

# Implementing Best Practices in Rapid Rehousing Case Management

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## Presenters

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# WHAT IS RAPID RE-HOUSING?

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- Rapid re-housing quickly moves people from homelessness to housing
- Supportive services are voluntary





# WHAT DOES RAPIDLY MEAN?

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- There are no program/service requirements that delay a homeless household's entry into housing
- Locally, the average time is 21 days but housing is often accomplished in as little as three days

# Core Components of Rapid Rehousing

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- Client driven
- Housing retention focused
- Home based
- Collaborative



# Client Driven

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- Strengths-based case management plans
- Asking, not telling
- Consumer driven meetings
- Life domain rating scale and confidence scales
- Voluntary services

# Housing Retention Focused

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- Progressive engagement model
- Rights and responsibilities of tenancy
- Permanent connection to community – not  
Community Rebuilders
- Light touch approach
- Landlord relationships



# Home Based

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- Meetings based on equality
- Home and community based meetings

# Collaborative

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- Utilize natural support network
- Asking questions versus making decisions
- Recognize those supports, connections and resources as strengths
- Utilize mainstream resources until you no longer need to



# Nationally, what we know...

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- Most households that become homeless today have previously lived in permanent housing
- Once households are stably housed they become motivated to achieve other personal goals (i.e. employment, relationships, children)

National Alliance to End Homelessness

# OUR LOCAL MODEL

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- Is an evidenced based, outcome oriented approach to working with homeless households
- It is an approach that focuses on what is strong, not what is wrong in service recipient's lives
- By focusing on strengths rather than using deficits to guide services, hope and motivation increase, resulting in greater achievement of goals



# OUTCOMES FOR STRENGTHS-BASED RAPID REHOUSING

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- In the past year Community Rebuilders HRS assisted 1,658 individuals, 776 households.
- Of these households 70% maintained or increased income upon program completion with Community Rebuilders
- 89% remained stably housed for 12 months post exit
- The average length of financial assistance was 3-6 months
- The average cost of assistance per household was only \$2,606.70

# TWO BASIC PREMISES of COMMUNITY REBUILDERS MODEL

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1. Our clients have within themselves what they need to succeed!

Our job is to

- Recognize it
- Nurture it
- Build on it as we help them secure and maintain housing

2. “Individuals gain more when they build on their talents, than when they make comparable efforts to improve their areas of weakness.”

--Clifton & Harter, 2003, p. 112



# Rapid Rehousing

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Keys First

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- Families – adult head of household 18+
- HUD category 1 and 4
- Below 30% AMI
- Progressive engagement
- 3 – 6 months of assistance



# Common Elements of Rapid Re-housing Programs

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1. Screening and assessment
2. Assistance to obtain housing
3. Short-term or medium-term leasing assistance
4. Short-term flexible/temporary support services

# Keys First

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- 62 Households Served
- Average family size: 4
- Average monthly income: \$686.11
- Percent of households with zero income at intake: 32%
- **Housing Search: 25**



# Keys First 18 – 24 Year Olds

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- 1/3 of HH were headed by an adult 18 – 24
- Average family size: **3**
- Average monthly income: **\$600.18**
- Percent of households with zero income at intake: **47%**
- **Housing Search: 24**

# Questions

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