

Basic Training Module Specifications

<u>Functional Area:</u>	IV. Police Skills
<u>Subject Area:</u>	A. First Aid
<u>Module Title:</u>	7. PRACTICAL FIRST AID EXERCISES
<u>Hours:</u>	Not less than 8 hours

Notes to Instructor:

This module must be administered by a law enforcement officer or a law enforcement officer must be part of the teaching team.

Require the students to perform in reality-based scenarios. The scenario need not be complicated, but it should be realistic. A scenario gives the students an opportunity to demonstrate skills in real-life settings. As the students get better in the scenarios increase the difficulty. This keeps the students at the edge of their abilities. Practice in dynamic exercises helps ingrain basic first aid skills for later recall in stressful situations.

Provide meaningful feedback based on the students' performances. Studies show that hands-on practice, coupled with an opportunity to analyze and evaluate behavior, contribute to overall competency. During the feedback sessions, have the students articulate reasons for their behaviors so you can better understand their mindset.

Provide stress to gain the experience of doing multiple first aid skills in role-play situations. Although too much stress can be counterproductive, small doses can actually enhance the learning experience.

Module Objectives:

- IV.A.7.1. Demonstrate Proper First Aid Techniques and Skills in a Simulated First Aid Emergency.
- a. Evaluates the person(s) at the scene of a simulated emergency in order to determine the nature of any illness/injury that may exist.
 - b. Prioritizes among emergencies and treats the most serious first.
 - c. Performs first aid techniques and skills appropriate to the illness/injury.
 - d. Controls scene and bystanders.