



Silica Awareness

Student Materials
MTI Elective Compliance Course
Consultation Education and Training Division
Michigan Occupational Safety and Health Administration
Michigan Department of Labor and Economic Opportunity
www.michigan.gov/miosha
517-284-7720



(Revised 02/24)



Silica Awareness

MIOSHA Training Institute (MTI) Elective Course

Presented By:

Consultation Education and Training Division

Michigan Occupational Safety and Health Administration

Michigan Department of Labor and Economic Opportunity



1

- **Module 1: Silica Health Overview**
 - Explain the hazards associated to respirable crystalline silica
 - Describe the health effects associated to respirable crystalline silica exposure
- **Module 2: Silica Regulations**
 - Understand MIOSHA silica standards in general industry & construction operations
- **Module 3: Exposure Characterization & Control Methods**
 - Describe how to control exposures to respirable crystalline silica through work practices, engineering controls & respiratory protection
 - Utilize State & Federal resources to implement work practices to minimize employee exposure to respirable crystalline silica

COURSE
OBJECTIVES

2

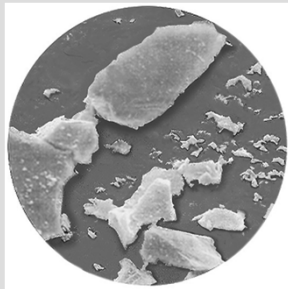
2

MODULE ONE

Silica Health Overview

3

3



TYPES OF SILICA

Silica – Silicon Dioxide (SiO_2)

- Crystalline Mineral Polymorphs: Quartz, Cristobalite, & Tridymite
- Amorphous (non-crystalline) are not regulated

Quartz Content

- Sandstone (70-90%)
- Granite (30%)
- Brick (30%)
- Concrete/Mortar (25-70%)
- Limestone/Marble (2%)

4

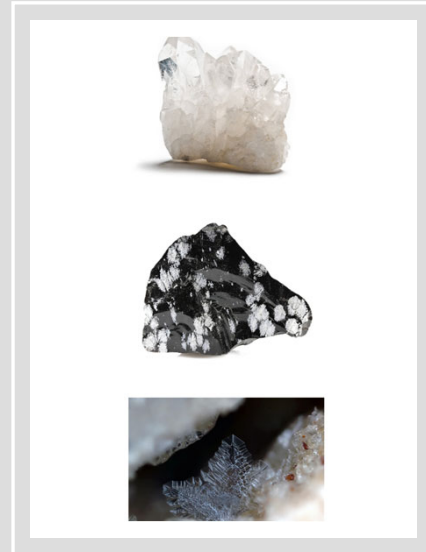
4

TYPES OF CRYSTALLINE SILICA

Quartz: Most common form of crystalline silica & the second most common mineral on the earth's surface.

Cristobalite: Scarc in nature. Some volcanic rocks & meteorites may contain small amounts. Forms when quartz is heated at high temperatures ($>450^{\circ}\text{C}$).

Tridymite: Scarc in nature. Some volcanic rocks & meteorites may contain small amounts. Tridymite is not a stable form created from quartz.



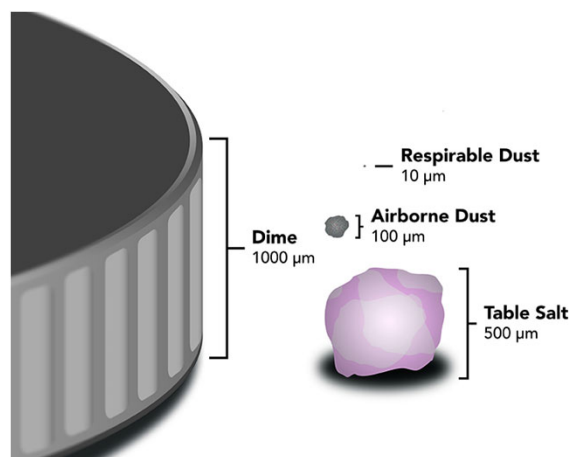
5

5

RESPIRABLE CRYSTALLINE SILICA

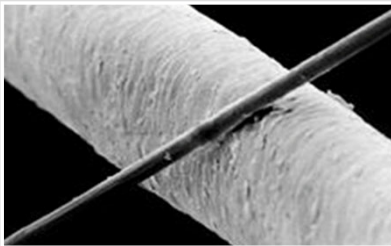
Respirable Crystalline Silica (RCS)

- The **respirable fraction** (10 microns in diameter or less) is of greatest concern as these tiny, dagger-like particles have the **potential to reach the delicate alveolar lung tissue**.



6

6

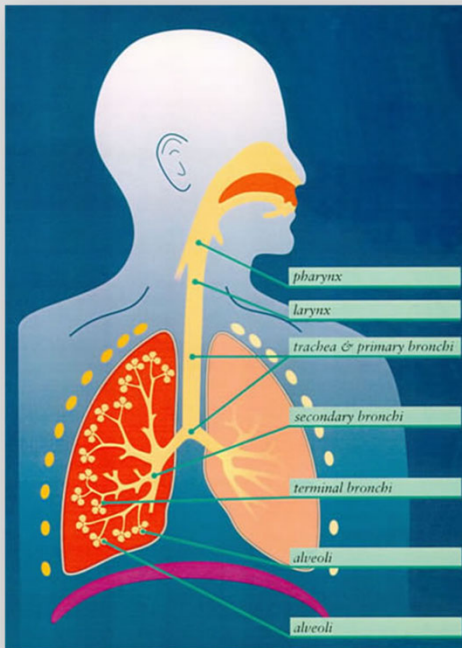


HEALTH HAZARDS – CONTRIBUTING FACTORS

- Particle Size
- Percentage of Silica in Dust
- Length of Exposure
- Dose-Response Relationship
- Individual Susceptibility
- Cigarette Smoking

7

7



HEALTH HAZARDS

- Respirable Fraction – 10 microns or less
- Damage to Alveolar Tissue
- Permanent & Irreversible
- Symptoms
 - Shortness of Breath
 - Severe Cough
 - Chest Pains
 - General Weakness
- Few to no symptoms in early stages of diseases

8

8

SILICA RELATED DISEASES

- Silicosis
- Lung Cancer
- Chronic Obstructive Pulmonary Disease (COPD)
- Non-Malignant Respiratory Diseases (e.g. bronchitis)
- Kidney Diseases
- Autoimmune & Cardiovascular Diseases

9

9

HEALTH EFFECTS - SILICOSIS

- **Chronic:** 10 or more years after repeated exposure
- **Accelerated:** 5 to 10 years of elevated exposure
- **Acute:** a few months to 2 years of extremely high exposure



Healthy Lung



Silicotic Lung

10

10



DANGER OF SILICA DUST

11

11

SILICA IN THE WORKPLACE – EXPOSURE SOURCE MATERIALS



- Concrete
- Masonry
- Sandstone
- Rock
- Paint
- Abrasives
- Mortar
- Plaster
- Ceramics
- Shingles
- Soil
- Composites

12

12



SILICA HAZARD RECOGNITION QUESTIONS TO ASK

- What are the raw materials?
- Are SDS's available? Have they been reviewed?
- What is the operation
- Are there any intermediate products and by-products formed?
- What is the end product?
- Are there any periodic cleaning or maintenance procedures?
- Are exposures impacting employees?

13

13



SILICA RECOGNITION – BUILDING MATERIALS

14

14



SILICA RECOGNITION – COATING & ABRASIVES

15

15



SILICA RECOGNITION – NON-ROUTINE TASKS

16

16

WARNING

Silicosis IS NOT CURABLE, but IT IS PREVENTABLE



Don't be ***THAT GUY***

17

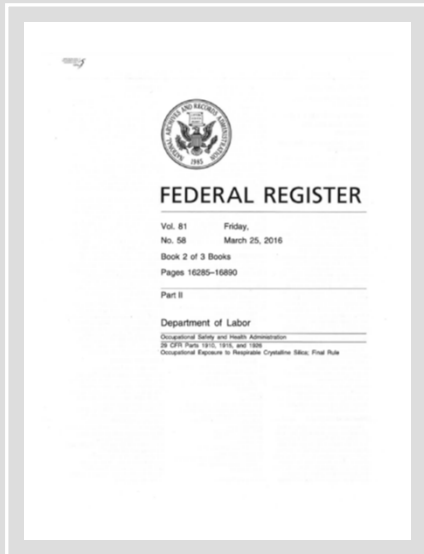
17

MODULE TWO

Silica Regulations

18

18



MIOSHA SILICA REGULATIONS

- MIOSHA adopted federal OSHA standards published in 2016
- MIOSHA Part 590 – Silica in General Industry (OSHA 29 CFR 1910.1053)
- MIOSHA Part 690 – Silica in Construction (OSHA 29 CFR 1026.1153)

19

19



REASONS FOR THE UPDATED STANDARDS

- Previous permissible exposure limits (PELs) did not adequately protect employees
- Epidemiological evidence indicated lung cancer & silicosis occurring at lower exposure levels ($<100 \mu\text{g}/\text{m}^3$)
- OSHA estimates more than **840,000** employees in construction & more than **100,000** employees in general industry are exposed to silica levels that exceed the updated permissible exposure limit

20

20



SILICA – STATE EMPHASIS PROGRAM (SEP)

21

21

REGULATIONS – GENERAL INDUSTRY

Part 590 – Silica in General Industry

- **Applies:** to all occupational exposure to respirable crystalline silica except: construction work, agricultural operations, & exposures that result from working with sorptive clays
- **Does not apply:**
 - Where employee exposures will remain below $25 \mu\text{g}/\text{m}^3$ as an 8-hr TWA under any foreseeable conditions (objective data)



22

22

REGULATIONS – CONSTRUCTION

Part 690 – Silica in Construction

Applies: *to all occupational exposure to respirable crystalline silica in construction*

Does not apply:

Where employee exposures will remain below 25 µg/m³ as an 8-hr TWA under any foreseeable conditions (objective data)



23

23

DEFINITIONS GENERAL INDUSTRY VS. CONSTRUCTION

Part 590 General Industry

1. Action Level
2. Assistant Secretary
3. Director
4. Employee Exposure
5. High Efficiency Particulate (HEPA) Filter
6. Objective Data
7. Physician or Other Licensed Health Care Professional (PLCHP)
8. **Regulated Area (not defined in const)**
9. Respirable Crystalline Silica
10. Specialist
11. This Section

Part 690 Construction

1. Action Level
2. Assistant Secretary
3. **Competent Person (not defined in GI)**
4. Director
5. Employee Exposure
6. High Efficiency Particulate Air (HEPA) Filter
7. Objective Data
8. Physician or Other Licensed Health Care Professional (PLCHP)
9. Respirable Crystalline Silica
10. Specialist
11. This Section

24

24

DEFINITIONS

Objective Data:

- Information, such as air monitoring data from industry-wide surveys or calculations based on the composition of a substance, **demonstrating** employee exposure to RCS associated with a particular product/material or a specific process/task/activity
- The data **must** reflect workplace conditions close resembling (or with a higher exposure potential than the processes), type of material, control methods, work practices, & environmental conditions in the employer's current operations

25

25

DEFINITIONS

Competent Person (Construction):

- An individual who is capable of identifying existing & foreseeable RCS hazards in the workplace & who has the authorization to take prompt corrective measures to eliminate or minimize them. The competent person must have knowledge & ability necessary to fulfill the responsibilities set forth in paragraph (g) of this section
- By way of training and/or experience, a competent person is **knowledgeable of applicable standards, is capable of identifying workplace hazards** relating to the specific operation and **has the authority to correct them.**
- There are no specific standards regarding competent person requirements

26

26

DEFINITIONS

Regulated Area (General Industry):

- **Establishment** – The employer *shall* establish a regulated area wherever an employee's exposure to airborne concentrations of RCS is, or can reasonably be expected to be, in excess of the PEL
- **Demarcation** – The employer *shall* demarcate areas from the rest of the workplace in a manner that minimized the number of employees exposed to silica within the regulated area
 - The employer *shall* post signs at all entrances to regulated areas that bear the legend specified in paragraph (j)(2) of this section
- **Access** – the employer *shall* limit access to regulated areas to:
 - Persons authorized & required by work duties to be present,
 - Designated representatives exercising the right to observe, and
 - Any person authorized by the Occupational, Safety, & Health Act



27

27

DEFINITIONS

Employee Exposure:

- Exposure to airborne RCS that would occur if the employee were not using a respirator
 - Permissible Exposure Limit (PEL): 50 $\mu\text{g}/\text{m}^3$
 - Action Level (AL): 25 $\mu\text{g}/\text{m}^3$



28

28

PERMISSIBLE EXPOSURE LIMIT PERSPECTIVE



~1,000 µg of silica



1,000 µg of silica in this room = 50 µg/m³

29

29

COMMUNICATION OF RESPIRABLE SILICA HAZARDS



The employer ***shall*** include respirable crystalline silica in their Hazard Communication Program

- Employees will have access to labels on containers of crystalline silica
- Employees will have access to safety data sheets
- Employees will be provided training in accordance with Hazard Communication regarding silica hazards
- The following silica hazards must be addressed:
 - Cancer
 - Lung effects
 - Immune system effects
 - Kidney effects

30

30

EMPLOYEE INFORMATION & TRAINING

The employer ***shall*** ensure that each employee covered under the silica standard can demonstrate knowledge & understanding of at least the following:

- **Health hazards** associated with silica exposure
- **Specific tasks** in the workplace that could result in silica exposure
- Specific measures the employer has implemented to protect employees from silica exposures:
 - **Engineering Controls**
 - **Work Practices**
 - **Respiratory Protection**
- The contents of this section of the silica standard
- The **purpose & description of the medical surveillance program** required
- The employer shall make a copy of the section readily available without cost to each employee covered



31

31

MEDICAL SURVEILLANCE

- The employer ***shall*** make medical surveillance available for each employee exposed to silica at or above the AL for 30 days or more per year
 - Must be performed by a PLCHP
 - Initial exam within 30 days of assignment or last 3 years if the exams were the same requirements
- The exam will consist of:
 - In-depth medical & work history (past, present, anticipated silica exposures, other respiratory agents, respiratory dysfunction, TB & smoking history)
 - Physical exam – special emphasis on respiratory system
 - Chest x-rays – specific requirements see standard
 - Pulmonary Function Test
 - Testing for latent TB infection
 - Any other tests deemed appropriate by the PLCHP
- The employer shall make & maintain accurate records



32

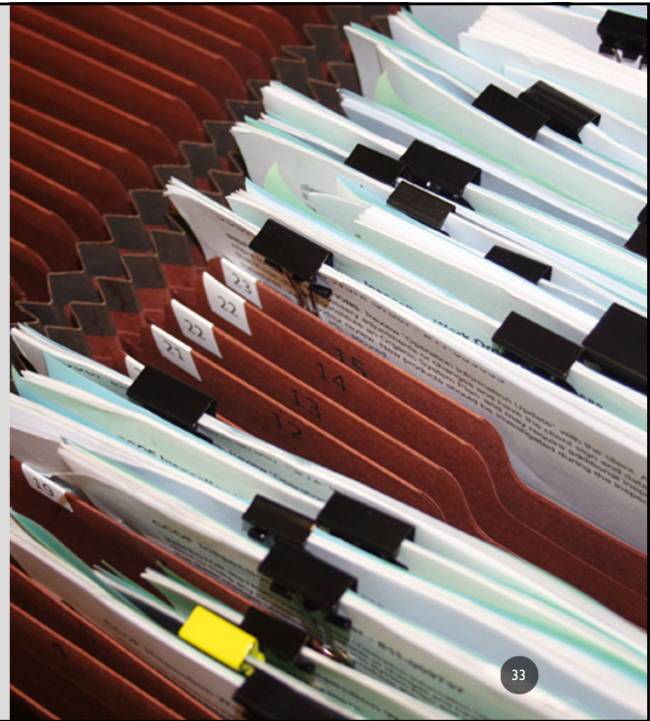
32

RECORDKEEPING

Make & maintain accurate records:

- Air monitoring data,
- Objective data, and
- Medical Records

Content of records are specified within the standard



33

METHODS OF COMPLIANCE

Engineering & Work Practice Controls

- The employer **shall** use engineering & work practice controls to reduce & maintain employee exposure to or below the PEL (unless determined to not be feasible)
- Employer **must** use engineering controls – even if it doesn't reduce exposure below the PEL
- Employer will supplement engineering controls with respiratory protection




34

Silica Exposure Control Plan

Contents

- Silica Exposure Control Plan.....1
- Statement of Purpose.....2
- Changes to Policy.....2
- Silica Background Information.....2
- Health Hazards.....3
- Responsibilities.....4
- Risk Identification (29 CFR 1926.1153 (g) (1) (i)).....5
- OSHA Requirements (Action Level, PEL).....5
- Engineering Controls, Work Practices & Respiratory Protection 29 CFR 1926.1153 (g) (1) (ii).....6
- Housekeeping: 29 CFR 1926.1153 (g) (1) (iii).....18
- Site Control: 29 CFR 1926.1153 (g) (1) (iv).....18
- Medical Surveillance.....19
- Employee Training 29 CFR 1926.1153 (i) (2) (i).....21
- Recordkeeping (29 CFR 1926.1153 (j)).....22



METHODS OF COMPLIANCE

Written Exposure Control Plan


- ❑ The employer **shall** establish & implement a written exposure control plan that contains at least the following:
 - A description of the tasks in the workplace that involve exposure to RCS
 - A description of engineering controls, work practices, & respiratory protection used to limit silica exposures
 - A description of housekeeping measures to limit silica exposures
- ❑ The written exposure control plan **shall** be reviewed & evaluated annually
- ❑ The written exposure control plan **shall** be readily available for review & copy

35

35

MIOSHA SAMPLE EXPOSURE CONTROL PLAN

Silica Exposure Control Plan Template



36

MODULE THREE

Exposure Characterization & Control Measures

37

37

EXPOSURE CONTROLS METHODS

Three Options for Exposure Control

Performance/Scheduled
Air Monitoring

Objective Data

OSHA Table I

So Review Your Particular Situation..

Resource Availability ⊕	⊕ Exposure Frequency
Hazard/Risk ⊕	⊕ Severity
Workforce ⊕	⊕ Cost
Administration ⊕	⊕ Difficulty

..to Determine the Best Alternative



(Demoulding and carrying the finished blocks)



38

38

EXPOSURE CONTROL METHODS

Option I: Performance/Scheduled Air Monitoring

Performance/Scheduled
Air Monitoring

Objective Data

OSHA Table I

39

39

EXPOSURE CONTROLS METHODS

Exposure Assessment

The employer **shall** assess the exposure of each employee who is or may reasonably be expected to be exposed to RCS at or above the AL in accordance with either the **performance option** or the **scheduled monitoring option**



40

40

EXPOSURE CONTROL METHODS

Performance Option:

The employer ***shall*** assess the 8-hr TWA exposure for each employee on the basis of ***any combination of air monitoring data or objective data*** sufficient to accurately characterize employee exposure to RCS



41

41

EXPOSURE CONTROL METHODS

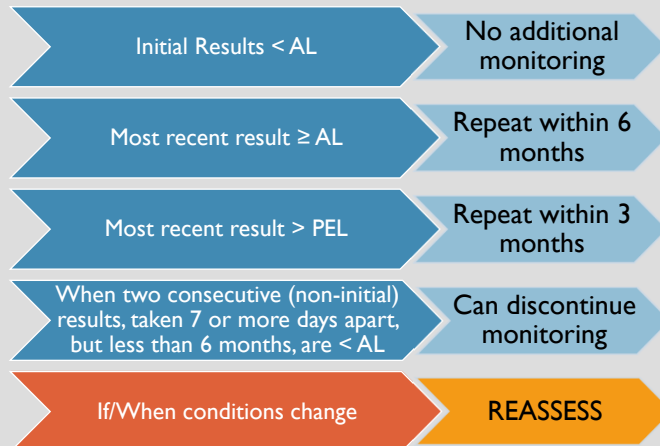
Scheduled Monitoring Option:

- The employer ***shall*** perform initial monitoring to assess the 8-hr TWA exposure for each employee on the basis of one or more personal breathing zone air samples that reflect the exposures of employees on each shift, for each job classification, in each work area
- Where several employees perform the same tasks on the same shift & in the same work area, the employer ***may*** sample a representative fraction of these employees in order to meet this requirement
- In representative sampling, the employer ***shall*** sample the employee(s) who are expected to have the highest exposure to RCS

42

42

EXPOSURE CONTROL METHODS – AIR MONITORING FREQUENCY



43

43

EXPOSURE ASSESSMENT – EMPLOYEE NOTIFICATION

Within **15 working days** after complete an exposure assessment;

- Employer ***shall*** individually notify each affected employee in writing of the results
- Employer can post results in appropriate location accessible to all affected employees
- ***If exposures exceed the PEL***, the employer ***shall*** describe in writing the corrective action being taken to reduce exposures
- Observation of Monitoring
 - Affected employees or their designated reps have the option to observe the air monitoring
 - Observers must comply with the PPE requirements of the area

44

44

EXPOSURE CONTROL METHODS

Option 2: Objective Data

Performance/Scheduled
Air Monitoring

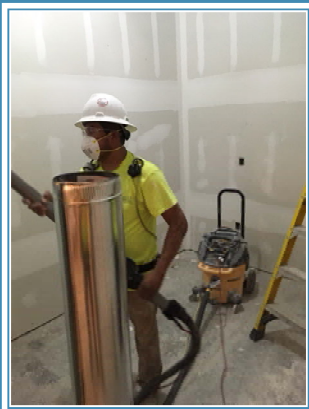
Objective Data

OSHA Table I

45

45

EXPOSURE CONTROL METHODS OBJECTIVE DATA



OBJECTIVE DATA

- Information... demonstrating employee exposure to RCS associated with a particular:
 - Product or material
 - A specific process, task, or activity
- Examples
 - Air monitoring data from industry-wide surveys
 - Calculations based on the composition of a substance
 - Area sampling results & exposure mapping profile approaches
 - Historical air monitoring data collected by the employer

The data must reflect workplace conditions closely resembling the employer's current operations

46

46

OBJECTIVE DATA – EXAMPLE

Jobsite A

- Exposure monitoring reveals employee exposure of 20 mg/m³
- Use portable handsaw to cut concrete floor in 40'x40'x10' vented room
- Use wet methods & HEPA vacuums
- Concrete is 15% crystalline quartz

Jobsite B

- No exposure monitoring
- Use portable handsaw to cut concrete floor in 20'x20'x10' unvented room
- Use wet methods & HEPA vacuums
- Concrete is 25% crystalline quartz

Can the employer use the data obtained at Jobsite A to represent employee exposure at Jobsite B?

47

47

EXPOSURE CONTROL METHODS

Option 3: OSHA Table I

Performance/Scheduled
Air Monitoring

Objective Data

OSHA Table I

48

48

EXPOSURE CONTROL METHODS OSHA TABLE I TASKS

Table I Tasks with Specified Control Methods

1. Stationary masonry saws
2. Handheld power saws
3. Handheld power saws for cutting fiber-cement board
4. Walk-behind saws
5. Drivable saws
6. Rig-mounted core saws or drills
7. Handheld & stand-counted drills
8. Dowel drilling for concrete
9. Vehicle-mounted drilling rigs for rock & concrete
10. Jackhammers & handheld powered chipping tools
11. Handheld grinders for mortar removal (i.e., tucking pointing)
12. Handheld grinders for uses other than mortar removal
13. Walk-behind milling machines & floor grinders
14. Small drivable milling machines
15. Large drivable milling machines
16. Crushing machines
17. Heavy equipment & utility vehicles used to abrade or fracture silica-containing materials
18. Heavy equipment & utility vehicles for tasks such as grinding & excavating

49

49

EXPOSURE CONTROL METHODS – OSHA TABLE I TASKS

For each employee engaged in a task identified in Table I

- The employer ***shall* fully & properly** implement the engineering controls, work practices & respiratory protection **specified for the task in Table I**
- Except when the employer assesses & limits the employee's exposure to RCS in accordance with paragraph (d) of the standard – Using alternate exposure control methods)



50

50




Table 1 Specified Exposure Control Methods When Working With Materials Containing Crystalline Silica			
Equipment/task	Engineering and work practice control methods	Required respiratory protection and minimum assigned protection factor (APF)	
		≤4 hours/shift	>4 hours/shift
		Half Mask Air Purifying Respirator APF=10 	

TABLE I: SPECIFIED EXPOSURE CONTROL METHODS

51

51

ACTIVITY I

For this activity refer to Table I of Part 690

- Identify the task & equipment that is being used.
- What type of Engineering Controls & Work Practices are required?
- What type of Respiratory Protection is required (or optional)?

52

52



EXAMPLE 1: STATIONARY MASONRY SAW

53

53

EXAMPLE 1: STATIONARY MASONRY SAW

Table 1
Specified Exposure Control Methods When Working
With Materials Containing Crystalline Silica

Equipment/task	Engineering and work practice control methods	Required respiratory protection and minimum assigned protection factor (APF)	
		≤4 hours/shift	>4 hours/shift
(i) Stationary masonry saws	<p>Use saw equipped with integrated water delivery system that continuously feeds water to the blade</p> <p>Operate and maintain tool in accordance with manufacturer's instructions to minimize dust emissions</p>	None	None

54



EXAMPLE 2: WALK-BEHIND SAW

55

55

EXAMPLE 2: WALK-BEHIND SAW

Table 1
Specified Exposure Control Methods When Working
With Materials Containing Crystalline Silica

Equipment/task	Engineering and work practice control methods	Required respiratory protection and minimum assigned protection factor (APF)	
		≤4 hours/shift	>4 hours/shift
(iv) Walk-behind saws	Use saw equipped with integrated water delivery system that continuously feeds water to the blade		
	Operate and maintain tool in accordance with manufacturer's instructions to minimize dust emissions:		
	—When used outdoors	None	None
	—When used indoors or in an enclosed area	APF 10	APF 10

56

56





EXAMPLE 3: HANDHELD GRINDERS FOR MORTAR REMOVAL (I.E. TUCK-POINTING)

57

57

EXAMPLE 3: HANDHELD GRINDERS FOR MORTAR REMOVAL (TUCK-POINTING)

Table 1
Specified Exposure Control Methods When Working
With Materials Containing Crystalline Silica

Equipment/task	Engineering and work practice control methods	Required respiratory protection and minimum assigned protection factor (APF)	
		≤4 hours/shift	>4 hours/shift
(xi) Handheld grinders for mortar removal (i.e., tuck-pointing)	<p>Use grinder equipped with commercially available shroud and dust collection system</p> <p>Operate and maintain tool in accordance with manufacturer's instructions to minimize dust emissions</p> <p>Dust collector must provide 25 cubic feet per minute (cfm) or greater of airflow per inch of wheel diameter and have a filter with 99% or greater efficiency and a cyclonic pre-separator or filter-cleaning mechanism</p>	<p>APF 10</p> 	<p>APF 25</p> 

58

58

EXAMPLE VIDEO – TABLE I TASK

Federal OSHA Video on Controlling Silica Dust in Construction for Table I Tasks

- [Handheld Grinders for Mortar Removal \(Tuck-pointing\)](#)

OSHA Handheld Grinders for Mortar Removal (Tuck-pointing)

Table 1. Specified Exposure Control Methods When Working With Materials Containing Crystalline Silica

Exposure Task	Engineering and Work Practice Controls/Methods	Respiratory Protection (NIOSH Approved Filter Type)
Handheld grinding, abrading, or sandblasting (e.g., tuck-pointing)	Any grinder equipped with a commercially available dust and debris collection system. Respiratory protection must be used in accordance with the manufacturer's instructions for use and protection. Respirators must provide at least 20 times (20:1) the protection of the filter media used and must be used with a properly fitted facepiece and maintained properly to ensure maximum protection in filter-breathing mode.	HEP D HEP R

59

59

ALTERNATIVE EXPOSURE CONTROL METHODS

- For tasks not address by Table I
- OR**
- Where one cannot fully & properly implement the engineering controls, work practices, & respiratory protection specified by Table I,
- THEN**
- Comply with paragraph (d)



60

60

ALTERNATIVE EXPOSURE CONTROL METHODS

Required Respiratory Protection

- For tasks not listed in Table I

OR

- When employer does not fully & properly implement controls described in table I, where exposures exceed the PEL



61

61

RESPIRATORY PROTECTION

- Use of respiratory protection must comply with MIOSHA Part 451 Respiratory Protection Standard
- Respiratory Protection is required:
 - Where exposures exceed the PEL during periods necessary to install or implement feasible engineering & work practice controls.
 - Where exposures exceed the PEL during tasks, such as certain maintenance and repair tasks, for which engineering & work practice controls are not feasible.
 - During tasks for which an employer has implemented all feasible engineering & work practice controls & such controls are not sufficient to reduce exposures to or below the PEL.
 - During periods when the employee is in a regulated area.
 - Or as specified by Table I.



62

62

RESPIRABLE CRYSTALLINE SILICA EXPOSURE SOURCES – OPERATIONS

- Abrasive Blasting/Sandblasting
- Bricklaying
- Stonemasons
- Concrete
- Cutting/Drilling Stone
- Crushing/Grinding Operators
- Demolition
- Foundries
- Furnace Workers
- Glass Manufacturers
- Kiln Operators
- Steelworkers
- Welders



63

63

PART 451 RESPIRATORY PROTECTION



- Key Program Components
 - Selection procedure
 - Medical evaluations
 - Fit testing procedures
 - Procedures for proper use & maintenance
 - Procedures for cleaning, disinfecting, & storage
 - Procedures to ensure adequate air quality, quantity, & flow
 - Employee training
 - Program Evaluation
- Designate Program Administrator
- Provide respirators, training & medical surveillance at no cost to employees

64

64

RESPIRATORY PROTECTION

- Must have a written respiratory protection program when respiratory use is required
 - [MIOSHA Sample written respiratory protection program](#)



65

65

ACTIVITY 2

For this activity refer to Table I of Part 690

- Identify the task & equipment that is being used.
- What type of Engineering Controls & Work Practices are required?
- What type of Respiratory Protection is required (or optional)?

66

66



EXAMPLE 1: HEAVY EQUIPMENT & UTILITY VEHICLE FOR TASKS SUCH AS GRADING & EXCAVATING, BUT NOT INCLUDING: DEMOLITION, ABRADING, OR FRACTURING

67

67

EXAMPLE 1: HEAVY EQUIPMENT & UTILITY VEHICLE FOR TASKS SUCH AS GRADING & EXCAVATING, BUT NOT INCLUDING: DEMOLITION, ABRADING, OR FRACTURING

**Table 1
Specified Exposure Control Methods When Working
With Materials Containing Crystalline Silica**

Equipment/task	Engineering and work practice control methods	Required respiratory protection and minimum assigned protection factor (APF)	
		≤4 hours/shift	>4 hours/shift
(xviii) Heavy equipment and utility vehicles for tasks such as grading and excavating but not including: Demolishing, abrading, or fracturing silica-containing materials	Apply water and/or dust suppressants as necessary to minimize dust emissions	None	None
	OR When the equipment operator is the only employee engaged in the task, operate equipment from within an enclosed cab	None	None

68

68



EXAMPLE 2: JACKHAMMERS & HANDHELD POWERED CHIPPING TOOLS

69

69

EXAMPLE 2: JACKHAMMERS & HANDHELD POWERED CHIPPING TOOLS

Table 1 Specified Exposure Control Methods When Working With Materials Containing Crystalline Silica			
Equipment/task	Engineering and work practice control methods	Required respiratory protection and minimum assigned protection factor (APF)	
		≤4 hours/shift	>4 hours/shift
(x) Jackhammers and handheld powered chipping tools	Use tool with water delivery system that supplies a continuous stream or spray of water at the point of impact:		
	—When used outdoors	None	APF 10
	—When used indoors or in an enclosed area	APF 10	APF 10
	OR		
(x) Jackhammers and handheld powered chipping tools	Use tool equipped with commercially available shroud and dust collection system Operate and maintain tool in accordance with manufacturer's instructions to minimize dust emissions		
	Dust collector must provide the air flow recommended by the tool manufacturer, or greater, and have a filter with 99% or greater efficiency and a filter-cleaning mechanism:		
	—When used outdoors	None	APF 10
	—When used indoors or in an enclosed area	APF 10	APF 10

70

70

ENGINEERING & WORK PRACTICE CONTROLS

- Employers ***shall*** use engineering & work practice controls to limit exposures to or below the PEL
- Use such controls even if they do not reduce exposures to or below the PEL; **use controls to achieve the lowest feasible exposure level**
- Respirators ***shall*** supplement these controls when exposure levels are not reduced below the PEL



71

71

WARNING
DO NOT USE DRY SWEEPING
OR DRY BRUSHING IN
SILICA DUST ZONES



HOUSEKEEPING – DRY SWEEPING/BRUSHING

Part 590 1910.1053(h)(1) & 690 1926.1153(f)(1)

- The employer ***shall not allow dry sweeping or dry brushing*** where such activity could contribute to employee exposure to RCS

Unless

- HEPA-Filtered Vacuuming, Wet Sweeping, or other methods that minimize the likelihood of exposure are not feasible
- Burden to prove infeasibility is on the employer

72

72



HOUSEKEEPING

73

73



HOUSEKEEPING – COMPRESSED AIR

Part 590 1910.1053(h)(2) & 690 1926.1053(f)(2)

- The employer shall not allow compressed air to be used to clean clothing or surfaces where such activity could contribute to employee exposure to RCS

Unless

- The compressed air is used in conjunction with a ventilation system that effectively captures the dust cloud created by the compressed air; OR
- No alternative method is feasible

74

74



TASKS PERFORMED USING WET METHODS

Part 690 1926.1153(c)(2)(ii)

- Apply water at flow rates sufficient to minimize the release of visible dust

75

75

WHAT'S WRONG
WITH THIS PICTURE?



76

76

WHAT'S WRONG
WITH THIS PICTURE?



77

77

WHAT'S WRONG
WITH THIS PICTURE?



78

78

MIOSHA SILICA RESOURCES

The screenshot shows the Michigan.gov website with the following content:

- Header:** Michigan.gov | Labor and Economic Opportunity
- Navigation:** Bureaus & Agencies, Boards, Commissions & Councils, LEO Initiatives, About, News from LEO Agencies
- Section Title:** Silica
- Introductory Text:** MIOSHA has adopted new federal requirements that will protect Michigan employees from the harmful effects of breathing respirable crystalline silica in the workplace. Scientific evidence showed the need for change. Silica exposure limits were based on research from the 1960s and the old exposure limits do not adequately protect worker health. Breathing silica dust can cause silicosis, a disabling, non-reversible and sometimes fatal lung disease; other non-malignant respiratory diseases such as chronic bronchitis; lung cancer; kidney disease; and it may be associated with auto-immune disorders and cardiovascular disease. Michigan is one of the top ranked states for the number of reported cases of silicosis through state surveillance systems. Nationally, the death rate attributed to silicosis has been increasing since 2011.
- MIOSHA Standards:**
 - Part 590, Silica in General Industry
 - Part 690, Silica in Construction
- MIOSHA Resources:**
 - Silica - State Emphasis Program (SEP)
 - Crystalline Silica Exposure in Construction and General Industry
 - Silica Outreach Training PowerPoint
 - Sample Written Silica Exposure Control Plan
- Federal OSHA Resources:**
 - Overview of the Rule
 - Fact Sheet on Construction
 - Fact Sheet on General Industry/Maritime
 - OSHA's Silica Webpage
 - Frequently Asked Questions
 - Small Entity Compliance Guide - Construction
 - New and Revised Fact Sheets

79

CET RESOURCES



For further information or to
request onsite air monitoring
call **517-284-7720**

or

Visit our website at
www.michigan.gov/miosha

80


80

UNITED STATES DEPARTMENT OF LABOR
Occupational Safety and Health Administration

OSHA STANDARDS TOPICS HELPS AND RESOURCES

Safety and Health Topics - Silica, Crystalline

Silica, Crystalline



Overview

Crystalline silica is a common mineral found in the earth's crust. It is found in sand, stone, concrete, and mortar. Crystalline silica is also used in many products, such as glass, pottery, ceramics, bricks, and artificial stone.

Health Effects

Respirable crystalline silica - very small particles at least 100 times smaller than ordinary sand you might find on beaches and playgrounds - is created when cutting, sawing, grinding, abrading, and crushing stone, rock, concrete, brick, masonry, and mortar. Activities such as abrasive blasting with sand, sawing brick or concrete, sanding or drilling into concrete walls, grinding mortar, manufacturing brick, concrete blocks, stone countertops, or ceramic products, and cutting or crushing stone result in worker exposures to respirable crystalline silica dust. Inhalation and use in certain occupations, such as heavily work and hydraulic fracturing (fracking), is also a source of respirable crystalline silica exposure. About 2.5 million people in the U.S. are exposed to silica at work.

Revisions to Table 1

OSHA is currently analyzing comments submitted in a Request for Information to determine if revisions to Table 1 are appropriate. See the United States Regulatory Agenda for details.

Workers' Rights

Construction Outreach Materials

OSHA Small Entity Compliance Guide for Construction. Discusses suggested engineering and work practice controls, exposure assessments, respirator use, medical surveillance, written exposure control plans, and other aspects of compliance.

Sample Training PowerPoint for Construction. Provides a customizable PowerPoint for employers and other instructors to take their training on how to comply with OSHA's respirable crystalline silica standard for construction.

OSHA's Crystalline Silica Rule. Construction. Provides a summary of the requirements of the respirable crystalline silica standard for construction.

Controlling Silica Dust in Construction Videos for Table 1 Tasks

- Handheld Power Saws Fact Sheet
- Handheld Grinders for Tasks Other Than Mortar Removal Fact Sheet
- Handheld Power Saws Used to Cut Reinforcement Bars Fact Sheet
- Jackhammers or Handheld Powered Chipping Tools Fact Sheet
- Handheld and Stand-Mounted Drills Fact Sheet
- Stationary Masonry Saws Fact Sheet
- Handheld Grinders for Mortar Removal (Tuckpointing) Fact Sheet
- Stand-Mounted Saws Fact Sheet
- Grinding Saws Fact Sheet
- Big-Mounted Core Saws or Drills Fact Sheet
- Drill Chilling Rigs for Concrete Fact Sheet
- Mobile Mounted Drilling Rigs for Rock and Concrete Fact Sheet
- Walk-Behind Mining Machines and Rock Grinders Fact Sheet
- Small Hydraulic Mining Machines, Long-Boom Drill Fact Sheet
- Large Hydraulic Mining Machines (High-Line and Larger) Fact Sheet
- Crushing Machines Fact Sheet
- Mining Equipment and Utility Vehicles Used During Demolition Activities Fact Sheet
- Mining Equipment and Utility Vehicles Used for Grading and Excavating Tasks Fact Sheet

Controlling Silica Dust in Construction Videos for Table 1 Tasks

- Stationary Masonry Saws
- Handheld Power Saws
- Handheld and Stand-Mounted Drills
- Jackhammers or Handheld Powered Chipping Tools
- Handheld Grinders for Mortar Removal (Tuckpointing)
- Handheld Grinders for Uses Other Than Mortar Removal

FEDERAL OSHA RESOURCES

Construction Face Sheets – Table 1 Tasks

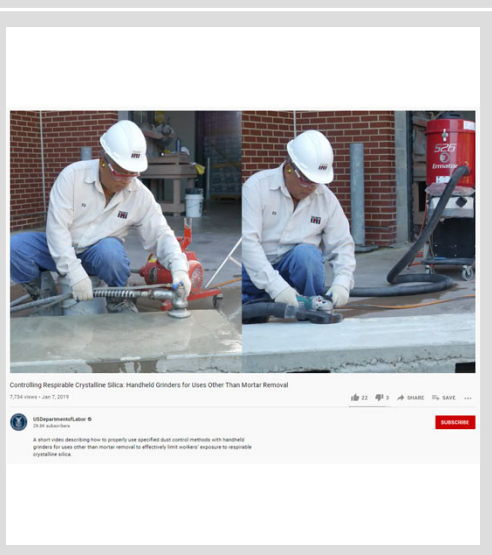
- [Handheld Power Saws Used to Cut Fiber-Cement Board](#)
- [Drivable Saws Fact Sheet](#)
- [Heavy Equipment and Utility Vehicles Used for Grading and Excavating Tasks Fact Sheet](#)

81

OSHA RESOURCE VIDEOS – TABLE 1 TASKS

OSHA Videos on Controlling Silica Dust in Construction for Table 1 Tasks

- [Stationary Masonry Saws](#)
- [Handheld Power Saws](#)
- [Handheld and Stand-Mounted Drills](#)
- [Jackhammers or Handheld Powered Chipping Tools](#)
- [Handheld Grinders for Mortar Removal \(Tuckpointing\)](#)
- [Handheld Grinders for Uses Other than Mortar Removal](#)



Note: Products featured in the videos are not necessarily an endorsement of the product.

82

82

ADDITIONAL RESOURCES

MIOSHA & OSHA Resources

- [Crystalline Silica Exposure in Construction and General Industry](#)
- [Sample Written Silica Exposure Control Plan](#)
- [Small Entity Compliance for Construction:](#)

OSHA's Crystalline Silica Rule Fact Sheets:

- [Fact Sheet on General Industry/Maritime](#)
- [Fact Sheet on Construction](#)
- [Table I Task Fact Sheets for Construction](#)

[NIOSH Silica Information Webpage](#)

[Center for Construction Research and Training](#)



83

83

QUESTIONS?

84

84

ASSESSMENT

- The purpose of this assessment is to **validate the knowledge** learned in class.
- **Passing score of 70%** correct is required.
- **Class reference materials/books are not allowed** to be used during the assessment.
- **Collaboration/discussion with others is not allowed** during the assessment.
- Answers will be reviewed after everyone completes and submits their assessment.

85

85

THANK YOU.

Don't Forget to Take the Survey



86

Silica Awareness

Student Resources

MIOSHA Standards:

- [Part 590. Silica in General Industry](#)
- [Part 690. Silica in Construction](#)

MIOSHA Resources:

- [Crystalline Silica Exposure in Construction and General Industry](#)
- [Sample Written Silica Exposure Control Plan](#)
- [Silica – State Emphasis Program \(SEP\)](#)

OSHA's Resources:

- [Small Entity Compliance for Construction](#)
- [Fact Sheet on General Industry/Maritime](#)
- [Fact Sheet on Construction](#)
- [Table 1 Task Fact Sheets for Construction](#)
- [Handheld Power Saws Fact Sheet](#)
- [Handheld Grinders for Tasks Other Than Mortar Removal Fact Sheet](#)
- [Handheld Power Saws Used to Cut Fiber-Cement Board](#)
- [Jackhammers or Handheld Powered Chipping Tools Fact Sheet](#)
- [Handheld and Stand-Mounted Drills Fact Sheet](#)
- [Stationary Masonry Saws Fact Sheet](#)
- [Handheld Grinders for Mortar Removal \(Tuckpointing\) Fact Sheet](#)
- [Walk-Behind Saws Fact Sheet](#)
- [Drivable Saws Fact Sheet](#)
- [Rig-Mounted Core Saws or Drills Fact Sheet](#)
- [Dowel Drilling Rigs for Concrete Fact Sheet](#)
- [Vehicle-Mounted Drilling Rigs for Rock and Concrete Fact Sheet](#)

- [Walk-Behind Milling Machines and Floor Grinders Fact Sheet](#)
- [Small Drivable Milling Machines \(Less than Half Lane\) Fact Sheet](#)
- [Large Drivable Milling Machines \(Half Lane and Larger\) Fact Sheet](#)
- [Crushing Machines Fact Sheet](#)
- [Heavy Equipment and Utility Vehicles Used During Demolition Activities Fact Sheet](#)
- [Heavy Equipment and Utility Vehicles Used for Grading and Excavating Tasks Fact Sheet](#)

OSHA Videos on Controlling Silica Dust in Construction for Table 1 Tasks

- [Stationary Masonry Saws](#)
- [Handheld Power Saws](#)
- [Handheld and Stand-Mounted Drills](#)
- [Jackhammers or Handheld Powered Chipping Tools](#)
- [Handheld Grinders for Mortar Removal \(Tuckpointing\)](#)
- [Handheld Grinders for Uses Other than Mortar Removal](#)

Other Resources

- NIOSH Silica Information Webpage: www.cdc.gov/niosh/topics/silica
- Center for Construction Research and Training: www.silica-safe.org

MIOSHA Training Institute (MTI) Resources:

www.michigan.gov/mti

MIOSHA Training Calendar:

www.michigan.gov/mioshatraining

MIOSHA Homepage:

www.michigan.gov/miosha



Michigan Department of Labor and Economic Opportunity
Michigan Occupational Safety and Health Administration
Consultation Education and Training Division
525 W. Allegan St., P.O. Box 30643
Lansing, Michigan 48909-8143

For further information or to request consultation, education, and training services
call 517-284-7720

or

visit our website at www.michigan.gov/miosha

www.michigan.gov/leo

LEO is an equal opportunity employer/program.