

Michigan Flu Focus

Weekly Influenza Surveillance Report



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Week Ending April 4, 2020 | WEEK 14

Michigan Influenza Activity No Activity Sporadic Local Regional Widespread

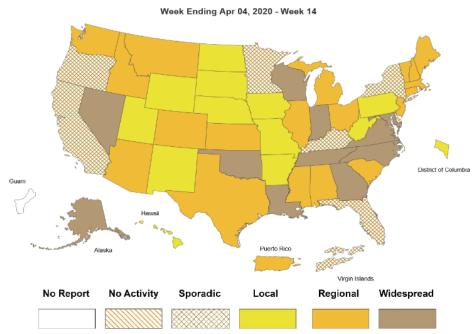
Updates of Interest

The CDC have recently launched COVIDView, which provides a weekly summary of key indicators to track the COVID-19 pandemic in the United States.

Please visit the following link for more details:

https://www.cdc.gov/coronavirus/2019-ncov/covid-data/covidview/

Weekly Influenza Activity Estimates Reported by State & Territorial Epidemiologists*



Influenza-associated Pediatric Mortality

Nationally, 166 influenza-associated pediatric deaths have been reported thus far for the 2019-2020 flu season. Four (4) pediatric influenza (B) deaths have been confirmed by MDHHS during this season.

^{*}Clicking on the current activity level will direct you to the CDC webpage defining each activity level for the geographic spread of influenza

U.S. Outpatient Influenza-like Illness Surveillance Network (ILINet)

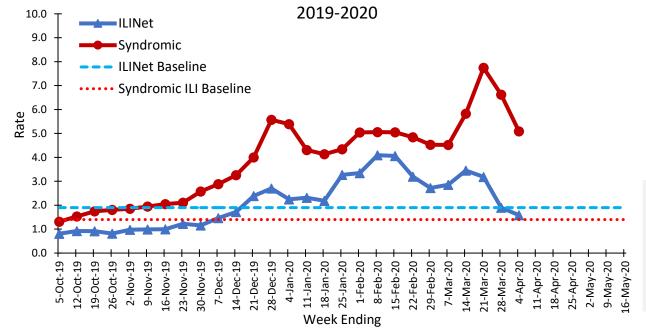
Michigan participates in ILINet, a collaborative effort between the CDC, state and local health departments, and volunteer sentinel clinicians as part of Michigan's influenza surveillance. ILINet provides data on the total number outpatient visits to health care providers seen for any reason and the number of those patients with influenza-like illness (ILI). For this system, ILI is defined as fever (temperature of 100°F [37.8°C] or greater) and a cough and/or a sore throat without a known cause other than influenza.

Number of Reports and ILI % by Region in Michigan during this time period:

Region	С	N	SE	SW
No. of Reporters Total (24)	9	5	6	4
ILI %	1.2	2.6	3.2	0.2

Data is provisional and may change as additional reports are received.

Michigan Statewide ILINet and Syndromic Surveillance,



Michigan ILI Activity

1.6%

(Last week: 1.9%)

Regional Baseline*: 1.9%
A total of 78 patient visits due to ILI were reported out of 4,923 office visits during this period.

*Regional baseline is determined by calculating the mean percentage of patient visits due to ILI during non-influenza weeks for the previous three seasons and adding two standard deviations

National Surveillance

In the United States, <u>3.9</u> % of outpatient visits were due to ILI. (Last week: 5.2%)
This is **above** the national baseline of 2.4%

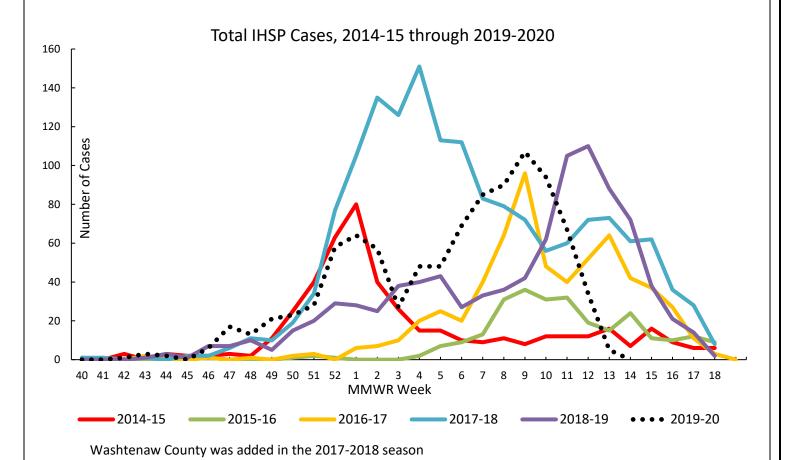
Become an ILINET provider!

Contact Shelly Doebler at DoeblerM@michigan.gov

Influenza Hospitalization Surveillance Project (IHSP)

The CDC's Influenza Hospitalization Surveillance Network (FluSurv-NET) provides population-based rates of laboratory-confirmed influenza-associated hospitalizations from October 1st through April 30th each year. Michigan participates as an IHSP state in FluSurv-NET for Clinton, Eaton, Genesee, Ingham, and Washtenaw Counties.

There were $\underline{\mathbf{0}}$ (0 pediatric, 0 adult) influenza-associated hospitalizations reported to MDHHS for the IHSP during this time period. Since October 1st, **967 (150 pediatric, 817 adult)** influenza-related hospitalizations were reported in the catchment area for the 2019-2020 season.



Join the Influenza Sentinel Hospital Network (ISHN)!

What is it? ISHN is a group of hospitals in Michigan that voluntarily report weekly aggregate counts of influenza positive inpatients to assist MDHHS with statewide flu surveillance

How it works: As a participating hospital in the ISHN, you would complete a brief Survey Monkey every week containing:

- Number of hospitalizations with a positive influenza test by age group during that time period
- The total number of hospitalizations due to any condition during that time period (if available)

The data you provide is aggregated by region and can assist providers and public health in recognizing changes in the age or geographic distribution of flu in this population.

If your facility is interested in participating or would like more details, please contact Sue Kim (KimS2@michigan.gov)

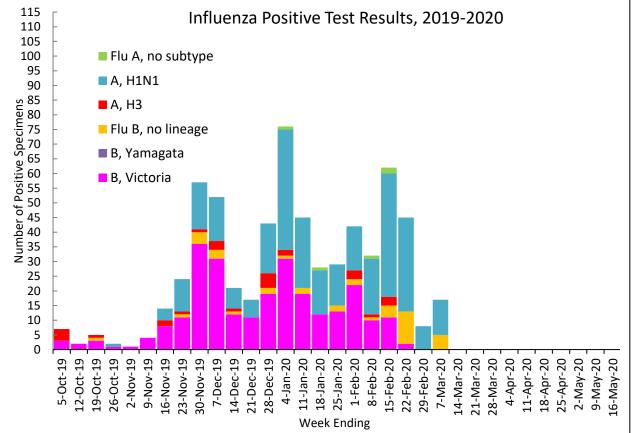
Laboratory (Virologic) Surveillance

There were **0** new positive influenza results (OC, ON, OSE, OSW) reported by the MDHHS Bureau of Laboratories (BOL) during this time period.

of Positive Respiratory Virus Results by Region

	С	Ν	SE	SW	Total
H1N1	124	26	43	106	299
H3N2	5	0	12	10	27
Infl B	109	7	64	122	302
Total	238	33	119	238	628

Data is provisional and may change as additional results are reported.



Note: Flu B subtyping will be reported based on MDHHS BOL testing runs and will be backtracked into this graph Latest MDHHS BOL Flu B lineage determination run: February 28, 2020

Michigan Sentinel Clinical Lab Network Respiratory Virus Data

Eleven (11) sentinel clinical labs (2SE, 2SW, 6C, 1N) reported during this week

reported during this week					
	SE Region				
Influenza A:	slightly elevated; marked decreases				
Influenza B:	low; decreasing				
Parainfluenza:	low				
RSV:	slightly elevated; decreasing				
Adenovirus:	slightly elevated; decreasing				
hMPV:	slightly elevated; decreasing				
	Central Region				
Influenza A:	low; marked decreases				
Influenza B:	low; decreasing				
Parainfluenza:	no activity				
RSV:	sporadic – low				
Adenovirus:	sporadic– low				
hMPV:	sporadic – low				
	SW Region				
Influenza A:	slightly elevated; marked decreases				
Influenza B:	sporadic-low; decreasing				
Parainfluenza:	sporadic				
RSV:	sporadic – low; decreasing				
Adenovirus:	sporadic – low				
hMPV:	slightly elevated; decreasing				
North Region					
Influenza A:	sporadic; decreasing				
Influenza B:	low; decreasing				
Parainfluenza:	sporadic				
RSV:	low; decreasing				
Adenovirus:	low				

hMPV:

sporadic

Congregate Setting Outbreaks

There were **0** new respiratory outbreaks (OC, ON, OSE, OSW) reported to MDHHS during this time period. Respiratory outbreaks for the 2019-2020 season are listed in the table below.

of Congregate Setting Outbreaks by Region

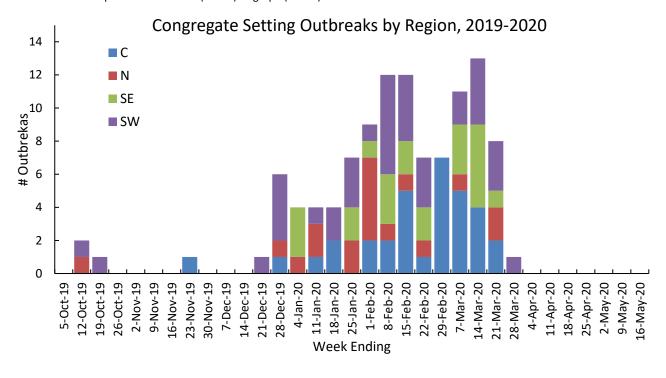
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Facility Type	С	N	SE	SW	Total	
Schools: K-12 & College	1	8	1	7	17	
Long-term Care / Assisted Living Facility	28	8	16	24	76	
Healthcare Facility	2	0	4	2	8	
Daycare	0	0	0	0	0	
Homeless Shelter	1	0	1	0	2	
Correctional Facility	2	2	0	3	7	
Other	0	0	0	0	0	
Total	34	18	22	36	110	

Did you know?

Congregate setting outbreaks of viral respiratory illnesses are required to be reported to your local health department? See:

- Influenza Guidance for Healthcare Providers
- Guideline for influenza and Respiratory Virus Outbreaks in Long-Term Care Facilities

Note: Outbreaks associated with COVID19 are not reported in this table (above) or graph (below).



Influenza Vaccine Updates

Fact Check: Getting the flu vaccine doesn't make you more (or less) likely to get the coronavirus

USA Today

As the novel coronavirus continues to spread across the U.S, a handful of posts on Facebook have claimed those who received the influenza vaccine are either more likely to test positive for the virus or become sick with it.

Coronavirus is not in the flu vaccine.

The flu vaccine does not include any of the coronaviruses, a family of viruses that includes some that may give people upper respiratory illnesses.

Dr. Christie Alexander, president of the Florida Academy of Family Physicians, stresses that since coronavirus and specifically SARS-CoV-2 isn't in the flu vaccine, the vaccine will not give anyone symptoms of coronavirus or cause them to test positive.

Experts state that academic research has not shown a connection between the flu shot and coronavirus.

Providers also want to communicate the importance of understanding that while the flu vaccine will not make a person more susceptible to the coronavirus, it will also not protect a person from it. There is currently no vaccine against SARS-CoV-2, however researchers are working to develop one.

For more information about influenza check out www.michigan.gov/flu. For coronavirus updates visit www.michigan.gov/coronavirus, or call the COVID-19 Hotline at 888-535-6136.

Influenza News Blast

- NEW STUDY: Expanding <u>Understanding of Flu-related</u> <u>Complications</u>
- NEW STUDY: Improving Influenza Vaccination in Children with Asthma
- NEW STUDY: Influenza VE in Children
- Global Flu Surveillance Update
- <u>FDA Approves Quadrivalent</u>
 Adjuvanted Flu Vaccine for Seniors
- NEW Study: Influenza Vaccine During Pregnancy and 6-month Infant Development
- Immunization Schedules, 2020

Additional Resources

- MDHHS Influenza Webpage
- MDHHS Bureau of Laboratories
 (BOL) Webpage and Test Request

 Forms
- CDC FluView Weekly Report
- <u>CDC Healthcare Professionals Flu</u> Toolkit
- Immunization Action Coalition: Ask the Experts- Flu
- MDHHS- Influenza Vaccine F.A.Q.
 View Michigan Flu Focus Report archives here.

Influenza Burden Estimates

The Centers for Disease Control and Prevention (CDC) have once again begun to release <u>preliminary burden</u> <u>estimates</u> for the 2019-2020 influenza season.

Between October 1, 2019 through April 4, 2020 it is estimated that there have been:

- 39 million 56 million flu illnesses
- 18 million 26 million flu medical visits
- 410,000 740,000 flu hospitalizations
- 24,000 62,000 flu deaths

Additionally, there have been 166 confirmed flu-associated pediatric deaths for the 2019-2020 flu season.

Influenza activity continues to be elevated throughout the country. Check out <u>CDC's Weekly Influenza Surveillance</u> Report for more information.

Remember: It is not too late to get vaccinated! Get your flu shot!

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