

Area Agency on Aging of Northwest Michigan
1609 Park Dr. Traverse City, 49686

Tuesdays, April 14, 21, 28, May 4, 12, & 19, 2020
5:30 – 7:30 p.m.

Area Agency on Aging of Northwest Michigan
1609 Park Dr. Traverse City, 49686

Tuesdays, June 2, 9, 16, 23, 30 & July 7, 2020
1:00 – 3:00 pm

Area Agency on Aging of Northwest Michigan
1609 Park Dr. Traverse City, 49686

Tuesdays, July 21, August 4, 11, 18, & 25, 2020
2:00 – 4:00 p.m.

Area Agency on Aging of Northwest Michigan
1609 Park Dr. Traverse City, 49686

Mondays, October 12, 19, 26, November 2, 9, & 16, 2020
5:30 – 7:30 p.m.
Area Agency on Aging of Northwest Michigan
1609 Park Dr. Traverse City, 49686

Wednesdays, October 12, 19, 28, November 4, 11, & 18, 2020
1:00 – 3:00 p.m.
Area Agency on Aging of Northwest Michigan
1609 Park Dr. Traverse City, 49686

Wexford County

Tuesdays, June 30, July 7, 14, 21, 28 & August 4, 2020
5:30 – 7:30 p.m.
Wexford County Council on Aging
714 W. 13th St., Cadillac, 49601

Fridays, September 4, 11, 18, 25, October 2, & 9, 2020
1:00 – 3:00 p.m.
Wexford County Council on Aging
714 W. 13th St., Cadillac, 49601

To Register for these programs, call (800) 442-1713 or (231) 947-8920
For program information and registration, view
www.aaanm.org/workshop-registration

[Upper Peninsula Area Agency on Aging \(UPCAP\)](#) – Counties – Alger, Baraga, Chippewa, Delta, Dickinson, Gogebic, Houghton, Iron, Keweenaw, Luce, Mackinac, Marquette, Menominee, Ontonagon, Schoolcraft

Mondays, February 10 through March 16, 2020
10:00 a.m. – 12:00 P.M (CST)
Dickinson Iron Community Services Agency
1238 Carpenter Ave.
Iron Mountain, MI 49801

Tuesdays, May 19 through June 23, 2020
10:00 – 12:00 p.m. (EST)
UPCAP
2501 14th Ave. South
Escanaba, MI 49829

Dial 2-1-1 or visit us on the web at www.upcap.org for program information.

