State of Michigan Employee Telemedicine Benefit Chart

Telemedicine visits allow you to meet with a US board-certified doctor online using a video-chat tool. It can help treat minor illnesses such as colds, sinus or respiratory infections, sprains, or rashes, making it perfect for times when your primary care physician is unavailable or leaving the house is difficult. Online doctors can even send prescriptions directly to your pharmacy.

Note: Telemedicine and online healthcare does not replace your relationship with your primary care physician.

Health Plan	Contact Information	Additional Telemedicine Benefit Information
State Health Plan PPO: Blue Cross Blue Shield (Blue Cross)	Teledoc Mobile Appbcbsm.com/virtualcare	Internet access is required for this service. Behavioral Health/Substance Use Disorder visits are covered.
Blue Care Network	Teledoc Mobile Appbcbsm.com/virtualcare	Internet access is required for this service. Behavioral Health/Substance Use Disorder visits are covered.
C.O.P.S. Health Trust (MSPTA Only)	 Teladoc Mobile App <u>Teladoc.com</u> Phone: 800-835-2362 	Internet access is required for this service.
Health Alliance Plan	 AmWell Mobile App Haptelehealth.org Phone: 844-733-3627 	Internet access is only needed for virtual visits requiring visual diagnosis. Behavioral Health/Substance Use Disorder visits are covered.