



# extreme s.a.f.e.t.y

## for working teens

Work experience can be a great benefit to you — but it may also be hazardous! It is MIOSHA's\* mission to prevent injuries and help protect teen workers by promoting positive work experiences.

### WHAT ARE MY RIGHTS ON THE JOB?

By law, you are entitled to:

- X** A safe and healthful workplace.
- X** Protective equipment should be provided by your employer, when needed, like safety glasses, gloves and aprons.
- X** Training on the hazards of the job and how to protect yourself.
- X** Payment for medical care if you get hurt or sick on the job. You may be entitled to lost wages.
- X** A legal minimum wage - as defined by your age.
- X** Report serious safety problems to MIOSHA.

### WHAT ARE MY RESPONSIBILITIES ON THE JOB?

To work safely you should:

- X** Follow safety rules and instructions.
- X** Use safety equipment and protective clothing when needed.
- X** Leave safety guards in place.
- X** Keep work areas clean and neat.
- X** Know what to do in an emergency.
- X** Look out for co-workers.
- X** Report safety and health hazards to your supervisor.

\*Michigan Occupational Safety and Health Administration (MIOSHA)

### WHAT SHOULD I DO...

## ...Before I Get the Job?

A new job — especially your first one — can make you nervous. So you may not think to ask about safety at work. But you need to know about workplace hazards. Here are some good questions to ask.

- Does the job involve hazards, like working with chemicals, hot grease, high noise levels or heavy equipment? If so, will I be trained on how to prevent injuries?
- Is there any safety gear I'll be expected to wear? If so, when will it be provided?
- What health and safety orientation will I get before starting work?
- What are my health and safety responsibilities, and who do I go to with concerns?
- If I'm hurt at work, what should I do? Who's the first aid person?

### ...AFTER I'M HIRED

Your boss can't read your mind. So if you're ever not clear about doing something safely...ask about it. Saying you're not sure or uncomfortable can be hard, even for experienced workers. But it's more than worth it.

## IS IT OK TO DO ANY KIND OF WORK?

**NO!** There are laws that protect teens from doing dangerous work.

In Michigan, workers under 18 may not:

- X** Drive a motor vehicle as part of the job (pizza delivery, etc.).
- X** Drive a forklift.
- X** Use powered equipment like a circular saw, box crusher, meat slicer, or bakery machine.
- X** Work in wrecking, demolition, excavation, or roofing.
- X** Come in contact with hazardous substances, chemicals, explosives or radioactive substances.
- X** Work in logging or a sawmill.
- X** Perform brazing, welding, soldering or heat treating, for those less than 16 years of age.

## RESTRICTED WORK

Special approval for some restricted work for 16- and 17-year-olds may be authorized. Employers must apply for special approval to the Michigan Department of Labor and Economic Opportunity, Wage and Hour Division.

## WHAT HAZARDS SHOULD I WATCH OUT FOR?

Type of Work	Examples of Hazards

## WHAT IF I NEED HELP?

- X** Talk to your boss or supervisor.
- X** Talk to your parents or teachers.
- X** Call MIOSHA at 800-866-4674, or visit the website at [www.michigan.gov/miosha](http://www.michigan.gov/miosha).
- X** Call the Wage and Hour Division at 855-4MI-WAGE or 517-284-7800.



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LABOR & ECONOMIC  
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## Important Facts for Working Teens



## Each Year in the U.S.

- X** 60-70 teens die from work-related injuries.
- X** 200,000 seek emergency medical treatment.