

Site/Room \_\_\_\_\_

Month \_\_\_\_\_ Year \_\_\_\_\_

Michigan Department of Education  
 Child and Adult Care Food Program  
 Adult Menu Record



	DATE:	DATE:	DATE:	DATE:	DATE:
<b>Breakfast</b> 1. Fluid Milk* 2. Fruit and/or Vegetable 3. Grain #1** 4. Grain #2 Other/Combination Foods					
<b>AM Snack (serve 2 of 5)</b> 1. Fluid Milk* 2. Meat/Meat Alternate 3. Vegetable 4. Fruit 5. Grain					
<b>Lunch</b> 1. Fluid Milk* 2. Meat/Meat Alternate 3. Vegetable 4. Fruit or Vegetable #2 5. Grain #1 6. Grain #2 Other/Combination Foods					
<b>PM Snack (serve 2 of 5)</b> 1. Fluid Milk* 2. Meat or Meat Alternate 3. Vegetable 4. Fruit 5. Grain					
<b>Supper</b> 1. Fluid Milk (Optional) 2. Meat/Meat Alternate 3. Vegetable 4. Fruit or Vegetable #2 5. Grain #1 6. Grain #2 Other/Combination Foods					

\*Yogurt may be served in lieu of milk requirement one time per day if not being served as a meat alternate for the same meal. Adults can be served flavored or unflavored low fat (1%) or Skim milk. Milk is optional for Supper.

\*\* A meat/meat alternate can be substituted for the grain at breakfast up to three times a week.

Note whole grain items with a WW or WG and whole grain rich items with a WGR. Store bought combination meals require a Child Nutrition (CN) Label or a Product Formulation statement.

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USDA Civil Rights Complaint Link:

<https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>