The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage you can access our Member Reference Desk or by calling 1.800.832.9186 or 517.364.8500 locally. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">https://www.healthcare.gov/sbc-glossary</a> or call 1.800.832.9186 or 517.364.8500 locally to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For network <u>providers</u> : \$125 individual / \$250 family For <u>non-network providers</u> : \$300 individual / \$600 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care and other services as noted are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For network providers: \$2,000 individual / \$4,000 family For non-network providers: \$3,300 individual / \$6,600 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.phpmichigan.com or call 1.800.832.9186 or 517.364.8500 locally for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	No.	You can see the network <u>specialist</u> you choose without a <u>referral</u> .

	What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you vioit a hoalth	Primary care visit to treat an injury or illness	\$20 <u>copay</u> / visit, <u>Deductible</u> does not apply	20% coinsurance	Network convenience care facilities such as FastCare are covered at no charge. Telehealth services are available, and benefit depends on where the service is received, such as in an office, a hospital or outpatient clinic.
If you visit a health care provider's office or clinic	Specialist visit	\$20 <u>copay</u> / visit, <u>Deductible</u> does not apply	20% coinsurance	Allergy testing and treatment is covered at no charge after deductible and allergy injections are covered at no charge, when using network providers.
	Preventive care/screening/ immunization	No charge Deductible does not apply	Not covered	You may have to pay for services that aren't <u>preventive</u> .  Ask your <u>provider</u> if the services you need are <u>preventive</u> .  Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	No charge	20% coinsurance	Deductible does not apply to Laboratory Services.
ii you nave a test	Imaging (CT/PET scans, MRIs)	No charge	20% coinsurance	None
If you need drugs to treat your	Tier 1 drugs (generally generic)	\$10 <u>copay</u> (retail) \$20 <u>copay</u> (mail order)	Only covered for emergent/urgent condition	Deductible does not apply to copays amounts for outpatient prescription drugs. Covers up to a 31-day supply (retail prescription); 32-90-day supply (mail order or retail prescription). ACA mandated preventive drugs such as select contraceptive and tobacco cessation medications
illness or condition More information about prescription drug coverage is available at www.caremark.com/ wps/portal.	Tier 2 drugs (generally preferred brand-name)	\$30 <u>copay</u> (retail) \$60 <u>copay</u> (mail order)	Only covered for emergent/urgent condition	are covered with no member cost share. Preferred Tobacco Cessation Products are only available from retail network pharmacies in up to 31-day supply. Fertility medications are covered and follows the established tiered copays. All Specialty Drugs regardless of tier placement are only available from CVS mail-order specialty pharmacy
	Tier 3 drugs (generally non-preferred brand-name)	\$60 <u>copay</u> (retail) \$120 <u>copay</u> (mail order)	Only covered for emergent/urgent condition	in up to a 31-day supply. If a brand-name drug has a generic drug that is chemically the same, you pay your applicable copay amount plus the difference between the brand-name and generic price. Some drugs require prior approval for coverage. Call PHP for more information.

<sup>\*</sup> For more information about limitations and exceptions, see the certificate of coverage at <a href="www.phpmichigan.com">www.phpmichigan.com</a>.

	What You Will Pay				
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you have	Facility fee (e.g., ambulatory surgery center)	No charge	20% coinsurance	Female sterilization is covered at no member cost share when using network providers. Prior approval required for coverage of certain surgeries. Call PHP for the complete list.	
outpatient surgery	Physician/surgeon fees	No charge	20% coinsurance	Female sterilization is covered at no member cost share when using network providers. Prior approval required for coverage of certain surgeries. Call PHP for the complete list.	
.,	Emergency department care	\$200 <u>copay</u> / visit <u>Deductible</u> does not apply	Same as network benefit		
If you need immediate medical attention	Emergency medical transportation	No charge	Same as network benefit	Prior approval is required for coverage and the copay is waived if admitted directly from the Emergency Department for an inpatient stay.	
	<u>Urgent care</u>	\$20 <u>copay</u> /visit <u>Deductible</u> does not apply	Same as network benefit		
If you have a	Facility fee (e.g., hospital room)	No charge	20% coinsurance	Prior approval required for coverage of inpatient stays.  Transplants must be at Designated Facilities.	
hospital stay	Physician/surgeon fees	No charge	20% coinsurance	None.	
If you need mental health, behavioral health, or	Outpatient services	\$20 <u>copay</u> / visit <u>Deductible</u> does not apply	20% coinsurance	No charge after <u>deductible</u> for ABA services for autism treatment. No charge for other outpatient services. <u>Prior approval</u> required for coverage of non-routine services,	
substance abuse services	Inpatient services	No charge	20% coinsurance	including ABA services and inpatient stays. Out-of-Network ABA services not covered.	
	Office visits	Included in professional services below	Included in professional services below	Cost sharing does not apply for preventive services.  Depending on the type of services, a coinsurance may	
If you are pregnant	Childbirth/delivery professional services	No charge Deductible does not apply	20% coinsurance	apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).  Prior approval required for coverage if inpatient stay	
	Childbirth/delivery facility services	No charge	20% coinsurance	exceeds federally established minimum time frames.	

<sup>\*</sup> For more information about limitations and exceptions, see the certificate of coverage at <a href="www.phpmichigan.com">www.phpmichigan.com</a>.

		What You Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Home health care	\$20 <u>copay</u> / visit	20% coinsurance	Combined network/non-network limit of 60 visits per calendar year. Prior approval required for coverage.
	Rehabilitation services	\$20 <u>copay</u> / visit <u>Deductible</u> does not apply	20% coinsurance	Combined network/non-network limits:  PT/OT/ST/pulmonary = 90 visits per calendar year; cardiac rehab = 90 visits per calendar year. Covered services for treatment of autism are not included in above limits. Prior
If you need help recovering or have other special health needs	Habilitation services	\$20 <u>copay</u> /visit <u>Deductible</u> does not apply	Not covered	approval required for coverage of speech therapy.  Habilitation services are only for treatment of Autism Spectrum Disorders.
nouth nocus	Skilled nursing care	No charge	20% coinsurance	Non-network limit of 100 days per calendar year.  Prior approval required for coverage.
	Durable medical equipment	No charge	20% coinsurance	Prior approval required for coverage of certain items of DME. Call PHP for current information.
	Hospice services	No charge	20% coinsurance	None.
	Children's eye exam	No charge	Not covered	This is a preventive service. Limited to 1 routine exam per calendar year.
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	This plan has no coverage for this service.
, , , , , , , , , , , , , , , , , , , ,	Children's dental check- up	Not covered	Not covered	This plan has no coverage for this service.

## **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental care (Adult)

- Long term care
- Non-emergency care when traveling outside the U.S.
- Private duty nursing
- Routine foot care

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery
- Chiropractic care

- Hearing aids
- Infertility treatment

- Routine eye care (Adult) routine eye exam only
- Weight loss programs services other than surgery

<sup>\*</sup> For more information about limitations and exceptions, see the certificate of coverage at www.phpmichigan.com.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the Michigan Department of Insurance & Financial Services (DIFS), the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="www.dol.gov/ebsa">www.cciio.cms.gov</a>. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="Health Insurance">Health Insurance</a> <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: PHP at 1.800.832.9186 or 517.364.8500 locally. You may also contact the Michigan Department of Insurance & Financial Services (DIFS), the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

## Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### Non-Discrimination:

Physicians Health Plan (PHP) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. PHP does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. PHP provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters; written information in other formats (large print, audio, accessible electronic formats, other formats); and provides free language services to people whose primary language is not English, such as qualified interpreters; and information written in other languages. If you need these services, contact Customer Service at 800.832.8186 (TTY 711). If you believe that PHP has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with the PHP Civil Rights Coordinator, mailing address: PO Box 30377 Lansing MI 48909-7877, phone: 800.832.9186, (TTY 711), fax: 517.364.8406 email: <a href="mailto:phpcompliance@phpmm.org">phpcompliance@phpmm.org</a>. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the PHP Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, D.C. 20201 1.800.368.1019, 800.537.7697 (TTD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

Language Access Services: If you, or someone you are helping, has questions about this Benefit plan, you have the right to get help and information in your language at no cost. To talk to an interpreter, call our Customer Service Department at 517.364.8500 or 800.832.9186 (TTY 711).

Spanish Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de PHP, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 517.364.8500 - 800.832.9186 (TTY 711).

<sup>\*</sup> For more information about limitations and exceptions, see the certificate of coverage at <a href="www.phpmichigan.com">www.phpmichigan.com</a>.

Chinese 如果您, 或是您正在協助的對象, 有關於[插入SBM 項目的名稱PP方面的問題, 您 有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員, 請撥電話[在此插入數字517.364.8500 - 800.832.9186 (TTY 711).

German Falls Sie oder jemand, dem Sie helfen, Fragen zum PHP haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 517.364.8500 - 800.832.9186 (TTY 711) an.

Italian Se tu o qualcuno che stai aiutando avete domande su PHP, hai il diritto di ottenere aiuto e informazioni nella tua lingua gratuitamente. Per parlare con un interprete, puoi chiamare 517.364.8500 - 800.832.9186 (TTY 711).

Japanese ご本人様、またはお客様の身の回りの方でも、PHP についてご質問がございました ら、ご希望の言語でサポートを受けたり、情報を入手したりすることができます。料金はかかりません。 通訳とお話される場合、517.364.8500 - 800.832.9186 (TTY 711) までお電話ください。

Korean 만약귀하또는귀하가돕고있는어떤사람이 PHP에 관해서질문이 있다면귀하는그러한 도움과정보를귀하의언어로비용부담없이 얻을수있는권리가있습니다. 그렇게통역사와얘기하기 위해서는517.364.8500 - 800.832.9186 (TTY 711) 로전화하십시오.

Polish Jeśli Ty lub osoba, której pomagasz, macie pytania odnośnie PHP, masz prawo do uzyskania bezpłatnej informacji i pomocy we własnym języku .Aby porozmawiać z tłumaczem, zadzwoń pod numer 517.364.8500 - 800.832.9186 (TTY 711).

Russian Если у вас или лица, которому вы помогаете, имеются вопросы по поводу PHP, то вы имеете право на бесплатное получение помощи и информации на вашем языке. Для разговора с переводчиком позвоните по телефону 517.364.8500 - 800.832.9186 (TTY 711).

Svriac

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Tagalog Kung ikaw, o ang iyong tinutulangan, ay may mga katanungan tungkol sa PHP, may karapatan ka na makakuha ng tulong at impormasyon sa iyong wika ng walang gastos. Upang makausap ang isang tagasalin, tumawag sa 517.364.8500 - 800.832.9186 (TTY 711).

Vietnamese Nếu quý vị, hay người mà quý vị đang giúp đỡ, có câu hỏi về PHP, quý vị sẽ có quyền được giúp và có thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, xin gọi 517.364.8500 - 800.832.9186 (TTY 711).

Bengali যদি আপদি, 517.364.8500 - 800.832.9186 আপদি অিয কাউকক সহায়তা করকেি, সম্পকক**ে প্রশ্ন আকে PHP, আপাির অদিকার আকে দিিা** খরকে আপাির দিজস্ব ভাষাকত সাহাযয পাবার এবং তথয জািবার। জিুবািককর সাকথ কথা বলার জিয, কল করুি 517.364.8500 - 800.832.9186 (TTY 711).

Albanian Nëse ju, ose dikush që po ndihmoni, ka pyetje për PHP, keni të drejtë të merrni ndihmë dhe informacion falas në gjuhën tuaj. Për të folur me një përkthyes, telefononi numrin 517.364.8500 - 800.832.9186 (TTY 711).

Serbo-Croatian Ukoliko Vi ili neko kome Vi pomažete ima pitanje o PHP, imate pravo da besplatno dobijete pomoć i informacije na Vašem jeziku. Da biste razgovarali sa prevodiocem, nazovite 517.364.8500 - 800.832.9186 (TTY 711).

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

<sup>\*</sup> For more information about limitations and exceptions, see the certificate of coverage at <a href="www.phpmichigan.com">www.phpmichigan.com</a>.

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$125
■ Specialist copayment	\$20
■ Hospital (facility) coinsurance	0%
Other <u>coinsurance</u>	0%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$125	
Copayments	\$10	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$50	
The total Peg would pay is	\$185	

# **Managing Joe's Type 2 Diabetes**

(a year of routine network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$125
■ Specialist copayment	\$20
■ Hospital (facility) coinsurance	0%
■ Other <u>coinsurance</u>	0%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,500
In this example, Joe would pay:	
Cost Sharing	
<u>Deductibles</u>	\$125
Copayments	\$750
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$875

## **Mia's Simple Fracture**

(network emergency room visit and follow up care)

■ The plan's overall deductible	\$125
■ Specialist copayment	\$20
■ Hospital (facility) coinsurance	0%
■ Other coinsurance	0%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$125	
Copayments	\$300	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$425	

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.