



# Child and Adult Care Food Program March 2022

## National Child and Adult Care Food Program (CACFP) Week

**Celebrate National CACFP Week with the Michigan Department of Education's CACFP by joining us for a webinar presentation!**

**When: March 15, 2022, at 6:00 PM Eastern Time (US and Canada)**

**Topic: Celebrate CACFP!**

**Register in advance for this webinar:  
[https://us06web.zoom.us/webinar/register/WN\\_RTTTCW4bQpamlbVO1ay54w](https://us06web.zoom.us/webinar/register/WN_RTTTCW4bQpamlbVO1ay54w)**

**After registering, you will receive a confirmation email containing information about joining the webinar.**

**Contact the CACFP Office at  
517-241-5353 or  
[MDE-CACFP@michigan.gov](mailto:MDE-CACFP@michigan.gov) with  
any questions.**

## Thinking Thursdays for March

Thinking Thursdays is the new webinar series that will be presented once a month on Thursdays. Please join us for our next CACFP Thinking Thursdays webinar!

When: March 24, 2022, from 2:00 PM - 3:30 PM Eastern Time (US and Canada)

Topic:  
Special Dietary Needs in CACFP

Register in advance for this webinar:

[https://us06web.zoom.us/webinar/register/WN\\_qCDNSVLzR86Kks7bZNYWcg](https://us06web.zoom.us/webinar/register/WN_qCDNSVLzR86Kks7bZNYWcg)

After registering, you will receive a confirmation email containing information about joining the webinar.

# National CACFP Week is March 13-19, 2022

CACFP Week is a national educational and information campaign sponsored annually by the National CACFP Sponsors Association designed to raise awareness of how the USDA's Child and Adult Care Food Program works to combat hunger. The CACFP brings healthy foods to tables across the country for children in child care centers, homes, and afterschool, as well as for adults in day care.



## CACFP Week is brought to you by the letters...

**C**

### Community

The CACFP community works to ensure that all children have access to healthy foods. Share CACFP Week on social media and out in your community.

**A**

### Awareness

Together we can raise awareness of how the CACFP works to combat hunger. Learn what you can do to promote the CACFP and advocate with a press release or a letter to congress.

**C**

### Children

Children receive healthy and nutritious meals through the CACFP. Educate children and parents about the CACFP with fun activities and communication tools.

**F**

### Food Program

The CACFP helps children learn healthy eating habits. Find out why breakfast is the most important meal of the day and learn some tips for getting kids to try new foods.

**P**

### Participate

Hundreds of thousands of people participate in the CACFP administering the program or caring for children and adults. Show your appreciation to all of those who work with CACFP every day.

USDA's Team Nutrition initiative invites you to join us in celebrating National Nutrition Month® by sharing Team Nutrition resources with schools, families, and children. Free printed materials are available to order for Team Nutrition Schools while supplies last.

Materials include:

- [Launch Your Day with Breakfast Stickers](#)
- [MyPlate Nate and Kate Stickers](#)
- [Make Today a Try-Day! Stickers](#)
- [Discover New Foods Decal Set](#) (for elementary schools)
- [Fueling My Healthy Life Decal Set](#) (for secondary schools)
- [Stronger with School Meals Educational Materials](#)
  - o An Infographic for teachers and parents (in English and Spanish)
  - o An Activity Booklet for elementary-aged students
  - o Five stickers for students
  - o Two buttons for school nutrition professionals

Questions about this announcement may be sent to [TeamNutrition@USDA.gov](mailto:TeamNutrition@USDA.gov).

All materials are available for download at [TeamNutrition.USDA.gov](http://TeamNutrition.USDA.gov).

## **Annual CACFP Civil Rights Training Options**

Staff training on Civil Rights is an annual requirement for CACFP Sponsors, and new staff are to be trained on Civil Rights before assuming their CACFP duties. MDE CACFP has two options available for you to train your staff on Civil Rights.

### **Michigan Child Nutrition Training**

Bright Track training, found at [Michigan Department of Education | Bright Track – Michigan Department of Education | Bright Track \(misponsortraining.com\)](#), has a self-paced Michigan 150-Civil Rights course staff can take at any time to meet annual training requirements. A certificate of completion is provided to print. Staff must create a user name and password to enroll in the free course. Information on how to get started is included in [CACFP Quick Start Guide-misponsortraining \(michigan.gov\)](#).

### **MDE CACFP Civil Rights Video**

The MDE CACFP Civil Rights video is found at [Child and Adult Care Food Program Videos - YouTube](#). This less than 8 minute [CACFP Civil Rights - YouTube](#) video is a great way to train staff on Civil Rights during an in-person staff meeting or onboarding a new staff member. The videos do not have a certificate of completion, however. For record keeping purposes, screenshot the screen with the date viewed, include the video link in the dated training agenda and collect a dated attendance sheet.

To review CACFP annual staff training requirements, review the [Annual Staff Training Requirements Checklist](#). This checklist can be copied front to back with the [CACFP Annual Staff Training Sign-in Sheet \(michigan.gov\)](#) to document annual and new staff trainings.

## **New! Team Nutrition Older Adult Nutrition Web Quiz**

USDA's Team Nutrition initiative is excited to announce the release of the Older Adult Nutrition web quiz, now available at [fns.usda.gov/tn/quizzes/older-adult-nutrition](https://fns.usda.gov/tn/quizzes/older-adult-nutrition). This quiz focuses on nutrition for older adults, including those served in the CACFP. All of Team Nutrition's web quizzes can be found at [fns.usda.gov/tn/quizzes](https://fns.usda.gov/tn/quizzes).

As a reminder, these interactive quizzes can be used at trainings and other nutrition events as a fun and engaging learning activity. Upon completion of each 10-question quiz, quiz takers receive a score along with a link to resources that can help expand their knowledge on the topic and build their nutrition skills. Quiz takers can also view a printable version of the questions and answers upon quiz completion.



Questions about this announcement may be sent to [TeamNutrition@USDA.gov](mailto:TeamNutrition@USDA.gov).

**\*\*NEW\*\***

### **Women, Infants, and Children (WIC) poster now available!**

The Michigan Department of Health and Human Services (MDHHS) WIC program has updated their poster. The new poster, "Facts about WIC" is available in [Arabic](#), [English](#), and [Spanish](#). CACFP Sponsors are advised to use the new informative posters to notify their families about the benefits of WIC participation. Older versions contain outdated information and should be discarded.

## **NexSys is coming soon!**

**Make your transition easy! Click, Click, DONE!**

If you currently have MEGSplus access, follow the instructions below immediately.

1. Log in to your MILogin for Third Party account. Click [HERE](#) if you don't have one.
2. Request the NexSys link. Click [HERE](#) for instructions.

Doing this will set you up for success once NexSys goes live.

Attention-Attention-Attention!

The MDE CACFP has a new email address!

Our new email address is [MDE-CACFP@michigan.gov](mailto:MDE-CACFP@michigan.gov).

Please update your records to reflect the new email address.



## Grains in Infant Diets

**Studies have found grain consumption is an important part of a healthy infant diet. Grain consumption can be associated with higher nutrient intakes, better diet quality scores, and broader food group intake. Check out the infographic from Grain Foods Foundation that shares the benefits of grain consumption in infants 6–12 months old and 13–23 months old.**

[Download the Infographic](#)



## Avocado and Bean Tostada

These tasty tostadas from Fresh Avocados - Love One Today make for a fun and healthy breakfast or snack option. In just minutes, you will have a satisfying meal that provides a good source of fiber per serving and meets the grains and vegetables component.



### Tostada Time

## Pivoting Practice: Early Care and Education Food Procurement During a Pandemic

Early care and education (ECE) providers choose to buy, or “procure,” local foods in a number of ways. Some providers work directly with a farmer or producer, others visit a farmers market, order from a broadline distributor who delivers product, or shop at a grocery store for local foods. ECE providers might also use CACFP funds as they shop for local products.

When procuring local food, it is important that “local” is defined by the ECE provider, which gives providers flexibility in terms of where they source food. Local might mean a product is grown or produced within city or county limits, within state boundaries, or within a specified geographic area (e.g., a 50-mile radius for ECE sites that are within several states).

Procuring local food is one of the three core elements of farm to early care and education. Farm to ECE is a set of strategies and activities that increase children’s, families’, and communities’ access to healthy, local foods and education about food, nutrition, and agriculture.

Learn more at [PivotingPractice: Early Care and Education Food Procurement During a Pandemic - Michigan Farm to ECE Network \(msu.edu\)](#)

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