

# **Certified Nurse Assistant Curriculum Guide 2023-2024**

## **Program Description**

The Certified Nurse Assistant (CNA) program has one term of curriculum. Students learn to care for patients in a caring and compassionate manner. Students first learn patient care techniques in a simulated lab environment, followed by a clinical rotation at a nursing home. Study and practice sessions are held to prepare for the State of Michigan competency certification exam.

## **Program Admissions Considerations**

- Background screening as outlined in Public Act (2006) No. 27, 28, and 29
- Must not have any pending charges
- Will be drug tested at the start of the program and remain drug-free
- Must be fully vaccinated with the COVID vaccine, with the first injection documented prior to enrollment.

Students who most closely match the **U.S. Department of Labor occupational profile** for a *Certified Nurse Assistant* are accepted for enrollment.

**CASAS Scaled Scores** - Reading 208 – 220

**Aptitudes** - General Learning (G), CareerScope: 70+

## **Temperaments**

- Requires cooperative and agreeable interpersonal relationships, beyond merely giving and receiving instructions.
- Perform a variety of duties involving different techniques, procedures, and physical demands without loss of efficiency or composure.
- Continuously following instructions in oral, written, or diagrammatic form, precluding independent judgment in solving problems.
- Respond to situations that require speed, risk, and situational attention.

**Physical Demands & Work Environment** -Minimum Physical Requirements can be found on the Curriculum Guide online at [www.michigan.gov/MCTI](http://www.michigan.gov/MCTI).

**Certificate of Completion Programs** (SOC code):

- Certified Nurse Assistant (31-1014)

## **Required Courses**

*To advance from term to term, students must demonstrate academic progress (satisfactory grade point average of 2.0) and good employability skills.*

### **Required Courses for CNA Certification**

<b>Course Number</b>	<b>Course Name</b>	<b>Credits</b>
CNA 100	Introduction to Healthcare Roles	2
CNA 101	Medical Terminology	2
CNA 110	Personal Care and Safety Measures	3
CNA 120	Patient Care 1	3
CNA 125	Patient Care II	3
CNA 150	Extended Care Facility Clinical	2

Instructors, program managers, and/or the referring counselor may recommend employability skills and elective classes based on the student's needs, interest, and abilities. Additional terms or courses are initiated by the instructor and approved by the Manager of Career and Technical Education programs. Job Seeking Skills is required for all students expecting to graduate from MCTI.

## **Course Descriptions**

**CNA 100: Introduction to Healthcare Roles** - This highly interactive course is for students who are thinking about or who have decided to pursue a career as a Certified Nurse Assistant (CNA). Information on various health care professions and work sites; basic role of the CNA and chain of command in a work environment. **Topics covered:** roles and responsibilities of team members, training/ certification requirements, CNA job duties, legal and ethical standards, confidentiality, public relations.

**CNA 101: Medical Terminology** - An introduction to basic medical terminology; no prior knowledge is needed. Students break medical terms down into prefixes, suffixes, and root words to determine the definition of a word. A highly inter-active course. **Topics covered:** prefixes, suffixes, root words, abbreviations, and medical terminology by body system.

**CNA 110: Personal Care and Safety Measures** - This highly interactive course focuses on providing basic personal care while taking the necessary precautions to protect both the patient and the care provider. **Topics covered:** cardiopulmonary resuscitation (CPR), hand-washing techniques, and universal safety precautions, care of hair and nails, oral care, shaving the client, proper body mechanics.

**CNA 120: Patient Care 1** - This highly interactive course focuses on developing the basic skills used daily by a care provider when caring for a patient. **Topics covered:**

vital signs, intake and output, catheter care, using a gait belt safely for transfers and ambulation of patients.

**CNA 125: Patient Care II** - This highly, interactive course is a continuation of Patient Care I, focusing on developing more advanced skills needed when caring for a patient.

**Topics covered:** bathing male and female patients, skin care, and dressing, bed making, positioning in bed, feeding patients, range of motion, and using physical restraints.

**CNA 130: CNA Skills Update** - This highly course is designed for students who have worked in the field or have developed skills as a nursing assistance but have not used the skills for some time. Students will concentrate on refreshing current skills and learning new skills not previously learned in preparation for the certification exam.

**Topics covered:** all information learned in previous nurse assistant courses, organizational skills in an extended care facility, and documentation procedures.

**CNA 150: Extended Care Facility Clinical** - This course is for advanced Certified Nurse Assistant (CNA) students who have demonstrated competence in all skills needed to assist patients in clinical settings. Students apply skills they have acquired in a simulated environment to an actual workplace environment. This two-week clinical experience in area nursing home gives students practice and completes their eligibility criteria for certification. **Topics covered:** reinforcement of all information learned in previous CNA courses, organizational skills and documentation procedures used in an extended care facility.