

# Children's Special Health Care Services Transition Timeline for Youth and Families

## Age 14-16

### According to developmental ability youth can begin to:

- Develop knowledge of their special health care needs
- Take responsibility in making appointments and getting prescriptions refilled
- Explore appropriate work and volunteer opportunities
- Talk to medical providers about age appropriate information such as, physical, emotional, and sexual development

### According to their child's needs, parents can begin to:

- Make arrangements for the steps above if child is unable to be independent
- Keep a health record for youth. Include all medical paperwork
- Explore options of transition planning through the local school district
- Explore the eventual need to transfer your child's care to adult providers

## Age 16-18

### According to developmental ability youth can begin to:

- Take responsibility in making appointments and getting prescriptions refilled
- Contact Michigan Rehabilitative Services (MRS) to explore vocational assistance if needed
- Attend all meetings where future plans are discussed (school IEPs or doctor's office)
- Research adult health care providers for transfer of medical care
- Explore employment opportunities
- Explore living arrangements

### According to their child's needs, parents can begin to:

- Make arrangements for the steps above if child is unable to be independent
- Explore options for health care coverage
- Check eligibility for SSI from the Social Security Administration
- Research adult health care providers for transfer of medical care
- Explore the option of legal guardianship or the many alternatives to guardianship if child's special needs interfere with the ability to make financial and medical decisions

## Age 18-20

### According to developmental ability young adult can begin to:

- Complete a CSHCS financial assessment. At age 18 only young adult's income is reviewed
- Take responsibility for signing all CSHCS materials
- Finalize health care coverage as an adult
- Transfer medical care from pediatric providers to adult providers
- Check eligibility for SSI from the Social Security Administration
- Contact Michigan Rehabilitative Services (MRS) to explore vocational assistance if needed
- Contact the disability student services office if attending college and accommodations are needed
- Explore employment opportunities

### According to their child's needs, parents can begin to:

- Make arrangements for the steps above, if young adult is unable to be independent
- Complete and submit a release of information signed by young adult if parent/caregiver would like to participate in their care
- Provide documentation of legal guardianship to all providers if needed

## Age 20-21

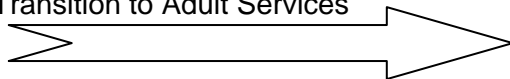
### According to developmental ability young adult can begin to:

- Explore living arrangements. If assistance is needed contact the nearest Center for Independent Living
- Learn about and continue to investigate adult services there may be need for
- Investigate possibility of enrolling in a Medicaid Health Plan at 21 if currently enrolled in Medicaid
- Transfer all medical care from pediatric providers to adult providers
- Explore employment opportunities

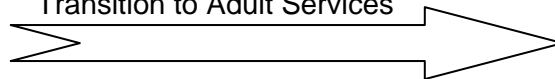
### According to their child's needs, parents can begin to:

- Make arrangements for the steps above, if young adult is unable to be independent
- Complete and submit a release of information signed by young adult if parent/caregiver would like to participate in their care
- Explore private duty nursing options if young adult is receiving in-home nursing. Young adult must qualify for and enroll in an adult Medicaid waiver program to continue nursing services as of age 21

Transition to Adult Services



Transition to Adult Services



Transition to Adult Services

