

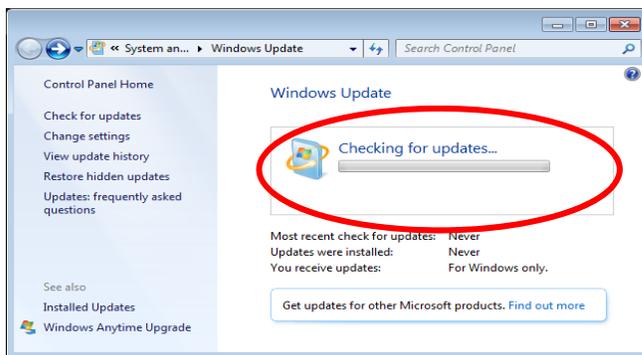
# Turning Off Windows Updates

## Introduction

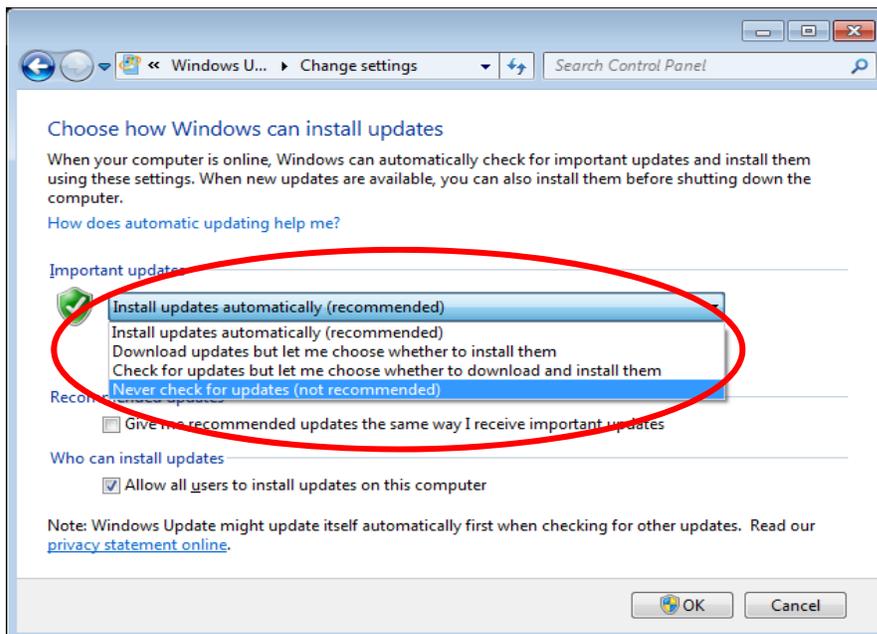
The Microsoft Windows “Automatic Updates” feature claims to be a completely automated solution to keeping your Windows Software up to date. Unfortunately, from time to time it can become stuck, and when this happens some sort of intervention is necessary to get it working properly again. A temporary solution is to turn off the “Automatic Updates” feature.

Windows Automatic Updates can be turned off by doing the following:

1. Click the [Start] button.
2. Type “Windows Update” in the search field.
3. Click on the “Windows Update” item in the list.
4. A window like this should appear...



5. Click “Change Settings” on the left.
6. Select “Never check for updates ...” in the pop-down box appearing under the Important Updates section as follows:



7. Click the [OK] button at the bottom of the screen.
8. Reboot.