



TPIP-Approved Sex Education Programs

Taking Pride in Prevention (TPIP) is a comprehensive pregnancy prevention program of the Michigan Department of Community Health (MDCH), Adolescent and School Health Unit. Funding for TPIP is provided by the Personal Responsibility Education Program (PREP), which is administered by the U.S. Department of Health and Human Services, Administration for Children and Families.

All PREP funded programs, including TPIP, must educate adolescents, 12-19, on both abstinence and contraception to prevent pregnancy and sexually transmitted infections (STIs), including HIV/AIDS. Programs must replicate evidence-based programs or substantially incorporated elements of effective programs that have been proven to change behaviors, which mean delaying sexual activity, increasing condom/contraceptive use for sexually active youth, or reducing pregnancy among youth. In addition, TPIP programs must address the following three adulthood preparation subjects: 1) healthy relationships; 2) adolescent development and 3) parent-child communication.

Evidence-based programs are those which have been shown through rigorous evaluation design to be effective in significantly impacting specific health outcomes and/or risk behaviors among the population to which the program was delivered. These programs generally have been replicated in multiple populations or locations with similar effects. The results of an empirical evaluation design, demonstrating significant effectiveness, are typically published in the literature (e.g., peer-reviewed journals), reviewed by independent scientific review panels, and are recognized by nationally respected organizations and/or government agencies.

Each of these programs were selected based, in part, on their inclusion in multiple compendia of evidence-based teen pregnancy prevention programs. Although other programs may fit the label of evidence-based, these have been selected based on their specific behavioral outcomes and direct impact on teen pregnancy (i.e., reduced incidence of unprotected sex, increased use of contraception).

TPIP-Approved Evidence-Based Interventions

Be Proud! Be Responsible!

Becoming a Responsible Teen

Michigan Model for Health--Healthy and Responsible Relationships

Reducing the Risk

Safer Choices

Teen Outreach Program