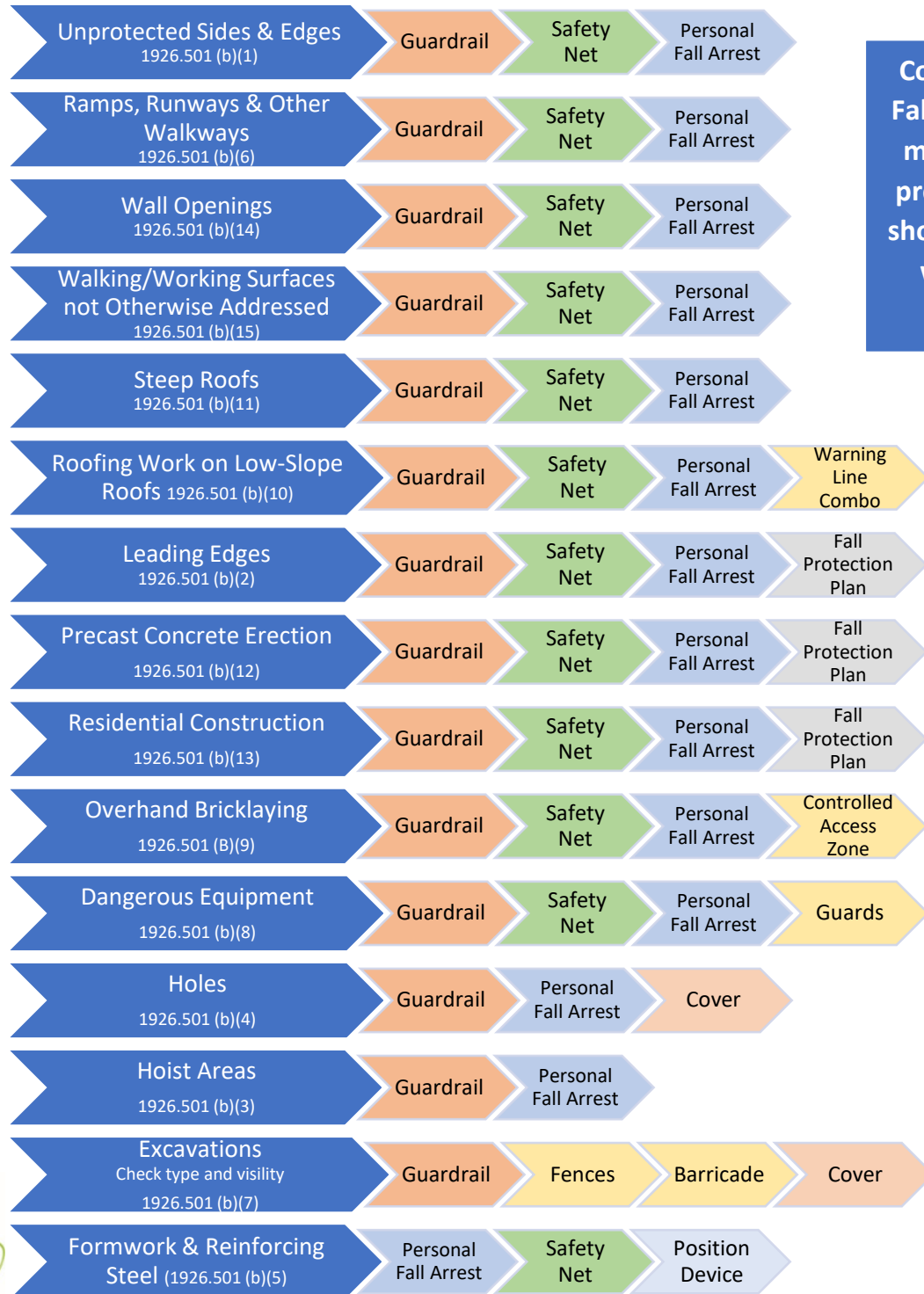


# Construction Part 45: Fall Protection Quick Guide

Type of Work & Options Given



Conventional Fall Protection methods are preferred and should be used whenever possible.

**Guardrail** is a barrier erected to prevent employees from falling to lower levels.

**Safety Net** is system of nets put in place to catch fallen workers before serious injury.

**Personal Fall Arrest System** is used to arrest an employee in a fall from a working level.

**Covers** protect employees from tripping in stepping into or through holes.

**Positioning Device System** means a body belt or harness rigged to allow an employee to be supported.

**Fences & Barricades** are barriers erected to prevent access to areas where hazards may exist.

**Guards** for equipment protect workers from hazards created by nip points, rotating parts, flying chips, and sparks.


**Warning Line** is a barrier to warn employees of proximity to fall hazards and must be used in conjunction with another protection system.

**Controlled Access Zone** means an area in which certain work may take place and access to the zone is controlled.

**Fall Protection Plans** protect in elevated work areas where conventional fall protection cannot be used.

Fall Protection Systems

## Construction Part 45: Fall Protection Quick Guide

	<b>Unprotected Sides &amp; Edges</b> 1926.501 (b)(1)	<b>Ramps, Runways &amp; Other</b> 1926.501 (b)(6)	<b>Wall Openings</b> 1926.501 (b)(14)	<b>Walking/Working Surfaces not Otherwise Addressed</b> 1926.501 (b)(15)	<b>Steep Roofs</b> 1926.501 (b)(11)	<b>Roofing Work on Low-Slope Roofs</b> 1926.501 (b)(10)	<b>Leading Edges</b> 1926.501 (b)(2)	<b>Precast Concrete Erection</b> 1926.501 (b)(12)	<b>Residential Construction</b> 1926.501 (b)(13)	<b>Overhand Bricklaying</b> 1926.501 (b)(9)	<b>Dangerous Equipment</b> 1926.501 (b)(8)	<b>Holes</b> 1926.501 (b)(4)	<b>Hoist Areas</b> 1926.501 (b)(3)	<b>Excavations</b> 1926.501 (b)(7)	<b>Formwork &amp; Reinforcing Steel</b> 1926.501 (b)(5)
<b>Guardrail</b> is a barrier erected to prevent employees from falling to lower levels.	X	X	X	X	X	X	X	X	X	X	X		X		
<b>Safety Net</b> is a system of nets put in place to catch fallen workers before serious injury.	X	X	X	X	X	X	X	X	X	X		X		X	
<b>Personal Fall Arrest System</b> is used to arrest an employee in a fall from a working level.	X	X	X	X	X	X	X	X	X	X	X	X		X	
<b>Covers</b> protect employees from tripping in, stepping into or through holes.											X		X		
<b>Positioning Device System</b> means a body belt or harness rigged to allow an employee to be supported.														X	
<b>Fences &amp; Barricades</b> are barriers erected to prevent access to areas where hazards may exist.													X		
<b>Guards</b> for equipment protect workers from hazards created by nip points, rotating parts, flying chips, and sparks.										X					
<b>Warning Line</b> is a barrier to warn employees of proximity to fall hazards and must be used in conjunction with another protection system.						X									
<b>Controlled Access Zone</b> means an area in which certain work may take place and access to the zone is controlled.							X			X					
<b>Fall Protection Plans</b> protect in elevated work areas where conventional fall protection cannot be used.							X	X	X						