

# Care for MiWell



## Pregnant Persons and Families with Babies

If you have a well, it is important to ensure the water is clean and safe to drink. Even if the water looks clean and tastes OK, you should have it tested to be sure there aren't contaminants, such as chemicals or bacteria, in the drinking water. **A fetus or baby's health can be put at risk due to contaminated drinking water.**

By taking care of your well, testing your water and taking action to address any contamination, you can better protect your health and the health of your growing family.

It is important to test well water that is used for:

- Drinking.
- Cooking.
- Mixing infant formula.



Do you have a well and ...

- Are pregnant?
- Plan to become pregnant?
- Use infant formula?
- Plan to use infant formula?

Test your water to make sure it's safe before drinking it! **Follow these steps:**

1.



## Learn

Learn how to take care of your well and how to maintain it to have safe water.

2.



## Test

Test your well water. Learn what to test for.

3.



## Understand

Learn what your test results mean. Address any concerns in your results.

For more information on how to follow the steps above, visit <https://bit.ly/CareforMiWell> or call 1-800-MI-TOXIC (1-800-648-6942).

To learn more about caring for your drinking water to protect your health, visit [Michigan.gov/EnviroHealth](https://Michigan.gov/EnviroHealth).

Or use a smart phone camera and hover over the QR code to open it.

