

# What is Cystic Fibrosis?

Cystic fibrosis is a disorder that is inherited. It damages the lungs, organs in the body and the digestive system.

## Effects:

- Affects the production of mucous, sweat and digestive juices.
- Causes secretions to become thick and adhesive due to having a defective gene. These secretions fill tubes as well as passageways located in the lungs and pancreas.

## Symptoms:

- Newborn screening allows doctors to determine whether or not a newborn has cystic fibrosis during the first month of life.
- Some people may not develop symptoms until later in life.

## Respiratory Symptoms:

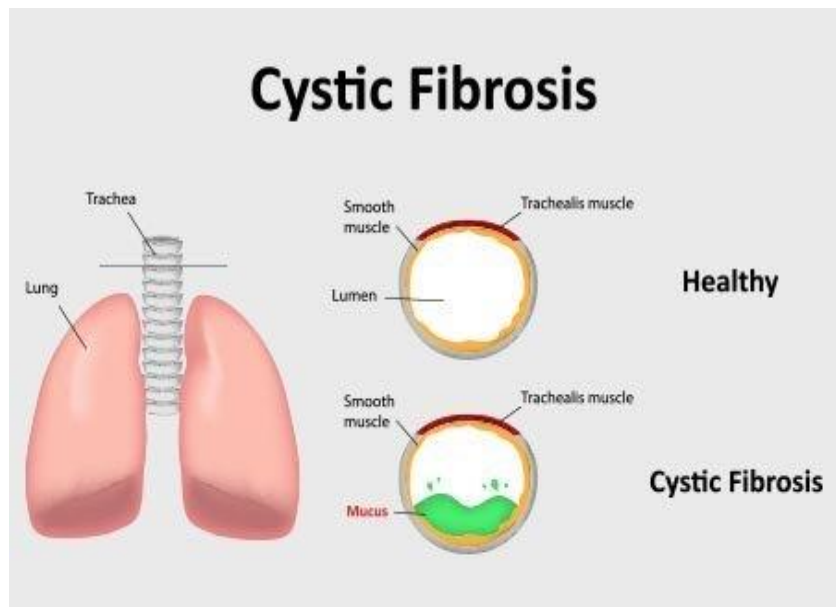
- Wheezing
- Frequent lung infections
- Stuffy nose/inflamed passageways
- Continual cough that produces thick mucus

## Digestive Symptoms:

- Poor weight gain
- Intestinal blockage
- Malodorous stools

## Why is Cystic Fibrosis important?

Since cystic fibrosis is an inherited disorder, it is important to be aware and educated on the signs/symptoms.



<https://www.mayoclinic.org/diseases-conditions/cystic-fibrosis/symptoms>

<https://www.yashodahospitals.com/diseases-treatments/cystic-fibrosis-syptoms-diagnosis-treatments>