



## **Welcome to the National Child and Adult Care Food Program (CACFP) Week!**

**March 12-18, 2023**

### **What is National CACFP Week?**

CACFP Week is a national education and information campaign sponsored annually the third week of March by the National CACFP Sponsors Association. The campaign is designed to raise awareness of how the United States Department of Agriculture's (USDA) CACFP works to combat hunger. The CACFP brings healthy foods to tables across the country for children in child care centers, homes, and afterschool programs, and adults in day care. You can participate by helping spread the word about the CACFP! Visit the National CACFP Sponsors Association's [Campaign page](#) to download resources for spreading awareness in your classrooms and your community.

[www.michigan.gov/CACFP](http://www.michigan.gov/CACFP)



## **Don't miss the free webinar series**

### **Monday, March 13, 2023 [REGISTER](#) Building Healthy Bodies with the Foods We Serve**

The CACFP community works to ensure that all children have access to healthy foods. Those foods play a major role in providing the nutrients kids need as they grow into adulthood. Learn what fruits, vegetables, grains, meat/meat alternatives, and fluid milk do for the body.

### **Tuesday, March 14, 2023 [REGISTER](#) Good News! Sharing Your CACFP Story**

Together we can raise awareness of how the CACFP works to combat hunger. Hear stories about what the CACFP community is doing to share its message and learn how to use social media strategies, local and state proclamations, local news stories, and more to help raise awareness about the CACFP.

### **Wednesday, March 15, 2023 [REGISTER](#) Healthy and Strong with Sesame Street**

Children receive nutritious meals through CACFP. Get to know Wes and Elijah as they have a healthy snack and take their usual afternoon walk. Learn about new resources featuring furry friends from your favorite Street to support healthy habits for everyone in the neighborhood.

### **Thursday, March 16, 2023 [REGISTER](#) Explore New Foods with a Taste Testing Adventure**

The CACFP helps children learn healthy eating habits. Learn how you can introduce new foods through various taste testing strategies. Discover tips for getting kids to try new foods while they are on their taste testing adventure!

### **Friday, March 17, 2023 [REGISTER](#) Tools and Resources for CACFP Success**

Hundreds of thousands of people participate in the CACFP. The National CACFP Sponsor Association has resources to help! From provider toolkits to online training, activity sheets, nutrition education, and more, learn how to use these resources to promote nutrition and physical activities in your CACFP operations.

## Meet the staff of Michigan's CACFP



### **Lynn Cavett, M.Ed., Supervisor**

Lynn holds a Bachelor of Arts degree along with a Master's Degree in Education from the University of Michigan. She has been with the Michigan Department of Education (MDE) for over seven years and prior to that, she served as the Community Education/Early Childhood Director for 14 years at Swartz Creek Community Schools. Lynn is a strong advocate for CACFP and the difference it makes in the lives of Michigan kids! She serves on the Food Research Action Council (FRAC) as a national board member in the CACFP Forum. She is the Mom to four wonderful daughters, Mom-in-law to two lucky guys, Grammie to Luciano, Magnus, and Tenley, and the wife to her awesome guy Marc! She enjoys cooking, walking, a great book, documentaries, "happy planner" journaling, and traveling. Lynn lives in Swartz Creek with her husband and their pup, Sophie.



### **Doug Wilson, Department Manager**

Doug has worked at MDE for 12 years. All of his tenure has been in CACFP. Prior to MDE, he worked for two food management contract companies for over 28 years, and two years in public food service. Doug's undergraduate degree is Business Administration in Hotel Restaurant & Institution Management from Michigan State University. He has enjoyed his professional career with the CACFP of Michigan because it positively impacts the young people enrolled in the program.



### **Theresa Galbavi, Secretary/Website Content Administrator**

Theresa has been with Michigan Department of Education for 11 years. Before joining the CACFP, she was the high school principal's secretary in Perry, Michigan, and has owned/operated two restaurants with her husband in northern Michigan. Theresa enjoys spending her free time with family exploring different areas of Michigan.



### **Katherine Foreman, Secretary/Training Coordinator**

Katherine organizes the CACFP annual trainings. She works with the CACFP Program Analysts and the Family Day Care Home Sponsors regarding non-compliance issues and CACFP appeals. Katherine has been a State of Michigan employee for 10 years and with MDE for 9 years. Prior to working at MDE, Katherine worked in county government and in the legal field.



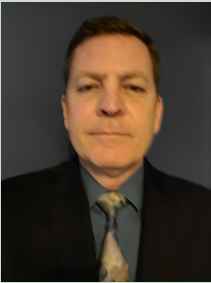
### **Melissa M. Lonsberry, MS RDN, Consultant**

Melissa attended Michigan State University (MSU) where she achieved a Bachelor of Science degree in Environmental Issues/Social Science. After working for the State of Michigan as a Foster Care Policy analyst, Melissa returned to MSU for a career change to study dietetics. Melissa has a second Bachelor of Science degree in Dietetics and holds a master's degree in Human Nutrition and is a certified Registered Dietitian Nutritionist (RDN). Melissa has experience in implementing and monitoring nutrition intervention and obesity prevention worksite wellness programs, developing and conducting food service training programs, monitoring federal regulations compliance, and providing nutrition-related technical assistance to participants in the CACFP. She enjoys being active, studying French, her animals, baking, and travel.



### **Stephanie Schenkel, MPA, Consultant**

Stephanie has been with MDE for 15 years. She provides training and technical assistance to Family Day Care Home Sponsors and Providers that participate in CACFP. Prior to CACFP, Stephanie worked as a Departmental Analyst in the Child Development and Care program in the Office of Great Start at MDE. Stephanie enjoys reading, cooking, and volunteering.



### **Pat Fox, Program Analyst**

Pat holds a Bachelor of Science degree from Michigan State University and has been with MDE since 2001. Before joining the CACFP, he worked in sales for Coca-Cola and Kellogg Cereal Company. Pat is a husband, dad to two grown children, and grandpa to four children. In his free time, Pat enjoys camping, hunting, and time with his grandchildren. Pat currently resides in Charlotte, Michigan.



### **Kelli Sigafoose, MSA, Program Analyst**

Kelli has been with MDE since August 2021. Prior to MDE, she worked as a health and nutrition program manager at an Intermediate School District for almost 10 years. Kelli has devoted her entire career to improving the health and wellness of children. During her free time, she enjoys spending time with family, cooking, and traveling.



### **Bob Smith, Program Analyst**

Bob holds a Bachelor of Science degree in Economics from Michigan State University. He has been with MDE for 19 years, all focused in the CACFP. For 20 years prior to joining MDE, Bob managed several Meijer stores and restaurants in Michigan. Bob and his wife, Laura, live in Mason, Michigan, and have two children, Katie, 34, and Jeff, 29. In his spare time, Bob enjoys spending time with his family, traveling, exploring the great outdoors in all seasons, and puttering with his antique cars and motorcycles.



### **Terri Thelen, Program Analyst**

Terri has been with CACFP since 2017. Before joining CACFP, Terri was an analyst with the School Nutrition Program. She is a Registered Dietitian by trade and comes from a background in clinical nutrition. In her free time, Terri enjoys many activities including running, mountain biking, yoga, and cross-country skiing. She also enjoys spending time with her family.



# STATE OF MICHIGAN



## CERTIFICATE OF PROCLAMATION

ON BEHALF OF THE PEOPLE OF MICHIGAN,  
I, Gretchen Whitmer, governor of Michigan, do hereby proclaim

MARCH 12 – 18, 2023

as

**CHILD AND ADULT CARE FOOD PROGRAM WEEK**

**WHEREAS**, since the start of the Child and Adult Care Food Program (CACFP) in 1968, it has granted children the best foundation for proper nutrition throughout life and benefited many adults, which helps our state's long-term health; and,

**WHEREAS**, the two fundamental goals of the CACFP are that children served by this program are well nourished during their crucial adolescent years, while at the same time learning healthy eating behaviors that will last a lifetime; and,

**WHEREAS**, healthy and nutritious eating helps promote emotional, mental, and physical health; and,

**WHEREAS**, it is important to acknowledge and commend the CACFP providers, sponsors, nutrition educators, program specialists and staff, state and federal professionals, and parents who contribute to the success of this outstanding program; and,

**WHEREAS**, the state of Michigan CACFP will continue its commitment to teaching and emphasizing the benefits of healthy and nutritious eating for vulnerable children and adults;

**NOW, THEREFORE**, I, Gretchen Whitmer, governor of Michigan, do hereby proclaim March 12 – 18, 2023, as Child and Adult Care Food Program Week in Michigan.

A blue ink signature of Gretchen Whitmer.

Gretchen Whitmer  
Governor





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