

**2 APL CK12 Nuggets, Meatless, WG (Impossible 3000000077) & WG Waffle (Bake Crafters 1453) (34703.84)**

Revision Date: May 21, 2025

*Warm, golden, whole grain waffle topped with Impossible meatless nuggets.***Minimum Batch: 1****Portion: 1 serving(s)****Maximum Production:**

Energy (kcal)	Total Fat (g)	Saturates (g)	Protein (g)	Carbohydrate (g)	Sodium (mg)	Dietary Fiber (g)	Added sugars (g)
320.000	14.000	1.500	16.000	32.000	455.000	5.000	2.000

Step	Ingredients		1 Servings	50 Servings	100 Servings
1	CK12 APL Waffle, WG, 1.3 oz, Bake Crafters 1453	AP	1 ea	50 ea	100 ea
2	Impossible Chicken Nuggets, Impossible 3000000077	AP	5 ea	250 ea	500 ea

Step	Method
1	<u>Waffles</u> Refer to HACCP Plan Form HFS# 001: Prepared Hot for Hot Service. Bake Waffles: Conventional Oven: Arrange Frozen waffles in a single layer on a sheet pan. Bake, uncovered at 400 degree F for 5-8 minutes. Convection Oven: Arrange Frozen waffles in a single layer on a sheet pan. Bake, uncovered at 350 degree F for 4-6 minutes until product is hot and golden brown. CCP: Hold at 140 degrees or higher for hot service.
2	<u>Nuggets</u> Cook from frozen. Conventional Oven: preheat the oven to 400 degrees F. Place frozen nuggets on baking sheet and bake for 8-10 minutes. Convection Oven: Preheat the oven to 400 degrees F. Place frozen nuggets on baking sheet and bake for 8-9 minutes. CCP: Heat to minimum internal temperature of 165 degrees F for 15 seconds. CCP: Hold hot at 140 degrees F until served. To serve place 1 waffle and 5 nuggets on tray Portion size = 1 waffle & 5 nuggets

Allergens/Intolerances/Sensitivities:

Egg, Milk, Soy, Wheat, Garlic, Gluten, Onion

Food Component Contribution One Serving (1 serving(s)) provides:

Total Meat/Meat Alternate: 2.00 Oz Eq (Meat/Meat Alternate: 2.00 Oz Eq); Total Grains: 1.75 Oz Eq (Whole Grain Rich: 1.75 Oz Eq)

Manual Calculation:

Nuggets: 5 each = 2 MMA + 0.75 oz eq WG [MFG]

Waffle: 1 each = 1 oz eq WG [MFG]

Total Grains = 1.75 WG

Nutrition Facts

1 serving per container

Serving size

1 serving(s) (132 g)

Calories
per serving **320**

Amount/Serving	% Daily Value *
Total Fat 14g	18%
Saturated Fat 1.5g	7%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 450mg	20%

Amount/Serving	% Daily Value *
Total Carbohydrate 32g	12%
Dietary Fiber 5g	18%
Total Sugars 3g	
Includes 2g Added Sugars	4%
Protein 16g	

Vitamin D 0mcg 0% · Calcium 140mg 10% · Iron 3.1mg 15% · Potassium 650mg 15% ·
Thiamin 0.3mg 25% · Riboflavin 0.19mg 15% · Niacin 6.4mg 40%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

****nutrient value not available**

Cost per Serving: 1.68