



Michigan Flu Focus

Weekly Influenza Surveillance Report



Editor: Sue Kim, MPH

Editor Email: KimS2@michigan.gov

December 13, 2019

Vol. 17; No. 10

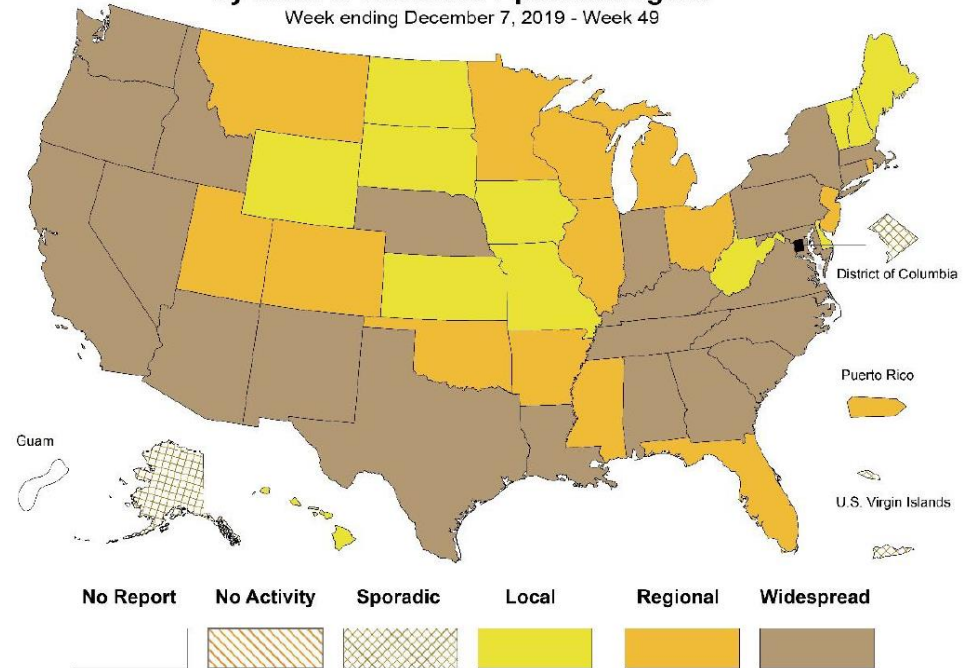
Week Ending December 7, 2019 | WEEK 49

Michigan Influenza Activity
No Activity
Sporadic
Local
Regional
Widespread

*Clicking on the current activity level will direct you to the CDC webpage defining each activity level for the geographic spread of influenza

Weekly Influenza Activity Estimates Reported by State & Territorial Epidemiologists*

Week ending December 7, 2019 - Week 49



Updates of Interest

The Michigan flu code has been increased to Regional activity for Week 49. This is due to new increases in lab-confirmed flu in the SW region of the state.

Please see Michigan Influenza Activity (above) for an overview of flu activity definitions.

Influenza-associated Pediatric Mortality

Nationally, ten (10) influenza-associated pediatric deaths have been reported thus far for the 2019-2020 flu season. No (0) pediatric influenza deaths have been confirmed by MDHHS for the 2019-2020 flu season.

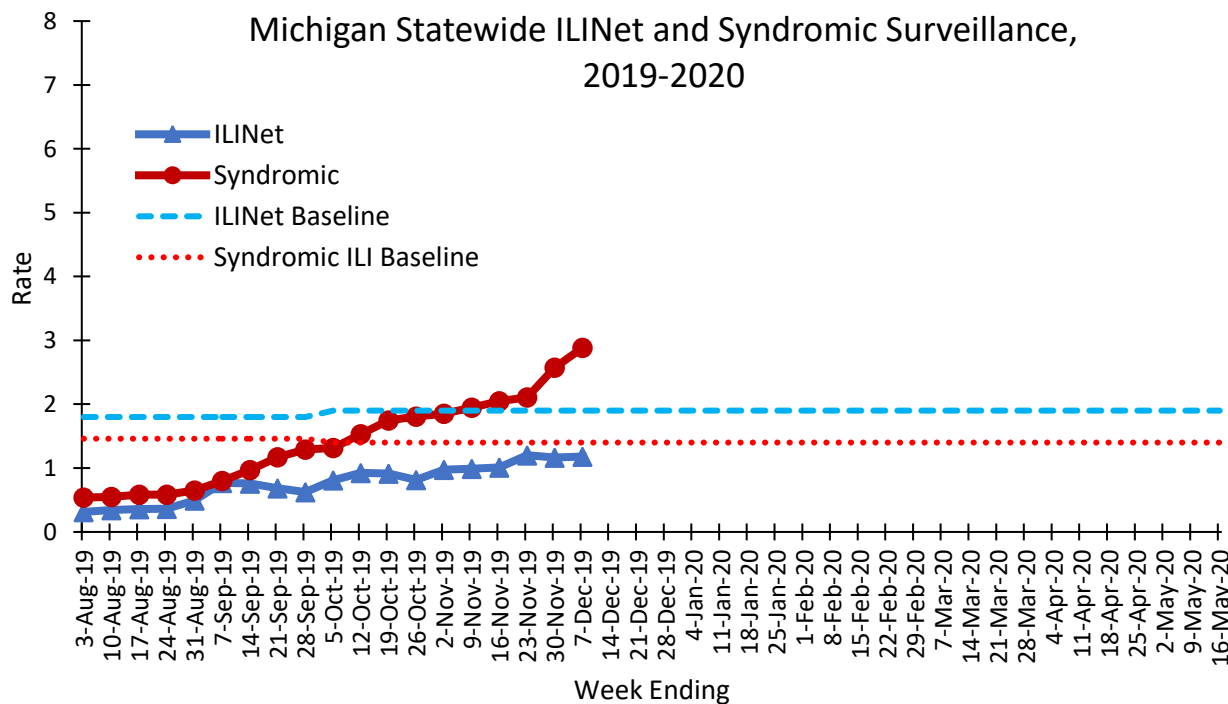
U.S. Outpatient Influenza-like Illness Surveillance Network (ILINet)

Michigan participates in ILINet, a collaborative effort between the CDC, state and local health departments, and volunteer sentinel clinicians as part of Michigan’s influenza surveillance. ILINet provides data on the total number outpatient visits to health care providers seen for any reason and the number of those patients with influenza-like illness (ILI). For this system, ILI is defined as fever (temperature of 100°F [37.8°C] or greater) and a cough and/or a sore throat without a known cause other than influenza.

Number of Reports and ILI % by Region in Michigan during this time period:

Region	C	N	SE	SW
No. of Reporters Total (28)	10	5	10	3
ILI %	0.7	1.4	2.1	0.9

Data is provisional and may change as additional reports are received.



Michigan ILI Activity

1.2%

(Last week: 1.2%)

Regional Baseline*: 1.9%

A total of 131 patient visits due to ILI were reported out of 11,103 office visits during this period.

*Regional baseline is determined by calculating the mean percentage of patient visits due to ILI during non-influenza weeks for the previous three seasons and adding two standard deviations

National Surveillance

In the United States, **3.2%** of outpatient visits were due to ILI. (Last week: 3.5%)
This is **above** the national baseline of 2.4%

Become an ILINET provider!

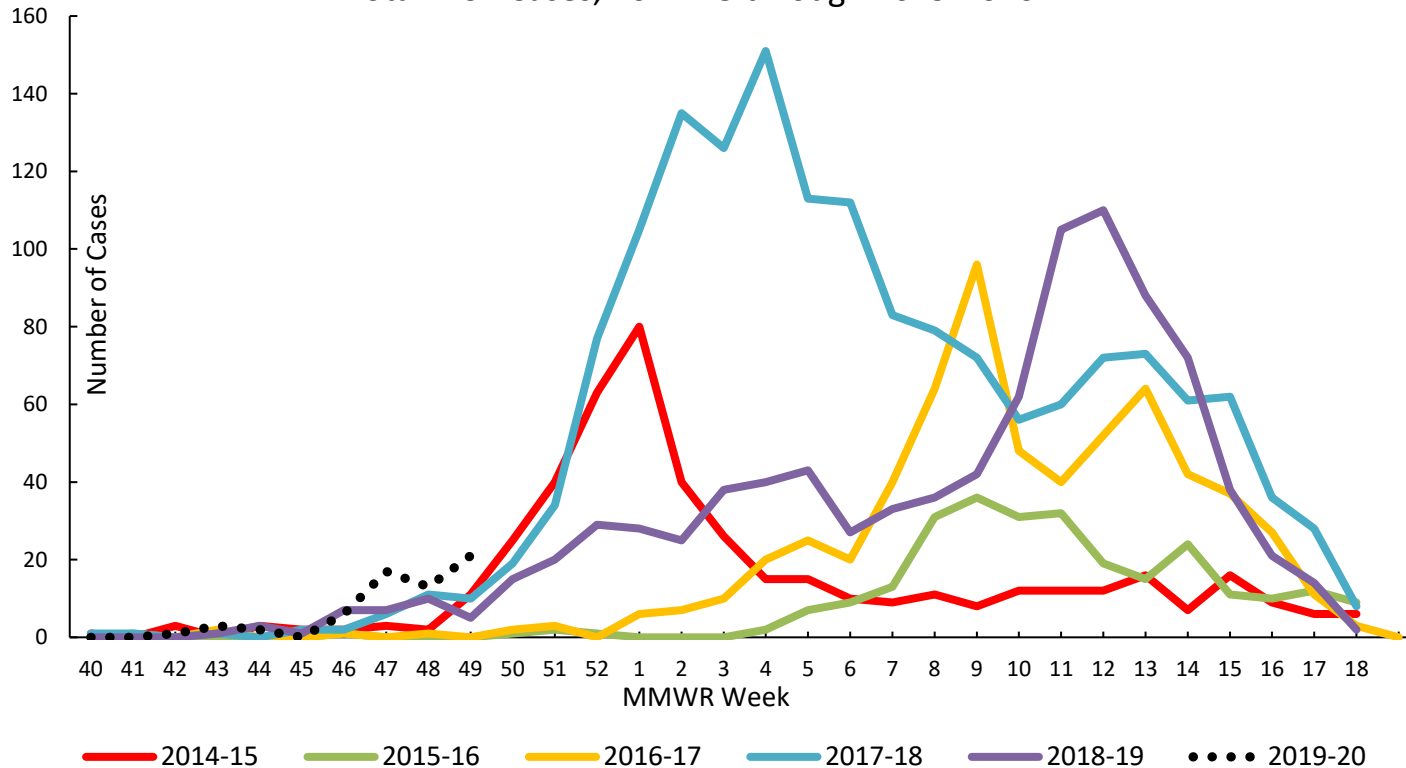
Contact Shelly Doebler at DoeblerM@michigan.gov

Influenza Hospitalization Surveillance Project (IHSP)

The CDC's Influenza Hospitalization Surveillance Network (FluSurv-NET) provides population-based rates of laboratory-confirmed influenza-associated hospitalizations from October 1st through April 30th each year. Michigan participates as an IHSP state in FluSurv-NET for Clinton, Eaton, Genesee, Ingham, and Washtenaw Counties.

There were **21** (6 pediatric, 15 adult) influenza-associated hospitalizations reported to MDHHS for the IHSP during this time period. Since October 1st, **63 (12 pediatric, 51 adult)** influenza-related hospitalizations were reported in the catchment area for the 2019-2020 season.

Total IHSP Cases, 2014-15 through 2019-2020



Washtenaw County was added in the 2017-2018 season

Join the Influenza Sentinel Hospital Network (ISHN)!

What is it? ISHN is a group of hospitals in Michigan that voluntarily report weekly aggregate counts of influenza positive inpatients to assist MDHHS with statewide flu surveillance

How it works: As a participating hospital in the ISHN, you would complete a brief Survey Monkey every week containing:

- Number of hospitalizations with a positive influenza test by age group during that time period
- The total number of hospitalizations due to any condition during that time period (if available)

The data you provide is aggregated by region and can assist providers and public health in recognizing changes in the age or geographic distribution of flu in this population.

If your facility is interested in participating or would like more details, please contact Sue Kim (KimS2@michigan.gov)

Laboratory (Virologic) Surveillance

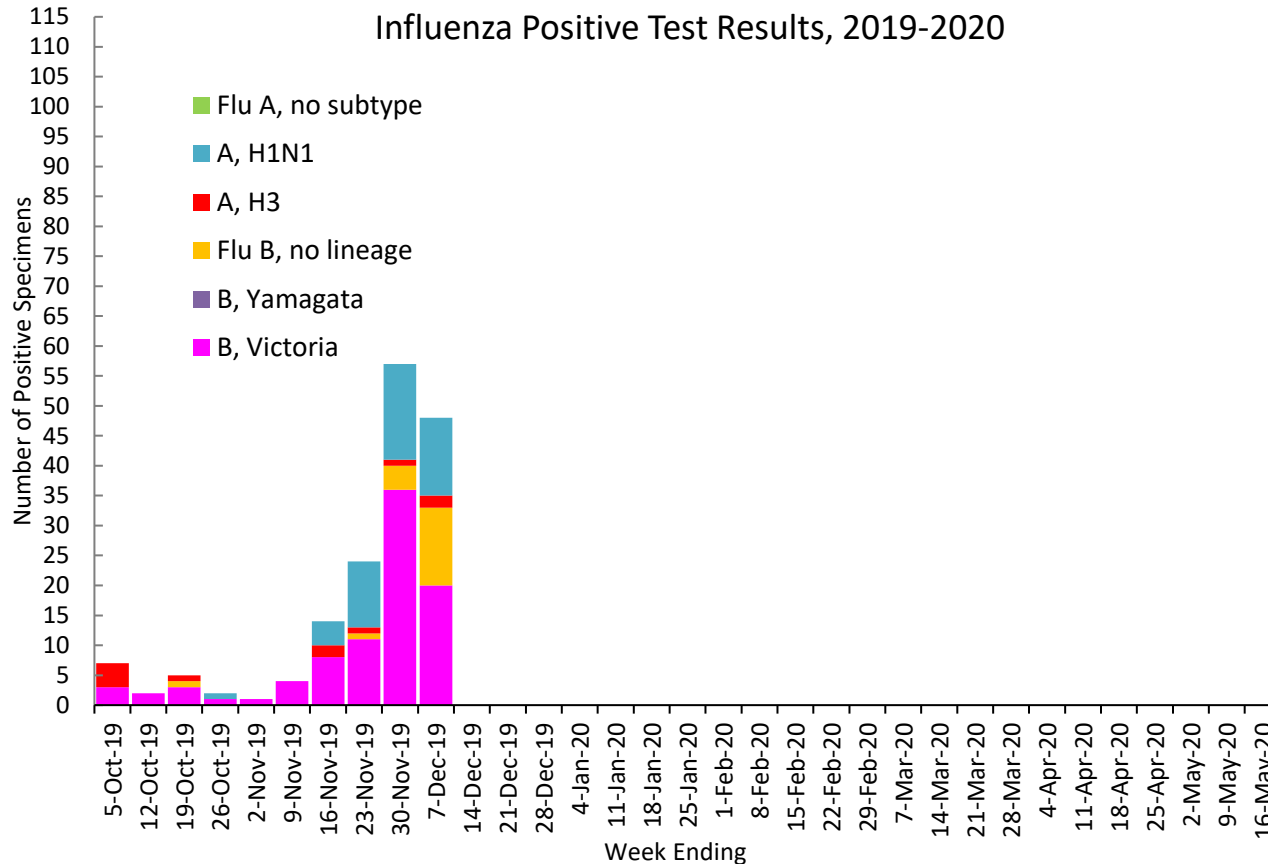
Week Ending Dec 7, 2019

There were 48 new positive influenza results (11C, 1N, 17SE, 19SW) reported by the MDHHS Bureau of Laboratories (BOL) during this time period.

of Positive Respiratory Virus Results by Region

	C	N	SE	SW	Total
H1N1	15	0	14	16	45
H3N2	2	0	8	1	11
Infl B	19	1	49	39	108
Total	36	1	71	56	164

Data is provisional and may change as additional results are reported.



Note: Flu B subtyping will be reported based on MDHHS BOL testing runs and will be backtracked into this graph
 Latest MDHHS BOL Flu B lineage determination run: *December 11, 2019*

Michigan Sentinel Clinical Lab Network Respiratory Virus Data

Thirteen (13) sentinel clinical labs (3SE, 2SW, 7C, 1N) reported during this week

SE Region	
Influenza A:	elevated; increasing
Influenza B:	elevated; strong increases
Parainfluenza:	elevated
RSV:	elevated; strong increases
Adenovirus:	slightly elevated
hMPV:	slightly elevated
Central Region	
Influenza A:	low
Influenza B:	low
Parainfluenza:	low – slightly elevated
RSV:	low – elevated; increasing
Adenovirus:	low
hMPV:	low
SW Region	
Influenza A:	elevated; increasing
Influenza B:	slightly elevated; increasing
Parainfluenza:	low – slightly elevated
RSV:	elevated; increasing
Adenovirus:	low
hMPV:	low
North Region	
Influenza A:	sporadic
Influenza B:	sporadic
Parainfluenza:	no activity
RSV:	low
Adenovirus:	no activity
hMPV:	no activity

There were no (0) new respiratory outbreaks reported to MDHHS during this time period. Respiratory outbreaks for the 2019-2020 season are listed in the table below.

of Congregate Setting Outbreaks by Region

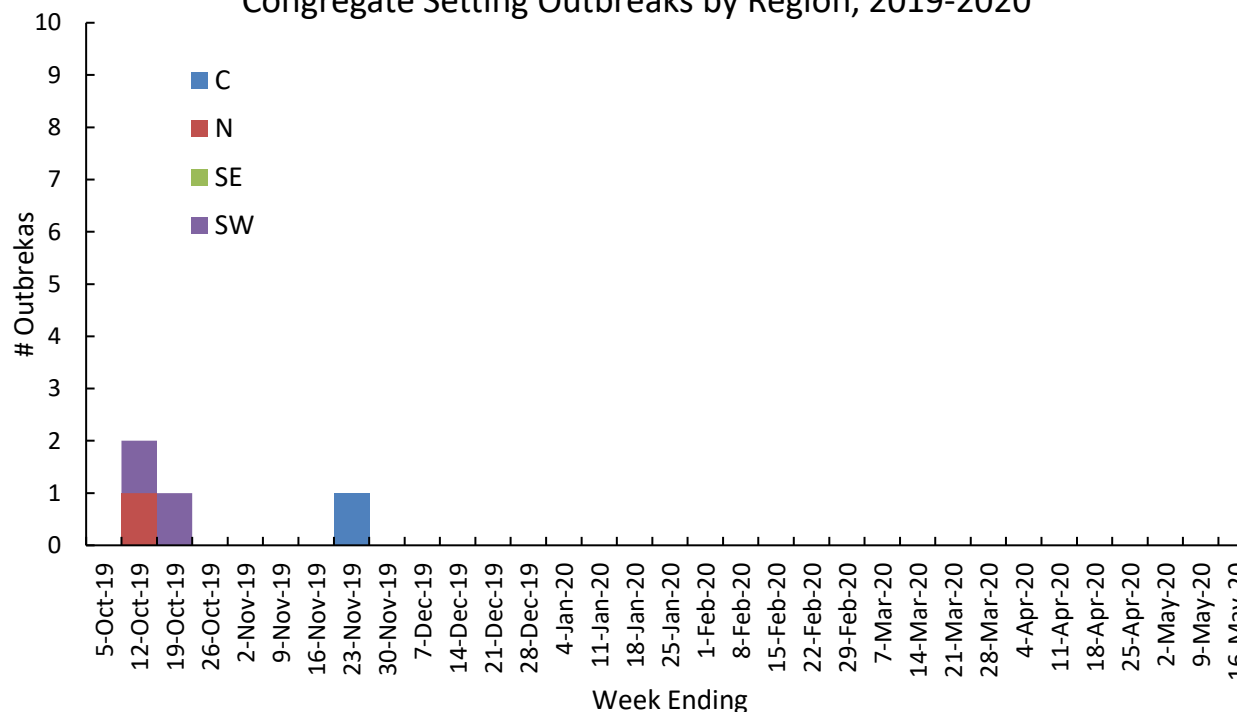
Facility Type	C	N	SE	SW	Total
Schools: K-12 & College	0	0	0	0	0
Long-term Care / Assisted Living Facility	1	1	0	2	4
Healthcare Facility	0	0	0	0	0
Daycare	0	0	0	0	0
Homeless Shelter	0	0	0	0	0
Correctional Facility	0	0	0	0	0
Other	0	0	0	0	0
Total	1	1	0	2	4

Did you know?

Congregate setting outbreaks of viral respiratory illnesses are required to be reported to your local health department? See:

- [Influenza Guidance for Healthcare Providers](#)
- [Guideline for influenza and Respiratory Virus Outbreaks in Long-Term Care Facilities](#)

Congregate Setting Outbreaks by Region, 2019-2020



Influenza Vaccine Updates

37% of Americans Do Not Plan to Get a Flu Shot This Season

The National Opinion Research Center (NORC) at the University of Chicago revealed results from nationally representative poll on influenza vaccination opinions and the results were worrying.

The survey results revealed that 44% of adults have been vaccinated against influenza for the 2019-2020 flu season, but alarmingly 37% have no plans to get vaccinated. An age breakdown of these results can be found in the table below.

The top reasons survey participants indicated for not receiving a flu vaccine include concerns about vaccine side effects, beliefs that the vaccine does not work very well, and beliefs that they never get sick with the flu.

Providers should work with their patients to address these concerns and encourage vaccination for everyone 6 months and older.

Adults' Plans to Receive the Flu Vaccination for 2019-2020 Season

	Have Been Vaccinated	Plan to Get Vaccinated	Do Not Plan to Get Vaccinated	Other
All Ages	44%	18%	37%	1%
18-29 years	35%	22%	39%	4%
30-44 years	36%	16%	47%	1%
45-59 years	34%	18%	46%	2%
60+ years	65%	16%	19%	-

Influenza News Blast

- [MDHHS- Influenza Vaccine F.A.Q.](#)
- [New Study: Antivirals Aid in Recovery of Severe Flu](#)
- [Flu Increasing Across Northern Hemisphere](#)
- [Adjuvanted Flu Vaccine Reduces Risk of Hospitalization for Older Adults](#)
- [AAP Encourages Strong Provider Recommendation for Flu Shot](#)
- [Studies Show Flu Vaccines Reduce Risk of Hospitalization and Death](#)
- [Flu Forecasting Tool: FluSight](#)

Additional Resources

- [MDHHS Influenza Webpage](#)
 - [MDHHS Bureau of Laboratories \(BOL\) Webpage and Test Request Forms](#)
 - [CDC FluView Weekly Report](#)
 - [NFID Flu and Chronic Health Conditions Toolkit](#)
 - [CDC Healthcare Professionals Flu Toolkit](#)
 - [Immunization Action Coalition: Ask the Experts- Flu](#)
- [View Michigan Flu Focus Report archives here](#)

Influenza Burden Estimates

The Centers for Disease Control and Prevention (CDC) have once again begun to release [preliminary burden estimates](#) for the 2019-2020 influenza season.

Between October 1, 2019 through November 30, 2019 it is estimated that there have been:

- **1.7 million – 2.5 million flu illnesses**
- **800,000 – 1.2 million flu medical visits**
- **16,000 – 29, 000 flu hospitalizations**
- **910 – 2,400 flu deaths**

Additionally, there have been 6 confirmed flu-associated deaths in children for the 2019-2020 flu season.

Influenza activity is [greatly increasing around the country](#) and flu-like illness has been above or at the national baseline for four weeks.

Remember: It is not too late to get vaccinated! Get your flu shot!

MDHHS Contributors

Bureau of Epidemiology and Population Health
S. Bidol, MPH, S. Kim, MPH

Bureau of Family Health Services
M. Doebler, MPH

Bureau of Laboratories
B. Robeson, MT, V. Vavricka, MS

For questions or to be added to the distribution list, please contact Sue Kim at KimS2@michigan.gov