

CIVIL SERVICE COMMISSION
EMPLOYEE BENEFITS DIVISION
MONTHLY RETIREE COBRA RATES
CY2023 GROUP INSURANCE PREMIUM RATES
EFFECTIVE JANUARY 1, 2023

Plan Name	Option	Retiree
BCBSM State Health Plan PPO - w/o Medicare	Self	\$916.59
	Self and Spouse	\$1,833.14
	Self and Child(ren)	\$1,154.56
	Self, Spouse and Child(ren)	\$2,122.11
BCBSM State Health Plan PPO - w/ Medicare Parts A&B	Option	Retiree
	Self	\$480.59
	Self and Spouse	\$961.20
	Self and Child(ren)	\$718.58
BCBSM State Health Plan PPO - 1 w/ Medicare, 1 w/o	Self, Spouse and Child(ren)	\$1,250.17
	Option	Retiree
	Self w/o Medicare, Spouse w/Medicare	\$1,397.18
	Self w/ Medicare, Spouse w/o Medicare	\$1,397.18
State Dental Plan	Self w/o Medicare, Spouse w/Medicare & Child(ren)	\$1,686.14
	Self w/ Medicare, Spouse w/o Medicare & Child(ren)	\$1,686.14
	Option	Retiree
	Self	\$50.03
State Vision Plan	Self and Spouse	\$91.15
	Self and Child(ren)	\$111.34
	Self, Spouse and Child(ren)	\$152.48
	Self	\$5.52
Blue Care Network HMO - w/o Medicare	Self and Spouse	\$8.98
	Self and Child(ren)	\$12.56
	Self, Spouse and Child(ren)	\$16.02
	Option	Retiree
Blue Care Network HMO - w/ Medicare Parts A&B	Self	\$1,269.76
	Self and Spouse	\$2,539.50
	Self and Child(ren)	\$1,587.19
	Self, Spouse and Child(ren)	\$2,856.95
Blue Care Network HMO - 1 w/ Medicare, 1 w/o	Option	Retiree
	Self	\$243.05
	Self and Spouse	\$486.09
	Self and Child(ren)	\$560.48
Blue Care Network HMO - 1 w/ Medicare, 1 w/o	Self, Spouse and Child(ren)	\$803.53
	Option	Retiree
	Self w/o Medicare, Spouse w/Medicare	\$1,512.80
	Self w/ Medicare, Spouse w/o Medicare	\$1,512.80
Blue Care Network HMO - 1 w/ Medicare, 1 w/o	Self w/o Medicare, Spouse w/Medicare & Child(ren)	\$1,830.24
	Self w/ Medicare, Spouse w/o Medicare & Child(ren)	\$1,830.24

CIVIL SERVICE COMMISSION
EMPLOYEE BENEFITS DIVISION
MONTHLY RETIREE COBRA RATES
CY2023 GROUP INSURANCE PREMIUM RATES
EFFECTIVE JANUARY 1, 2023

Plan Name	Option	Retiree
Health Alliance Plan HMO - w/o Medicare	Self	\$1,542.04
	Self and Spouse	\$3,084.07
	Self and Child(ren)	\$1,927.55
	Self, Spouse and Child(ren)	\$3,469.58
Health Alliance Plan HMO - w/ Medicare Parts A&B	Option	Retiree
	Self	\$377.53
	Self and Spouse	\$755.07
	Self and Child(ren)	\$763.04
Health Alliance Plan HMO - 1 w/ Medicare, 1 w/o	Self, Spouse and Child(ren)	\$1,140.57
	Option	Retiree
	Self w/o Medicare, Spouse w/Medicare	\$1,919.57
	Self w/ Medicare, Spouse w/o Medicare	\$1,919.57
Health Alliance Plan HMO - 1 w/ Medicare, 1 w/o	Self w/o Medicare, Spouse w/Medicare & Child(ren)	\$2,305.08
	Self w/ Medicare, Spouse w/o Medicare & Child(ren)	\$2,305.08
	Option	Retiree
	Self	\$1,350.85
McLaren Health Plan HMO - w/o Medicare	Self and Spouse	\$2,701.69
	Self and Child(ren)	\$1,688.56
	Self, Spouse and Child(ren)	\$3,039.41
	Option	Retiree
McLaren Health Plan HMO - w/ Medicare Parts A&B	Self	\$362.56
	Self and Spouse	\$725.12
	Self and Child(ren)	\$700.27
	Self, Spouse and Child(ren)	\$1,062.83
McLaren Health Plan HMO - 1 w/ Medicare, 1 w/o	Option	Retiree
	Self w/o Medicare, Spouse w/Medicare	\$1,713.41
	Self w/ Medicare, Spouse w/o Medicare	\$1,713.41
	Self w/o Medicare, Spouse w/Medicare & Child(ren)	\$2,051.12
McLaren Health Plan HMO - 1 w/ Medicare, 1 w/o	Self w/ Medicare, Spouse w/o Medicare & Child(ren)	\$2,051.12
	Option	Retiree
	Self	\$1,553.16
	Self and Spouse	\$3,106.33
Physicians Health Plan - HMO - w/o Medicare	Self and Child(ren)	\$1,941.46
	Self, Spouse and Child(ren)	\$3,494.62
	Option	Retiree
	Self	\$363.12
Physicians Health Plan HMO - w/ Medicare Parts A&B	Self and Spouse	\$726.24
	Self and Child(ren)	\$751.41
	Self, Spouse and Child(ren)	\$1,114.53
	Option	Retiree
Physicians Health Plan HMO - 1 w/ Medicare, 1 w/o	Self w/o Medicare, Spouse w/Medicare	\$1,916.28
	Self w/ Medicare, Spouse w/o Medicare	\$1,916.28
	Self w/o Medicare, Spouse w/Medicare & Child(ren)	\$2,304.58
	Self w/ Medicare, Spouse w/o Medicare & Child(ren)	\$2,304.58