

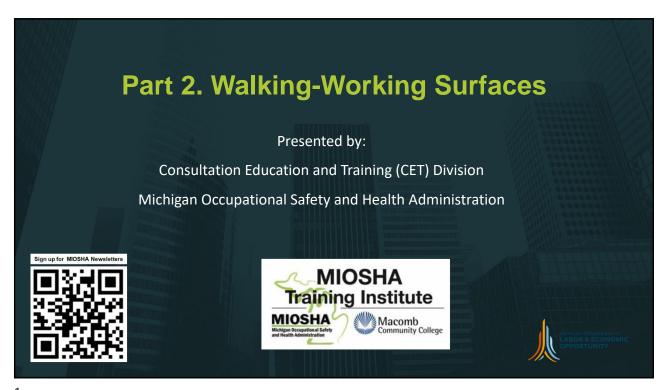
Part 2. Walking-Working Surfaces

Student Materials
MTI Level Two Compliance Course
Consultation Education and Training Division
Michigan Occupational Safety and Health Administration
Michigan Department of Labor and Economic Opportunity

www.michigan.gov/miosha 517-284-7720







Course Objectives Discuss scope and reference standard adoptions. Review employer and employee responsibilities. Discuss rules and diagrams within Walking-Working Surfaces and associated standards as referenced. Cover hazards and accepted control methods for Walking-Working Surfaces. Address maintenance, inspection and repair.

Course Objectives



Identify hazards and some accepted construction parameters of systems used for Walking-Working Surfaces.



Provide students with the direction to develop the ability to navigate standard to find applicable rules of the workplace.

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Horizontal versus Vertical Standards

Horizontal Standard

Generally composed of rules that are applicable to many conditions and industries. Such standards for example would be General Industry Safety Standard Part 33 Personal Protective Equipment, or General Industry Health Standard Part 380 Noise.

Vertical Standard

Composed of rules that apply to a specific industry, process, or type of equipment. Such conditions may be as found in General Industry Safety Standard Part 63 Pulp, Paper, and Paperboard Mills, or General Industry Health Standard Part 504 Diving Operations

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What are walking-working surfaces?

Walking-Working Surface — means <u>any</u> horizontal or vertical <u>surface</u> on or through which an employee walks, works, or gains access to a work area or workplace location.

➤ Sidewalks	➤ Parking Lots	➤ Aisles/Passageways
➤ Rooftops	➤ Scaffolding	➤ Jobsite/Project Area
➤ Ladders	➤ Bathrooms	➤ Loading Docks
➤ Stairways	➤ Shop Floors	➤ Break Rooms
➤ Catwalks	➤ Platforms	➤ Warehouse Floors
➤ Ramps	> Hallways	➤ Office Building Floors
➤ Stages	➤ Elevators	➤ Staging Area

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Why Discuss - Horizontal versus Vertical Standard

Horizontal Standard

These standards that are applicable to many conditions and industries.

Other horizontal standards that are concurrent:

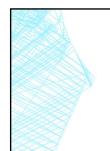
Part 6. Fire Exits

Part 1. General Provisions

Vertical Standards

These standards apply to a specific industry, process, or type of equipment.

- Cranes, aerial devices, powered platforms, telecommunications, and electric power generation



Part 2 - Format of the Standard

- Adoption Preamble
- 1910.21 Scope and Definitions
- 1910.22 General Requirements
- 1910.23 Ladders
- 1910.24 Step Bolts and manhole Steps
- 1910.25 Stairways

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Part 2 - Format of the Standard

- 1910.26 Dockboards
- 1910.27 Scaffold and Rope Descent Systems
- 1910.28 Duty to have Fall Protection and Falling Object Protection
- 1910.29 Fall Protection Systems and Falling Object
 Protection Criteria and Practices
- 1910.30 Training requirements

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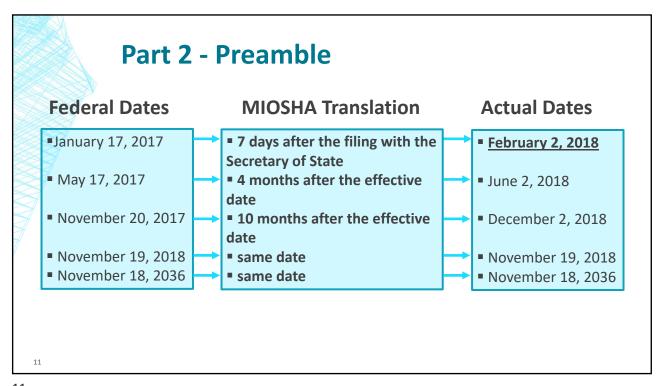
New Standard in Michigan

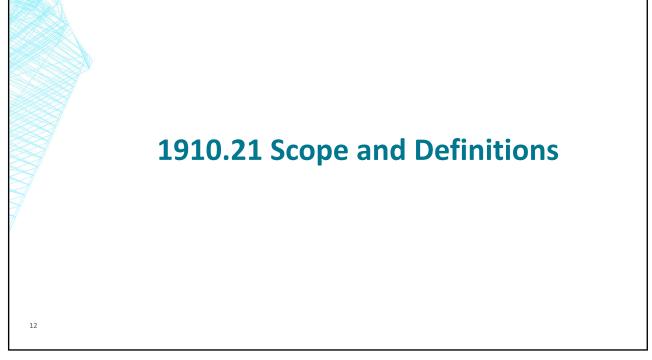
- February 2, 2018
- Replaced
 - Part 2. Floor and Wall Openings, Stairways, and Skylights
 - Part 3. Fixed Ladders
 - Part 4. Portable Ladders
 - Part 5. Scaffolding
- Remaining
 - Part 5. Powered Platforms for Building Maintenance

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Part 2 - Preamble

- Rule 202 lists the federal standards adopted and provides a key reference of where to look in MIOSHA Standards when there is a federal reference.
 - Example 1910.140 Personal fall protection systems means General Industry Safety and Health Standard Part 33. Personal Protective Equipment
 - Example 1926 Subpart M Fall Protection means Construction Safety Standard Part 45. Fall Protection





Scope

This part applies to <u>all General Industry workplaces</u>. It covers all walking-working surfaces unless specifically excluded by an individual section of this subpart.

Furthermore: All Federal letters of Interpretation apply to this Standard unless MIOSHA issues letter in opposition, or in addition to a specific rule.

Exception: When the letter of interpretation references standards that Michigan did not adopt by reference or provisions in the OSH Act that differ from the MIOSH Act, the federal letter of interpretation in some cases may not apply if in conflict with state regulations.

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Definitions

Anchorage

 means a secure <u>point of attachment</u> for equipment such as lifelines, lanyards, deceleration devices, and rope descent systems.

Authorized

– means an employee who the employer <u>assigns</u> to perform a specific type of duty or allows in a specific area.

Equivalent

– means alternative designs, equipment, materials, or methods, that the employer can <u>demonstrate</u> will provide an equal or greater degree of safety for employees compared to the designs, equipment, materials, or methods specified in this subpart.





Dockboard – means a portable or fixed device that **spans a gap** or compensates for a difference in elevation between a loading platform and transport vehicle. Dockboards include, but are not limited to, bridge plates, dock plates, and dock levelers.



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Definitions

Hole – means a gap or <u>open space</u> in a floor, roof, <u>horizontal</u> walkingworking surface, or similar surface that is at least 2 inches in its least dimension.







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Mobile Ladder Stand (ladder stand) — means a mobile fixed-height, self supporting ladder that usually consist of wheels or casters on a rigid base and steps leading to a top step. A mobile ladder stand also may have handrails and is designed of use by one employee at a time.



Mobile Ladder Stand Platform

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Definitions

Fall Hazard – means <u>any condition</u> on a walking-working surface that exposes an employee to a risk of harm from a fall on the same level or to a lower level.

Fixed ladder – means a ladder with rails or individual rungs that is **permanently attached** to a structure, building, or equipment. Fixed ladders include individual-rung ladders, but not ship stairs, step bolts, or manhole steps.

Guardrail System – means a <u>barrier</u> erected along an unprotected or exposed side, edge, or other area of a walking-working surface to prevent employees from falling to a lower level.

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Handrail – means a rail used to provide employees with a handhold for support.

Ladder Safety System – means a system designed to <u>eliminate or reduce</u> the possibility of falling from a ladder. A ladder safety system usually consists of a carrier, safety sleeve, lanyard, connectors, and body harness. Cages and wells are not ladder safety systems.



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Definitions

Opening – Means a <u>gap or open space</u> in a wall, partition, <u>vertical</u> walking-working surface, or similar surface that is at least 30 inches high and at least 18 inches wide, through which an employee can fall to a lower level.

Platform – means a walking-working surface that is **elevated above** the surrounding area.





Personal Fall Protection System – means a system (including all components) an employer uses to provide **protection from falling** or to safely arrest an employee's fall if one occurs. Examples of personal fall protection systems include personal fall arrest systems, positioning systems, and travel restraints.



Personal Fall Arrest System – means a system used to <u>arrest</u> an employee <u>in a fall</u> from a walking-working surface. It consists of a body harness, anchorage, and connector. The means of connection may include a lanyard, deceleration device, lifeline, or a suitable combination.



FALL ARREST



FALL RESTRAINT



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Definitions

Positioning System (work-positioning system) – means a system of equipment and connectors that when used with a body harness or body belt, allows an employee to be **supported** on an elevated vertical surface,

such as a wall or window sill, and work with both <u>hands free</u>. Positioning systems also are called "positioning system devices" and "work positioning equipment."



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Portable Ladder – means a ladder that <u>can be readily moved or carried</u>, and usually consists of side rails joined at intervals by steps, rungs, or cleats.

Qualified – Describes a person who, by possession of a recognized degree, certificate, or <u>professional</u> standing, or who by extensive <u>knowledge</u>, <u>training</u>, <u>and experience</u> has successfully demonstrated the ability to solve or resolve problems relating to the subject matter, the work, or the project.

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Definitions

Walking-Working Surface – means <u>any</u> horizontal or vertical <u>surface</u> on or through which an employee walks, works, or gains access to a work area or workplace location.



Rope Descent System – means a suspension system that allows an employee to <u>descend</u> in a <u>controlled</u> manner and, as needed, stop at any point during the descent. A rope descent system usually consist of a roof anchorage, support rope, a descent device, carabiner(s) or shackle(s), and a chair (seat-board). A rope descent system also is called controlled descent equipment or apparatus. Rope descent systems do not include industrial rope access systems.

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Travel Restraint System – means a combination of an anchorage, anchorage connector, lanyard (or other means of connection), and body support that an employer uses to **eliminate** the possibility of an employee going over the edge of a walking-working surface.





1910.22 GENERAL REQUIREMENTS

- (a) Surface conditions. The employer must ensure:
- (1) <u>All places of employment</u>, passageways, storerooms, service rooms, and walking- working surfaces are kept in a <u>clean</u>, <u>orderly</u>, <u>and sanitary</u> condition.
- (2) The floor of each workroom is maintained in a <u>clean</u> and, to the extent feasible, in a <u>dry</u> condition. When wet processes are used, drainage must be maintained and, to the extent feasible, dry standing places, such as false floors, platforms, and mats must be provided.

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1910.22 General Requirements







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1910.22 General Requirements

(3) Walking-Working Surfaces are maintained free of hazards such as sharp or protruding objects, loose boards, corrosion, leaks, spills, snow, and ice.

Access to emergency egress is mainly addressed and covered in other standards



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(c) Access and egress. The employer must provide, and ensure each employee uses, a <u>safe means</u> of <u>access and egress to and from</u> walking-working surfaces.









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(d) Inspection, maintenance, and repair.

(1) Walking-working surfaces are <u>inspected</u>, regularly and as necessary, and <u>maintained</u> in a safe condition.

Excerpt from the Federal Register

......(d)(1) requires that employers inspect and maintain walking-working surfaces in a safe condition. OSHA believes that inspecting walking-working surfaces is necessary to ensure they are maintained in a safe condition. To ensure they are in a safe condition, the final rule specifies that employers must inspect walking-working surfaces both (1) regularly and (2) as necessary.

The term "regular inspection" means that the employer has some type of schedule, formal or informal, for inspecting walking-working surfaces that is adequate enough to identify hazards and address them in a timely manner. The final rule uses a performance-based approach instead of mandating a specific frequency for regular inspections.

In addition to regular inspections, final paragraph (d)(1) also requires employers to conduct inspections ``as necessary.'' For purposes of final paragraph (d)(1), inspecting workplaces ``as necessary'' means that employers must conduct inspections when particular workplace conditions, circumstances, or events occur that warrant an additional check of walking-working surfaces to ensure that they are safe for workers to use (i.e., that the walking-working surface does not increase the risk of a slip, trip, or fall). For example, an additional inspection may be necessary to ensure that a significant leak or spill did not create a slip, trip, or fall hazard on walking-working surfaces. Similarly, employers may need to inspect outdoor workplaces after a major storm to ensure that walking-working surfaces are free from storm debris, downed power lines, and other related hazards.

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1910.22 General Requirements

(d) Inspection, maintenance, and repair.

(2) Hazardous conditions on surfaces are corrected or repaired before employee uses the walking-working surface again. If the correction or repair cannot be made immediately, the hazard must be guarded to prevent employee use or exposure.







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(d) Inspection, maintenance, and repair.

(3) When any correction or repair involves the structural integrity, a qualified person must perform or supervise the correction or repair.

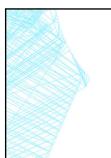




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1910.23 Application

(a) Application. The employer must ensure that each ladder meets the requirements of this section. This section covers all ladders, except when the ladder is:

(1) Used in emergency operations such as firefighting, rescue, and tactical law enforcement operations, or training for those operations.



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1910.23 Application

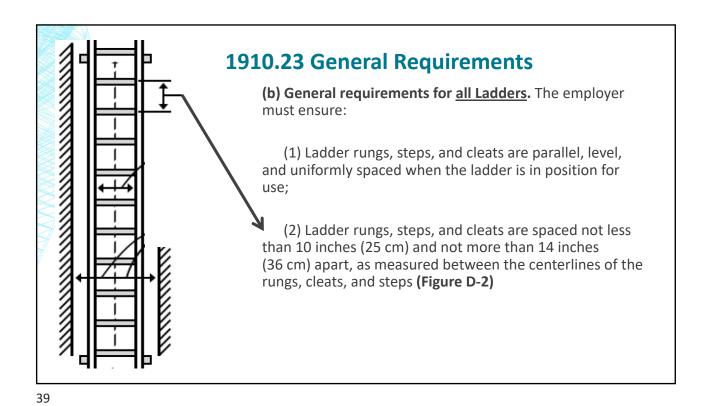
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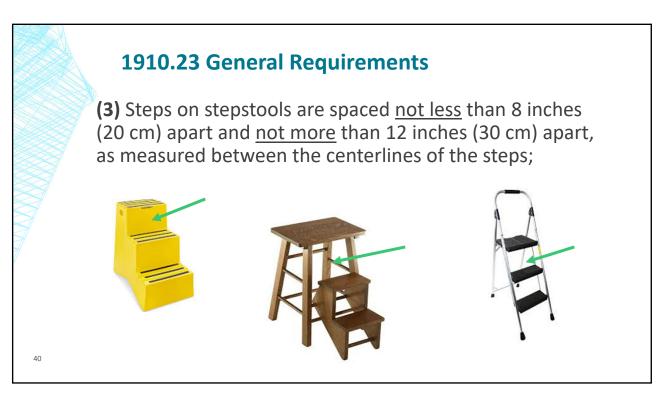
(2) <u>Designed into or is an integral part of</u> machines or equipment.

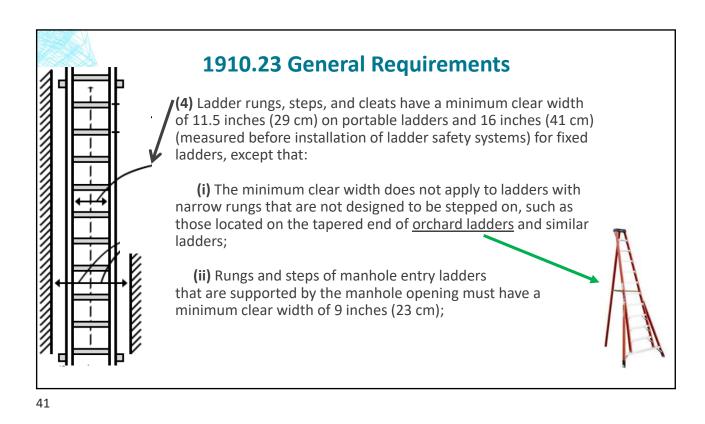




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1910.23 General Requirements (iii) Rungs and steps on rolling ladders used in telecommunication centers

- must have a minimum clear width of 8 inches (20 cm); and
 - (iv) Stepstools have a minimum clear width of 10.5 inches (26.7 cm);
- (5) Wooden ladders are not coated with any material that may obscure structural defects;
- (6) Metal ladders are made with corrosion-resistant material or protected against corrosion;
- (7) Ladder surfaces are free of puncture and laceration hazards;



(8) Ladders are used only for the purposes for which they were designed;





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1910.23 General Requirements



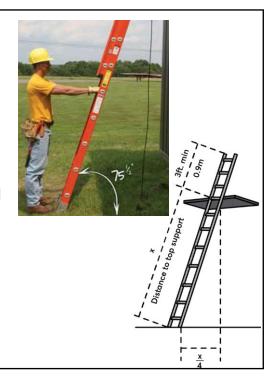
(9) Ladders are inspected before initial use in each work shift, and more frequently as necessary, to identify any visible defect that could cause employee injury;



(10) Any ladder with structural or other defects is immediately tagged "Dangerous: Do Not Use" or with similar language in accordance with § 1910.145 and removed from service until repaired in accordance with § 1910.22(d), or replaced;

for damage.

- (11) Each employee faces the ladder when climbing up or down it;
- (12) Each employee uses at least one hand to grasp the ladder when climbing up and down it; and
- (13) No employee carries any object or load that could cause the employee to lose balance and fall while climbing up or down the ladder.



NIOSH Ladder Safety App



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1910.23 Portable Ladders

- (c) Portable ladders. The employer must ensure:
 - (1) Rungs and steps of portable metal ladders are corrugated, knurled, dimpled, coated with skid-resistant material, or otherwise treated to minimize the possibility of slipping;
 - (2) Each stepladder or combination ladder used in a stepladder mode is equipped with a metal spreader or locking device that securely holds the front and back sections in an open position while the ladder is in use;



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(3) Ladders are not loaded beyond the maximum intended load;

Note to paragraph (c)(3): The maximum intended load, as defined in § 1910.21(b), includes the total load (weight and force) of the employee and all tools, equipment, and materials being carried.



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(6) No ladder is moved, shifted, or extended while an employee is on it;



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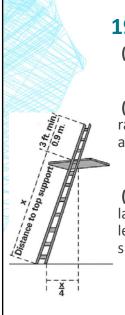
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1910.23 Portable Ladders





- (7) Ladders placed in locations such as passageways, doorways, or driveways where they can be displaced by other activities or traffic:
 - (i) Are secured to prevent accidental displacement; or
 - (ii) Are guarded by a temporary barricade, such as a row of traffic cones or caution tape, to keep the activities or traffic away from the ladder;
- (8) The cap (if equipped) and top step of a stepladder are not used as steps;



(9) Portable ladders used on slippery surfaces are secured and stabilized;

(10) The top of a non-self-supporting ladder is placed so that both side rails are supported, unless the ladder is equipped with a single support attachment;

(11) Portable ladders used to gain access to an upper landing surface have side rails that extend at least 3 feet (0.9 m) above the upper landing surface. (see Figure D-1 of this section);



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What's the problem?



- (12) Ladders and ladder sections are not tied or fastened together to provide added length unless they are specifically designed for such use;
- (13) Ladders are not placed on boxes, barrels, or other unstable bases to obtain additional height.

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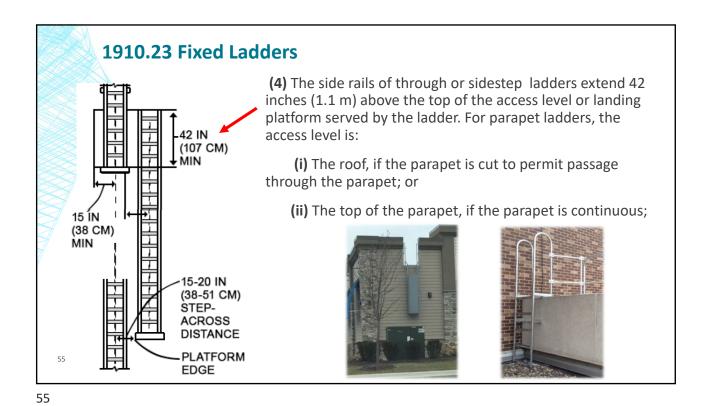
1910.23 Fixed Ladders

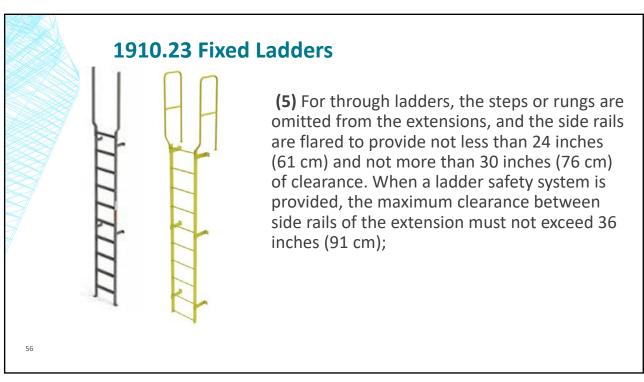
(d) Fixed ladders. The employer must ensure:

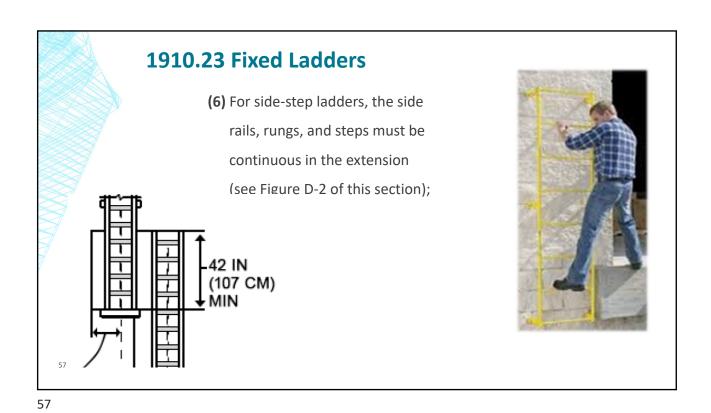


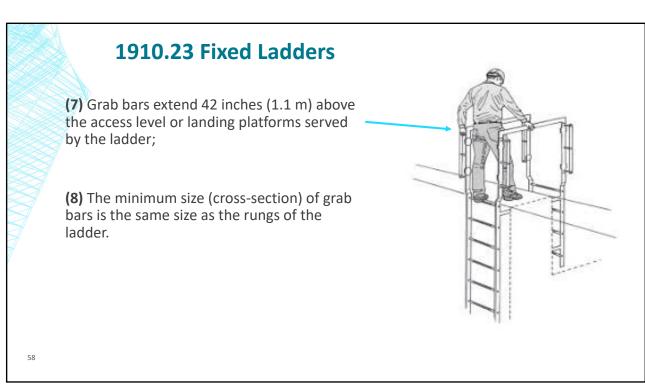
- (1) Fixed ladders are capable of supporting their maximum intended load;
- (2) The minimum perpendicular distance from the centerline of the steps or rungs, or grab bars, or both, to the nearest permanent object in back of the ladder is 7 inches (18 cm), except for elevator pit ladders, which have a minimum perpendicular distance of 4.5 inches (11 cm);
- (3) Grab bars do not protrude on the climbing side beyond the rungs of the ladder that they serve;

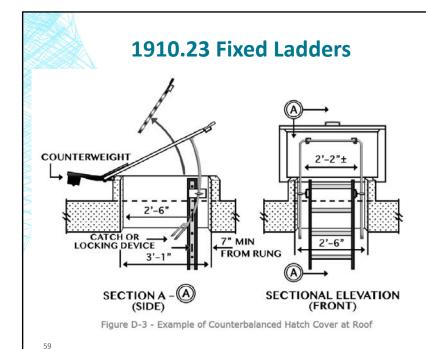
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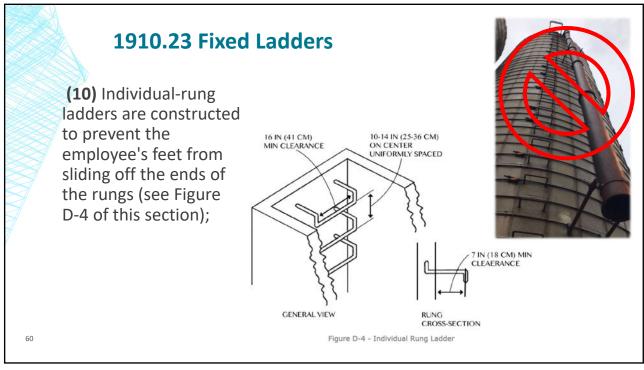








- (9) When a fixed ladder terminates at a hatch (see Figure D-3 of this section), the hatch cover:
- (i) Opens with sufficient clearance to provide easy access to or from the ladder; and
- (ii) Opens at least 70 degrees from horizontal if the hatch is counterbalanced;



1910.23 Fixed Ladders

(11) Fixed ladders having a pitch greater than 90 degrees from the horizontal are not used;



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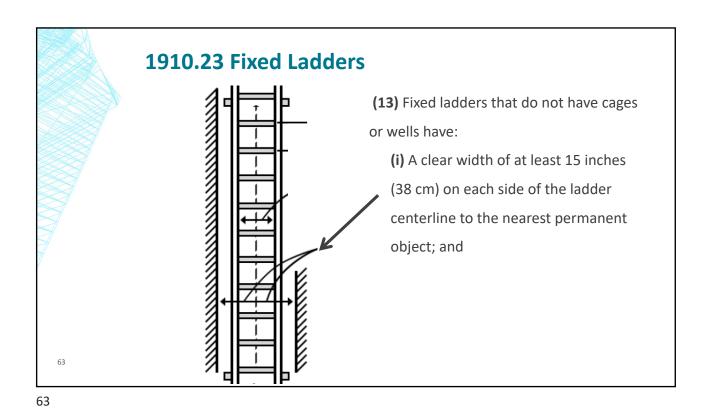
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1910.23 Fixed Ladders

- (12) The step-across distance from the centerline of the rungs or steps is:
 - (i) For through ladders, not less than 7 inches (18 cm) and not more than 12 inches (30 cm) to the nearest edge of the structure, building, or equipment accessed from the ladders;
 - (ii) For side-step ladders, not less than 15 inches (38 cm) and not more than 20 inches (51 cm) to the access points of the platform edge;

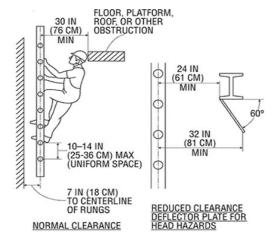


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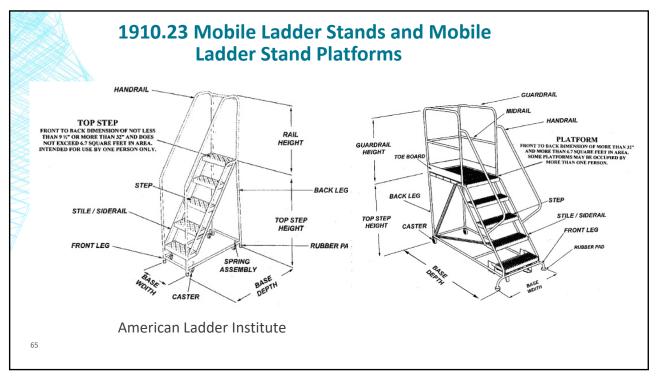


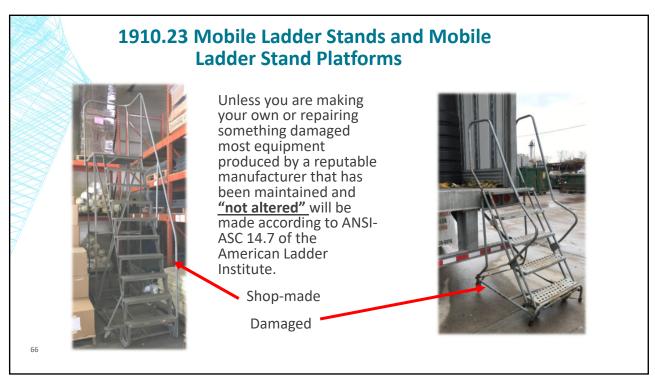
1910.23 Fixed Ladders

(ii) A minimum perpendicular distance of 30 inches (76 cm) from the centerline of the steps or rungs to the nearest object on the climbing side. When unavoidable obstructions are encountered, the minimum clearance at the obstruction may be reduced to 24 inches (61 cm), provided deflector plates are installed (see Figure D-5 of this section).



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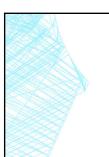


1910.23 Mobile Ladder Stands and Mobile Ladder Stand Platforms

- (iii) Mobile ladder stands and platforms are capable of supporting at least four times their maximum intended load;
- (iv) Wheels or casters under load are capable of supporting their proportional share of four times the maximum intended load, plus their proportional share of the unit's weight;

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1910.23 Mobile Ladder Stands and Mobile Ladder Stand Platforms

- (v) Unless otherwise specified in this section, mobile ladder stands and platforms with a top step height of 4 feet (1.2 m) or above have handrails with a vertical height of 29.5 inches (75 cm) to 37 inches (94 cm), measured from the front edge of a step. Removable gates or non-rigid members, such as chains, may be used instead of handrails in special use applications;
- (vi) The maximum work-surface height of mobile ladder stands and platforms <u>does not</u> exceed four times the shortest base dimension, without additional support. For greater heights, outriggers, counterweights, or comparable means that stabilize the mobile ladder stands and platforms and prevent overturning must be used;

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1910.23 Mobile Ladder Stands and Mobile Ladder Stand Platforms



(vii) Mobile ladder stands and platforms that have wheels or casters are equipped with a system to impede horizontal movement when an employee is on the stand or platform; and

(viii) No mobile ladder stand or platform moves when an employee is on it.



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1910.23 Mobile Ladder Stands and Mobile Ladder Stand Platforms

- (2) Design requirements for mobile ladder stands. The employer must ensure:
- (i) Steps are uniformly spaced and arranged, with a rise of not more than 10 inches (25 cm) and a depth of not less than 7 inches (18 cm). The slope of the step stringer to which the steps are attached must not be more than 60 degrees, measured from the horizontal;
- (ii) Mobile ladder stands with a top step height above 10 feet (3 m) have the top step protected on three sides by a handrail with a vertical height of at least 36 inches (91 cm); and top steps that are 20 inches (51 cm) or more, front to back, have a midrail and toeboard. Removable gates or non-rigid members, such as chains, may be used instead of handrails in special-use applications; and
 - (iii) The standing area of mobile ladder stands is within the base frame.

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1910.23 Mobile Ladder Stands and Mobile Ladder Stand Platforms

- (2) Design requirements for mobile ladder stands. The employer must ensure:
 - (i) Steps are uniformly spaced and arranged, with a rise of not more than 10 inches (25 cm) and a depth of not less than 7 inches (18 cm). The slope of the step stringer to which the steps are attached must not be more than 60 degrees, measured from the horizontal;
 - (ii) Mobile ladder stands with a top step height above 10 feet (3 m) have the top step protected on three sides by a handrail with a vertical height of at least 36 inches (91 cm); and top steps that are 20 inches (51 cm) or more, front to back, have a midrail and toeboard. Removable gates or non-rigid members, such as chains, may be used instead of handrails in special-use applications; and
 - (iii) The standing area of mobile ladder stands is within the base frame.

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1910.23 Mobile Ladder Stands and Mobile Ladder Stand Platforms

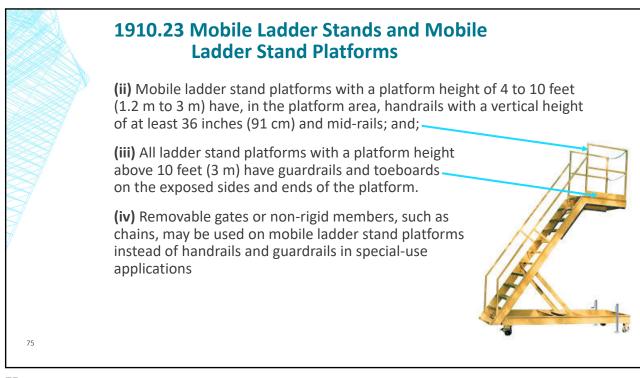
(3) Design requirements for mobile ladder stand platforms.

The employer must ensure:

(i) Steps of mobile ladder stand platforms meet the requirements of paragraph (e)(2)(i) of this section. When the employer demonstrates that the requirement is not feasible, steeper slopes or vertical rung ladders may be used, provided the units are stabilized to prevent overturning;



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1910.24 Step Bolts and Manhole Steps

(a) Step bolts. The employer must ensure:

- (1) Each step bolt installed on or after January 17, 2017 {February 2, 2018} in an environment where corrosion may occur is constructed of, or coated with, material that protects against corrosion;
- (2) Each step bolt is designed, constructed, and maintained to prevent the employee's foot from slipping off the end of the step bolt;



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1910.24 Step Bolts and Manhole Steps

(3) Step bolts are uniformly spaced at a vertical distance of <u>not less</u> than 12 inches (30 cm) and not more than 18 inches (46 cm) apart, measured center to center (see Figure D-6 of this section). The spacing from the entry and exit surface to the first step bolt may differ from the spacing between the other step bolts;

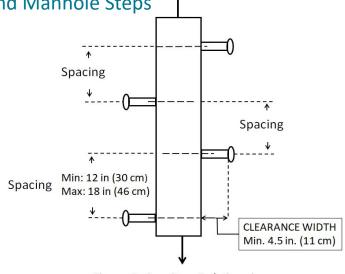
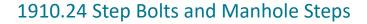
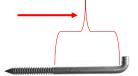


Figure D-6 - - Step Bolt Spacing

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(4) Each step bolt has a minimum clear width of 4.5 inches (11 cm);



(5) The minimum perpendicular distance between the centerline of each step bolt to the nearest permanent object in back of the step bolt is 7 inches (18 cm). When the employer demonstrates that an obstruction cannot be avoided, the distance must be at least 4.5 inches (11 cm);

(6) Each step bolt installed before January 17, 2017 (February 2, 2018) is capable of supporting its maximum intended load;

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1910.24 Step Bolts And Manhole Steps

- (7) Each step bolt installed on or after January 17, 2017 {February 2, 2018} is capable of supporting at least four times its maximum intended load;
- (8) Each step bolt is inspected at the start of the work shift and maintained in accordance with § 1910.22; and
- **(9)** Any step bolt that is bent more than 15 degrees from the perpendicular in any direction is removed and replaced with a step bolt that meets the requirements of this section before an employee uses it.

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- (b) Manhole steps.
- (1) The employer must ensure that each manhole step is capable of supporting its maximum intended load.
- (2) The employer must ensure that each manhole step installed on or after January 17, 2017: {February 2, 2018}.
 - (i) Has a corrugated, knurled, dimpled, or other surface that minimizes the possibility of an employee slipping;



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1910.24 Step Bolts and Manhole Steps

- (ii) Is constructed of, or coated with, material that protects against corrosion if the manhole step is located in an environment where corrosion may occur;
- (iii) Has a minimum clear step width of 10 inches (25 cm);
- (iv) Is uniformly spaced at a vertical distance not more than 16 inches (41 cm) apart, measured center to center between steps. The spacing from the entry and exit surface to the first manhole step may differ from the spacing between the other steps

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1910.24 Step Bolts and Manhole Steps

(v) Has a minimum perpendicular distance between the centerline of the manhole step to the nearest –permanent object in back of the step of at least 4.5 inches (11 cm); and

(vi) Is designed, constructed, and maintained to prevent the employee's foot from slipping or sliding off the end.

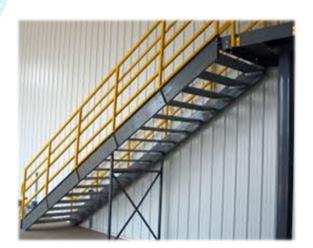
(3) The employer must ensure that each manhole step is inspected at the start of the work shift and maintained in accordance with § 1910.22.

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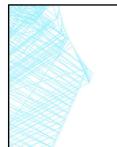
1910.25 STAIRWAYS



Definition:

Stairway (stairs) – means risers and treads that connect one level with another and includes any landings and platforms in between those levels.

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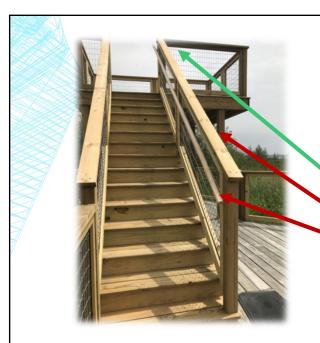
1910.25 Stairways

(a)Application. This section covers <u>all stairways</u> (including standard, spiral, ship, and alternating tread-type stairs), <u>except</u> for stairs serving floating roof tanks, stairs on scaffolds, stairs designed into machines or equipment, and stairs on self-propelled motorized equipment.



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1910.25 STAIRWAYS

(b) General requirements. The employer must ensure:

(1) Handrails, stair rail systems, and guardrail systems are provided in accordance with § 1910.28;

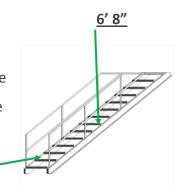
Stair Rail System
Handrail
Guard Rail System



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(2) Vertical clearance above any stair tread to any overhead obstruction is at least 6 feet, 8 inches (203 cm), as measured from the leading edge of the tread. Spiral stairs must meet the vertical clearance requirements in paragraph (d)(3) of this section.



(3) Stairs have uniform riser heights and tread depths between landings;

(4) Stairway landings and platforms are at least the width of the stair and at least 30 inches (76 cm) in depth, as measured in the direction of travel;

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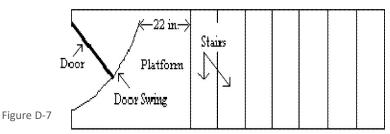
1910.25 Stairways

(5) When a door or a gate opens directly on a stairway, a platform is provided, and the swing of the door or gate does not reduce the platform's effective usable depth to:

(i) Less than 20 inches (51 cm) for platforms installed before January 17, 2017; February 2, 2018, and

(ii) Less than 22 inches (56 cm) for platforms installed on or after January 17, 2017 (February 2, 2018), (see Figure D-7 of this section);

(6) Each stair can support at least five times the normal anticipated live load, but never less than a concentrated load of 1,000 pounds (454 kg) applied at any point;



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1910.25 Stairways

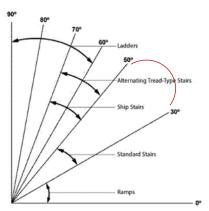


- (7) Standard stairs are used to provide access from one walking-working surface to another when operations necessitate regular and routine travel between levels, including access to operating platforms for equipment. Winding stairways may be used on tanks and similar round structures when the diameter of the tank or structure is at least 5 feet (1.5 m).
- (8) Spiral, ship, or alternating tread-type stairs are used only when the employer can <u>demonstrate</u> that it is not feasible to provide standard stairs.
- (9) When paragraph (b)(8) of this section allows the use of spiral, ship, or alternating tread-type stairs, they are installed, used, and maintained in accordance with manufacturer's instructions.

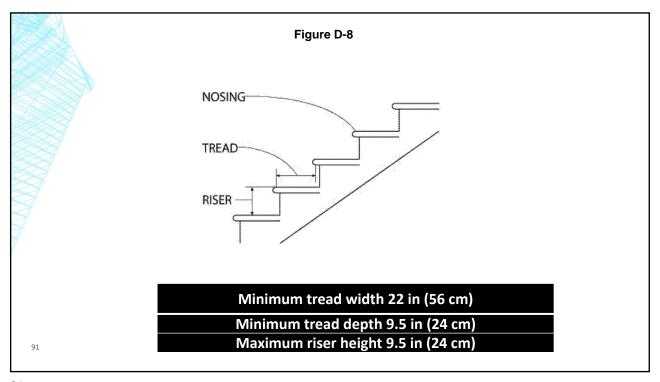
89

1910.25 Stairways

- (c) Standard stairs. In addition to paragraph (b) of this section, the employer must ensure standard stairs:
- (1) Are installed at angles between 30 to 50 degrees from the horizontal;
- (2) Have a maximum riser height of 9.5 inches (24 cm);
- (3) Have a minimum tread depth of 9.5 inches (24 cm); and
- (4) Have a minimum width of 22 inches (56 cm) between vertical barriers (see Figure D-8 of this section).



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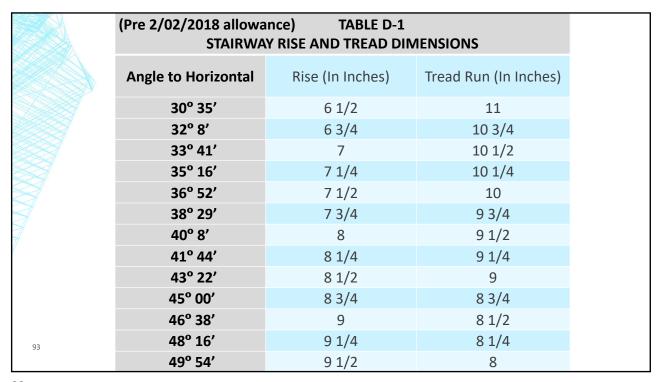
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1910.25 Stairways

(5) Exception to paragraphs (c)(2) and (3) of this section.

The requirements of paragraphs (c)(2) and (3) do not apply to standard stairs installed prior to January 17, 2017 {February 2, 2018}. OSHA will deem those stairs in compliance if they meet the dimension requirements specified in **Table D-1** of this section, or they use a combination that achieves the angle requirements of paragraph (c)(1) of this section.

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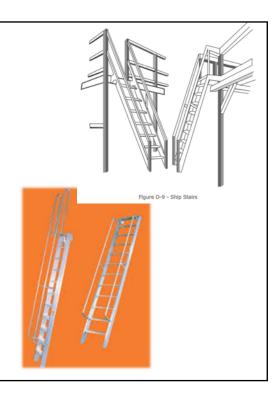


1910.25 Stairways

- (d) Spiral stairs. In addition to paragraph (b) of this section, the employer must ensure spiral stairs:
 - (1) Have a minimum clear width of 26 inches (66 cm);
 - (2) Have a maximum riser height of 9.5 inches (24 cm);
 - (3) Have a minimum headroom above spiral stair treads of at least 6 feet, 6 inches (2 m), measured from the leading edge of the tread;
 - (4) Have a minimum tread depth of 7.5 inches (19 cm), measured at a point 12 inches (30 cm) from the narrower edge;
 - (5) Have a uniform tread size;

1910.25 Stairways

- **(e) Ship stairs.** In addition to paragraph (b) of this section, the employer must ensure ship stairs (see Figure D-9 of this section):
- (1) Are installed at a slope of 50 to 70 degrees from the horizontal;
- (2) Have open risers with a vertical rise between tread surfaces of 6.5 to 12 inches (17 to 30 cm);
- (3) Have minimum tread depth of 4 inches (10 cm); and
- (4) Have a minimum tread width of 18 inches (46 cm).



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1910.25 Stairways

Ship stairs – the employer can demonstrate that it is not feasible to provide standard stairs

Access to equipment on roof top



Access to the second-floor storage in an equipment barn



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1910.25 Stairways

- **(f) Alternating tread-type stairs.** In addition to paragraph (b) of this section, the employer must ensure alternating tread-type stairs:
 - (1) Have a series of treads installed at a slope of 50 to 70 degrees from the horizontal;
 - (2) Have a distance between handrails of 17 to 24 inches (51 to 61 cm);
 - (3) Have a minimum tread depth of 8.5 inches (22 cm); and
 - (4) Have open risers if the tread depth is less than 9.5 inches (24 cm);
 - (5) Have a minimum tread width of 7 inches (18 cm), measured at the leading edge of the tread (i.e., nosing).



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1910.26 DOCKBOARDS





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1910.26 Dockboards

The employer must ensure that each dockboard used meets the requirements of this section. The employer must ensure:

(a) Dockboards are capable of supporting the maximum intended load in accordance with § 1910.22(b);





(b)(1) Dockboards put into initial service on or after January 17, 2017 {February 2, 2018} are designed, constructed, and maintained to prevent transfer vehicles from running off the dockboard edge;

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1910.26 Dockboards

- (2) Exception to paragraph (b)(1) of this section. When the employer demonstrates there is no hazard of transfer vehicles running off the dockboard edge, the employer may use dockboards that do not have run-off protection.
 - (c) Portable dockboards are secured by <u>anchoring</u> them in place or using equipment or devices that prevent the dockboard from moving out of a safe position. When the employer demonstrates that securing the dockboard is not feasible, the employer must ensure there is sufficient contact between the dockboard and the surface to prevent the dockboard from moving out of a safe position;

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1910.26 DOCKBOARDS

(d) Measures, such as wheel chocks or sand shoes, are used to prevent the transport vehicle (e.g. a truck, semitrailer, trailer, or rail car) on which a dockboard is placed, from moving while employees are on the dockboard; and

(e) Portable dockboards are equipped with handholds or other means to permit safe handling of dockboards



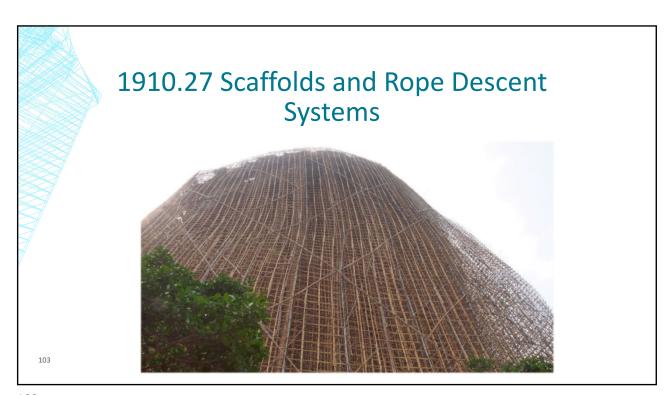




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1910.27 Scaffolds and Rope Descent Systems

(a)Scaffolds. Scaffolds used in general industry must meet the requirements in 29 CFR part 1926, subpart L (Scaffolds).

From preamble of the MIOSHA standard it indicates that employers are to refer to Construction Safety Standard *Part 12. Scaffolds and Scaffold Platforms*.





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Scaffolds.

Separate MTI full day course that is offered throughout Michigan by MIOSHA through MTI

If you have powered platform scaffolds for building maintenance activity these are not covered by General Industry Safety Standard Part 2., but by GI Safety Standard Part 5. Powered Platforms for Building Maintenance.



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1910.27 Scaffolds and Rope Descent Systems

(b) Rope descent systems.

(1) Anchorages. (i) Before any rope descent system is used, the building owner must inform the employer, in writing that the building owner has identified, tested, certified, and maintained each anchorage so it is capable of supporting at least 5,000 pounds (268 kg), in any direction, for each employee attached. The information must be based on an annual inspection by a qualified person and certification of each anchorage by a qualified person, as necessary, and at least every 10 years.

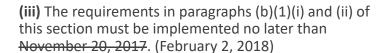






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(ii) The employer must ensure that no employee uses any anchorage before the employer has obtained written information from the building owner that each anchorage meets the requirements of paragraph (b)(1)(i) of this section. The employer must keep the information for the duration of the job.







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1910.27 Scaffolds and Rope Descent Systems

- **(2) Use of rope descent systems.** The employer must ensure:
 - (i) No rope descent system is used for heights greater than 300 feet (91 m) above grade unless the employer demonstrates that it is not feasible to access such heights by any other means or that those means pose a greater hazard than using a rope descent system;



- (ii) The rope descent system is used in accordance with instructions, warnings, and design limitations set by the manufacturer or under the direction of a <u>qualified person</u>;
- (iii) Each employee who uses the rope descent system is trained in accordance with § 1910.30;

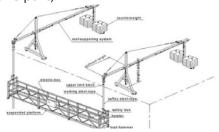
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(iv) The rope descent system is <u>inspected</u> at the start of <u>each</u> work-shift that it is to be used. The employer must ensure damaged or defective equipment is removed from service immediately and replaced;

(v) The rope descent system has proper rigging, including anchorages and tiebacks, with particular emphasis on providing tiebacks when counterweights, cornice hooks, or similar non-permanent anchorages are used:

(vi) Each employee uses a separate, independent personal fall arrest system that meets the requirements of subpart I of this part;





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1910.27 Scaffolds and Rope Descent Systems

(vii) All components of each rope descent system, except seat boards, are capable of sustaining a minimum rated load of 5,000 pounds (22.2 kN). Seat boards must be capable of supporting a live load of 300 pounds (136 kg);

(viii) Prompt rescue of each employee is provided in the event of a fall;

(ix) The ropes of each rope descent system are effectively padded or otherwise protected, where they can contact edges of the building, anchorage, obstructions, or other surfaces, to prevent them from being cut or weakened;



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(x) Stabilization is provided at the specific work location when descents are greater than 130 feet (39.6 m);

(xi) No employee uses a rope descent system when hazardous weather conditions, such as storms or gusty or excessive wind, are present;

(xii) Equipment, such as tools, squeegees, or buckets, is secured by a tool lanyard or similar method to prevent it from falling; and

(xiii) The ropes of each rope descent system are protected from exposure to open flames, hot work, corrosive chemicals, and other destructive conditions.



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1910.28 Duty to Have Fall Protection and Falling Object Protection



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1910.28 Duty to Have Fall Protection and Falling Object Protection

(a) General.

(1) This section requires employers to provide protection for each employee exposed to fall and falling object hazards. Unless stated otherwise, the employer must ensure that all fall protection and falling object protection required by this section meet the criteria in 1910.29, except that personal fall protection systems required by this section meet the criteria of 1910.140*.

* OSHA - Sub Part I - Personal Fall Protection Systems for Michigan Part 33. Personal Protective Equipment

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1910.28 Duty to Have Fall Protection and Falling Object Protection

- (2) This section does not apply:
 - (i) To portable ladders;
 - (ii) When employers are inspecting, investigating, or assessing workplace conditions or work to be performed prior to the start of work or after all work has been completed. This **exemption does not apply** when fall protection systems or equipment meeting the requirements of § 1910.29 have been installed and are available for workers to use for pre-work and post-work inspections, investigations, or assessments;
 - (iii) To fall hazards presented by the exposed perimeters of entertainment stages and the exposed perimeters of rail-station platforms;

1910.28 Duty to Have Fall Protection and Falling Object Protection

<u>Does not apply to Continued and Michigan standards to be</u> referenced:

(iv) To powered platforms covered by § 1910.66(j);

MIOSHA GI Part 5. Powered Platforms for Building Maintenance

(v) To aerial lifts covered by $\S 1910.67(c)(2)(v)$;

MIOSHA GI Part 58. Aerial Work Platforms

(vi) To telecommunications work covered by § 1910.268(n)(7) and (8);

MIOSHA GI Part 50. Telecommunications for General Industry

(vii) To electric power generation, transmission, and distribution work covered by § 1910.269(g)(2)(i).

MIOSHA GI Part 86. Electric Power Generation, Transmission, and Distribution

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1910.28 Duty to Have Fall Protection and Falling Object Protection

- (b) Protection from fall hazards.
 - (1) Unprotected sides and edges.
- (i) Except as provided elsewhere in this section, the employer must ensure that each employee on a walking-working surface with an unprotected side or edge that is 4 feet (1.2 m) or more above a lower level is protected from falling by one or more of the following:





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1910.28 Duty to Have Fall Protection and Falling Object Protection — Unprotected Sides and Edges (A) Guardrail systems; (B) Safety net systems; or (C) Personal fall protection systems, such as personal fall arrest, travel restraint, or positioning systems. Personal Fall Protection Systems Guardrail System Safety Net System Fall Arrest System Travel Restraint System Work Positioning System

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1910.28 Duty to Have Fall Protection and Falling Object Protection — Unprotected Sides and Edges

- (ii) When the employer can <u>demonstrate</u> that it is not feasible or creates a greater hazard to use guardrail, safety net, or personal fall protection systems on residential roofs, the employer must develop and implement a fall protection plan that meets the requirements of 29 CFR 1926.502(k) and training that meets the requirements of 29 CFR 1926.503(a) and (c).
- (iii) When the employer can demonstrate that the use of fall protection systems is not feasible on the working side of a platform used at a loading rack, loading dock, or teeming platform, the work may be done without a fall protection system, provided:
 - (A) The work operation for which fall protection is infeasible is in process;
 - (B) Access to the platform is limited to authorized employees; and,
 - (C) The authorized employees are trained in accordance with § 1910.30.

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1910.28 Duty to Have Fall Protection and Falling Object Protection

- (2) Hoist areas. The employer must ensure:
- (i) Each employee in a hoist area is protected from falling 4 feet (1.2 m)

or more to a lower level by:

- (A) A guardrail system;
- (B) A personal fall arrest system; or
- (C) A travel restraint system.
- (ii) When any portion of a guardrail system, gate, or chains is removed, and an employee must lean through or over the edge of the access opening to facilitate hoisting, the employee is protected from falling by a personal fall arrest system.
- (iii) If grab handles are installed at hoist areas, they meet the requirements of § 1910.29(I).

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1910.28 Duty to Have Fall Protection and Falling Object Protection — **Hoist Areas**

- (2) Hoist areas. The employer must ensure:
- (i) Each employee in a hoist area is protected from falling 4 feet (1.2 m) or more to a lower level by:
 - (A) A guardrail system;
 - (B) A personal fall arrest system; or
 - (C) A travel restraint system.
- (ii) When any portion of a guardrail system, gate, or chains is removed, and an employee must lean through or over the edge of the access opening to facilitate hoisting, the employee is protected from falling by a personal fall arrest system.
- (iii) If grab handles are installed at hoist areas, they meet the requirements of § 1910.29(I).







1910.28 Duty to Have Fall Protection and Falling Object Protection

- (3) Holes. The employer must ensure:
 - (i) Each employee is protected from falling through any hole (including skylights) that is 4 feet (1.2 m) or more above a lower level by one or more of the following:
 - (A) Covers;
 - (B) Guardrail systems;
 - (C) Travel restraint systems; or
 - (D) Personal fall arrest systems.
 - (ii) Each employee is protected from tripping into or stepping into or through any hole that is less than 4 feet (1.2 m) above a lower level by covers or guardrail systems.

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1910.28 Duty to Have Fall Protection and Falling Object Protection - **Holes**

(iii) Each employee is protected from falling into a stairway floor hole by a fixed guardrail system on all exposed sides, except at the stairway entrance. However, for any stairway used less than once per day where traffic across the stairway floor hole prevents the use of a fixed guardrail system (e.g., holes located in aisle spaces), the employer may protect employees from falling into the hole by using a hinged floor hole cover that meets the criteria in § 1910.29 and a removable guardrail system on all exposed sides, except at the entrance to the stairway.







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1910.28 Duty to Have Fall Protection and Falling Object Protection - **Holes**

(iii) Each employee is protected from falling into a stairway floor hole by a fixed guardrail system on all exposed sides, except at the stairway entrance. However, for any stairway used less than once per day where traffic across the stairway floor hole prevents the use of a fixed guardrail system (e.g., holes located in aisle spaces), the employer may protect employees from falling into the hole by using a hinged floor hole cover that meets the criteria in § 1910.29 and a removable guardrail system on all exposed sides, except at the entrance to the stairway.



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1910.28 Duty to Have Fall Protection and Falling Object Protection - Holes

(iv) Each employee is protected from falling into a ladder-way floor hole or ladder-way platform hole by a guardrail system and toeboards erected on all exposed sides, except at the entrance to the hole, where a self-closing gate or an offset must be used.







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1910.28 Duty to Have Fall Protection and Falling Object Protection - Holes

- (v) Each employee is protected from falling through a hatchway and chute floor hole by:
 - (A) A hinged floor-hole cover that meets the criteria in § 1910.29 and a fixed guardrail system that leaves only one exposed side. When the hole is not in use, the employer must ensure the cover is closed or a removable guardrail system is provided on the exposed sides;



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1910.28 Duty to Have Fall Protection and Falling Object Protection - Holes

(B) A removable guardrail system and toeboards on not more than two sides of the hole and a fixed guardrail system on all other exposed sides. The employer must ensure the removable guardrail system is kept in place when the hole is not in use; or

(C) A guardrail system or a travel restraint system when a work operation necessitates passing material through a hatchway or chute floor hole.







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1910.28 Duty to Have Fall Protection and Falling Object Protection

(4) Dockboards.

(i) The employer must ensure that each employee on a dockboard is protected from falling 4 feet (1.2 m) or more to a lower level by a guardrail system or handrails.





Right

Wrong if Foot Travel

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1910.28 Duty to Have Fall Protection and Falling Object Protection - **Dockboards**

- (ii) A guardrail system or handrails are not required when:
 - **(A)** Dockboards are being <u>used solely for materials-handling</u> operations using motorized equipment;
 - **(B)** Employees engaged in these operations are not exposed to fall hazards greater than 10 feet (3 m); and
 - **(C)** Those employees have been trained in accordance with § 1910.30.



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1910.28 Duty to Have Fall Protection and Falling Object Protection

- (5) Runways and similar walkways.
 - (i) The employer must ensure each employee on a runway or similar walkway is protected from falling 4 feet (1.2 m) or more to a lower level by a guardrail system.
 - (ii) When the employer can demonstrate that it is not feasible to have guardrails on both sides of a runway used exclusively for a special purpose, the employer may omit the guardrail on one side of the runway, provided the employer ensures:
 - (A) The runway is at least 18 inches (46 cm) wide; and
 - **(B)** Each employee is provided with and uses a personal fall arrest system or travel restraint system.



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1910.28 Duty to Have Fall Protection and Falling Object Protection

(6) Dangerous equipment. The employer must ensure:

(i) Each employee less than 4 feet (1.2 m) above dangerous equipment is protected from falling into or onto the dangerous equipment by a guardrail system or a travel restraint system, unless the equipment is covered or guarded to eliminate the hazard.

(ii) Each employee 4 feet (1.2 m) or more above dangerous equipment must be protected from falling by:

(A) Guardrail systems;

- (B) Safety net systems;
- (C) Travel restraint systems; or
- (D) Personal fall arrest systems.





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1910.28 Duty to Have Fall Protection and Falling Object Protection

(7) Openings. The employer must ensure that each employee on a walking-working surface near an opening, including one with a chute attached, where the inside bottom edge of the opening is less than 39 inches (99 cm) above that walking-working surface and the outside bottom edge of the opening is 4 feet (1.2 m) or more above a lower level is protected from falling by the use of:



- (i) Guardrail systems;
- (ii) Safety net systems;
- (iii) Travel restraint systems; or,
- (iv) Personal fall arrest systems.

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1910.28 Duty to Have Fall Protection and Falling Object Protection

(8) Repair pits, service pits, and assembly pits less than 10 feet in depth.

The use of a fall protection system is not required for a repair pit, service pit, or assembly pit that is less than 10 feet (3 m) deep, provided the employer:

(i) Limits access within 6 feet (1.8 m) of the edge of the pit to authorized employees trained in accordance with § 1910.30;

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1910.28 Duty to Have Fall Protection and Falling Object Protection - **Pits**

(ii) Applies floor markings at least 6 feet (1.8 m) from the edge of the pit in colors that contrast with the surrounding area; or places a warning line at least 6 feet (1.8 m) from the edge of the pit as well as stanchions that are capable of resisting, without tipping over, a force of at least 16 pounds (71 N) applied horizontally against the stanchion at a height of 30 inches (76 cm); or places a combination of floor markings and warning lines at least 6 feet (1.8 m) from the edge of the pit. When two or more pits in a common area are not more than 15 feet (4.5 m) apart, the employer may comply by placing contrasting floor markings at least 6 feet (1.8 m) from the pit edge around the entire area of the pits; and

1910.28 Duty to Have Fall Protection and Falling Object Protection - **Pits**

(iii) Posts readily visible caution signs that meet the requirements of 1910.145* and state "Caution-Open Pit."

* MIOSHA GI Part 37. Specification for Accident Prevention Signs and Tags



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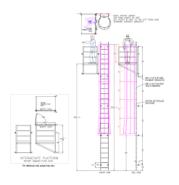
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1910.28 Duty to Have Fall Protection and Falling Object Protection – **Fixed Ladders**

- (9) Fixed ladders (that extend more than 24 feet (7.3 m) above a lower level).
- (i) For fixed ladders that extend more than 24 feet (7.3 m) above a lower level, the employer must ensure:
- **(A) Existing fixed ladders.** Each fixed ladder installed before November 19, 2018 is equipped with a personal fall arrest system, ladder safety system, cage, or well;







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1910.28 Duty to Have Fall Protection and Falling Object Protection – **Fixed Ladders**

- (9) Fixed ladders (that extend more than 24 feet (7.3 m) above a lower level).
- (i) For fixed ladders that extend more than 24 feet (7.3 m) above a lower level, the employer must ensure:
- **(B) New fixed ladders**. Each fixed ladder installed on and after November 19, 2018, is equipped with a personal fall arrest system or a ladder safety system;







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1910.28 Duty to Have Fall Protection and Falling Object Protection — **Fixed Ladders**

- **(C) Replacement.** When a fixed ladder, cage, or well, or any portion of a section thereof, is replaced, a personal fall arrest system or ladder safety system is installed in at least that section of the fixed ladder, cage, or well where the replacement is located; and
- **(D) Final deadline.** On and after November 18, 2036, all fixed ladders are equipped with a personal fall arrest system or a ladder safety system.



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1910.28 Duty to Have Fall Protection and Falling Object Protection — **Fixed Ladders**

- (ii) When a one-section fixed ladder is equipped with a personal fall protection or a ladder safety system or a fixed ladder is equipped with a personal fall arrest or ladder safety system on more than one section, the employer must ensure:
 - (A) The personal fall arrest system or ladder safety system provides protection throughout the entire vertical distance of the ladder, including all ladder sections; and
 - **(B)** The ladder has rest platforms provided at maximum intervals of 150 feet (45.7 m).

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1910.28 Duty to Have Fall Protection and Falling Object Protection — **Fixed Ladders**

- (iii) The employer must ensure ladder sections having a cage or well:
 - (A) Are offset from adjacent sections; and
 - (B) Have landing platforms provided at maximum intervals of 50 feet (15.2 m).
- (iv) The employer may use a cage or well in combination with a personal fall arrest system or ladder safety system provided that the cage or well does not interfere with the operation of the system.

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1910.28 Duty to Have Fall Protection and Falling Object Protection

- (10) Outdoor advertising (billboards).
- (i) The requirements in paragraph (b)(9) of this section, and other requirements in subparts D and I of this part, apply to fixed ladders used in outdoor advertising activities.
- (ii) When an employee engaged in outdoor advertising climbs a fixed ladder before November 19, 2018 that is not equipped with a cage, well, personal fall arrest system, or a ladder safety system the employer must ensure the employee:
 - (A) Receives training and demonstrates the physical capability to perform the necessary climbs in accordance with § 1910.29 (h);
 - (B) Wears a body harness equipped with an 18-inch (46 cm) rest lanyard;
 - (C) Keeps both hands free of tools or material when climbing on ladder; and
 - $\mbox{(D)}\mbox{ Is protected by a fall protection system upon reaching the position.}$



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1910.28 Duty to Have Fall Protection and Falling Object Protection

- (11) Stairways. The employer must ensure:
 - (i) Each employee exposed to an unprotected side or edge of a stairway landing that is 4 feet (1.2 m) or more above a lower level is protected by <u>a</u> guardrail or stair rail system;
 - (ii) Each flight of stairs having at least 3 treads and at least 4 risers is equipped with stair rail systems and handrails as follows:
 - (iii) Each ship stairs and alternating tread type stairs is equipped with handrails on both sides.



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to 88 inches	est one handrail nandrail on each nclosed side	One Open Side One stair rail system with handrail on open side One stair rail system with handrail on open side and one	Two Open Sides One stair rail system each open side One stair rail system with		
inches 44 Inches to 88 inches At le	nandrail on each	handrail on open side One stair rail system with	open side		
to One e		•	One stair rail system with		
One		handrail on enclosed side	handrail on each open side		
Greater than enclo	nandrail on each sed side and one mediate handrail d in the middle of the stair	One stair rail system with handrail on open side, one handrail on enclosed side, and one intermediate handrail located in the middle of the stair	One side rail system with handrail on each open side and one intermediate handrail located in the middle of the stair		
Exterior stairs less than 44 inches	One handrail on at least one side with earth built up on both sides				

	STAIRWAY H	TABLE D-2 ANDRAIL REQUIREMENTS			
Stair Width	Enclosed	One Open Side Two Open S			
Exterior stairs less than 44 inches	One handrail on at least one side with earth built up on both sides				
Note to Table: The	width of the stair must be c	ear of all obstructions except	handrails.		

1910.28 Duty to Have Fall Protection and Falling Object Protection

- (12) Scaffolds and rope descent systems. The employer must ensure:
- (i) Each employee on a scaffold is protected from falling in accordance 29 CFR part 1926, subpart L*; and
- (ii) Each employee using a rope descent system 4 feet (1.2 m) or more above a lower level is protected from falling by a personal fall arrest system.





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1910.28 Duty to Have Fall Protection and Falling Object Protection

- (13) Work on low-slope roofs.
- (i) When work is performed less than 6 feet (1.6 m) from the roof edge, the employer must ensure each employee is protected from falling by a guardrail system, safety net system, travel restraint system, or personal fall arrest system.
- (ii) When work is performed at least 6 feet (1.6 m) but less than 15 feet (4.6 m) from the roof edge, the employer must ensure each employee is protected from falling by using a guardrail system, safety net system, travel restraint system, or personal fall arrest system. The employer may use a designated area when performing work that is both infrequent and temporary.







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(iii) When work is performed 15 feet (4.6 m) or more from the roof edge, the employer must:

(A) Protect each employee from falling by a guardrail system, safety net system, travel restraint system, or personal fall arrest system or a <u>designated area</u>. The employer is not required to provide any fall protection, provided the work is

both infrequent and temporary; and

(B) Implement and enforce a work rule prohibiting employees from going within 15 feet - (4.6 m) of the roof edge without using fall protection in accordance with paragraphs (b)(13)(i) and (ii) of this section.



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1910.28 Duty to Have Fall Protection and Falling Object Protection

(14) Slaughtering facility platforms.

- (i) The employer must protect each employee on the unprotected working side of a slaughtering facility platform that is 4 feet (1.2 m) or more above a lower level from falling by using:
 - (A) Guardrail systems; or
 - **(B)** Travel restraint systems.
- (ii) When the employer can demonstrate the use of a guardrail or travel restraint system is not feasible, the work may be done without those systems provided:
 - (A) The work operation for which fall protection is infeasible is in process;
 - (B) Access to the platform is limited to authorized employees; and
 - (C) The authorized employees are trained in accordance with § 1910.30.

1910.28 Duty to Have Fall Protection and Falling Object Protection

(15) Walking-working surfaces not otherwise addressed.

Except as provided elsewhere in this section or by other subparts of this part, the employer must ensure each employee on a walking-working surface 4 feet (1.2 m) or more above a lower level is protected from falling by:

- (i) Guardrail systems;
- (ii) Safety net systems; or
- (iii) Personal fall protection systems, such as personal fall arrest, travel restraint, or positioning systems.

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1910.28 Duty to Have Fall Protection and Falling Object Protection

(c) Protection from falling objects.

When an employee is exposed to falling objects, the employer must ensure that each employee wears head protection that meets the requirements of subpart I of this part.

In addition, the employer must protect employees from falling objects by implementing one or more of the following:

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1910.28 Duty to Have Fall Protection and Falling Object Protection

(1) Erecting toeboards, screens, or guardrail systems to prevent objects from falling to a lower level;

- (2) Erecting canopy structures and keeping potential falling objects far enough from an edge, hole, or opening to prevent them from falling to a lower level; or
- (3) Barricading the area into which objects could fall, prohibiting employees from entering the barricaded area, and keeping objects far enough from an edge or opening to prevent them from falling to a lower level.



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1910.28 Duty to Have Fall Protection and Falling Object Protection







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1910.29 FALL PROTECTION AND FALLING OBJECT PROTECTION — CRITERIA AND PRACTICES





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1910.29 Fall Protection Systems and Falling Object Protection - Criteria and Practices

- (a) General requirements. The employer must:
 - (1) Ensure each fall protection system and falling object protection, other than personal fall protection systems, that this part requires meets the requirements in this section. The employer must ensure each personal fall protection system meets the requirements in subpart I* of this part; and
 - (2) Provide and install all fall protection systems and falling object protection this subpart requires and comply with the other requirements in this subpart **before** any employee begins work that necessitates fall or falling object protection.

^{*} MIOSHA GI Part 33. Personal Protective Equipment

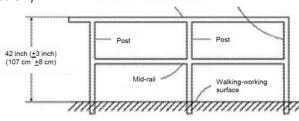
(b) Guardrail systems.

The employer must ensure guardrail systems meet the following requirements:

(1) The top edge height of top rails, or equivalent guardrail system members, are 42 inches - (107 cm), plus or minus 3 inches (8 cm), above the walking-working surface. The top edge height may exceed 45 inches



(114 cm), provided the guardrail system meets all other criteria of paragraph (b) of this section (see Figure D-11 of this section).



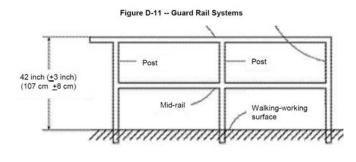
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1910.29 Fall Protection Systems and Falling Object Protection - Criteria and Practices - Guardrail Systems

(2) Mid-rails, screens, mesh, intermediate vertical members, solid panels, or equivalent intermediate members are installed between the walking-working surface and the top edge of the guardrail system as follows when there is not a wall or parapet that is at least 21 inches (53 cm) high:

(i) Mid-rails are installed at a height midway between the top edge of the guardrail system and the walking-working surface;





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(ii) Screens and mesh extend from the walking-working surface to the top rail and along the entire opening between top rail supports;

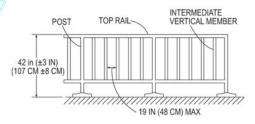


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1910.29 Fall Protection Systems and Falling Object Protection - Criteria and Practices - Guardrail Systems

(iii) Intermediate vertical members (such as balusters) are installed no more than 19 inches (48 cm) apart; and



(iv) Other equivalent intermediate members (such as additional mid-rails and architectural panels) are installed so that the openings are not more than 19 inches (48 cm) wide.



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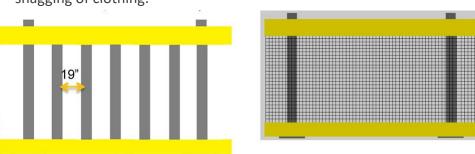
- (3) Guardrail systems are capable of withstanding, without failure, a force of at least 200 pounds (890 N) applied in a downward or outward direction within 2 inches (5 cm) of the top edge, at any point along the top rail.
- (4) When the 200-pound (890-N) test load is applied in a downward direction, the top rail of the guardrail system must not deflect to a height of less than 39 inches (99 cm) above the walking-working surface.

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1910.29 Fall Protection Systems and Falling Object Protection - Criteria and Practices - Guardrail Systems

- **(5)** Mid-rails, screens, mesh, intermediate vertical members, solid panels, and other equivalent intermediate members are capable of withstanding, without failure, a force of at least 150 pounds (667 N) applied in any downward or outward direction at any point along the intermediate member.
- **(6)** Guardrail systems are smooth-surfaced to protect employees from injury, such as punctures or lacerations, and to prevent catching or snagging of clothing.



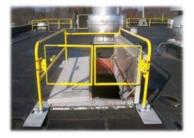
- (7) The ends of top rails and mid-rails do not overhang the terminal posts, except where the overhang does not pose a projection hazard for employees.
- (8) Steel banding and plastic banding are not used for top rails or mid-rails.
- (9) Top rails and mid-rails are at least 0.25-inches (0.6 cm) in diameter or in thickness.

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1910.29 Fall Protection Systems and Falling Object Protection - Criteria and Practices - Guardrail Systems

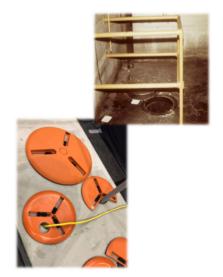
(10) When guardrail systems are used at hoist areas, a removable guardrail section, consisting of a top rail and midrail, are placed across the access opening between guardrail sections when employees are not performing hoisting operations. The employer may use chains or gates instead of a removable guardrail section at hoist areas if the employer demonstrates the chains or gates provide a level of safety equivalent to guardrails.





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- (11) When guardrail systems are used around holes, they are installed on all unprotected sides or edges of the hole.
- (12) For guardrail systems used around holes through which materials may be passed:
 - (i) When materials are being passed through the hole, not more than two sides of the guardrail system are removed; and
 - (ii) When materials are not being passed through the hole, the hole must be guarded by a guardrail system along all unprotected sides or edges or closed over with a cover.



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1910.29 Fall Protection Systems and Falling Object Protection - Criteria and Practices - Guardrail Systems

- (13) When guardrail systems are used around holes that serve as points of access (such as ladderways), the guardrail system opening:
 - (i) Has a self-closing gate that slides or swings away from the hole, and is equipped with a top rail and midrail or equivalent intermediate member that meets the requirements in paragraph (b) of this section; or
 - (ii) Is offset to prevent an employee from walking or falling into the hole;
- (14) Guardrail systems on ramps and runways are installed along each unprotected side or edge.

(15) Manila or synthetic rope used for top rails or mid-rails are inspected as necessary to ensure that the rope continues to meet the strength requirements in paragraphs (b)(3) and (5) of this section.

Note to paragraph (b) of this section: The criteria and practices requirements for guardrail systems on scaffolds are contained in 29 CFR part 1926, subpart L.

From preamble of the MIOSHA standard, it indicates that employers are to refer to Construction Safety Standard *Part 12. Scaffolds and Scaffold Platforms*.



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1910.29 Fall Protection Systems and Falling Object Protection - Criteria and Practices

(c) Safety net systems.

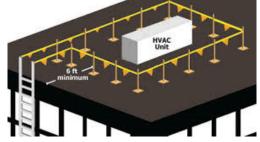
The employer must ensure each safety net system meets the requirements in 29 CFR part 1926, subpart M*.

* MIOSHA Construction Safety Standard Part 45. Fall Protection.



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- (d) Designated areas.
 - (1) When the employer uses a designated area, the employer must ensure:



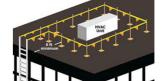
- (i) Employees remain within the designated area while work operations are underway; and
- (ii) The perimeter of the designated area is delineated with a warning line consisting of a rope, wire, tape, or chain that meets the requirements of paragraphs (d)(2) and (3) of this section.

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1910.29 Fall Protection Systems and Falling Object Protection - Criteria and Practices — Designated Areas

(2) The employer must ensure each warning line:



- (i) Has a minimum breaking strength of 200 pounds (0.89 kN);
- (ii) Is installed so its lowest point, including sag, is not less than 34 inches (86 cm) and not more than 39 inches (99 cm) above the walking-working surface;
- (iii) Is supported in such a manner that pulling on one section of the line will not result in slack being taken up in adjacent sections causing the line to fall below the limits specified in paragraph (d)(2)(ii) of this section;

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1910.29 Fall Protection Systems and Falling Object Protection - Criteria and Practices — Designated Areas

- (iv) Is clearly visible from a distance of 25 feet (7.6 m) away, and anywhere within the designated area;
- (v) Is erected as close to the work area as the task permits; and
- (vi) Is erected not less than 6 feet (1.8 m) from the roof edge for work that is both temporary and infrequent, or not less than 15 feet (4.6 m) for other work.





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1910.29 Fall Protection Systems and Falling Object Protection - Criteria and Practices — Designated Areas

(3) When mobile mechanical equipment is used to perform work that is both temporary and infrequent in a designated area, the employer must ensure the warning line is erected not less than 6 feet (1.8 m) from the unprotected side or edge that is parallel to the direction in which the mechanical equipment is operated, and not less than 10 feet (3 m) from the unprotected side or edge that is perpendicular to the direction in which the mechanical equipment is operated.

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(e) Covers.

The employer must ensure each cover for a hole in a walking-working surface:

- (1) Is capable of supporting without failure, at least twice the maximum intended load that may be imposed on the cover at any one time; and
- (2) Is secured to prevent accidental displacement.







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1910.29 Fall Protection Systems and Falling Object Protection - Criteria and Practices

(f) Handrails and stair rail systems.

The employer must ensure:

(1) Height criteria.

(i) Handrails are not less than 30 inches (76 cm) and not more than 38 inches surface of the handrail (see Figure D-12 of this section).

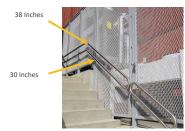
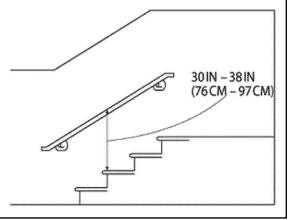


Figure D-12 -- Handrail Measurement



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- (1) Height criteria.
- (ii) The height of stair rail systems meets the following:
 - (A) The height of stair rail systems installed before January 17, 2017 {February 2, 2018} is not less than 30 inches (76 cm) from the leading edge of the stair tread to the top surface of the top rail; and
 - (B) The height of stair rail systems installed on or after January 17, 2017 {February 2, 2018} is not less than 42 inches (107 cm) from the leading edge of the stair tread to the top surface of the top rail.



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1910.29 Fall Protection Systems and Falling Object Protection - Criteria and Practices - Handrails and Stair Rail Systems

- (1) Height criteria.
- (iii) The top rail of a stair rail system may serve as a handrail only when:
 - (A) The height of the stair rail system is not less than 36 inches (91 cm) and not more than 38 inches (97 cm) as measured at the leading edge of the stair tread to the top surface of the top rail (see Figure D-13 of this section); and

(B) The top rail of the stair rail system meets the other handrail requirements in paragraph - (f) of this section.

requirements in paragraph (i) or this section.

36IN - 38 IN (91CM - 97 CM)

Refer to OSHA Memo of 9/23/2019

Figure D-13 -- Combination Handrail and Stair Rail

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(2) Finger clearance.

The minimum clearance between handrails and any other object is 2.25 inches (5.7 cm).

(3) Surfaces.

Handrails and stair rail systems are smooth-surfaced to protect employees from injury, such as punctures or lacerations, and to prevent catching or snagging of clothing.



(4) Openings in stair rails.

No opening in a stair rail system exceeds 19 inches (48 cm) at its least dimension.

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1910.29 Fall Protection Systems and Falling Object Protection - Criteria and Practices - Handrails and Stair Rail Systems

(5) Handhold.

Handrails have the shape and dimension necessary so that employees can grasp the handrail firmly.

(6) Projection hazards.

The ends of handrails and stair rail systems do not present any projection hazards.

(7) Strength criteria.

Handrails and the top rails of stair rail systems are capable of withstanding, without failure, a force of at least 200 pounds (890 N) applied in any downward or outward direction within 2 inches (5 cm) of any point along the top edge of the rail.

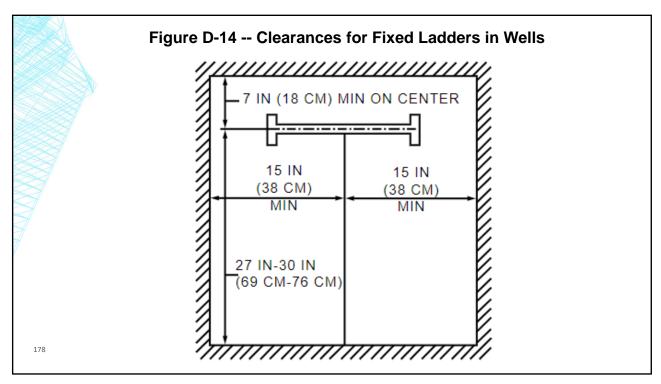
(g) Cages, wells, and platforms used with fixed ladders.

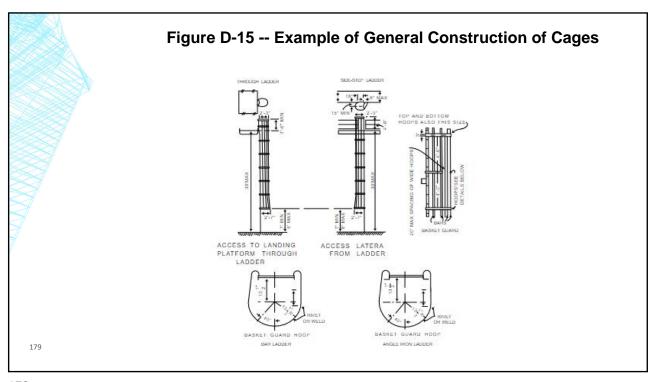
The employer must ensure:

- (1) Cages and wells installed on fixed ladders are designed, constructed, and maintained to permit easy access to, and egress from, the ladder that they enclose (see Figures D-14 and D-15 of this section);
- (2) Cages and wells are continuous throughout the length of the fixed ladder, except for access, egress, and other transfer points;

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1910.29 Fall Protection Systems and Falling Object Protection - Criteria and Practices

(g) Cages, wells, and platforms used with fixed ladders.

- (3) Cages and wells are designed, constructed, and maintained to contain employees in the event of a fall, and to direct them to a lower landing; and
- (4) Platforms used with fixed ladders provide a horizontal surface of at least 24 inches by -30 inches (61 cm by 76 cm).

Note to paragraph (g): Section 1910.28 establishes the requirements that employers must follow on the use of cages and wells as a means of fall protection.

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(h) Outdoor advertising.

This paragraph (h) applies only to employers engaged in outdoor advertising operations (see § 1910.28(b)(10)).

Employers must ensure that each employee who climbs a fixed ladder without fall protection:

(1) Is physically capable, as demonstrated through observations of actual climbing activities or by a physical examination, to perform the duties that may be assigned, including climbing fixed ladders without fall protection;



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1910.29 Fall Protection Systems and Falling Object Protection - Criteria and Practices

(h) Outdoor advertising.

- (2) Has successfully completed a training or apprenticeship program that includes hands-on training on the safe climbing of ladders and is retrained as necessary to maintain the necessary skills;
- (3) Has the skill to climb ladders safely, as demonstrated through formal classroom training or on-the-job training, and performance observation; and (4) Performs climbing duties as a part of routine work activity.



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- (i) Ladder safety systems. The employer must ensure:
- (1) Each ladder safety system allows the employee to climb up and down using both hands and does not require that the employee continuously hold, push, or pull any part of the system while climbing;
- (2) The connection between the carrier or lifeline and the point of attachment to the body harness or belt does not exceed 9 inches (23 cm);
- (3) Mountings for rigid carriers are attached at each end of the carrier, with intermediate mountings spaced, as necessary, along the entire length of the carrier so the system has the strength to stop employee falls;



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1910.29 Fall Protection Systems and Falling Object Protection - Criteria and Practices — Ladder Safety Systems

- (4) Mountings for flexible carriers are attached at each end of the carrier and cable guides for flexible carriers are installed at least 25 feet (7.6 m) apart but not more than 40 feet (12.2 m) apart along the entire length of the carrier;
- (5) The design and installation of mountings and cable guides does not reduce the design strength of the ladder; and
- **(6)** Ladder safety systems and their support systems are capable of withstanding, without failure, a drop test consisting of an 18-inch (41-cm) drop of a 500-pound (227-kg) weight.

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(j) Personal fall protection systems.

Body belts, harnesses, and other components used arrest systems, work positioning systems, and trave must meet the requirements of 1910.140*.



* MIOSHA GI Part 33. Personal Protective Equipment

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1910.29 Fall Protection Systems and Falling Object Protection - Criteria and Practices — Protection From Falling Objects

- (iii) Do not have more than a 0.25-inch (0.5-cm) clearance or opening above the walking-working surface.
- (iv) Are solid or do not have any opening that exceeds 1 inch (3 cm) at its greatest dimension.

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1910.29 Fall Protection Systems and Falling Object Protection - Criteria and Practices — Protection From Falling Objects

- (v) Have a minimum height of 2.5 inches (6 cm) when used around vehicle repair, service, or assembly pits. Toeboards may be omitted around vehicle repair, service, or assembly pits when the employer can demonstrate that a toeboard would prevent access to a vehicle that is over the pit.
- (vi) Are capable of withstanding, without failure, a force of at least 50 pounds (222 N) applied in any downward or outward direction at any point along the toeboard.

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1910.29 Fall Protection Systems and Falling Object Protection - Criteria and Practices — Protection From Falling Objects

- (2) The employer must ensure:
- (i) Where tools, equipment, or materials are piled higher than the top of the toeboard, paneling or screening is installed from the toeboard to the midrail of the guardrail system and for a length that is sufficient to protect employees below. If the items are piled higher than the midrail, the employer also must install paneling or screening to the top rail and for a length that is sufficient to protect employees below; and (ii) All openings in guardrail systems are small enough to prevent objects from falling through the opening.
- (3) The employer must ensure canopies used for falling object protection are strong enough to prevent collapse and to prevent penetration by falling objects.



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(I) Grab handles.

The employer must ensure each grab handle:

- (1) Is not less than 12 inches (30 cm) long;
- (2) Is mounted to provide at least 3 inches (8 cm) of clearance from the framing or opening; and
- (3) Is capable of withstanding a maximum horizontal pull-out force equal to two times the maximum intended load or 200 pounds (890 N), whichever is greater.

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1910.30 TRAINING REQUIREMENTS



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- (a) Fall hazards.
- (1) <u>Before any employee is exposed to a fall hazard</u>, the employer must provide training for each employee who uses personal fall protection systems or who is required to be trained as specified elsewhere in this subpart. Employers must ensure employees are trained in the requirements of this paragraph on or before <u>May 17, 2017</u> {February 2, 2018}.
- (2) The employer must ensure that each employee is **trained by** a qualified person.

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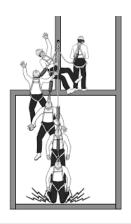
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1910.30 Training Requirements

- (3) The employer must train each employee in at least the following topics:
 - (i) The nature of the fall hazards in the work area and how to recognize them;
 - (ii) The procedures to be followed to minimize those hazards;
 - (iii) The correct procedures for installing, inspecting, operating, maintaining, and disassembling the personal fall protection systems that the employee uses; and

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(iv) The correct use of personal fall protection systems and equipment specified in paragraph (a)(1) of this section, including, but not limited to, proper hook-up, anchoring, and tie-off techniques, and methods of equipment inspection and storage, as specified by the manufacturer.







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1910.30 Training Requirements

- (b) Equipment hazards.
- (1) The employer must train each employee on or before May 17, 2017 {February 2, 2018} in the proper care, inspection, storage, and use of equipment covered by this subpart before an employee uses the equipment.
- (2) The employer must train each employee who uses a dockboard to properly place and secure it to prevent unintentional movement.



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(3) The employer must train each employee who uses a rope descent system in proper rigging and use of the equipment in accordance with § 1910.27.

(4) The employer must train each employee who uses a designated area in the proper set-up and use of the area.

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1910.30 Training Requirements

(c) Retraining.

The employer must retrain an employee when the employer has reason to believe the employee does not have the understanding and skill required by paragraphs (a) and (b) of this section. Situations requiring retraining include, but are not limited to, the following:



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- (1) When changes in the workplace render previous training obsolete or inadequate;
- (2) When changes in the types of fall protection systems or equipment to be used render previous training obsolete or inadequate; or
- (3) When inadequacies in an affected employee's knowledge or use of fall protection systems or equipment indicate that the employee no longer has the requisite understanding or skill necessary to use equipment or perform the job safely.



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1910.30 Training Requirements

(d) Training must be understandable.

The employer must provide information and training to each employee in a manner that the employee understands.



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ASSESSMENT

- The purpose of this assessment is to validate the knowledge learned in class.
- Passing score of 70% correct is required.
- Class reference materials/books are not allowed to be used during the assessment.
- Collaboration/discussion with others is not allowed during the assessment.
- Answers will be reviewed after everyone completes and submits their assessment.
- Please do the class evaluation survey.

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Part 2. Walking-Working Surfaces

Student Resources

MIOSHA Standard:

Part 2. Walking-Working Surfaces

MIOSHA Training Institute (MTI) Resources:

www.michigan.gov/mti

MIOSHA Training Calendar:

www.michigan.gov/mioshatraining

MIOSHA Homepage:

www.michigan.gov/miosha



Michigan Department of Labor and Economic Opportunity Michigan Occupational Safety and Health Administration Consultation Education and Training Division 525 W. Allegan St., P.O. Box 30643 Lansing, Michigan 48909-8143

For further information or to request consultation, education and training services call 517-284-7720

or

visit our website at www.michigan.gov/miosha

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