

Feeding Infants

The Child and Adult Care Food Program

Michigan Department of Education

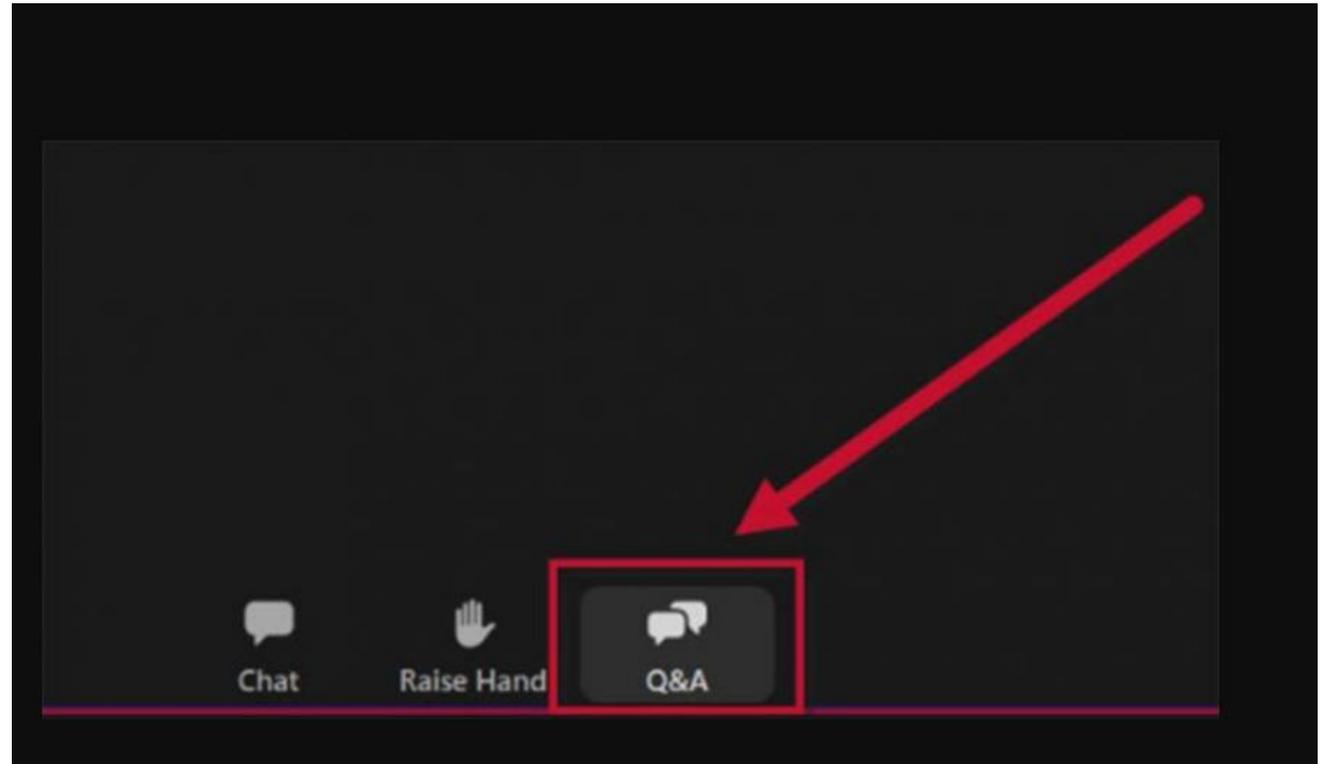
Thinking Thursdays

October 26, 2023



Welcome to Thinking Thursdays!

- Participants are muted
- Enter your questions into the Q&A, not Chat
- CACFP will answer questions as we go
- Certificate will be emailed
- Thank you for your attendance!



WHO IS HERE TODAY?

Childcare center

Family childcare home

At-risk afterschool care center

Adult day care center

Sponsoring organization

Emergency shelter

School food authority





Today's Talking Points

CACFP Background

Infant Feeding Requirements

Infant Meal Pattern

Food Components

Serving and Claiming Creditable Infant Meals

Recordkeeping Requirements

Resources



CACFP Background

- Meal patterns updated due to Healthy Hunger free Kids Act (HHFKA) 2010
- Based upon American Academy of Pediatric Recommendations and input from state agencies, sponsors, and stakeholders
- Dietary Guidelines for Americans, 2020-2025
- CACFP Infant Meals provide nutritious, balanced meals and snacks as developmentally appropriate to infants in care

CACFP Infant Feeding Requirements

All CACFP programs providing licensed infant care must **offer to supply** the following to all enrolled infants:

- At least one creditable iron fortified formula (IFIF)
- Creditable, developmentally appropriate, infant foods

Infant Feeding Guidance: USDA and LARA

USDA

- Enrolled infants must be offered meals complying with CACFP
- Cannot state infant not enrolled or cite logistical or cost barriers as reasons to avoid offering to provide meals to all participants in your care
- [CACFP11-2023 Feeding Infants and Meal Pattern Requirements](#) - NEW
- Cannot deny equal access to a federal nutrition program due to age

LARA – Child Care Licensing Bureau

Rule 400.8330 (1)

Snacks and meals must be provided by the center unless:

- Majority of children in care less than 2.5 hours
- Food* is provided by parent

Rule 400.8330 (2)

A written agreement must be kept on file

Center must have food available if parent does not provide

- [LARA TA Manual](#)



“Enrolled” Defined

CACFP Regulations define an “enrolled child” as:

- **A child whose parent or guardian has submitted to an institution a signed document which indicates that the child is enrolled in childcare**
- **An institution cannot say a child/infant is not “enrolled” in CACFP if they are enrolled in the childcare center or home for care.**
- **[CACFP11-2023 Feeding Infants and Meal Pattern Requirements](#)**

MDE Formula Food Sign Off Form

- Informs the parent of formula and foods available at center
- They can make an informed decision on feeding options and food introductions
- Provides written documentation for decisions made

| Child and Adult Care Food Program (CACFP) Formula/Food Sign-Off Statement | | MICHIGAN Department of Education |
|---|--------------------|--|
| As a participant in the CACFP, we must offer to supply all infant meal food components, as developmentally appropriate, to all infants in our care. | | |
| We will supply the following items to your infant: <ul style="list-style-type: none">• Iron-fortified infant formula• Iron-fortified infant cereal• Infant foods and/or table foods in the appropriate texture for the age of your infant. | | |
| Parents/Guardians may choose to accept our supplied infant formula and/or foods or provide their own. Mothers are always welcome to breast feed on-site and/or provide expressed breastmilk. | | |
| Parents/Guardians may provide one food component towards a reimbursable meal. Our center must supply all other meal components, as developmentally ready, to receive reimbursement. | | |
| Please check your preferences below for each meal pattern requirement. | | |
| Our center will supply the following formula and infant food: | | |
| Formula offered by our center: _____ <small>(Specific brand/type identified by center)</small> | | |
| Parent/Guardian check your breast milk/formula preference: <input type="checkbox"/> I want the center to provide formula to my infant <input type="checkbox"/> I will bring iron-fortified formula for my infant <input type="checkbox"/> I will come to the center to breast feed my infant <input type="checkbox"/> I will bring expressed breast milk for my infant | | |
| Iron-Fortified Infant Cereal offered by our center: <input type="checkbox"/> Rice <input type="checkbox"/> Barley <input type="checkbox"/> Wheat <input type="checkbox"/> Oat <input type="checkbox"/> Multi-grain | | |
| Parent/Guardian check your infant cereal preference: <input type="checkbox"/> I want the center to provide iron fortified infant cereal for my infant <input type="checkbox"/> I will bring iron fortified infant cereal for my infant | | |
| Food offered by our center: <input type="checkbox"/> Store-bought infant foods <input type="checkbox"/> Table foods at the appropriate consistency for the development of your infant | | |
| Parent/Guardian check your infant food preference: <input type="checkbox"/> I want the center to provide developmentally appropriate foods for my infant <input type="checkbox"/> I will bring foods for my infant | | |
| If parent/guardian is supplying any breast milk, formula, or infant foods: Specify what we may feed your infant if they are still hungry after they are fed what has been supplied for the day: _____ | | |
| Infant Name: _____ | Birth Date: _____ | |
| Parent/Guardian Signature: _____ | Date Signed: _____ | |
| Non-Discrimination Statement <small>In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity. (Not all prohibited bases apply to all programs.) Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information is available in languages other than English.</small> | | |
| <small>To file a complaint alleging discrimination, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9892. Submit your completed form or letter to USDA by mail: U.S. Department of</small> | | |



Infant Meal Pattern

It is easier than you think...

CACFP Infant Meal Pattern

Two infant age ranges:

- Birth through 5 months
- 6 months through 11 months

Nutrition Standards for CACFP Meals and Snacks

Infant Meal Patterns

Child and Adult Care Food

Programs – Institute of Child Nutrition

(CACFP) Infant Meal Patterns

| Infants | Birth through 5 months | 6 through 11 months |
|-----------------------------|--|---|
| Breakfast, Lunch, or Supper | 4-6 fluid ounces breastmilk ¹ or formula ² | 6-8 fluid ounces breastmilk ¹ or formula; ² and 0-½ ounce equivalent infant cereal; ^{2,3} or 0-4 tablespoons meat, fish, poultry, whole egg, cooked dry beans, or cooked dry peas; or 0-2 ounces of cheese; or 0-4 ounces (volume) of cottage cheese; or 0-4 ounces or ½ cup of yogurt; ⁴ or a combination of the above; ⁵ and 0-2 tablespoons vegetable or fruit, or a combination of both. ^{5,6} |
| Snack | 4-6 fluid ounces breastmilk ¹ or formula ² | 2-4 fluid ounces breastmilk ¹ or formula; ² and 0-½ ounce equivalent bread; ^{3,7} or 0-¼ ounce equivalent crackers; ^{3,7} or 0-½ ounce equivalent infant cereal; ^{2,3} or 0-¼ ounce equivalent ready-to-eat breakfast cereal; ^{3,5,7,8} and 0-2 tablespoons vegetable or fruit, or a combination of both. ^{5,6} |

¹ Breastmilk or formula, or portions of both, must be served; however, it is recommended that breastmilk be served in place of formula from birth through 11 months. For some breastfed infants who regularly consume less than the minimum amount of breastmilk per feeding, a serving of less than the minimum amount of breastmilk may be offered, with additional breastmilk offered at a later time if the infant will consume more.

² Infant formula and dry infant cereal must be iron-fortified.

³ Refer to FNS guidance for additional information on crediting different types of grains.

⁴ Yogurt must contain no more than 23 grams of total sugars per 6 ounces.

⁵ A serving of this component is required when the infant is developmentally ready to accept it.

⁶ Fruit and vegetable juices must not be served.

⁷ A serving of grains must be whole grain-rich, enriched meal, or enriched flour.

⁸ Breakfast cereals must contain no more than 6 grams of sugar per dry ounce (no more than 21.2 grams sucrose and other sugars per 100 grams of dry cereal).

Developmentally Ready

- The baby can control his or her large and small muscles and to digest certain foods
- A baby is “developmentally ready” to eat solid foods with varying textures when certain abilities can be observed.

How Can You Tell When Your Baby Is Ready To Eat Solid Foods?
Your baby is ready to start solid foods if he or she:



- Opens his or her mouth when foods come his or her way or reaches for food.



- Sits in a high chair with good head control.



- Uses his or her tongue to move food from the spoon into his or her mouth. The tongue does not automatically push the food out of his or her mouth.



Why Does Your Baby Need To Try Solid Foods?

Starting solid foods when your child is developmentally ready is important because:

- Your baby is getting bigger and needs more calories and nutrients that can come from solid foods.
- It gives your baby a chance to try different foods so he or she will like them at an early age and will continue to eat them as he or she gets older.

Timing of Meals and Snacks

- Infants are ‘Fed on Demand’
- A meal or snack is reimbursable if all required food components are offered to the baby during the day while the baby is in your care



Creditable Infant Formulas

Must offer one FDA approved Iron fortified infant formula

- Must contain 1 milligram or more of Iron per 100 calories
- Look for “Infant formula with Iron” on label
- The USDA does not maintain a list of approved formulas
- An approved Medical statement must be on file for infants who require FDA Exempt Formulas
- [Exempt Infant Formulas marketed in the United States](#)



Imported Infant Formula

- Infant formula that is imported into the U.S. because of the **2022 FDA Infant Formula Enforcement Discretion Policy** may be served in the CACFP
- [Creditability of Infant Formulas Imported Through 2022 FDA Infant Enforcement Discretion Policy in CACFP](#)

Infant formulas that are not regulated by the FDA are not creditable in the CACFP if not approved through this policy

What is an Infant Food Component?

Food Components

Abbreviations
fl. oz. = fluid ounces
oz. = ounces
tbsp. = tablespoons

| | Breakfast | 0 through 5 Months | 6 through 11 Months |
|--|-----------|-----------------------------------|--|
| Breastmilk or infant formula | | 4–6 fl. oz. breastmilk or formula | 6–8 fl. oz. breastmilk or formula |
| Grains or meat/meat alternates, or a combination | | | 0–4 tbsp. infant cereal, meat, fish, poultry, whole eggs, cooked dry beans or peas; or 0–2 oz. cheese; or 0–4 oz. cottage cheese; or 0–4 oz. (½ cup) yogurt; or a combination of the above |
| Vegetables, fruit, or both | | | 0–2 tbsp. vegetable, fruit, or both |

Food Component →

AND

AND

Infant Serving Sizes, continued

| Breakfast | 0 through 5 Months | 6 through 11 Months |
|--|-----------------------------------|---|
| Breastmilk or infant formula | 4–6 fl. oz. breastmilk or formula | 6–8 fl. oz. breastmilk or formula |
| Grains or meat/meat alternates, or a combination | | 0–4 tbsp. infant cereal, meat, fish, poultry, whole eggs, cooked dry beans or peas; or 0–2 oz. cheese; or 0–4 oz. cottage cheese; or 0–4 oz. (½ cup) yogurt; or a combination of the above |
| Vegetables, fruit, or both | | 0–2 tbsp. vegetable, fruit, or both |

AND



AND

Minimum Serving Size Overview

| Breakfast | 0 through 5 Months | 6 through 11 Months |
|--|-----------------------------------|--|
| Breastmilk or infant formula | 4–6 fl. oz. breastmilk or formula | 6–8 fl. oz. breastmilk or formula |
| Grains or meat/meat alternates, or a combination | | 0–4 tbsp. infant cereal, meat, fish, poultry, whole eggs, cooked dry beans or peas; or 0–2 oz. cheese; or 0–4 oz. cottage cheese; or 0–4 oz. (½ cup) yogurt; or a combination of the above |
| Vegetables, fruit, or both | | 0–2 tbsp. vegetable, fruit, or both |

AND

AND

Minimum Serving Size(s)



Reimbursable Infant Meals and Snacks

Food Components Review:

- Breastmilk or iron-fortified infant formula
- Meat/Meat Alternates/Grains
- Vegetables and Fruits
- A meal or snack is reimbursable if all required foods are offered during the day
- Creditable foods count towards the infant meal pattern requirements



Parent Provided Food Component

Parents can provide one creditable food component to count towards a reimbursable meal.

Parent provides:

breastmilk or creditable infant formula

Provider provides:

all other solid food components

Parent provides:

one creditable solid food component

Provider provides:

A creditable iron-fortified infant formula and all other solid food components



CACFP Infant Meal Pattern—Breakfast

| Breakfast | 0 through 5 Months | 6 through 11 Months |
|--|-----------------------------------|---|
| Breastmilk or infant formula | 4–6 fl. oz. breastmilk or formula | 6–8 fl. oz. breastmilk or formula |
| Grains or meat/meat alternates, or a combination | | <div data-bbox="2028 601 2175 676" style="border: 1px solid black; padding: 2px; display: inline-block; margin-bottom: 5px;">AND</div> 0–4 tbsp. infant cereal, meat, fish, poultry, whole eggs, cooked dry beans or peas; or 0–2 oz. cheese; or 0–4 oz. cottage cheese; or 0–4 oz. (½ cup) yogurt; or a combination of the above |
| Vegetables, fruit, or both | | <div data-bbox="2028 1072 2175 1148" style="border: 1px solid black; padding: 2px; display: inline-block; margin-bottom: 5px;">AND</div> 0–2 tbsp. vegetable, fruit, or both |

CACFP Infant Meal Pattern—Lunch / Supper

| Lunch / Supper | 0 through 5 Months | 6 through 11 Months |
|--|-----------------------------------|--|
| Breastmilk or infant formula | 4–6 fl. oz. breastmilk or formula | 6–8 fl. oz. breastmilk or formula |
| | | AND |
| Grains or meat/meat alternates, or a combination | | 0–4 tbsp. infant cereal, meat, fish, poultry, whole eggs, cooked dry beans or peas; or 0–2 oz. cheese; or 0–4 oz. cottage cheese; or 0–4 oz. (½ cup) yogurt; or a combination of the above |
| | | AND |
| Vegetables, fruit, or both | | 0–2 tbsp. vegetable, fruit, or both |

CACFP Infant Meal Pattern—Snack

| Snack | 0 through 5 Months | 6 through 11 Months |
|------------------------------|-----------------------------------|---|
| Breastmilk or infant formula | 4–6 fl. oz. breastmilk or formula | 2–4 fl. oz. breastmilk or formula |
| Grains | | 0–½ slice bread; or 0–2 crackers; or 0–4 tbsp. infant cereal or ready-to-eat breakfast cereal |
| Vegetables, fruit, or both | | 0–2 tbsp. vegetable, fruit, or both |

AND

AND

Breastmilk/Infant formula: Infant Required Component

Breastmilk

- Breastmilk can be served to infants and children at any age
- Support caregivers who are breastfeeding by encouraging them to breastfeed on-site or to supply breastmilk for their child in care

Iron Fortified Infant Formula (IFIF)

- Creditable IFIF is any dairy or soy-based formula regulated by the FDA produced in US
- Also, low lactose, lactose free IFIF
- Labeled “Iron fortified” on package
- Contains 1 milligram (mg) or more per 100 kilocalories



FDA Exempt Formula

USDA does maintain a list of exempt formulas

FDA Exempt formulas are specialized formulas for infants with unique medical or dietary restrictions

Can only be served with a complete and correct medical statement/special dietary request form sign by recognized medical professional licensed to write prescriptions

Iron Fortified Infant Formula Shortage Options

- CACFP requires USA produced iron fortified infant formula
- USDA does NOT require Ready to Feed (RTF) formula
- **Ready to Feed (RTF) REQUIRED by LARA**
 - R 400.8335
 - Rule 335 (6)
- Variance required to serve powdered formula related to shortages
- Enforcement Discretion to Manufacturers to Increase Infant Formula Supplies | FDA
- Temporary Choices for Powder Formula - Michigan WIC
- **Toddler “milks” are NOT creditable**

NEW: USDA Expressed Breastmilk Storage

- Breastmilk may be stored in refrigerator for up to four days from date expressed
 - Must be held at 40 F or below
 - Previously frozen breastmilk must be used within 24 hours and never refrozen
- 

NEW: USDA Food Safety Considerations

USDA Guidance

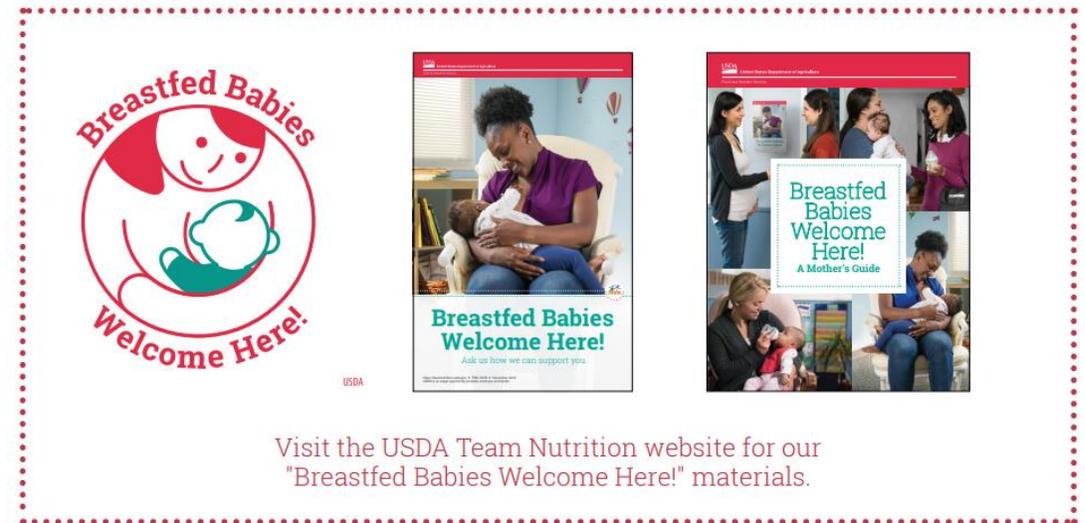
- **Homemade formula is not FDA regulated and NOT creditable by USDA**
- **Powdered infant formula cannot be diluted as affects calories and nutrients**
- **Use within 2 hours of preparation or refrigerate at 40 F or below**
- **Use within 24 hours**
- **Discard any leftover formula in bottle**
- **Use by “Use Date” on formula – discard old formula**

LARA

- **Rule 335 (5)**
 - **Formula must be commercially prepared and ready to feed (RTF)**
 - **Applies when bottles of formula prepared and served onsite**
 - **Contact your licensing consultant with any questions related to FTF formula**

Supporting Families of Breastfed Babies

- USDA encourages breast/chest fed babies
- Materials are available to promote a positive breastfeeding environment
- [Breastfed Babies Welcome Here](#)



Visit the USDA Team Nutrition website for our "Breastfed Babies Welcome Here!" materials.

Solid Foods

Infants ages 6 through 11 months

Complimentary foods

Must be in texture and consistency appropriate for the age and development of infant being fed



What Are Solid Foods?

Solid foods are foods that are easy to digest and safe for a baby to eat once he or she is developmentally ready.

Pureed



**Finely
Chopped**



Mashed



Ground



Grains



- **Iron-fortified infant cereal**
 - Creditable at all meals and snacks as a stand-alone
- **Breads**
 - **Infant Snack only**
- **Crackers**
 - **Infant Snack only**
- **Ready to Eat (RTE) Cereals**
 - **Infant Snack only**
 - Must meet CACFP sugar limit
 - Iron-fortified
 - Developmentally appropriate
- **All grains must be enriched/fortified**
- **Whole grain not required but best practice**

Iron-Fortified Infant Cereal

INGREDIENTS: WHOLE GRAIN WHEAT FLOUR, WHOLE GRAIN OAT FLOUR, OAT FLOUR, RICE FLOUR, WHOLE GRAIN RYE FLOUR, VITAMINS AND MINERALS: CALCIUM CARBONATE, VITAMIN C (ASCORBIC ACID), IRON (ELECTROLYTIC), ZINC SULFATE, VITAMIN E (ALPHA TOCOPHERYL ACETATE), NIACINAMIDE*, VITAMIN B2 (RIBOFLAVIN), VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B12, FOLIC ACID*.

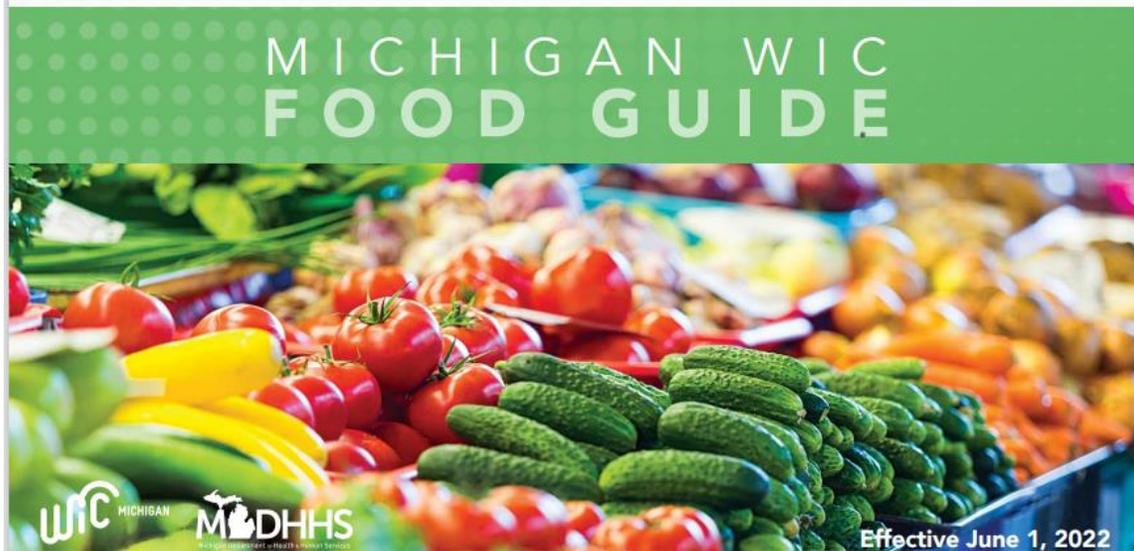
Infant cereal must be iron-fortified

How to tell if an infant cereal is “iron-fortified”:

Look for “Iron-Fortified” on product package

Look at the ingredient list for:

- Iron
 - Ferric Fumarate
 - Electrolytic Iron
 - Iron (Electrolytic)
- **Single or mixed grain varieties are creditable options**



USDA United States Department of Agriculture

Choose Breakfast Cereals That Are Lower in Added Sugars

As of October 1, 2017, breakfast cereal served in the Child and Adult Care Food Program (CACFP) must contain no more than 6 grams of sugar per dry ounce.

There are many types of cereal that meet this requirement. You can use any cereal that is listed on any State agency's Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)-approved cereal list, found as part of the State's approved food lists at: <https://www.fns.usda.gov/wic/links/state-agency-wic-approved-food-lists>. You can also find cereals that meet the requirement using the Nutrition Facts label and by following the steps below:

- 1 Use the Nutrition Facts label to find the **Serving Size**, in grams (g), of the cereal.
- 2 Find the **Sugars** line. Look at the number of grams (g) next to Sugars.
- 3 Use the serving size identified in Step 1 to find the serving size of your cereal in the table below.

| Serving Size* | Sugars |
|-------------------------|-----------------------------|
| If the serving size is: | Sugars cannot be more than: |
| 12-16 grams | 3 grams |
| 26-30 grams | 6 grams |
| 31-35 grams | 7 grams |
| 45-49 grams | 10 grams |
| 55-58 grams | 12 grams |
| 59-63 grams | 13 grams |
| 74-77 grams | 16 grams |

4 In the table, look at the number to the right of the serving size amount, under the "Sugars" column. **If your cereal has that amount of sugar or less, your cereal meets the sugar requirement.**

*Serving sizes here refer to those commonly found for breakfast cereals. For serving size requirements in the CACFP, please visit <https://www.fns.usda.gov/cacfp/needs-and-waivers>.

Yummy Brand Cereal

| Nutrition Facts | |
|---------------------------------|----------------|
| Serving Size 1/2 cup (30g) | |
| Servings Per Container about 15 | |
| Amount Per Serving | Cereal |
| Calories 100 | 100 |
| Calories from Fat 5 | 5 |
| | % Daily Value* |
| Total Fat 0.5g | 1% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Polyunsaturated Fat 0g | |
| Monounsaturated Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 140mg | 6% |
| Potassium 90mg | 3% |
| Total Carbohydrate 22g | 7% |
| Dietary Fiber 3g | 11% |
| Sugars 5g | |
| Other Carbohydrate 14g | |
| Protein 3g | |

Test Yourself:

Does the cereal above meet the sugar requirement?
(Check your answer on the next page)

Serving Size: _____

Sugars: _____

Yes No

More training, menu planning, and nutrition education materials for the CACFP can be found at <https://teammnutrition.usda.gov>.

Infant Snack: Choose Cereals Lower in Added Sugars

Meat and Meat Alternatives for Infants

- Meats and poultry
- Fin fish
- Shellfish
- Whole eggs
- Cooked beans, peas and lentils
- Pasteurized real cheese
- Cottage Cheese
- Commercially prepared yogurt (must meet sugar limit)



Vegetables and Fruits



- All vegetables and fruits can be offered to infants
- Introduce as single ingredient before mixing together
- Cook and prepare to appropriate texture and size to prevent choking
- Fruit and vegetable juices are **NOT** creditable

Crediting Store Bought Combination Baby Foods

- Combinations can be introduced if infant introduced to individual foods
- Must ensure that full, required amount of the food component is offered or must offer additional to meet minimum full amount
- Remember, infant desserts are not creditable

[CACFP02-2018 Feeding Infants and Meal Pattern Requirements](#)

[USDA Crediting Combination Baby Foods Handout](#)

USDA
United States Department of Agriculture
Food and Nutrition Service

Crediting Store-Bought Combination Baby Foods in the Child and Adult Care Food Program



Combination baby foods are foods that include a mixture of two or more foods, such as meat and vegetables. Under certain circumstances, these foods may be counted toward a reimbursable infant meal or snack in the U.S. Department of Agriculture's Child and Adult Care Food Program (CACFP).

Before serving a store-bought combination baby food, check with your State agency or sponsoring organization. It may require you to have the baby food packaging, a Product Formulation Statement, or other form of documentation to show how the food credits toward the CACFP infant meal pattern.

How Much of the Combination Baby Food Needs to be Offered?

In the CACFP infant meal pattern*, amounts of food served at meals and snacks are shown as ranges, such as 0 to 2 tablespoons. This range lets you introduce new foods slowly when the infant is developmentally ready. Once a baby is regularly eating a food, offer the infant the full amount of the food (the uppermost range).

Combination baby foods should be offered only after the infant has been introduced to the individual ingredients in the combination food. For example, before an infant is given a chicken and vegetable combination baby food, the infant should have already been introduced to both chicken and the vegetable individually as single component foods. More information on the introduction of foods is available at fns.usda.gov/tn/feeding-infants-child-and-adult-care-food-program.

Since infants eating combination baby foods have already shown that they are developmentally ready and accepting of each food in the combination baby food, you must ensure that the combination baby food package provides the full, required amount of the food component. If it does not, you must offer more food from that component to meet the full amount of the food.

Remember, this amount must be offered to the infant, but the infant does not have to eat all of it.

*For information on the CACFP infant meal pattern, please see the "Feeding Infants in the Child and Adult Care Food Program" guide at fns.usda.gov/tn/feeding-infants-child-and-adult-care-food-program.

FNS-873 September 2020

What is NOT creditable?

- Infant Desserts
- Cheese food, cheese spread, and cheese product
- Honey
- Check out Appendix F Feeding Infants Guide for more guidance

All Food Components

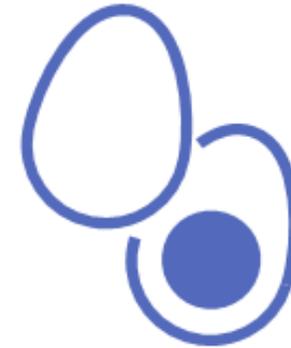
| Food | Creditable | | | Comments |
|---|------------|-------|----|---|
| | Yes | Maybe | No | |
| Baby foods, store-bought (commercial), combination foods (such as chicken and vegetables) | X | | | The American Academy of Pediatrics recommends introducing single-ingredient foods to babies first before giving a mix of foods, or combination foods. It is encouraged that once the baby is developmentally ready and has eaten each ingredient within a combination food individually without having an allergic reaction, then combination foods can be served. For example, a baby should try chicken separate from vegetables first before trying a mixed chicken and vegetables baby food. Some mixed dishes may contain foods that do not credit towards the infant meal pattern, such as rice or pasta. |
| Baby foods, store-bought (commercial), single-component (such as plain fruits, mixed fruits and vegetables, vegetables, or meats) | X | | | Store-bought baby foods that contain one food component and are packaged in a jar, plastic container, pouch, or any other packaging are creditable in the Child and Adult Care Food Program. The way a food is packaged does not impact whether a food is creditable or not. |
| Baby foods, desserts (such as baby puddings, custards, cobblers, fruit desserts) | | | X | Baby food desserts often contain insufficient amounts of creditable ingredients. They are not 100% fruit and are often high in added sugars and fat and low in nutrients. |

Which Food is Not Creditable?

- **Peach Cobbler Baby Food Dessert**
- **Whole egg**
- **Cooked red peppers**



Peach Cobbler
Dessert



Whole Egg
(white and yolk)

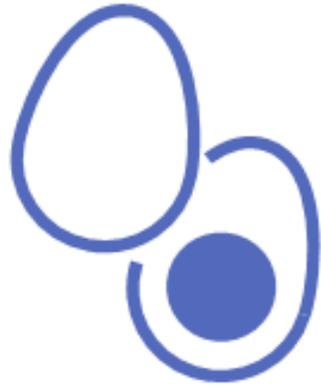


Cooked
Red Peppers

Which Food is Not Creditable? Answer



Peach Cobbler
Dessert



Whole Egg
(white and yolk)



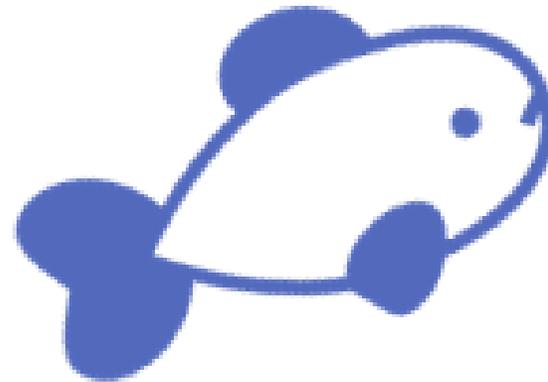
Cooked
Red Peppers

- **Peach Cobbler
Baby Food
Dessert**

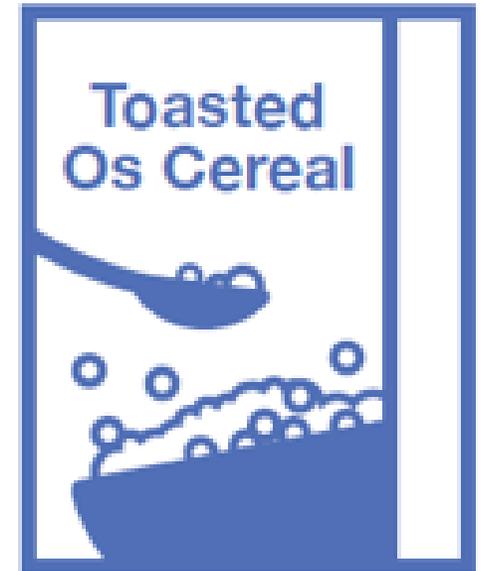
Which Food is Not Creditable?



Cheese Product



Fin Fish

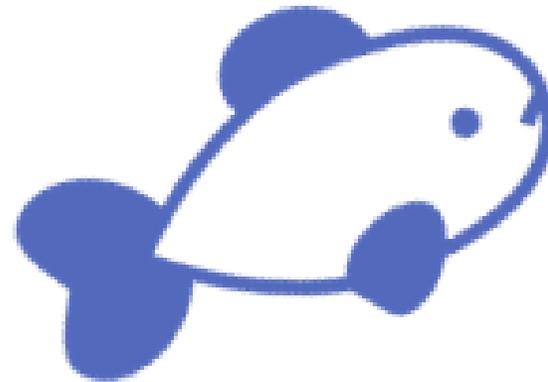


Ready-to-Eat
Cereal

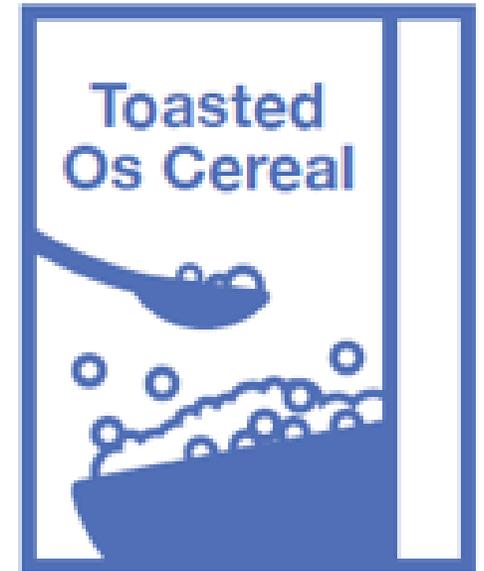
Which Food is Not Creditable?



Cheese Product



Fin Fish



Ready-to-Eat
Cereal



Infant Recordkeeping Requirements

Infant meal reimbursement
documentation



Infant Formula Food Sign Off Statement

- Required form until first birthday
- Update as needed during first year

| Child and Adult Care Food Program (CACFP) Formula/Food Sign-Off Statement | | MICHIGAN Department of Education |
|--|--|--|
| As a participant in the CACFP, we must offer to supply all infant meal food components, as developmentally appropriate, to all infants in our care. | | |
| We will supply the following items to your infant: <ul style="list-style-type: none">• Iron-fortified infant formula• Iron-fortified infant cereal• Infant foods and/or table foods in the appropriate texture for the age of your infant. | | |
| Parents/Guardians may choose to accept our supplied infant formula and/or foods or provide their own. Mothers are always welcome to breast feed on-site and/or provide expressed breastmilk. | | |
| Parents/Guardians may provide one food component towards a reimbursable meal. Our center must supply all other meal components, as developmentally ready, to receive reimbursement. | | |
| Please check your preferences below for each meal pattern requirement. | | |
| Our center will supply the following formula and infant food: | | |
| Formula offered by our center: _____ <small>(Specific brand/type identified by center)</small> | | |
| Parent/Guardian check your breast milk/formula preference: <input type="checkbox"/> I want the center to provide formula to my infant <input type="checkbox"/> I will come to the center to breast feed my infant <input type="checkbox"/> I will bring iron-fortified formula for my infant <input type="checkbox"/> I will bring expressed breast milk for my infant | | |
| Iron-Fortified Infant Cereal offered by our center: <input type="checkbox"/> Rice <input type="checkbox"/> Barley <input type="checkbox"/> Wheat <input type="checkbox"/> Oat <input type="checkbox"/> Multi-grain | | |
| Parent/Guardian check your infant cereal preference: <input type="checkbox"/> I want the center to provide iron fortified infant cereal for my infant <input type="checkbox"/> I will bring iron fortified infant cereal for my infant | | |
| Food offered by our center: <input type="checkbox"/> Store-bought infant foods <input type="checkbox"/> Table foods at the appropriate consistency for the development of your infant | | |
| Parent/Guardian check your infant food preference: <input type="checkbox"/> I want the center to provide developmentally appropriate foods for my infant <input type="checkbox"/> I will bring foods for my infant | | |
| If parent/guardian is supplying any breast milk, formula, or infant foods: Specify what we may feed your infant if they are still hungry after they are fed what has been supplied for the day: _____ _____ | | |
| Infant Name: _____ | | Birth Date: _____ |
| Parent/Guardian Signature: _____ | | Date Signed: _____ |
| Non-Discrimination Statement | | |
| <small>In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity. (Not all prohibited bases apply to all programs.) Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information is available in languages other than English.</small> | | |
| <small>To file a complaint alleging discrimination, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9907. Submit your completed form or letter to USDA by mail: U.S. Department of</small> | | |

Infant Menu/Menu Record 0 – 5 Months

- Provides basic infant menu requirements
- Provider documents what is offered to infant
- Must be dated
- Must have infants full name and birthdate

 _____ Year: _____



**Michigan Department of Education
 Child and Adult Care Food Program
 Meal Pattern
 Infant Menu Record for Infants 0 through 5 Months**

Name: _____

Infant's DOB: _____

Please record specific food items offered to infant each day
 -fortified infant formula or breast milk are the only required food components for infants age 0 through five months of age
 Other food items may be introduced to the infant as developmentally appropriate

| Meal Components | DATE | DATE | DATE | DATE | DATE |
|--|------|------|------|------|------|
| Breakfast <small>Notes of IFIF or breast milk*</small> | | | | | |
| M. Snack <small>Notes of IFIF or breast milk*</small> | | | | | |
| Lunch <small>Notes of IFIF or breast milk*</small> | | | | | |
| M. Snack <small>Notes of IFIF or breast milk*</small> | | | | | |
| Supper <small>Notes of IFIF or breast milk*</small> | | | | | |

Infant Formula. Use "BF" if mother breastfed infant onsite.
 Formula statement must be kept on file for each infant under 12 months of age if you are not providing all required meal components
 IFIF is required for all infants claimed
 Allowed for infants under age one

Infants 6 through 11 Months

Site/Room: _____

Infant's Full Name: _____

Month: _____ Year: _____

Infant DOB: _____

Please record specific food items offered to infant each day

| Required Components | Date: | Date: | Date: | Date: | Date: |
|--|-------|-------|-------|-------|-------|
| Breakfast 6 to 8 fluid ounces of IFIF* or breast milk** and as developmentally appropriate 0 to 4 Tbsp. iron-fortified dry infant cereal or meat, fish, poultry, whole eggs, or cooked dry beans or peas, or 0 to 2 ounces of cheese or 0 to 4 ounces of cottage cheese or 0 to 8 ounces yogurt or a combination and as developmentally appropriate 0 to 4 Tbsp. vegetable, fruit or a combination | | | | | |
| A.M. Snack 2 to 4 fluid ounces of IFIF* or breast milk** and as developmentally appropriate 0 to 1/2 bread slice; 0-2 cracker; 0-4 tbsp. infant cereal or ready to eat cereal and as developmentally appropriate 0-2 tbsp. vegetable, fruit or a combination | | | | | |
| Lunch 6 to 8 fluid ounces of IFIF* or breast milk** and as developmentally appropriate 0 to 4 Tbsp. iron-fortified dry infant cereal or meat, fish, poultry, whole eggs, or cooked dry beans or peas, or 0 to 2 ounces of cheese or 0 to 4 ounces of cottage cheese, or 0 to 8 ounces yogurt or a combination and as developmentally appropriate 0 to 4 Tbsp. vegetable, fruit or a combination | | | | | |
| P.M. Snack 2 to 4 fluid ounces of IFIF* or breast milk** and as developmentally appropriate 0 to 1/2 bread slice; 0-2 cracker; 0-4 tbsp. infant cereal or ready to eat cereal and as developmentally appropriate 0-2 tbsp. vegetable, fruit or a combination | | | | | |

*IFIF: Iron-fortified Infant Formula. Use "BF" if mother breastfed infant onsite.
 An Infant Food/Formula statement must be kept on file for each infant under 12 months of age if you are not providing all required meal components
 An Infant Menu Record is required for all infants claimed
Note: Juice is not allowed for infants under age one



Infant
Menu/Menu
Record
6 – 11
Months

USDA Sample Menu Record

- Record foods offered to each infant
- Ensure infant's full name and DOB is on form
- Menu record must be dated
- Reference: Appendix B of Feeding Infants Guide

Appendix B: Sample Infant Menu (6 Through 11 Months)

Baby's Name: _____ Week of: _____

| Food Component | Serving Size | Day of Week | | | | |
|---|---------------------|-------------------------------------|------------------------------|------------------------------|-------------------------------------|------------------------------|
| | 6 through 11 months | Mon | Tues | Wed | Thurs | Fri |
| Breakfast | | | | | | |
| breastmilk ¹ or formula ² | 6–8 fl. oz. | Breastmilk or infant formula | Breastmilk or infant formula | Breastmilk or infant formula | Breastmilk or infant formula | Breastmilk or infant formula |
| infant cereal, ² meat, fish, poultry, whole eggs, cooked dry beans or peas; or | 0–4 tbsp. | <u>Iron-fortified infant cereal</u> | <u>Scrambled eggs</u> | | <u>Iron-fortified infant cereal</u> | |
| cheese; or | 0–2 oz. | | | | | |

Infant Meal Attendance

Traditional Point of Service meal attendance is not required BUT

A light orange downward-pointing arrow indicating a logical flow from the first point to the second.

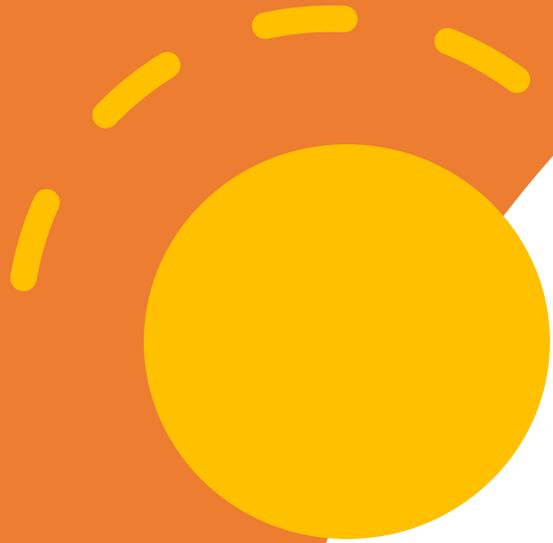
Infant meal counts are required

A light gray downward-pointing arrow indicating a logical flow from the second point to the third.

Meal attendance should be taken/recorded as soon as possible after the infant is offered a meal/snack

Summary

- A meal or snack is **reimbursable** if **all required food components** are **offered** during the day.
- Infant meal pattern allows for solid foods starting around 6 months of age, when the baby is developmentally ready.
- **To be creditable:**
 - Infant cereal is to be iron fortified
 - Ready-to-eat cereal at snack —No more than **6 grams** of sugar **per dry ounce**
 - Yogurt—No more than **23 grams** of sugar **per 6 ounces**
- Refer to **Appendix F** In the Feeding Infants handbook for creditable and non-creditable foods.



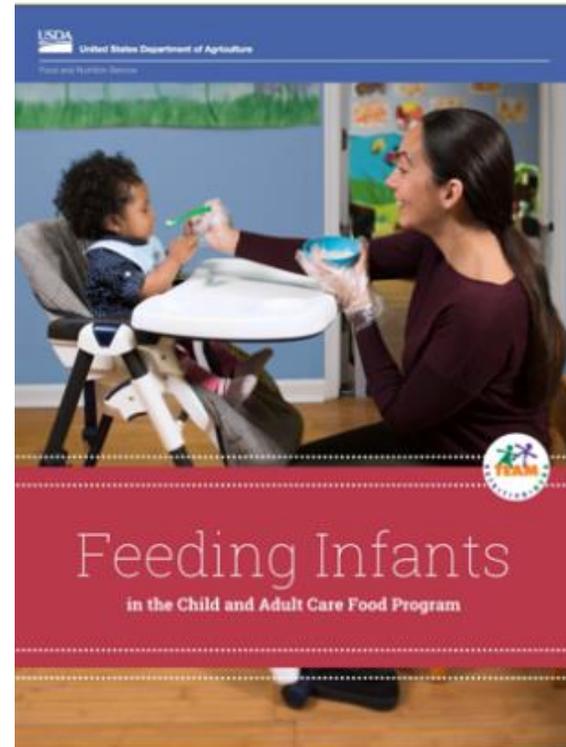
Infant Resources

CACFP

Feeding Infants in the CACFP Guide and Training Tools

Provides information on:

- The CACFP Infant Meal Pattern
- Hunger and fullness signs
- Handling and storing breastmilk and infant formula
- Developmental readiness for solid foods
- What is creditable
- Available in English and Spanish
- [CACFP Training Tools](#) are also available



USDA United States Department of Agriculture
Food and Nutrition Service

Crediting Store-Bought Combination Baby Foods in the Child and Adult Care Food Program



Combination baby foods are foods that include a mixture of two or more foods, such as meat and vegetables. Under certain circumstances, these foods may be counted toward a reimbursable infant meal or snack in the U.S. Department of Agriculture's Child and Adult Care Food Program (CACFP).

Before serving a store-bought combination baby food, check with your State agency or sponsoring organization. It may require you to have the baby food packaging, a Product Formulation Statement, or other form of documentation to show how the food credits toward the CACFP infant meal pattern.

How Much of the Combination Baby Food Needs to be Offered?

In the CACFP infant meal pattern*, amounts of food served at meals and snacks are shown as ranges, such as 0 to 2 tablespoons. This range lets you introduce new foods slowly when the infant is developmentally ready. Once a baby is regularly eating a food, offer the infant the full amount of the food (the uppermost range).

Combination baby foods should be offered only after the infant has been introduced to the individual ingredients in the combination food. For example, before an infant is given a chicken and vegetable combination baby food, the infant should have already been introduced to both chicken and the vegetable individually as single component foods. More information on the introduction of foods is available at fns.usda.gov/tn/feeding-infants-child-and-adult-care-food-program.

Since infants eating combination baby foods have already shown that they are developmentally ready and accepting of each food in the combination baby food, you must ensure that the combination baby food package provides the full, required amount of the food component. If it does not, you must offer more food from that component to meet the full amount of the food.

Remember, this amount must be offered to the infant, but the infant does not have to eat all of it.

*For information on the CACFP infant meal pattern, please see the "Feeding Infants in the Child and Adult Care Food Program" guide at fns.usda.gov/tn/feeding-infants-child-and-adult-care-food-program.

FNS-873 September 2020

Infant Feeding Resources

[Feeding Infants in the Child and Adult Care Food Program](#)

[Mealtimes With Toddlers in the CACFP](#)

[Nutrition Standards for CACFP Meals and Snacks](#)

[Crediting Tip Sheets in Child Nutrition Programs](#)

[CACFP Meal Pattern Training Worksheets](#)

[Institute of Child Nutrition](#)

[Online Training Modules \(michigan.gov\)](#)

[MDE CACFP Infant Meal Pattern Recordkeeping Video - YouTube](#)

[MDE Brighton Bright Track CACFP Online Training](#)



Final thoughts

- The CACFP provides a great opportunity to introduce infants in your care to healthy eating habits in a safe, supportive environment
- Good nutrition is important at every age, but is particularly important in a child's first year of life
- The first year is a critical time for growth and development
- Primary goal of CACFP is to help children establish healthy eating patterns at an early age



Thank You!

Any questions? Contact us!

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www.michigan.gov/cacfp**

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- To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: [USDA Program Discrimination Complaint Form](#), from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:
 1. **mail:** U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
 2. **fax:** (833) 256-1665 or (202) 690-7442; or
 3. **email:** program.intake@usda.gov
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- USDA Civil Rights Complaint Link:
<https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>

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