

PROTECT YOURSELF FROM WILDFIRE SMOKE

When wildfire smoke is in the area, check [AirNow.gov](https://airnow.gov) for the most up-to-date information on air quality near you.

Wildfire smoke can affect anyone, but some people are more sensitive to particle pollution. When the air quality is the unhealthy range for you, consider doing the following:



Stay indoors. Keep time outdoors short and avoid strenuous activities.



If you must be outdoors, wear an N-95 mask for best protection.



Run forced air system on fan or cooling. Window air conditioning can be used on recirculate.



Limit activities that create indoor air pollution like frying foods and using gas powered appliances.



Limit outdoor activities like campfires, residential wood boilers, and gas-powered vehicles.



MICHIGAN DEPARTMENT OF ENVIRONMENT, GREAT LAKES, AND ENERGY

Sign up for alerts at [EnviroFlash.info](https://enviroflash.info)
[Michigan.gov/WildfireSmokeAndHealth](https://michigan.gov/WildfireSmokeAndHealth)