

Pre-K School Breakfast Menu* (cold breakfast menu)

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|---|
| Cereal Life cereal Sliced pears 1% white milk | Yogurt Yogurt Mixed berries 1% white milk | Bagel Bagel Applesauce 1% white milk | Cereal Kix cereal Sliced banana 1% white milk | Muffin Lemon poppy seed muffin Mandarin oranges 1% white milk |
| Bagel Cinnamon raisin bagel Sliced melon 1% white milk | Cereal Corn Chex cereal Sliced banana 1% white milk | Yogurt Yogurt Pear slices 1% white milk | Cereal Cheerios cereal Pineapple slices 1% white milk | Muffin Banana nut muffin Peach slices 1% white milk |
| Muffin Apple cinnamon muffin Applesauce 1% white milk | Yogurt Yogurt Pineapple bits 1% white milk | Cereal Great Grains Banana Nut Crunch cereal Sliced banana 1% white milk | English Muffin WG English muffin Sliced melon 1% white milk | Cereal Kix cereal Pear halves 1% white milk |
| Muffin Blueberry muffin Applesauce 1% white milk | Yogurt Yogurt Peach slices 1% white milk | Cereal Cheerios cereal Sliced banana 1% White Milk | Bagel Bagel Mixed berries 1% white milk | Cereal Life cereal Apple slices 1% white milk |

*Please refer to the [USDA CACFP Child Meal Pattern](#) for required component minimum serving sizes for age range.

Breakfast: A Meat/Meat Alternate may be served to meet the entire grain/bread component a maximum of up to three times per week. One ounce of meat/meat alternate is equal to one ounce equivalent of grains.

